Met FOODMARKETS

METFOODS.COM

SHOP. EAT. LOVE METFOODS

WE ACCEPT OTC Network

Sale Starts Friday, October 30th thru Thursday, November 5th, 2026

FRI.	SAT.	SUN.	MON.	TUE.	WED.	THUR.
30	31	1	2	3	4	5

Fall INTO GREAT SAVINGS!



WE ARE NOW ON instacart

$5.99 lb. — **Top Round London Broil** — USDA Choice Beef



$8.99 lb. — **Boneless Chuck Pot Roast** — USDA Choice Beef



$3.99 lb. — **Chairman's Reserve Prime Pork Boneless Center Cut Pork Chops** — Fresh, All Natural



$2.49 lb. — **Boneless Chicken Breast** — USDA Inspected Farm Fresh



$5.99 lb. — **Bell & Evans Spatchcock Cut Chicken** — Fresh, All Natural Tray Pack



$5.99 lb. — **Bell & Evans Cut Chicken Wings** — Fresh, All Natural Tray Pack



$6.99 12 oz. pkg. — **Black Label Provisions Deluxe Beef Frankfurters** — 5 Count-All Natural Natural Casing, No Sugar Added



5/$5 for — **Large Hass Avocados** — Imported from Mexico



$4.99 3 lb. bag — **Darling Clementines**



2/$7 for — **Fresh Attitude Salads** — Assorted Varieties 5 oz. clamshells

Olivia's Organics Crunch Salads — Certified Organic Assorted Varieties 4 oz. clamshells



$1.29 lb. — **Fresh Eggplant**



$2.99 lb. — **Red, Orange or Yellow Bell Peppers** — Imported



$1.69 2 lb. bag — **Yellow Onions**



2/$5 5 lb. bags — **Russet Potatoes** — U.S. #1



FIND THE PERFECT RECIPE AT metfoodssi.com — WE ARE NOW ON instacart

$7.99 ea. — YOUR CHOICE! — **Snapple Drinks 12 Pack** — 16 oz. Bottles Selected Varieties 192 oz. pkg.

OR — **Canada Dry 12 Pack** — 12 oz. Cans Selected Varieties 144 oz. pkg.

PLUS DEPOSIT WHERE REQUIRED



$15.99 ea. — YOUR CHOICE! — **Bounty Paper Towels 8 Pack** — Select-A-Size Double Rolls White 656 ct. pkg.

OR — **Gain Laundry Detergent** — Selected Varieties 99 oz. btl.



2/$10 8-18.71 oz. pkgs. — **Nabisco Oreo Sandwich Cookies** — Selected Varieties



$13.99 23-26 oz. cont. — **Chock Full o' Nuts Coffee** — Selected Varieties



$1.89 13 oz. pkg. — **Thomas' English Muffins** — 6 Count Original



2/$8 9-10.75 oz. pkgs. — **Doritos Tortilla Chips** — Selected Varieties



2/$4 64 oz. btls. — **Avenue A Apple Juice**



2/$8 60 oz. pkgs. — **Capri Sun Juice Drinks 10 Pack** — Selected Varieties



2/$10 96 oz. pkgs. — **Spindrift Sparkling Water 8 Pack** — 12 oz. Cans Selected Varieties

PLUS DEPOSIT WHERE REQUIRED



Heineken or Amstel Light Beer 12 Pack — 11.2-12 oz. Bottles or Cans Selected Varieties

$16.99 SALE PRICE -6.00 DIGITAL REBATE

$10.99 134.4-144 oz. pkg. AFTER FINAL REBATE

PLUS DEPOSIT WHERE REQUIRED



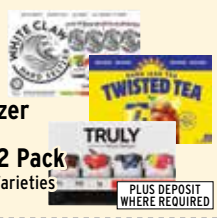
$16.99 144 oz. pkg. — **Corona, Modelo or Pacifico Beer 12 Pack** — 12 oz. Bottles or Cans Selected Varieties

PLUS DEPOSIT WHERE REQUIRED



$16.99 144 oz. pkg. — **White Claw or Truly Hard Seltzer or Twisted Tea Hard Iced Tea 12 Pack** — 12 oz. Cans-Selected Varieties

PLUS DEPOSIT WHERE REQUIRED



$14.99 2928-3408 ct. pkg. — **Cottonelle Bath Tissue 12 Pack** — Mega Rolls Ultra Comfort or Ultra Clean



2/$7 52 oz. cons. — **Florida's Natural Premium Orange Juice** — or Ruby Red Grapefruit Juice or Orange Peach Mango Juice



5/$5 5.3 oz. cons. — **Fage Total Greek Yogurt** — or BestSelf Lactose-Free Greek Yogurt



2/$6 16 oz. pkgs. — **Cabot Butter Quarters** — 4 Count Salted or Unsalted



3/$5 7.25-11.88 oz. pkgs. — **Banquet Dinners** — Selected Varieties



3/$10 7.2-8 oz. pkgs. — **Smucker's Uncrustables Sandwiches** — Selected Varieties



2/$6 19-32 oz. pkgs. — **McCain Potatoes** — or Onion Rings (14 oz.)



4/$5 10-10.8 oz. pkgs. — **Birds Eye Steamfresh Vegetables** — Selected Varieties



2/$6 6-8 oz. pkgs. — **Cabot Cheese Bars, Shreds, Slices or Cracker Cuts** — Selected Varieties (Excludes Deli Bars)



2/$8 for — MIX & MATCH! — **Häagen-Dazs Ice Cream** — Selected Varieties Including Sorbet & Non-Dairy Frozen Dessert 14 oz. cont.

OR — **Häagen-Dazs Ice Cream Bars** — 3 Count Selected Varieties 9 oz. pkg.



2/$10 for — **Campbell's Condensed Soup** — Selected Varieties

10 5-11.5 oz. cans



2/$4 12-16 oz. pkgs. — **De Cecco Pasta** — Selected Varieties



$14.99 34 oz. btl. — **Colavita Extra Virgin Olive Oil** — Premium Selection



2/$6 4 lb. pkgs. — **Avenue A Sugar** — Granulated

2/$7 5 lb. pkgs. — **Gold Medal All Purpose Flour** — Bleached or Unbleached

1795 VICTORY BLVD. STATEN ISLAND, N.Y.
PHONE ORDERS ACCEPTED
TEL.: (718) 524-0800 • FAX: (718) 524-0834

FOOD CONNECTION

1177 HYLAN BLVD. STATEN ISLAND, N.Y. (CORNER OF CLOVE ROAD)
PHONE ORDERS ACCEPTED
TEL.: (718) 720-5800 • FAX: (718) 720-4222

DELIVERY AVAILABLE – Both Locations
WE GLADLY ACCEPT ALL MAJOR CREDIT CARDS & SNAP (Supplemental Nutrition Assistance Program) BENEFITS & PARTICIPATE IN THE W.I.C. PROGRAM

Both Locations – STORE HOURS:
MON–SAT 6 AM –10 PM • SUN. 6 AM – 9 PM

So that we may serve all our customers, we reserve the right to limit sales of any item. Items offered for sale not available in case lots. Not responsible for typographical errors. Prices effective Fri., October 30 thru Thur., November 5, 2026.
All Met Stores are independently owned and operated. Not all items available in all stores. Some pictures are for design purposes only and do not necessarily represent items on sale.

GROCERY SAVINGS!

2/$8 14.5-24 oz. jars
Botticelli Pasta Sauce
Selected Varieties



$12.99 20 lb. pkg.
Carolina Extra Long Grain Rice
White or Gold Parboiled



2/$8 9.4-14 oz. pkgs.
Kraft Deluxe Macaroni & Cheese or Velveeta Pasta & Cheese
Selected Varieties



$8.99 8.46 oz. pkg.
Rio Mare Solid Light Wild Tuna 3 Pack
2.82 oz. Cans
In Olive Oil



$4.99 5.6 oz. pkg.
Rio Mare Solid Light Wild Tuna
In Olive Oil



5/$5 5 oz. cans
Bumble Bee Chunk Light Tuna
In Oil or In Water



2/$8 16 oz. btls.
Kraft Salad Dressing
Selected Varieties



2/$6 24 oz. jars
B&G Pickles
or Sandwich Toppers (16 oz.)



2/$6 32 oz. btls.
Hunt's Tomato Ketchup
Original



2/$5 17.5-18 oz. btls.
Kraft Barbecue Sauce
Selected Varieties



2/$7 5-11 oz. btls.
McIlhenny Tabasco Hot Pepper Sauce
Selected Varieties



2/$7 16 oz. jars
Pace Salsa
Selected Varieties Including Picante Sauce



2/$7 12 oz. btls.
Heinz Gourmet Vinegar
Malt or Red Wine



2/$10 40 oz. btls.
Crisco Oil
Pure Corn, Pure Canola or Pure Vegetable



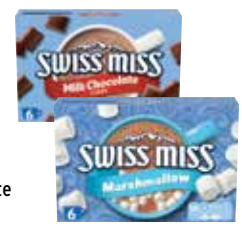
2/$7 10.6-11.4 oz. conts.
Bisquick Shake 'n Pour Pancake Mix
Buttermilk



2/$8 24 oz. btls.
Mrs. Butterworth's Syrup
Selected Varieties



2/$4 4.38 oz. pkgs.
Swiss Miss Hot Cocoa Mix
Marshmallow or Milk Chocolate



2/$6 50 ct. pkgs.
Lipton Yellow Label Black Tea Bags



$6.99 10 oz. pkg.
Café Pilon Coffee



2/$4 40-100 ct. pkgs.
Melitta Coffee Filters
Selected Varieties



$5.99 18 oz. pkg.
Quaker Large Size Life Cereal
Selected Varieties



2/$10 13.8-18 oz. pkg.
Quaker Large Size Cap'n Crunch
Selected Varieties



2/$10 12-28 oz. pkgs.
Cream of Wheat Hot Cereal
Selected Varieties



$5.99 20.8 oz. pkg.
Kellogg's Nutri-Grain Bars
Selected Varieties



$5.99 12.4 oz. pkg.
Kellogg's Rice Krispies Treats Value Pack
16 Count
Original



2/$8 9.38-10 oz. conts.
Nestlé Nesquik Powder Drink Mix
Chocolate or Strawberry



2/$6 14.5-15.25 oz. cans
Del Monte Fruit
Selected Varieties



3/$5 3.5 oz. pouches
Gerber 2nd Foods Organic Baby Food
or Organic Toddler Food



$7.99 16 oz. cont.
Golden Blossom Organic Honey
Pure Unfiltered



2/$10 8-12 oz. pkgs.
Hershey's Baking Chocolate
Selected Varieties



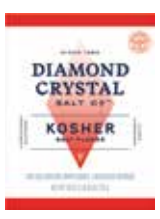
$5.99 8 oz. can
Hershey's Baking Cocoa
Natural Unsweetened



2/$5 16.3 oz. pkgs.
Betty Crocker Favorites Brownie Mix
Selected Varieties



$5.99 26 oz. pkg.
Diamond Crystal Kosher Salt Flakes



5/$5 4.6 oz. cans
Libby's Vienna Sausage
Selected Varieties



3/$5 7.25-7.5 oz. conts.
Chef Boyardee Microwaveable Pasta Meals
Selected Varieties



TRENDING & HEALTHY!

$4.99 5.5 oz. pkg.
Aleia's Gluten-Free Cook-Top Seasoned Poultry Stuffing Mix



$5.99 10 oz. pkg.
Aleia's Gluten-Free Cook-Top Stuffing
Plain or Savory



$4.99 12 oz. jar
Better Than Gravy
Selected Varieties



$5.99 40 ct. pkg.
Barry's Decaf Blend Tea Bags



$4.99 40 ct. pkg.
Barry's Tea Bags
Gold Blend or Irish Breakfast



$5.99 10-12 oz. pkg.
Ghirardelli Chocolate Baking Chips
Selected Varieties

$4.99 4 oz. pkg.
Ghirardelli Chocolate Baking Bars
Selected Varieties

$5.99 12.3-18 oz. pkg.
Kashi Cereal
Selected Varieties

2/$10 10-12 oz. pkgs.
Al Dente Pasta
Selected Varieties

2/$5 1.83-1.87 oz. pkgs.
B.T.R. Nation Protein Nut Butter Bars
Selected Varieties

$5.99 5 lb. pkg.
Cadia Organic All-Purpose Flour
Unbleached

2/$9 1.23-3.17 oz. conts.
Drogheria & Alimentari Spice Mills
Selected Varieties

2/$6 15 oz. cans
Farmer's Market Organic Purees
or Pumpkin Pie Mix

2/$10 12 oz. btls.
Kewpie Japanese Style Mayonnaise
Regular or Organic

2/$10 16.9 oz. btls.
Monari Federzoni Balsamic Vinegar of Modena

2/$10 9.1 oz. btls.
Monari Federzoni Balsamic Vinegar of Modena Glaze
Traditional Taste

2/$8 5-6 oz. pkgs.
Terra Vegetable Chips
Selected Varieties

$3.99 12.5 oz. cont.
Mrs. Meyer's Clean Day Hand Soap
Selected Varieties

$3.99 16 oz. btl.
Mrs. Meyer's Clean Day Liquid Dish Soap
Selected Varieties

GROCERY SAVINGS!

2/$3 13.25-14.25 oz. pkgs.

Betty Crocker Favorites Super Moist Cake Mix
Selected Varieties





2/$4 12-16 oz. conts.
Betty Crocker Frosting
Selected Varieties

2/$6 for
MIX & MATCH!

Smucker's Concord Grape Jelly or Jam
30 oz. jar

Jif Peanut Butter
Selected Varieties
15-16 oz. cont.



2/$8 16.5-18 oz. pkgs.

Post Large Size Honey Bunches of Oats Cereal
Selected Varieties



$8.99 8-12 oz. pkg.

Lavazza Coffee
Selected Varieties



2/$10 473.2 oz. pkgs.

Pure Life Purified Water 28 Pack
16.9 oz. Bottles
(Plus Deposit Where Required)



ORTEGA NOW ITS A FIESTA!

5/$5 1 oz. pkgs.

Ortega Taco or Fajita Seasoning Mix
Selected Varieties



2/$10 9 oz. btls.

Ortega Creamy Taco Sauce
Mild Creamy Queso or Medium Chipotle Aioli



2/$4 7.5-8 oz. jars

Ortega Taco Sauce
Selected Varieties



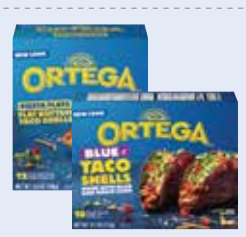
2/$4 4 oz. cans

Ortega Fire Roasted Diced Green Chiles
Hot or Mild



2/$4 4.1-5.6 oz. pkgs.

Ortega Taco Shells
Selected Varieties



2/$4 16 oz. cans

Ortega Refried Beans
Traditional or Fat Free



2/$5 2.5 oz. pouches

Bumble Bee Seasoned Tuna
or Wild Caught Light Tuna or Sandwich in Seconds Tuna Salad



2/$5 16.1-16.3 oz. cans

Campbell's Home Style Soup
Selected Varieties



2/$6 15 oz. cans

Snow's Corn Chowder or New England Clam Chowder
Selected Varieties



4/$5 4 oz. conts.

Nissin Premium Chow Mein Noodles
or Cup Noodles Ramen Bistro Gourmet Soup (3.1 oz.)



4/$5 2.89-3 oz. conts.

Nissin Cup Noodles Stir Fry Noodles
or Cup Noodles Ramen Noodle Soup Mix (2.54 oz.)



2/$8 48 oz. conts.

Swanson Broth or Stock
Selected Varieties



2/$5 12 oz. conts.

McCormick Simply Better Gravy
Selected Varieties



2/$6 13.75 oz. pkgs.

Idahoan Mashed Potatoes
Original



2/$5 2 lb. pkgs.

Carolina Extra Long Grain Rice
White or Gold Parboiled



2/$8 21 oz. pkgs.

Success Boil-in-Bag White Rice



2/$6 24 oz. conts.

Progresso Bread Crumbs
Italian Style or Plain



2/$4 14.5 oz. cans

Don Pepino Pizza Sauce



2/$5 15 oz. cans

Snow's Bumble Bee Clam Sauce
Selected Varieties



5/$5 8 oz. cans

Contadina Tomato Sauce
Roma Style with Natural Sea Salt or No Salt Added



2/$6 26.46 oz. conts.

Pomi Tomatoes
Selected Varieties



4/$5 15.5 oz. cans

Goya Low Sodium Beans
Selected Varieties



5/$5 12 oz. btls.

Goya Malta
(Plus Deposit Where Required)



2/$8 6 oz. pkgs.

DunkAroos Cookies and Frosting Snack Packs
6 Count-Vanilla Cookies & Chocolate Frosting or Vanilla Cookies & Rainbow Chip Frosting



$5.99 9-12.1 oz. pkg.

Cheez-It Baked Snack Crackers 12 Pack
Selected Varieties



$6.99 28 oz. cont.

Keebler Export Sodas Crackers
Original



2/$8 7.92-9.6 oz. pkgs.

Pop Secret Popcorn
3 Count Selected Varieties



4/$5 3.5 oz. pkgs.

Crunch 'n Munch Popcorn with Peanuts
Caramel or Buttery Toffee



2/$8 4.47-7.4 oz. pkgs.

Quaker Rice Cakes
Selected Varieties



2/$6 48 oz. btls.

Apple & Eve 100% Apple Juice
Original



2/$8 64 oz. btls.

Apple & Eve 100% Cranberry Juice Blends
Selected Varieties



2/$8 64 oz. btls.

Apple & Eve Sesame Street 100% Juice
Selected Varieties



2/$8 54 oz. pkgs.

Juicy Juice 100% Juice 8 Pack
Selected Varieties



$6.99 89.2 oz. pkg.

Maison Perrier Sparkling Water 8 Pack
11.15 oz. Cans
Selected Varieties
(Plus Deposit Where Required)



HOUSEHOLD SAVINGS!

2/$8 32.5 oz. btls.

Palmolive Liquid Dish Soap
Selected Varieties

$5.99 41 oz. btl.

Mr. Clean Multi-Surface Cleaner
Selected Varieties

2/$3 1.6-1.7 oz. pkgs.

X-14 Toilet Bowl Cleaner
Blue Plus Fragrance or With Bleach

2/$10 70-80 ct. pkgs.

Snuggle Dryer Sheets
Selected Varieties

$10.99 20 lb. pkg.

Arm & Hammer Cat Litter
Selected Varieties

2/$5 55-60 ct. pkgs.

Kleenex Facial Tissue
Selected Varieties

2/$8 200 ct. pkgs.

Bounty Quilted Paper Napkins
White

$12.99 21-32 ct. pkg.

Pampers Baby-Dry Diapers
Jumbo Pack
Selected Varieties

$6.99 3.5-3.5 lb. bag

Kibbles 'n Bits Dry Dog Food
Selected Varieties

2/$5 4.5 oz. pkgs.

Kibbles 'n Bits Just the Bits Dog Treats
Selected Varieties

5/$5 5.5 oz. cans

9 Lives Cat Food
Selected Varieties

DAIRY SAVINGS!

2/$6 3 oz. conts.
Just Crack an Egg Scramble Kits
Selected Varieties



2/$10 30-30 oz. conts.
Pillsbury Value Size Cookie Dough
Chocolate Chip or Sugar



2/$5 8 oz. conts.
Hotel Bar Whipped Butter
Unsalted or Salted



2/$6 15 oz. conts.
Country Crock Spread
Selected Varieties



2/$5 8 oz. conts.
Cabot Cream Cheese Spread
Chive & Onion or Original



2/$10 59 oz. conts.
A2 Milk
2% Reduced Fat or Whole



2/$10 14 oz. conts.
International Delight Cold Foam Creamer
Selected Varieties



2/$10 32 oz. btls.
Dunkin' Coffee Creamer
Extra Extra or Pumpkin Munchkin



2/$10 40 oz. btls.
Café Bustelo Espresso Style Iced Coffee
Vanilla or Unsweetened



2/$8 32 oz. conts.
Orontes Mediterranean A2A2 Yogurt
Vanilla or Plain



2/$8 21.2 oz. pkgs.
Dannon Light & Fit Greek Yogurt 4 Pack
Selected Varieties



2/$9 21.2 oz. pkgs.
Chobani Greek Yogurt 4 Pack
Selected Varieties



$5.99 24.8 oz. pkg.
Activia Probiotic Dailies Drinks 8 Pack
Strawberry or Strawberry/Blueberry



$8.99 55.8 oz. pkg.
Danimals Smoothies 18 Pack
Strawberry Banana/Strawberry



2/$7 32 oz. conts.
Dannon Yogurt
Selected Varieties (Excludes Greek)



2/$6 16 oz. pkgs.
Yoplait Go-Gurt Yogurt
Selected Varieties



2/$4 8 oz. conts.
Heluva Good! French Onion Dip



2/$6 16 oz. pkgs.
Borden Yellow American Cheese Singles
24 Count



2/$8 7.5 oz. pkgs.
Cabot Cheese Snack Sticks
10 Count
Vermont Extra Sharp Cheddar or Vermont Seriously Sharp Cheddar



2/$8 52 oz. btls.
Tree Ripe Premium Orange Juice
Selected Varieties



2/$6 76 oz. conts.
Tree Ripe Juice Drinks
Selected Varieties



2/$8 52 oz. conts.
Dole Juice
Selected Varieties



2/$6 59 oz. btls.
Pure Leaf Iced Tea
Selected Varieties



2/$8 64 oz. conts.
Silk Dairy-Free Almondmilk
Selected Varieties



2/$8 32 oz. btls.
Lifeway Kefir Smoothies
Selected Varieties (Excludes Organic)



2/$8 7.05-8 oz. pkgs.
Violife Vegan Cheese Alternatives
Selected Varieties



2/$8 8.46 oz. conts.
Violife Just Like Sour Cream Vegan Alternative
Original



FROZEN SAVINGS!

2/$4 5.02-5.07 oz. pkgs.
Banquet Brown 'N Serve Breakfast Meals
Pancake or French Toast



$6.99 21 oz. pkg.
Birds Eye Voila! Skillet Meals
Selected Varieties



2/$6 8.4-14.8 oz. pkgs.
Eggo Pancakes or Waffles
or French Toaster Sticks (12.7 oz.)



2/$8 10.5-13 oz. pkgs.
Marie Callender's Bowl Meals
Selected Varieties



2/$10 9-9.75 oz. pkgs.
Healthy Choice Power Bowls
Selected Varieties



2/$5 14 oz. pkgs.
Avenue A Green Pigeon Peas
Gandules



2/$10 13.4 oz. pkgs.
Auntie Anne's Classic Pretzels
or Pretzel Nuggets (9.6-9.7 oz.)



$8.99 9-18 oz. pkg.
SeaPak Shrimp
or Salmon Burgers (12.8 oz.) or Clam Strips (10-20 oz.)



$9.99 48.85 oz. pkg.
Totino's Pizza Rolls
Selected Varieties



$5.99 14 oz. pkg.
Bagel Bites Pizza Snacks
18 Count
Cheese & Pepperoni or Three Cheese



2/$5 12 oz. pkgs.
Italian Village Cheese Ravioli, Cheese Tortellini or Cavatelli
Selected Varieties



2/$6 12 oz. conts.
Old Orchard 100% Grape Juice Concentrate



2/$8 10 oz. pkgs.
Sara Lee Sweet Moments Fruit Cobbler
Selected Varieties



2/$10 8 oz. pkgs.
Hola Churros Bites
Twisted

$10.99 128 oz. cont.
Avenue A Ice Cream
Selected Varieties

$4.99 12.75 oz. pkg.
Chipwich Ice Cream Sandwiches
3 Count Selected Varieties

$4.99 54 oz. cont.
Kemps Sherbet
Selected Varieties

$5.99 14.88 oz. pkg.
Häagen-Dazs Belgian Waffle Ice Cream Cones
4 Count Selected Varieties

We Carry Non-Dairy & Gluten Free **BY THE WAY BAKERY** Items For Your Holiday Needs

THE BAKE SHOPPE!

Check Out our Allergy Friendly Two Fields Bakeshop and By the Way Bakery Frozen Bakery Items!

$7.99 20 oz. pkg.
Village Barn Chocolate Chunk Cookies
10 Count

$7.99 18 oz. pkg.
Village Barn Cranberry Orange Muffins
4 Count

$9.99 26 oz. pkg.
Village Barn Pumpkin Pie
8-Inch

$7.99 22 oz. pkg.
Kimberley's Bakeshoppe Cupcakes
Selected Varieties

$4.99 8 oz. pkg.
Give & Go Two-Bite Mini Donuts 12 Pack
Selected Varieties

2/$5 14.4 oz. pkgs.
Bell's Brooklyn Mini Bagels 8 Pack
Selected Varieties

2/$8 10 oz. pkgs.
Maple Donut Bakery Gems Mini Donuts
Chocolate or Powdered

2/$10 12 oz. pkgs.
Superior on Main Brownie Bites
Chewy Chocolate

NATURAL & ORGANIC ITEMS SOLD WHERE AVAILABLE

Organic Produce

USDA ORGANIC

$4.99 ea. Fresh Cauliflower Certified Organic

$3.99 ea. Fresh Broccolini Certified Organic Bunch

$2.99 8 oz. pkg. Fresh Cranberries Certified Organic

$5.99 16 oz. pkg. French Beans Certified Organic

$3.99 6.7 oz. pkg. Mini Tomatoes Certified Organic

$3.99 4 oz. pkg. Genuine Coconut Coconut Chunks Certified Organic

$3.99 8 oz. cont. Whole Baby Bella Mushrooms Certified Organic — GREAT WITH ANY ROAST!

$1.99 lb. Gala Apples Certified Organic U.S. #1 Extra Large

2/$5 16 oz. bags Peeled Baby Carrots Certified Organic — GREAT WITH ANY ROAST!

$1.99 lb. Fresh Yams Certified Organic U.S. #1

5/$5 for Sunkist Lemons Certified Organic

$4.99 2 lb. bag Sunkist Lemons Certified Organic

$4.99 ea. Fresh Leeks Certified Organic Bunch

DON'T FORGET TO ORDER YOUR STORE MADE FRUIT AND VEGETABLE PLATTERS FOR ALL YOUR PARTY NEEDS! (WHERE AVAILABLE)

THE BEST PRODUCE!

ASSORTED CANDY, NUT, VEGETABLE AND FRUIT TRAYS NOW AT YOUR LOCAL PRODUCE DEPT. (WHERE AVAILABLE)

$1.99 lb. Fresh Green Beans

2/$7 16 oz. pkgs. Dole Premium Celery Hearts

2/$7 16 oz. pkgs. The Little Potato Co. Microwave Ready Potatoes U.S. #1 Assorted Varieties — GREAT WITH ANY ROAST!

$2.99 24 oz. bag Steamables Sweet Potatoes U.S. #1 — GREAT WITH ANY ROAST!

$3.99 9 oz. pkg. Ready Pac Foods Microwaveable Spinach

$5.99 lb. Fresh Asparagus

79¢ lb. Acorn, Butternut or Spaghetti Squash

$1.49 lb. Delicata Squash

$1.99 lb. Honeynut Squash

99¢ lb. Kabocha Squash

4/$5 for Juicy Grapefruits Extra Large

2/$7 10 oz. pkg. Dole Caesar Salad Kits Original or Low Fat

$5.99 15 oz. cont. NatureSweet Cherubs or Constellation Tomatoes

$1.69 ea. Romaine, Red Leaf or Green Leaf Lettuce

$1.79 lb. Snap Dragon Apples U.S. #1, Extra Large New York State

$1.79 lb. Granny Smith Apples U.S. #1 Extra Large — GREAT FOR BAKING!

$2.99 2 lb. bag Sunkist Lemons Club Pack

2/$6 for Fresh Pomegranates

3/$5 for Fuyu or Hachiya Persimmons

2/$4 for Asian Pears

$6.99 32 oz. clamshell Bi-Color Grapes

5/$5 for Green Plantains

$3.99 ea. Fresh Pomelos Extra Large

$3.99 8 oz. pkg. Pero Family Farms Gourmet Trio

$3.99 12 oz. pkg. Pero Family Farms Vegetable Stir-Fry

$4.99 14-16 oz. cont. La Mexicana Salsa Assorted Varieties

$3.99 7.5-10 oz. cont. Wholly Guacamole Fresh Guacamole Bowls or Layered Dips Assorted Varieties

$6.99 15 oz. cont. Wholly Guacamole Family Size Guacamole Bowls Assorted Varieties

$8.99 128 oz. btl. Zeigler's Apple Cider Original or Autumn Harvest

$9.99 64 oz. btl. Naked Boosted Smoothies Assorted Varieties

$8.99 lb. Fresh Chestnuts

SNACKS AND BEVERAGES

WHERE AVAILABLE (PLUS BTL. DEPOSIT WHERE REQUIRED BY LAW)

$7.99 144 oz. pkg. Pepsi 12 Pack 12 oz. Cans Selected Varieties

$6.99 75 oz. pkg. Pepsi Mini Cans 10 Pack 7.5 oz. Cans Selected Varieties



$4.49 16 oz. pkg. Pepperidge Farm Rye or Pumpernickel Bread Selected Varieties

$4.99 22-24 oz. pkg. Pepperidge Farm Whole Grain Bread Selected Varieties

$3.49 20 oz. pkg. Pepperidge Farm Seedless Italian White Bread

$6.49 24-27 oz. pkg. Dave's Killer Bread Organic Bread Selected Varieties

$3.99 22 oz. pkg. Nature's Own Perfectly Crafted Bread Selected Varieties

2/$7 12 oz. pkgs. Arnold or Oroweat Premium Cubed Bread Stuffing Selected Varieties

$3.99 24 oz. pkg. Arnold or Oroweat Country Style Bread Selected Varieties

$3.99 20 oz. pkg. Sara Lee Artesano Bakery Bread Selected Varieties

2/$8 7-9.75 oz. pkgs. Entenmann's Little Bites or Mini Snack Cakes (12.25 oz.)

2/$8 10 oz. pkgs. Nabisco Teddy Grahams Graham Snacks Selected Varieties

$9.99 160 oz. pkg. Gatorade Sports Drinks 8 Pack 20 oz. Bottles Selected Varieties

$8.99 144 oz. pkg. Coca-Cola 12 Pack 12 oz. Cans Selected Varieties

2/$4 67.6 oz. btls. Fanta, Fresca, Minute Maid Lemonade, Barq's Root Beer or Seagram's Ginger Ale 2 Liter Selected Varieties

$6.99 96 oz. pkg. Coca-Cola 8 Pack 12 oz. Bottles Selected Varieties

$7.99 96 oz. pkg. Canada Dry 8 Pack 12 oz. Bottles Selected Varieties

3/$4 28 oz. btls. Powerade Sports Drinks Selected Varieties

$12.99 144 oz. pkg. Coors Light, Miller Lite, Tecate or Yuengling Beer 12 Pack 12 oz. Bottles or Cans Selected Varieties

Look for Our New Grab-and-Go Food Section!

DELI DEPARTMENT

Let Us Cater Your Event or Party! Come See Us For All Your Entertainment Needs! Where Available



$12.99 lb. Black Label Provisions Reserve Honey Maple Turkey Breast Sliced to Order

$7.99 lb. Black Label Provisions Reserve Deluxe Cooked Ham Sliced to Order No Water Added In Natural Juices

$8.99 lb. Black Label Provisions Virginia Country Ham Sliced to Order

$9.99 lb. Black Label Provisions Classic Genoa Salami Sliced to Order Natural Casing

$6.99 lb. Black Label Provisions Reserve Old Fashioned Bologna Sliced to Order

$6.99 lb. Black Label Provisions Reserve Yellow Mild Aged Cheddar Cheese Sliced to Order

$5.99 lb. Black Label Provisions Original American Cheese Sliced to Order Yellow or White

$8.99 lb. Black Label Provisions Select Imported Swiss Cheese Sliced to Order

$8.99 lb. Black Label Provisions Pigs in a Blanket Store Made Heat & Serve

$8.99 lb. Tuna Salad Deli Fresh

$8.99 lb. Teriyaki Chicken Pasta Salad Store Made

$7.99 lb. Mexican Orzo Salad Store Made

$8.99 lb. Greek Chickpea & Feta Cheese Salad Store Made

2/$8 8 oz. pkgs. BelGioioso Hispanic Selection Cheese Selected Varieties

$4.99 16 oz. pkg. BelGioioso Mascarpone Cheese Original

$12.99 40 oz. pkg. Giovanni Rana Lasagna Meat or 5 Cheese

$7.99 lb. Chicken Wings Store Made Heat & Serve Teriyaki or Mango Habanero

$7.99 lb. Chicken Wings Heat & Serve BBQ or Wings of Fire

$8.99 ea. Whole Traditional Rotisserie Chicken Heat & Serve No Antibiotics Ever 3.2 lb. Average

$5.99 lb. Vegetable Lo Mein Heat & Serve

$9.99 lb. General Tso's Chicken Heat & Serve

$8.99 lb. Eggplant Towers Store Made With Roasted Peppers, Spinach & Mozzarella Cheese

$8.99 lb. Reuben Egg Rolls Store Made Heat & Serve

$10.99 lb. Philly Cheesesteak Quiche Store Made Heat & Serve

$10.99 lb. Black Label Provisions Italian-Style Wraps Store Made Heat & Serve

$8.99 lb. Sweet & Sour Popcorn Chicken Store Made Heat & Serve

$8.99 lb. Fried Eggplant Store Made Heat & Serve

$8.99 lb. Sausage, Potatoes & Onions Store Made Heat & Serve

$9.99 28 oz. cont. Homestyle Italian Wedding Soup Store Made Heat & Serve

$9.99 28 oz. cont. Escarole & White Bean Soup Store Made Heat & Serve

$8.99 lb. Eggplant Rollatini Dinner Store Made Heat & Serve With Pasta in Garlic & Oil

$8.99 lb. Pot Roast Dinner Store Made Heat & Serve With Potatoes & Broccoli

$8.99 lb. Breaded Chicken Breast Cutlets Store Made Heat & Serve

OUR MEATS ARE TOP QUALITY AND OUR BEEF IS U.S.D.A. CHOICE!

TOP QUALITY MEATS

CHECK OUT OUR WEBSITE FOR MORE RECIPE IDEAS!

USDA CHOICE BEEF

$7.99 lb.
Top Round Steaks
USDA Choice Beef



FARM FRESH PORK

$5.99 lb.
Chairman's Reserve Prime Pork Boneless Pork Cutlets
Fresh
All Natural



FARM FRESH CHICKEN

$1.99 lb.
Perdue Split Chicken Breast
Grade A, Fresh
All Natural
Bone-In



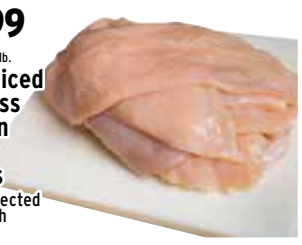
$9.99 lb.
Boneless Chuck Filet Steaks
USDA Choice Beef



$3.99 lb.
Chairman's Reserve Prime Pork Boneless Country-Style Pork Ribs
Fresh, All Natural



$2.99 lb.
Thin-Sliced Boneless Chicken Breast Cutlets
USDA Inspected
Farm Fresh



$2.49 lb.
Perdue Whole Chicken Wings
Grade A, Fresh
All Natural
Family Pack



2/$7 8 oz. pkgs.
Perdue Shortcuts Carved Chicken Breast
Fully Cooked
Selected Varieties



$3.99 16 oz. pkg.
Springer Mountain Farms Ground Chicken
Lean, All Natural
All White Meat



$5.99 lb.
Springer Mountain Farms Boneless Chicken Breast
Grade A, Fresh
All Natural



$14.99 48 oz. pkg.
Nature's Pride Ground Turkey
All Natural
85% Lean/15% Fat
Family Pack



$8.99 lb.
Boar's Head Sweet Slice Uncured Ham
Sliced to Order



$9.99 lb
Pulaski Fresh Mini Basket Ham



$8.99 lb.
Pulaski Fresh Natural Casing Ukrainian/ Jalowcowa or Chicken Kielbasy



$7.99 lb.
Pulaski Fresh Kraiana Coarse Ground Kielbasy



$7.99 lb.
Pulaski Boneless Smoked Pork Shoulder Butt Half



$8.99 8 oz. pkg.
Applegate Organics Sunday Bacon
Uncured



$6.99 8 oz. pkg.
Applegate Naturals Sunday Bacon
Uncured



$6.99 3 oz. pkg.
Applegate Naturals Sliced Prosciutto



$5.99 4 oz. pkg.
Applegate Naturals Sliced Genoa Salami



$6.99 7 oz. pkg.
Applegate Naturals Sliced Cooked Ham



$6.99 lb.
Bell & Evans Organic Boneless Chicken Thighs
Fresh, Tray Pack,
Skinless



$5.99 16 oz. pkg.
Avenue A Bacon
Original
or Thick Sliced



$4.99 12 oz. pkg.
Avenue A Turkey Bacon



TAILGATING TIME!

$4.99 16 oz. pkg.
Premio Fresh Italian Pork Sausage Links
6 Count
Hot, Sweet or
Sweet & Hot
Combo Pack



$9.99 lb.
Beef Pinwheels
Fresh
Store Made
With Baby Spinach
& Provolone Cheese



$8.99 lb.
Chicken Pinwheels
Fresh
Store Made
With Baby Spinach
& Provolone Cheese



$6.99 lb.
Chicken Patties
Fresh
Store Made



$7.99 lb.
Beef Patties
Fresh
Store Made
80% Lean/20% Fat



$8.99 lb.
Beef Patties
Fresh
Store Made
93% Lean/7% Fat



$8.99 lb.
Beef Sliders
Fresh
Store Made



$6.99 lb.
Chicken Sliders
Fresh
Store Made



$3.99 lb.
Ground Chicken
Fresh
Store Made



$8.99 lb.
Beef Kabobs
Fresh
Store Made



$6.99 lb.
Chicken Kabobs
Fresh
Store Made



$7.99 lb.
Pork Sausage Kabobs
Fresh
Store Made
Hot or Sweet



SUNDAY SAUCE!

$10.99 lb.
Beef Braciole
Fresh
Store Made



$8.99 lb.
Beef & Pork for Gravy
Fresh
Store Made



$8.99 lb.
Pork or Chicken Braciole
Fresh
Store Made



$7.99 lb.
Beef & Pork Meatloaf Mix
Fresh
Store Made



$5.99 lb.
Fresh Ground Pork

PRE-PACKAGED MEATS

$6.99 9.43-12 oz. pkg.
Hebrew National Beef Franks
or Beef Knockwurst
(12 oz.)

$5.99 16 oz. pkg.
Smithfield Bacon
Selected
Varieties

$4.99 8-9 oz. pkg.
Oscar Mayer Deli Fresh Cold Cuts
Selected Varieties