



FOODMARKETS

METFOODS.COM

SHOP. EAT. LOVE METFOODS



Sale Starts Sunday, September 6th thru Saturday, September 12th, 2026

SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.
6	7	8	9	10	11	12

LABOR DAY

Sale ★ A ★ Bration!



GEAR UP FOR
BACK TO
SCHOOL

SAVINGS



\$12⁹⁹ lb.

Flank Steaks
USDA Choice Beef

USDA CHOICE

GREAT ON THE GRILL!

\$12⁹⁹ lb.

New York Strip Shell Steaks
USDA Choice Beef, Bone-In

USDA CHOICE

GREAT ON THE GRILL!

\$2⁴⁹ lb.

Whole Pork Spare Ribs
Grain Fed, Fresh

GREAT ON THE GRILL!

\$1⁴⁹ lb.

Perdue Whole Chicken Wings
Grade A, Fresh
All Natural, Family Pack

USDA A GRADE

GREAT ON THE GRILL!

\$3⁹⁹ 2 lb. bag

GREAT FOR BACK TO SCHOOL!

Wonderful Halos Mandarin
Imported

halos pure goodness

\$1⁴⁹ lb.

Fresh Broccoli Crowns

99¢ lb.

Fresh Eggplant

4/\$2 for

Sweet Yellow or Bi-Color Corn

GREAT ON THE GRILL!

\$3⁹⁹ ea.

Whole Seedless Watermelon
10-12 lb.
Average Weight

2/\$5 4 oz. clamshells

Little Leaf Farms Baby Green Salads
Assorted Varieties

\$2⁹⁹ lb.

Red or Green Seedless Grapes
Certified Organic

USDA ORGANIC

2/\$3 12 oz. btl.

Gulden's Mustard
Stone Ground Dijon or Spicy Brown

\$5⁹⁹ 20 oz. btl.

Hellmann's Mayonnaise
Selected Varieties

\$2⁹⁹ 20 oz. btl.

Heinz Tomato Ketchup
Original

2/\$5 18 oz. btl.

Sweet Baby Ray's Barbecue Sauce
or Dipping Sauce (14 oz.)

4/\$3 11 oz. cans

Campbell's Pork & Beans
In Sauce

2/\$7 for

Tostitos Tortilla Chips
(9-13 oz. pkgs.)

or Salsa (15.5 oz. jars)
Selected Varieties

\$3⁹⁹ ea.

Häagen-Dazs Ice Cream
(14 oz. cont.)

or Ice Cream Bars 3 Pack
(9 oz. pkg.)
Selected Varieties

FIND THE PERFECT RECIPE AT METFOODS.COM!

2/\$6 for

Doritos Tortilla Chips
Selected Varieties
Including Dinamita Sticks
9-9.75 oz. pkgs.

Lay's Potato Chips
Selected Varieties
Including Layers and Poppables
4.75-8 oz. pkgs.

MIX & MATCH!

\$12⁹⁹ ea.

Scott Comfort Plus Bath Tissue
24 Pack
Mega Rolls
7440 ct. pkg.

OR

Scott Paper Towels
15 Pack
Choose-A-Size
1620 ct. pkg.

YOUR CHOICE!

\$7⁹⁹ ea.

Tide Simply Liquid Laundry Detergent
Selected Varieties
94-107 oz. btl.

OR

Downy Liquid Fabric Softener
90 Loads-Ultra April Fresh
66 oz. btl.

YOUR CHOICE!

2/\$5 64 oz. btl.

Ocean Spray Cranberry Juice Cocktails
Selected Varieties

2/\$5 128 oz. btl.

Arizona Drinks
Selected Varieties

3/\$12⁹⁹ 405.6 oz. pkgs.

Poland Spring Natural Spring Water
24 Pack
16.9 oz. Bottles

PLUS DEPOSIT WHERE REQUIRED

\$5⁹⁹ 96 oz. pkg.

Spindrift Sparkling Water
8 Pack
12 oz. Cans
Selected Varieties

PLUS DEPOSIT WHERE REQUIRED

\$7⁹⁹ 68.4-89.8 oz. cont.

Lipton Lemon Iced Tea Mix
Makes 38 Quarts
25% Less Sugar or Original

2/\$5 15 oz. btl.

Wish-Bone Salad Dressing
Selected Varieties

\$3⁹⁹ 6.88-23 oz. pkg.

Entenmann's Full Line Sale
Selected Varieties
(Excludes Little Bites)

4/\$5 12-16 oz. pkgs.

San Giorgio Pasta
Selected Varieties

2/\$5 16-24 oz. jars

Ragu Pasta Sauce
Selected Varieties

2/\$4 28-29 oz. cans

Hunt's Tomatoes
or Tomato Sauce

2/\$6 10.3-13 oz. pkgs.

Quaker Cap'n Crunch or Life Cereal
Selected Varieties

2/\$6 18 ct. pkgs.

Eggland's Best Large Eggs
18 Pack

2/\$5 8 oz. pkgs./conts.

Breakstone's Butter
Selected Varieties

2/\$7 7.5-8 oz. conts.

Philadelphia Cream Cheese Spread
Selected Varieties

5/\$5 5.3 oz. conts.

Fage Total Greek Yogurt
or Fage BestSelf Lactose-Free Greek Yogurt

2/\$5 7-8 oz. pkgs.

Kraft Shredded Cheese or Cheese Bars
Selected Varieties

5/\$5 7-10 oz. pkgs.

Green Giant Simply Steam Vegetables
Selected Varieties

GROCERY SAVINGS!

\$5⁹⁹
16.9 oz. Btl.

Filippo Berio
Olive Oil
Extra Light
or Pure



\$10⁹⁹
128 oz. Btl.

Crisco
Oil
Pure Canola,
Pure Vegetable or
Pure Corn



\$3⁹⁹
9.4-14 oz. Pkg.

Kraft
Deluxe
Mac &
Cheese or
Velveeta
Dinners
Selected Varieties



4/\$5
14.5-15 oz. Cans

Libby's
Vegetables
Selected Varieties



3/\$5
5 oz. Cans

Bumble Bee
Solid White
Albacore
Tuna
In Oil or In Water



\$3⁹⁹
15 oz. Pkg.

Post
Large Size
Cocoa or
Fruity Pebbles
Cereal



\$6⁹⁹
9.6 oz. Cont.

Folgers
Coffee
Selected Varieties
(Excludes Decaf)



2/\$4
4.9-5.5 oz. Cans

Pringles
Potato
Crisps
Selected Varieties



2/\$5
64 oz. Btl.

Avenue A
Apple Juice



\$2⁹⁹
10-50 ct. Pkg.

Dixie
Paper Plates,
Paper Bowls
or To Go
Cups & Lids
Selected
Varieties



\$5⁹⁹
10 oz. Jar

Mezzetta
Specialty
Olives
Selected
Varieties



\$10⁹⁹
25.4 oz. Btl.

Pompeian
Extra Virgin
Olive Oil
Smooth or Robust



\$12⁹⁹
32 oz. Btl.

Bertolli
Olive Oil
Pure or
Extra Light Taste



\$4⁹⁹
40 oz. Btl.

Crisco
Oil
Pure Canola or
Pure Vegetable



\$1⁹⁹
17.6 oz. Cont.

Superior
Crystal
Gourmet
Sea Salt
Fine Crystals or
Coarse Crystals



2/\$5
2.6-3.5 oz. Cans

Weber
Seasonings
Selected
Varieties



2/\$6
10.4 oz. Pkgs.

Kellogg's
Nutri-Grain
Bars
Selected
Varieties



\$5⁹⁹
14.8-15.3 oz. Pkg.

Quaker
Chewy
Granola
Bars
Selected
Varieties



\$3⁹⁹
1-5.5 oz. Pkg.

Gerber
Soft Baked
Grain Bars
or Melts
Selected Varieties



\$3⁹⁹
18 oz. Cont.

Quaker
Oats
Quick 1-Minute
or Old Fashioned



\$3⁹⁹
6.1-7.4 oz. Pkg.

Quaker
Chewy
Granola
Bars
Selected
Varieties



\$13⁹⁹
32 oz. Cont.

Golden Blossom
Honey
Pure & Unfiltered



\$4⁹⁹
100 ct. Pkg.

Red Rose
Tea Bags
Original



\$8⁹⁹
8.8-10 oz. Pkg.

Botticelli
Coffee
or Coffee
K-Cups
(12 Ct.)



\$8⁹⁹
10 ct. Pkg.

Newman's Own
Organic,
Green Mountain,
McCafé or Donut Shop
Coffee K-Cups
Selected Varieties



2/\$6
28-32 oz. Pkg.

Hungry Jack
Pancake &
Waffle Mix
or Pillsbury Funfetti
Complete Pancake &
Waffle Mix (28 oz.)



\$3⁹⁹
26 oz. Btl.

Hungry Jack
Syrup
Original



2/\$3
8-8.25 oz. Cans

Dole
Pineapple
Selected
Varieties



\$3⁹⁹
7.7 oz. Cans

Nutella
Hazelnut
Spread



\$6⁹⁹
40 oz. Jar

Skippy
Peanut
Butter
Selected Varieties



\$3⁹⁹
18 oz. Jar

Smucker's
Fruit Spreads
Seedless Strawberry
Jam, Strawberry
Preserves or Sweet
Orange Marmalade



2/\$6
16.1-16.3 oz. Cans

Campbell's
Home Style
Soup
Selected Varieties



2/\$5
15 oz. Cans

Snow's
Bumble Bee
New England
Style
Clam Chowder
or Corn Chowder



3/\$2
2.25 oz. Pkgs.

Nissin
Cup Noodles
Ramen Noodle
Soup Mix
Selected Varieties



3/\$1
3 oz. Pkgs.

Chef Woo
Ramen Express
Plant-Based
Ramen
Beef Flavor or
Chicken Flavor



2/\$1
10.5 oz. Pkg.

Chef Woo
Ramen Express
Plant-Based
Ramen
Beef Flavor or
Chicken Flavor



2/\$6
10.5 oz. Pkg.

Kitchen Basics
Stock
Selected Varieties



\$4⁹⁹
20 oz. Pkg.

Bumble Bee
Chunk
Light Tuna
4 Pack
5 oz. Cans
In Water or
In Vegetable Oil



2/\$4
3.5 oz. Pkgs.

Bumble Bee
Snack
on the Run!
Tuna or Chicken
Salad Kit
Selected Varieties



2/\$3
2.5 oz. Pouches

Bumble Bee
Wild Caught
Light Tuna
or Sandwich
in Seconds Tuna
Salad or Seasoned Tuna



2/\$4
3.75-4.4 oz. Cans

Brunswick
Sardines
Selected
Varieties



2/\$4
6.5 oz. Cans

Snow's
Bumble Bee
Clams
Minced
in Clam Juice
or Chopped
in Clam Juice



\$3⁹⁹
6 oz. Can

Bumble Bee
White
Crabmeat



2/\$5
15.5-16 oz. Jars

Aunt Nellie's
Red Cabbage
or Beets
Selected Varieties



2/\$5
8.5-8.8 oz. Pkgs.

Ben's
Original
Ready Rice
or Long Grain
& Wild Rice
(6-6.2 oz.)



2/\$4
2.6 oz. Pkgs.

Knorr
Rice Cups
Fajita Rice or
Three Cheese
Mushroom Risotto



2/\$4
8.8 oz. Pkgs.

Carolina
Rice
Selected
Varieties



TRENDING & HEALTHY!

2/\$7
18 oz. Btl.

Stubb's
Bar-B-Q Sauce
or Marinade (12 oz.)



\$5⁹⁹
32 oz. Btl.

Bragg
Organic
Apple Cider Vinegar



\$5⁹⁹
24 oz. Btl.

Pompeian
Imported
Grapeseed Oil



\$3⁹⁹
13.5-16 oz. Pkg.

Post
Great Grains
Cereal
or Bran Flakes (16 oz.)
or Original
Grape-Nuts (20.5 oz.)



2/\$6
16-20 ct. Pkgs.

Tazo
Tea Bags
Selected
Varieties



\$5⁹⁹
11 oz. Pkg.

Kind
Healthy Grains
Granola Clusters
Selected Varieties



\$8⁹⁹
32 oz. Pkg.

King Arthur
Baking Company
Gluten Free
Bread or
Pizza Flour



3/\$5
4 oz. Pkgs.

Happy Baby
Organics
Baby Food
or Happy Tot
Organics
Toddler Food



2/\$5
8.8-14.5 oz. Pkg.

Barilla
Red Lentil,
Chickpea,
Protein+ or
Gluten Free Pasta
Selected Varieties



2/\$5
6 oz. Pkgs.

Arrowhead
Mills
Cereal
Puffed Corn
or Puffed Millet



\$5⁹⁹
4 oz. Pkgs.

Better with
Buckwheat
Maine Crisps
Crackers
Selected Varieties



2/\$4
1.81-2.36 oz. Pkgs.

Bob's Red Mill
Oatmeal
Selected Varieties



4/\$5
1.76 oz. Pkgs.

Bob's Red Mill
Oat Bars
Selected Varieties



2/\$10
8 oz. Pkgs.

Firehook
Baked
Crackers
Selected Varieties



2/\$4
2.3-3.5 oz. Pkgs.

Flax4Life
Flax Muffins
Selected
Varieties



2/\$8
12 oz. Btl.

Koops'
Mustard
Selected Varieties



2/\$8
11-13 oz. Pkgs.

Made With
Granola
Selected
Varieties



2/\$10
10-12 oz. Pkgs.

O'Doughs
Gluten-Free
Bagel Thins
Selected Varieties



2/\$8
10.5-12.1 oz. Pkgs.

Ozery Bakery
Snacking or
Morning Rounds
or Wheat
Sandwich Buns
Selected Varieties



2/\$7
1.8 oz. Pkgs.

Shameless
Snacks
Gummy
Candies
Selected Varieties



2/\$10
10 oz. Pkgs.

St. Dalfour
Fruit Spreads
Selected Varieties



2/\$8
5-6 oz. Pkgs.

Terra
Vegetable
Chips
Selected
Varieties



2/\$10
10-12 oz. Pkgs.

Tinkvada
Pasta Joy
Brown Rice
Pasta
Selected Varieties



2/\$6
4.9-5.4 oz. Cans

Tonnino
Tuna
Selected
Varieties



2/\$9
12.7 oz. Btl.

Torani
Flavoring Syrup
Selected Varieties



2/\$9
12 oz. Btl.

Stirrings
Cocktail Mixers
or Simple Syrup



2/\$10
16.2 oz. Cans

Taste
Nirvana
Coconut Water
With Pulp
or Premium



STOCK UP
AND SAVE ON
ALL YOUR

LABOR DAY
BBQ FAVORITES!

GROCERY SAVINGS!

\$12⁹⁹
12-18 lb.
pkg.

**Kingsford
Charcoal
Briquets**
Match Light or
Original



2/\$4
12-14 oz.
btl.

**French's
Mustard**
Spicy Brown or
Classic Yellow



2/\$6
16-24 oz.
jars

**Vlasic
Pickles**
Selected
Varieties



2/\$6
12 oz.
btl.

**Buffalo
Wild Wings
Sauces**
Selected Varieties



2/\$7
16 oz.
btl.

**Chick-fil-A
Sauce**
Selected
Varieties



2/\$6
3-7 oz.
pkgs.

**Keebler
Ice Cream
Cones**
Selected
Varieties



2/\$7
21-24 oz.
pkgs.

**Jet-Puffed
Marshmallows**
S'more
or Jumbo



3/\$10
4.25-18.3 oz.
pkgs.

**Town House,
Club, Toasteds,
Carr's or
Cheez-It
Crackers**
Selected Varieties



Pass O' THE OLD EL PASO!

2/\$4
16 oz.
cans

**Old El Paso
Refried Beans**
Selected Varieties



2/\$4
16 oz.
cans

**Old El Paso
Enchilada
Sauce**
Mild Red



2/\$7
5.1-6.7 oz.
pkgs.

**Old El Paso
Flavored
Taco Shells
or Taco Boats**
Tortillas
Selected Varieties



\$3⁹⁹
9-19 oz.
cont./can

**Old El Paso
Mild
Enchilada Sauce
or Creamy
Queso Sauce**



\$3⁹⁹
8.8-14 oz.
pkg.

**Old El Paso
Dinner Kits**
Selected
Varieties



2/\$7
5 lbs.
pkg.

**Carolina
Rice**
Extra Long Grain
White



\$8⁹⁹
5 lb.
pkg.

**Ben's
Original
Rice**
Selected
Varieties



2/\$5
16 oz.
pkg.

**Luigi Vitelli
Lasagne**



\$3⁹⁹
15-24 oz.
jar

**Classico
Pasta Sauce**
Selected Varieties



4/\$5
6 oz.
cans

**Hunt's
Tomato Paste**
Selected Varieties



2/\$5
28 oz.
cans

**Luigi Vitelli
Tomatoes**
Crushed,
Whole Peeled
or Puree



5/\$5
6 oz.
cans

**Luigi Vitelli
Tomato Paste**



2/\$5
28 oz.
cans

**Tuttorosso
San Marzano
Style
Tomatoes**
Selected Varieties



2/\$4
14.5 oz.
cans

**Hunt's
Diced or
Stewed
Tomatoes**
Selected Varieties



\$9⁹⁹
17 oz.
btl.

**Goya
Extra Virgin
Olive Oil**



2/\$4
12 oz.
jars

**Goya
Sofrito
or Recaito
Cooking Base**



4/\$5
15.5 oz.
cans

**Goya
Beans**
Selected
Varieties



\$14⁹⁹
20 lb.
pkg.

**Canilla
Rice**
Long Grain
Golden Parboiled



2/\$6
33.8 oz.
cans

**Goya
Pure
Coconut Water**
Original



2/\$8
11 oz.
cans

**Goya
Sazonador
Total
Seasoning**
With Pepper
or Without Pepper



5/\$5
6 oz.
cans

**Goya
Tomato Paste**



3/\$5
16 oz.
pkgs.

**Hunt's
Snack Pack
Pudding or
Juicy Gels**
4 Pack
Selected Varieties



\$4⁹⁹
9-10 oz.
pkg.

**Emerald
Nuts**
Selected
Varieties



\$4⁹⁹
11.9-14 oz.
pkg.

**Jolly
Rancher or
Shag-A-Licious
Gummies**
Selected Varieties



2/\$6
11 oz.
pkgs.

**Keebler
Sandwich
Crackers**
8 Count
Selected Varieties



2/\$5
8.25 oz.
pkgs.

**Act II
Popcorn**
Selected
Varieties



\$12⁹⁹
48 oz.
btl.

**Glucerna
Nutrition
Shakes**
6 Pack
Selected Varieties



2/\$6
22 oz.
btl.

**Parmalat
Milk**
Selected Varieties



3/\$5
12 oz.
cans

**Magnolia
Evaporated Milk**



2/\$5
14 oz.
cans

**Magnolia
Sweetened
Condensed
Milk**
Original or Fat Free



\$3⁹⁹
46 oz.
can

**Dole
Pineapple
Juice**
Original or Light



3/\$5
12 oz.
btl.

**Capri Sun
Juice Drinks**
Selected Varieties



\$5⁹⁹
44-69 oz.
pkg.

**V8
Vegetable
Juice**
8 Pack or 6 Pack
or Plus Energy or
Bloody Mary Drinks
6 Pack (48 oz.)



\$8⁹⁹
121.5 oz.
btl.

**Sunny D
Drinks**
18 Pack
6.75 oz. Bottles
Tangy Original
Citrus Punch or
Fruit Punch



2/\$7
14-3.3 oz.
cans

**Crystal Light
Drink Mix**
Selected Varieties



\$3⁹⁹
128 oz.
btl.

**Perfect Hydration
Alkaline
Electrolyte Enhanced
Drinking Water**
91.5+ pH
(Plus Deposit
Where Required)



2/\$6
144 oz.
btl.

**Pure Life
Purified
Water 12 Pack**
12 oz. Bottles
(Plus Deposit
Where Required)



2/\$4
50.7 oz.
btl.

**Poland Spring
Natural
Spring Water**
1.5 Liter
(Plus Deposit
Where Required)



2/\$4
101.4 oz.
btl.

**Pure Life
Purified
Water 6 Pack**
16.9 oz. Bottles
(Plus Deposit
Where Required)



\$5⁹⁹
28.4 oz.
btl.

**Poland Spring
Natural
Spring Water**
12 Pack
23.7 oz. Sport Cap Bottles
(Plus Deposit
Where Required)



HEALTH & BEAUTY

WHERE AVAILABLE

\$6⁹⁹
12.5 oz.
btl.

**Head & Shoulders
Hair Care
Products**
Selected Varieties



2/\$7
13.5 oz.
btl.

**Pert
2 in 1 Shampoo
& Conditioner**
Selected Varieties



2/\$5
6 oz.
tube

**Colgate
Toothpaste**
Selected
Varieties



\$5⁹⁹
16.9 oz.
btl.

**Crest
Pro-Health
Advanced
Alcohol Free
Mouthwash**
Fresh Mint



\$6⁹⁹
2.6-3 oz.
cont.

**Old Spice
or Secret
Deodorant
Sticks**
Selected Varieties



2/\$3
36 ct.
pkgs.

**St. Joseph
Chewable
Aspirin or
Aspirin Tablets**



\$4⁹⁹
72 ct.
pkg.

**Rolaids
Ultra
Strength
Chewable
Antacid Tablets**
Mint or
Assorted Fruit



\$8⁹⁹
50 ct.
btl.

**Aleve
Pain Reliever
Medicine**
Caplets



\$2⁹⁹
7.25-10 oz.
cont.

**Barbasol
Thick & Rich
or Pure Silk
Spa Therapy
Shave Cream**
Selected Varieties



\$6⁹⁹
3-4 ct.
pkg.

**Bic
Disposable
Razors**
Selected Varieties



2/\$3
16 oz.
btl.

**TopCare
Epsom Salt**



2/\$3
80 ct.
pkg.

**TopCare
Cotton Rounds**



2/\$5
500 ct.
pkg.

**TopCare
Cotton Swabs**



\$1⁹⁹
200 ct.
pkg.

**TopCare
Cotton Balls**
Triple Size



HOUSEHOLD SAVINGS!

\$4⁹⁹
16 oz.
btl.

**Dawn
Platinum Plus
Powerwash
Dish Spray**
Selected Varieties



4/\$5
7.5 oz.
cont.

**Softsoap
Hand Soap**
Selected
Varieties



\$5⁹⁹
22 oz.
cont.

**Carbona
Pet Stain &
Odor Remover**
or Carpet Cleaner
(27.5 oz.) or
Washing Machine
Cleaner (10.58 oz.)



\$5⁹⁹
41 oz.
btl.

**Mr. Clean
Multi-Surface
Cleaner**
Selected Varieties



2/\$4
54-110 ct.
pkgs.

**Scotties
Facial
Tissue**
Selected
Varieties



\$7⁹⁹
25.5 oz.
btl.

**Downy
Rinse & Refresh
Fabric Rinse**
Selected Varieties



\$12⁹⁹
20 ct.
pkg.

**Tide
Evo
Laundry
Detergent
Tiles**
Selected Varieties



\$12⁹⁹
21-37 ct.
pkg.

**Pampers
Baby-Dry
Diapers**
Jumbo Pack
Selected
Varieties



5/\$5
1.55 oz.
pouch

**Purina
Friskies
Lil' Gravies
Cat Food**
or Lil' Soups
Cat Food
(1.2 oz. conts.)



4/\$5
4.5 oz.
pkgs.

**Canine
Carry Outs
Dog Snacks**
Selected
Varieties



\$10⁹⁹
14 lb. pkg.
21 lb. pkg.

**Fresh Step
Cat Litter**
Selected
Varieties



NATURAL & ORGANIC
ITEMS SOLD WHERE AVAILABLE

Organic Produce



99¢
lb.
Golden
Yellow
Bananas
Certified
Organic



2/\$5
16 oz.
cont.
Peeled
Baby
Carrots
Certified
Organic



\$3.99
8 oz.
cont.
NatureSweet
Mini Sweet
Peppers
Certified
Organic



\$2.99
lb.
Beefsteak
Tomatoes
Certified
Organic



\$2.99
ea.
Fresh
Carrots
Certified Organic
Bunch



\$3.99
8 oz.
cont.
Whole
Baby Bella
Mushrooms
Certified Organic



\$3.99
4 oz.
cont.
Genuine
Coconut
Chunks
Certified
Organic

DON'T FORGET TO ORDER YOUR STORE MADE
FRUIT AND VEGETABLE PLATTERS FOR ALL
YOUR PARTY NEEDS! (WHERE AVAILABLE)

THE BEST PRODUCE!

ASSORTED CANDY, NUT, VEGETABLE
AND FRUIT TRAYS NOW AT YOUR LOCAL
PRODUCE DEPT. (WHERE AVAILABLE)



\$6.99
9.8 oz.
cont.
Jumbo
Blueberries
High in
Antioxidants



\$1.99
lb.
Canary
Santa Claus
or Galia
Melons



\$1.49
lb.
Jumbo
Green
Bell Peppers



\$1.49
lb.
Green
or Yellow
Squash
Locally Grown



\$4.99
2.6 lb.
cont.
Green Giant
Baby Potatoes
U.S. #1
Assorted Varieties



\$2.99
8 oz.
cont.
Giorgio
Steak Cut
Sliced
Mushrooms



\$4.99
7.1-13.25 oz.
cont.
Dole
Chopped or
Premium
Salad Kits
Assorted Varieties



2/\$5
9.11-12.5 oz.
cont.
Dole
Classic
Romaine
or Greener
Selection
Salad Blends



\$5.99
16.5 oz.
cont.
NatureSweet
Cherubs or
Constellation
Tomatoes
Club Pack



4/\$5
for
Seedless
Cucumbers
Hydroponic



\$3.99
11.5-12 oz.
jar/btl.
Marie's
Salad Dressing
Assorted Varieties



\$3.99
lb.
Heirloom
Tomatoes



\$2.99
ea.
Fresh
Basil
Hydroponic



\$6.99
5.2 oz.
pkg.
Pero
Family Farms
Snipped
Green Beans
Family Pack



\$3.99
6-8 oz.
pkg.
Pero
Family Farms
Sugar Snap
Peas or
Broccoletti



\$3.99
8 oz.
cont.
Litehouse
Vegetable
Dips
Assorted
Varieties



\$6.99
18 oz.
cont.
Taylor Farms
Good Times
Vegetable Tray
With Hidden Valley
Ranch Dip



\$3.99
1.5 lb.
bag
Red "A"
Potatoes
U.S. #1



\$1.49
ea.
Fresh
Dill
Locally Grown
Bunch



2/\$5
2 lb.
bags
Juicy
Lemons



\$9.99
6-8 oz.
btl.
Naked
Boosted
Smoothies
Assorted Varieties

BACK TO SCHOOL FAVORITES!



3/\$5
7 oz.
cup
Del Monte
Fruit Naturals
Fruit Cups
Assorted Varieties



\$3.99
5 oz.
pkg.
Mariani
Dried
Cranberries



\$5.99
3.2 lb.
cont.
Bi-Color
Grapes



\$3.99
14 oz.
bag
Mott's
Sliced
Apples
Red or Green



2/\$5
2 lb.
bags
Lil' Chief
Apples
U.S. #1
Gala, McIntosh
or Red Delicious



\$4.99
8 oz.
pkg.
Wholly
Guacamole
Minis
4 Pack
Assorted Varieties
Single
Serve Portions

SNACKS AND BEVERAGES

WHERE AVAILABLE
(PLUS BTL. DEPOSIT
WHERE REQUIRED BY LAW)



\$2.19
12 oz.
pkg.
Avenue A
Hot Dog or
Hamburger
Rolls
8 Count



\$2.99
3-15 oz.
pkg.
Wonder
Classic
Hot Dog or
Hamburger
Buns
or Hawaiian Buns



\$3.99
16-22 oz.
pkg.
Nature's Own
Brioche Style
Hot Dog Rolls or
Hamburger Buns or
Perfectly Crafted
Bread
Selected Varieties



\$3.99
24 oz.
pkg.
Arnold
Country Style
Bread
Selected Varieties



2/\$5
16-20 oz.
pkg.
Thomas'
Swirl Bread
or Bimbo
Soft White
Bread
Selected Varieties



2/\$6
10.5-17 oz.
pkg.
Hostess
Snacks
Selected
Varieties



3/\$5
2-4.75 oz.
pkg.
Hostess
Snacks
Selected
Varieties



2/\$7
9-15 oz.
pkg.
Nabisco
Chips Ahoy!
Cookies
Selected Varieties



\$5.99
10-30 oz.
pkg.
Nabisco
Cookies or
Crackers
10 Pack
Selected Varieties



\$9.99
16-55.19 oz.
pkg.
Utz
Snacks
Variety
Packs
18 Count
Selected Varieties



2/\$10
10 oz.
pkg.
Utz
Snack Packs
10 Count
Selected Varieties



\$8.99
18 oz.
pkg.
Takis
Rolled
Tortilla Chips
18 Pack
Variety Pack
or Hero Pack



2/\$7
8 oz.
pkg.
Takis
Potato
Chips
Selected
Varieties



\$3.99
5.25-16 oz.
pkg.
Herr's
Tortilla Chips,
Popcorn,
Pretzels or
Potato Chips
Selected Varieties



2/\$5
67.6 oz.
btl.
Pepsi
2 Liter
Selected Varieties



\$5.99
101.4 oz.
pkg.
Pepsi
6 Pack
16.9 oz. Bottles
Selected Varieties



\$9.99
160 oz.
pkg.
Gatorade
Sports
Drinks
8 Pack
20 oz. Bottles
Selected Varieties



\$7.99
144 oz.
pkg.
Coca-Cola
12 Pack
12 oz. Cans
Selected Varieties



2/\$4
61.6 oz.
btl.
Seagram's
Ginger Ale,
Barq's Root Beer,
Fanta, Fresca
or Minute Maid
Lemonade 2 Liter
Selected Varieties



\$6.99
96 oz.
pkg.
Coca-Cola
8 Pack
12 oz. Bottles
Selected Varieties



\$6.49
96 oz.
pkg.
Topo Chico
Saboros
Sparkling
Water 8 Pack
12 oz. Cans
Selected Varieties



2/\$3
42.2 oz.
btl.
Coca-Cola
1.25 Liter
Selected Varieties



4/\$5
28 oz.
btl.
Powerade
Sports Drinks
Selected Varieties



\$7.99
192 oz.
pkg.
Snapple
Drinks
12 Pack
16 oz. Bottles
Selected Varieties



\$6.99
96-144 oz.
pkg.
Canada Dry
12 Pack
or 8 Pack
12 Pack (12 oz. Cans)
or 8 Pack (12 oz. Bottles)
Selected Varieties



2/\$1
11.5 oz.
btl.
Arizona
Drinks
Selected Varieties



2/\$5
33.8 oz.
btl.
Evian
Natural
Spring Water
1 Liter



2/\$3
30 oz.
btl.
Core
Hydration Water
Original



\$25.99
144 oz.
pkg.
Modelito,
Corona or
Stella Artois
Beer 24 Pack
Regular



\$16.99
144 oz.
pkg.
Corona
or Modelo
Beer
12 Pack
12 oz. Bottles or Cans
Selected Varieties



\$16.99
144 oz.
pkg.
Twisted Tea
Hard Iced Tea
12 Pack
12 oz. Bottles or Cans
Selected Varieties



\$16.99
144 oz.
pkg.
Topo Chico
Hard Seltzer
12 Pack
12 oz. Cans
Selected Varieties



\$11.99
72 oz.
pkg.
New Belgium
Beer or
Angry Orchard
Hard Cider
6 Pack
12 oz. Bottles or Cans
Selected Varieties



\$10.99
72 oz.
pkg.
Blue Moon,
Samuel Adams
or Brooklyn
Beer 6 Pack
12 oz. Bottles or Cans
Selected Varieties



\$9.99
67.2 oz.
pkg.
Mike's
Hard or
Cayman Jack
Malt Beverages
6 Pack
11.2 oz. Bottles
Selected Varieties



\$14.99
144 oz.
pkg.
Dos Equis,
Modelo Oro or
Corona Premier
Beer 12 Pack
12 oz. Bottles or Cans
Selected Varieties



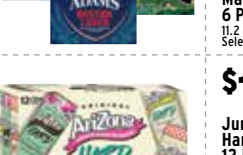
\$10.99
72 oz.
pkg.
Clausthaler
Non-Alcoholic,
Montauk or
Lagunitas
Beer 6 Pack
12 oz. Bottles or Cans
Selected Varieties



3/\$5
cans
Arizona
Hard Drinks
Selected Varieties



\$12.99
144 oz.
pkg.
Arizona
Hard Drinks
12 Pack
12 oz. Cans
Selected Varieties



\$14.99
144 oz.
pkg.
Jumex
Hard Nectar
12 Pack
12 oz. Cans
Variety Pack



\$25.99
144 oz.
pkg.
Heineken
Beer 24 Pack
7 oz. Bottles
Regular



\$16.99
144 oz.
pkg.
Heineken
or Amstel Light
Beer 12 Pack
12 oz. Bottles or Cans
Selected Varieties



\$16.99
144 oz.
pkg.
White Claw
Hard Seltzer
12 Pack
12 oz. Cans
Selected Varieties



\$12.99
144 oz.
pkg.
Coors Light,
Miller Lite
or Tecate
Beer 12 Pack
12 oz. Bottles or Cans
Selected Varieties



\$11.99
144 oz.
pkg.
Miller
High Life
Beer 12 Pack
12 oz. Bottles or Cans
Selected Varieties



\$14.99
144 oz.
pkg.
Heineken
Silver
Beer 12 Pack
12 oz. Cans
Selected Varieties



\$19.99
144 oz.
pkg.
Budweiser,
Bud Light
or Michelob
Ultra Beer 18 Pack
12 oz. Bottles or Cans
Selected Varieties



\$5.99
144 oz.
pkg.
Kona Brewing Co.,
Presidente,
Michelob Ultra
or Beck's Beer 4 Pack
16 oz. Cans
Selected Varieties



\$16.99
144 oz.
pkg.
Stella Artois
Beer 12 Pack
11.2-12 oz. Bottles or Cans
Selected Varieties



\$17.99
144 oz.
pkg.
Kona Brewing Co.
Beer 12 Pack
12 oz. Cans
Big Wave Liquid Aloha



\$11.99
144 oz.
pkg.
Kona Brewing Co.
Beer 12 Pack
12 oz. Cans
Big Wave Liquid Aloha

DELI DEPARTMENT

Let Us Cater Your Event or Party! Come See Us
For All Your Entertainment Needs! Where Available



\$7.99
lb.
Black Label
Provisions
Reserve
Old Fashioned
Bologna or
Sliced to Order



\$7.99
lb.
Black Label
Provisions
Reserve
Cooked Ham
Sliced to Order
No Water Added
In Natural Juices



\$8.99
lb.
Black Label
Provisions
Select
Imported
Swiss Cheese
Sliced to Order



\$6.99
lb.
Black Label
Provisions
Reserve
Classic
Muenster Cheese
Sliced to Order



\$12.99
lb.
Boar's Head
Ovengold
Roasted
Turkey Breast
Sliced to Order



\$11.99
lb.
Boar's Head
Genoa Salami
Sliced to Order
Natural Casing



\$4.99
7 oz.
cont.
Boar's Head
Olives
Assorted
Varieties



\$8.99
12 oz.
pkg.
Boar's Head
Uncured
Turkey
Bacon



\$6.99
lb.
Hormel
Magnifico
Salami
Sliced to Order
Genoa or Hard



\$9.99
lb.
Daniele
Del Duca
Imported
Boneless
Prosciutto
Sliced to Order



\$3.99
lb.
Wunderbar
German Brand
Bologna
Sliced to Order



\$4.99
lb.
Great Lakes
American Cheese
Sliced to Order
Yellow or White



\$4.99
lb.
Great Lakes
New York State
Yellow Sharp
Cheddar Cheese
By the Piece
Store Cut
Aged More than 9 Months



\$7.99
lb.
Krinos
Mediterranean
Deli Fresh



\$6.99
lb.
Zina's
Antipasto
Salad
Deli Fresh



\$5.99
lb.
Zina's
Sesame
Noodle Salad
With Seeds
Deli Fresh



\$13.99
lb.
Hans Kisse
Cranberry
Walnut
Chicken Salad
Deli Fresh



\$2.99
lb.
Sally
Sherman
Deli Salads
Cole Slaw,
Macaroni or
Potato



\$5.99
12 oz.
cont.
Sally
Sherman
Deli Salads
Cole Slaw,
Macaroni or
Potato



\$7.99
ea.
Perdue
Whole
Traditional
Rotisserie Chicken
Heat & Serve
No Antibiotics Ever
3.2-3.5 lb. Average



\$4.99
lb.
InnovAsian
Cuisine
Vegetable
Lo Mein
Heat & Serve



\$8.99
lb.
InnovAsian
Cuisine
General Tso's
Chicken
Heat & Serve



\$9.99
lb.
InnovAsian
Cuisine
Black Pepper
Steak
Heat & Serve



\$6.99
lb.
Tyson
Chicken
Wings
Heat & Serve
BBQ or
Wings of Fire

USDA CHOICE BEEF		FARM FRESH PORK		FARM FRESH CHICKEN	
\$17⁹⁹ 8 oz. pkg. Thousand Hills Ribeye Beef Steak 100% Grass Fed		\$3⁹⁹ lb. Baby Back Pork Ribs Grain Fed Fresh GREAT ON THE GRILL!		\$2⁹⁹ lb. Harvestland Whole Chickens Grade A, Fresh All Natural Free Range BETTER FOR YOU!	
\$3⁹⁹ lb. Sliced Pork Spare Ribs Grain Fed, Fresh	\$1⁴⁹ lb. Perdue Split Chicken Breast Grade A, Fresh All Natural, Bone-In	2/\$7 8 oz. pkg. Perdue Shortcuts Carved Chicken Breast Fully Cooked Selected Varieties	\$5⁹⁹ 14 oz. pkg. Palenque Chorizo Pork Sausage Links Selected Varieties		
\$2⁹⁹ 9.6 oz. pkg. Catalina Croquettes 8 Count Frozen Ham, Chicken or Cheese	\$2⁹⁹ 16 oz. pkg. Catalina Pork Tamales 4 Count Frozen	\$3⁴⁹ 12 oz. pkg. Catalina Stuffed Potato Balls 8 Count Frozen With Beef & Pork	\$4⁴⁹ 10 oz. pkg. Catalina Cheese Yuca Bites 10 Count Frozen		
\$6⁹⁹ lb. Mi Rancho Smokehouse Smoked Pork Spare Ribs	\$6⁹⁹ lb. Mi Rancho Smokehouse Bone-In Sliced Pork Chops	\$6⁹⁹ lb. Mi Rancho Smokehouse Boneless Sliced Smoked Pork Chops	\$2⁷⁹ lb. Mi Rancho Smokehouse Traditional Ham Steaks	\$5⁹⁹ lb. Mi Rancho Smokehouse Smoked Slab Bacon	
\$4⁹⁹ 16 oz. pkg. Bar S Beef Jumbo Franks 8 Count	2/\$4 16 oz. pkg. Bar S Classic Bun Length Franks 8 Count	2/\$4 16 oz. pkg. Bar S Jumbo Classic or Chicken Franks 8 Count	\$5⁹⁹ 16 oz. pkg. Bar S Original Bacon	\$6⁹⁹ 14 oz. pkg. Bar S Deli Style Oven Roasted Turkey Breast	
\$3⁴⁹ 16 oz. pkg. Bar S Turkey Bologna	\$4⁹⁹ 16 oz. pkg. Bar S Beef Bologna	\$3⁴⁹ 9 oz. pkg. Bar S Pepperoni Slices	\$3⁹⁹ 12 oz. pkg. Bar S Chorizo Pork Sausage Links 4 Count Fully Cooked	\$4⁹⁹ 11 oz. pkg. Al Fresco Chicken Sausage Links 4 Count All Natural Fully Cooked Selected Varieties	
\$3⁹⁹ 3 oz. pkg. Al Fresco Uncured Chicken Bacon Fully Cooked Original	\$14⁹⁹ 50 oz. pkg. Caribbean Food Delights Jamaican Style Patties 10 Count-Fully Baked Frozen-Beefy Cheese or Jerk Chicken	\$3⁹⁹ 10 oz. pkg. Caribbean Food Delights Jamaican Style Patties 2 Count-Fully Baked Frozen-Beefy Cheese or Spicy Beef	\$5⁹⁹ 16 oz. pkg. Avenue A Bacon Regular or Thick Sliced	\$3⁹⁹ 12 oz. pkg. Avenue A Turkey Bacon	

ROSH
HASHANAH
SPECIALTIES

\$11⁹⁹

lb.

Boneless Beef Brisket
USDA Choice Fresh, Flat Cut

\$6⁹⁹

lb.

Beef Shanks for Soup
USDA Choice Bone-In

\$17⁹⁹

lb.

Heavy Fowl for Soup
Fresh

\$14⁹⁹

lb.

Chicken Livers
Fresh

BETTER FOR YOU					
\$2⁴⁹ lb. Springer Mountain Farms Whole Chickens Grade A, Fresh All Natural	\$2⁹⁹ lb. Springer Mountain Farms Split Chicken Breast Grade A, Fresh All Natural, Bone-In	\$3⁴⁹ lb. Springer Mountain Farms Whole Chicken Wings Grade A, Fresh All Natural	\$10⁹⁹ 16 oz. pkg. Thousand Hills Ground Beef 100% Grass Fed 85% Lean/15% Fat	\$14⁹⁹ 21.28 oz. pkg. Thousand Hills Beef Patties 4 Count 85% Lean/15% Fat 100% Grass Fed Unseasoned	
\$4⁹⁹ 16 oz. pkg. Shady Brook Farms Ground Turkey Fresh, All Natural 93% Lean/7% Fat	\$11⁹⁹ 48 oz. pkg. Nature's Pride Ground Turkey All Natural 85% Lean/15% Fat Family Pack	\$6⁹⁹ 12 oz. pkg. Niman Ranch Uncured Sausage or Bratwurst Links 4 Count-No Antibiotics Ever All Natural, Fully Cooked Selected Varieties	\$6⁹⁹ lb. Bell & Evans Boneless Chicken Breast Tenderloins Fresh, All Natural Tray Pack, Skinless	\$4⁹⁹ lb. Bell & Evans Boneless Chicken Thighs Fresh, All Natural Tray Pack, Skinless	
\$7⁹⁹ 14 oz. pkg. Beyond Sausage Plant-Based Links 4 Count Sweet or Hot Italian Style or Brat Original	\$5⁹⁹ 8 oz. pkg. Beyond Burger Plant-Based Patties 2 Count	\$8⁹⁹ 16 oz. pkg. Beyond Beef Plant-Based Ground Original	\$6⁹⁹ 10 oz. pkg. Beyond Steak Plant-Based Seared Tips Original	\$9⁹⁹ 24 oz. pkg. Beyond Burger Plant-Based Patties 6 Count	\$6⁹⁹ 10 oz. pkg. Beyond Meatballs Plant-Based Meatballs

GREAT ON THE GRILL					
\$4⁹⁹ 16 oz. pkg. Premio Fresh Italian Pork Sausage Links 6 Count-Hot, Sweet or Sweet & Hot Combo Pack	\$18⁹⁹ 48 oz. pkg. Avenue A Ground Beef Hamburgers Family Pack 12 Count Frozen	\$29⁹⁹ 80 oz. pkg. Avenue A Ground Beef Hamburgers Family Pack 20 Count Frozen	\$5⁹⁹ 12 oz. pkg. Black Label Provisions Deluxe Beef Frankfurters 5 Count-All Natural, Natural Casing No Sugar Added	\$10⁹⁹ 21.3 oz. pkg. Steakhouse Elite Kobe-Crafted Ground Beef Burgers 4 Count Rancher's Blend, Reserve Blend or Signature Blend	
\$9⁹⁹ 21.3 oz. pkg. Steakhouse Elite Grill Master Blend Ground Beef Burgers 4 Count	\$9⁹⁹ 16 oz. pkg. Steakhouse Elite Grass Fed Ground Beef	\$8⁹⁹ 16 oz. pkg. Steakhouse Elite Kobe-Crafted Signature Blend Ground Beef	\$14⁹⁹ 24 oz. pkg. Steakhouse Elite Kobe-Crafted Grass Fed Ground Beef Burgers 4 Count	\$10⁹⁹ 16 oz. pkg. Steakhouse Elite Grass Fed Organic Ground Beef Grass Fed & Finished	\$4⁹⁹ lb. Prairie Fresh Signature BBQ Seasoned Pork Loin Backribs Honey or Hickory Smoked

PRE-PACKAGED MEATS

3/\$5 2.25-4.4 oz. pkg. Lunchables Lunch Combinations Selected Varieties	\$4⁹⁹ 9.43-12 oz. pkg. Hebrew National Beef Franks or Beef Knockwurst (12 oz.)	\$5⁹⁹ 16 oz. pkg. Farmland Bacon Classic Cut Original or Thick Cut Original	\$4⁴⁹ 12 oz. pkg. Oscar Mayer Turkey Bacon Original	\$5⁴⁹ 2.52 oz. pkg. Oscar Mayer Fully Cooked Bacon Original or Thick Cut
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SEAFOOD SELECTIONS

					AVAILABLE ONLY IN PARTICIPATING STORES
\$9⁹⁹ lb. Salmon Fillet Fresh Farm Raised	\$9⁹⁹ lb. Flounder Fillet Wild Caught Previously Frozen	\$6⁹⁹ 16 oz. pkg. Great American Tilapia Fillet Farm Raised Frozen or Thawed	\$7⁹⁹ lb. Kingfish Steaks Frozen		
\$9⁹⁹ 16 oz. pkg. Jade Lion Large Cooked Shrimp Frozen 31-40 Count	\$3⁹⁹ 16 oz. pkg. Great American Imitation Crab Meat Frozen or Thawed	\$18⁹⁹ 32 oz. pkg. Great American Salmon Fillet Frozen or Thawed Wild Caught	\$10⁹⁹ 16 oz. pkg. Great American Raw Shrimp Frozen, Jumbo 16-20 Count EZ Peel	\$8⁹⁹ 16 oz. pkg. Great American Raw Shrimp Frozen 31-40 Count, EZ Peel	
\$9⁹⁹ 16 oz. pkg. Great American Cooked Shrimp Frozen, Medium 51-60 Count	\$8⁹⁹ 16 oz. pkg. Great American Cooked Shrimp Frozen, Medium 71-90 Count	\$16⁹⁹ 48 oz. pkg. Great American Tilapia Fillet Frozen Farm Raised	\$12⁹⁹ 40 oz. pkg. Great American Swai Fillet Frozen Farm Raised	\$6⁹⁹ 10 oz. pkg. Aqua Star Reserve Cocktail Shrimp Ring 35 Count Cooked & Peeled With Cocktail Sauce	