



Sale Starts Friday, September 4th thru Thursday, September 10th, 2026

FRI.	SAT.	SUN.	MON.	TUES.	WED.	THUR.
4	5	6	7	8	9	10

LABOR DAY

Sale ★ A ★ Bration!

GEAR UP FOR BACK TO SCHOOL SAVINGS

ROSH HASHANAH SPECIALTIES

\$3.99
2 lb. bag

GREAT FOR BACK TO SCHOOL!

Wonderful Halos Mandarins Imported

\$12.99
lb.

USDA CHOICE

Flank Steaks

USDA Choice Beef

GREAT ON THE GRILL!

\$12.99
lb.

USDA CHOICE

New York Strip Shell Steaks

USDA Choice Beef, Bone-In

GREAT ON THE GRILL!

\$2.49
lb.

GREAT ON THE GRILL!

Whole Pork Spare Ribs

Grain Fed, Fresh

\$1.49
lb.

Fresh Broccoli Crowns

\$3.99
ea.

Whole Seedless Watermelon

10-12 lb. Average Weight

2/\$5
4 oz. clamshells

Little Leaf Farms Baby Green Salads

Assorted Varieties

99¢
lb.

Plum Tomatoes

\$1.49
lb.

Perdue

USDA A GRADE

Perdue Whole Chicken Wings

Grade A, Fresh All Natural, Family Pack

GREAT ON THE GRILL!

\$2.99
lb.

Whole Turkey Wings

99¢
lb.

Fresh Eggplant

\$2.99
lb.

USDA ORGANIC

Red or Green Seedless Grapes

Certified Organic

2/\$5
5 lb. bags

Green Giant Idaho Potatoes

U.S. #1

\$1.59
lb.

Perdue

Perdue Whole Chicken

\$4.99
lb.

Goat Meat

2/\$3
12 oz. btls.

Gulden's Mustard

Stone Ground Dijon or Spicy Brown

\$5.99
30 oz. cont.

Hellmann's Mayonnaise

Original Only

\$2.99
20 oz. btl.

Heinz Tomato Ketchup

Original

2/\$5
18 oz. btls.

Sweet Baby Ray's Barbecue Sauce

or Dipping Sauce (14 oz.)

4/\$3
11 oz. cans

Campbell's Pork & Beans

In Sauce

2/\$7
for

Tostitos Tortilla Chips

(9-13 oz. pkgs.)

or Salsa (15.5 oz. jars) Selected Varieties

\$3.99
ea.

Häagen-Dazs Ice Cream

(14 oz. cont.)

or Ice Cream Bars 3 Pack (9 oz. pkg.) Selected Varieties

SHOP ONLINE AT METFRESH.COM!

2/\$6
for

MIX & MATCH!

Doritos Tortilla Chips

Selected Varieties Including Dinamita Sticks 9-9.75 oz. pkgs.

Lay's Potato Chips

Selected Varieties Including Layers and Poppables 4.75-8 oz. pkgs.

2/\$5
64 oz. btl.

Ocean Spray Cranberry Juice Cocktails

Selected Varieties

\$11.99
20 lb. bag

Carolina Rice

Extra Long Grain White or Gold Parboiled

\$7.99
68.4-89.8 oz. cont.

Lipton Lemon Iced Tea Mix

Makes 38 Quarts 25% Less Sugar or Original

3/\$12.99
405.6 oz. pkgs.

Poland Spring Natural Spring Water

24 Pack 16.9 oz. Bottles

\$3.99
4 lb. bag

Maseca Instant Corn Flour

2/\$5
16-24 oz. jars

Ragu Pasta Sauce

Selected Varieties

\$3.99
6.88-23 oz. pkg.

Entenmann's Full Line Sale

Selected Varieties (Excludes Little Bites)

2/\$4
28-29 oz. cans

Hunt's Tomatoes or Tomato Sauce

\$1.49
ea.

YOUR CHOICE!

Scott Bath Tissue 20 Pack or Plenty Paper Towels 12 Pack

2/\$6
18 ct. pkgs.

Eggland's Best Large Eggs

18 Pack

2/\$5
8 oz. pkgs./conts.

Breakstone's Butter

Selected Varieties

2/\$7
7.5-8 oz. conts.

Philadelphia Cream Cheese Spread

Selected Varieties

5/\$5
5.3 oz. conts.

Fage Total Greek Yogurt

or Fage BestSelf Lactose-Free Greek Yogurt

2/\$5
7-8 oz. pkgs.

Kraft Shredded Cheese or Cheese Bars

Selected Varieties

5/\$5
7-10 oz. pkgs.

Green Giant Simply Steam Vegetables

Selected Varieties

2014 S Broad St Philadelphia, PA 19145
(215) 218-2877

SHOP ONLINE TODAY AT WWW.METFRESH.COM

WE ACCEPT OTC NETWORK

FREE DELIVERY

PHONE ORDERS AVAILABLE

SENIOR DISCOUNT 7 AM to 11 AM

STORE HOURS 7AM-10PM • 7 DAYS A WEEK

WE ACCEPT ALL MAJOR CREDIT CARDS, EBT & OTC NETWORK
WIC COMING SOON

So that we may serve all our customers, we reserve the right to limit sales of any item. Items offered for sale not available in case lots. Not responsible for typographical errors. Prices effective Fri., September 4 thru Thur., September 10, 2026. All Met Stores are independently owned and operated. Not all items available in all stores. Some pictures are for design purposes only and do not necessarily represent items on sale.

STOCK UP
AND SAVE ON
ALL YOUR

LABOR DAY
BBQ FAVORITES!

GROCERY SAVINGS!

\$12.99
12-18 lb.
pkg.

Kingsford
Charcoal
Briquets
Match Light or
Original



2/\$4
12-14 oz.
btl.

French's
Mustard
Spicy Brown or
Classic Yellow



2/\$6
16-24 oz.
jars

Vlasic
Pickles
Selected
Varieties



2/\$6
12 oz.
btl.

Buffalo
Wild Wings
Sauces
Selected Varieties



2/\$7
16 oz.
btl.

Chick-fil-A
Sauce
Selected
Varieties



2/\$6
3-7 oz.
pkgs.

Keebler
Ice Cream
Cones
Selected
Varieties



2/\$7
21-24 oz.
pkgs.

Jet-Puffed
Marshmallows
S'more
or Jumbo



3/\$10
4.25-18.3 oz.
pkgs.

Town House,
Club, Toasteds,
Carr's or
Cheez-It
Crackers
Selected Varieties



Pass O' THE OLD EL PASO!

2/\$4
16 oz.
cans

Old El Paso
Refried Beans
Selected Varieties



2/\$4
16 oz.
cans

Old El Paso
Enchilada
Sauce
Mild Red



2/\$7
5.1-6.7 oz.
pkgs.

Old El Paso
Flavored
Taco Shells
or Taco Boats
Tortillas
Selected Varieties



\$3.99
9-19 oz.
cont./can

Old El Paso
Mild
Enchilada Sauce
or Creamy
Queso Sauce



\$3.99
8.8-14 oz.
pkg.

Old El Paso
Dinner Kits
Selected
Varieties



2/\$7
3 lbs.
pkg.

Carolina
Rice
Extra Long Grain
White



\$8.99
5 lb.
pkg.

Ben's
Original
Rice
Selected
Varieties



2/\$5
16 oz.
pkg.

Luigi Vitelli
Lasagne



\$3.99
15-24 oz.
jar

Classico
Pasta Sauce
Selected Varieties



4/\$5
6 oz.
cans

Hunt's
Tomato Paste
Selected Varieties



2/\$5
28 oz.
cans

Luigi Vitelli
Tomatoes
Crushed,
Whole Peeled
or Puree



5/\$5
6 oz.
cans

Luigi Vitelli
Tomato Paste



2/\$5
28 oz.
cans

Tuttorosso
San Marzano
Style
Tomatoes
Selected Varieties



2/\$4
14.5 oz.
cans

Hunt's
Diced or
Stewed
Tomatoes
Selected Varieties



\$9.99
17 oz.
btl.

Goya
Extra Virgin
Olive Oil



2/\$4
12 oz.
jars

Goya
Sofrito
or Recaito
Cooking Base



4/\$5
15.5 oz.
cans

Goya
Beans
Selected
Varieties



\$14.99
20 lb.
pkg.

Canilla
Rice
Long Grain
Golden Parboiled



2/\$6
33.8 oz.
cans

Goya
Pure
Coconut Water
Original



2/\$8
11 oz.
cans

Goya
Sazonador
Total
Seasoning
With Pepper
or Without Pepper



5/\$5
6 oz.
cans

Goya
Tomato Paste



3/\$5
16 oz.
pkgs.

Hunt's
Snack Pack
Pudding or
Juicy Gels
4 Pack
Selected Varieties



\$4.99
9-10 oz.
pkg.

Emerald
Nuts
Selected
Varieties



\$4.99
11.9-14 oz.
pkg.

Jolly
Rancher or
Shag-A-Licious
Gummies
Selected Varieties



2/\$6
11 oz.
pkgs.

Keebler
Sandwich
Crackers
8 Count
Selected Varieties



2/\$5
8.25 oz.
pkgs.

Act II
Popcorn
Selected
Varieties



\$12.99
48 oz.
btl.

Glucerna
Nutrition
Shakes
6 Pack
Selected Varieties



2/\$6
22 oz.
btl.

Parmalat
Milk
Selected Varieties



3/\$5
12 oz.
cans

Magnolia
Evaporated Milk



2/\$5
14 oz.
cans

Magnolia
Sweetened
Condensed
Milk
Original or Fat Free



\$3.99
46 oz.
can

Dole
Pineapple
Juice
Original or Light



3/\$5
12 oz.
btl.

Capri Sun
Juice Drinks
Selected Varieties



\$5.99
44-69 oz.
pkg.

V8
Vegetable
Juice
8 Pack or 6 Pack
or Plus Energy or
Bloody Mary Drinks
6 Pack (48 oz.)



\$8.99
121.5 oz.
btl.

Sunny D
Drinks
18 Pack
6.75 oz. Bottles
Tangy Original
Citrus Punch or
Fruit Punch



2/\$7
14-3.3 oz.
cans

Crystal Light
Drink Mix
Selected Varieties



\$3.99
128 oz.
btl.

Perfect Hydration
Alkaline
Electrolyte Enhanced
Drinking Water
9.5+ pH
(Plus Deposit
Where Required)



2/\$6
144 oz.
btl.

Pure Life
Purified
Water 12 Pack
12 oz. Bottles
(Plus Deposit
Where Required)



2/\$4
50.7 oz.
btl.

Poland Spring
Natural
Spring Water
1.5 Liter
(Plus Deposit
Where Required)



2/\$4
101.4 oz.
btl.

Pure Life
Purified
Water 6 Pack
16.9 oz. Bottles
(Plus Deposit
Where Required)



\$5.99
28.4 oz.
btl.

Poland Spring
Natural
Spring Water
12 Pack
23.7 oz. Sport Cap Bottles
(Plus Deposit
Where Required)



HEALTH & BEAUTY

WHERE AVAILABLE

\$6.99
12.5 oz.
btl.

Head & Shoulders
Hair Care
Products
Selected Varieties



2/\$7
13.5 oz.
btl.

Pert
2 in 1 Shampoo
& Conditioner
Selected Varieties



2/\$5
6 oz.
tube

Colgate
Toothpaste
Selected
Varieties



\$5.99
16.9 oz.
btl.

Crest
Pro-Health
Advanced
Alcohol Free
Mouthwash
Fresh Mint



\$6.99
2.6-3 oz.
cont.

Old Spice
or Secret
Deodorant
Sticks
Selected Varieties



2/\$3
36 ct.
pkgs.

St. Joseph
Chewable
Aspirin or
Aspirin Tablets



\$4.99
72 ct.
pkg.

Rolaids
Ultra
Strength
Chewable
Antacid Tablets
Mint or
Assorted Fruit



\$8.99
50 ct.
btl.

Aleve
Pain Reliever
Medicine
Caplets



\$2.99
7.25-10 oz.
cont.

Barbasol
Thick & Rich
or Pure Silk
Spa Therapy
Shave Cream
Selected Varieties



\$6.99
3-4 ct.
pkg.

Bic
Disposable
Razors
Selected Varieties



2/\$3
16 oz.
btl.

TopCare
Epsom Salt



2/\$3
80 ct.
pkg.

TopCare
Cotton Rounds



2/\$5
500 ct.
pkg.

TopCare
Cotton Swabs



\$1.99
200 ct.
pkg.

TopCare
Cotton Balls
Triple Size



HOUSEHOLD SAVINGS!

\$4.99
16 oz.
btl.

Dawn
Platinum Plus
Powerwash
Dish Spray
Selected Varieties



4/\$5
7.5 oz.
cont.

Softsoap
Hand Soap
Selected
Varieties



\$5.99
22 oz.
cont.

Carbona
Pet Stain &
Odor Remover
or Carpet Cleaner
(27.5 oz.) or
Washing Machine
Cleaner (10.58 oz.)



\$5.99
41 oz.
btl.

Mr. Clean
Multi-Surface
Cleaner
Selected Varieties



2/\$4
54-110 ct.
pkgs.

Scotties
Facial
Tissue
Selected
Varieties



\$7.99
25.5 oz.
btl.

Downy
Rinse & Refresh
Fabric Rinse
Selected Varieties



\$12.99
20 ct.
pkg.

Tide
Evo
Laundry
Detergent
Tiles
Selected Varieties



\$12.99
21-37 ct.
pkg.

Pampers
Baby-Dry
Diapers
Jumbo Pack
Selected
Varieties



5/\$5
1.55 oz.
pouch

Purina
Friskies
Lil' Gravies
Cat Food
or Lil' Soups
Cat Food
(1.2 oz. conts.)



4/\$5
4.5 oz.
pkgs.

Canine
Carry Outs
Dog Snacks
Selected
Varieties



\$10.99
14 lb. pkg.
21 lb. pkg.

Fresh Step
Cat Litter
Selected
Varieties



DAIRY SAVINGS!

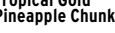
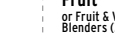
\$3.99 46.0% DISC. Tropicana Pure Premium Orange Juice or Ruby Red Grapefruit Juice 	\$3.99 16.0% DISC. Pillsbury Cookie Dough Selected Varieties 	\$3.99 16.0% DISC. Cabot Butter Sticks 4 Count Salted or Unsalted 	\$4.99 16.0% DISC. Galbani Mozzarella Cheese or String Cheese (12 oz.) 			
\$4.99 12 ct. pkg. England's Best Free Range, Large, Brown, Eggs 	2/5 6 ct. pkg. Land O Lakes Organic Large Brown Eggs 	2/5 7 ct. pkg. Bays English Muffins 6 Count Selected Varieties 	2/5 6 ct. pkg. Parkay Spread Selected Varieties 	2/5 8 ct. cont. Land O Lakes Butter Spread With Canola Oil or Light with Canola Oil 	\$4.99 16 oz. cont. Land O Lakes Heavy Whipping Cream 	
\$3.99 12 oz. cont. Land O Lakes Half & Half Original or Fat Free 	\$4.99 12 oz. cont. Dunkin' Cold Foam Creamer Extra Extra 	\$4.99 16 oz. cont. International Delight Iced Coffee Selected Varieties 	2/5 9 ct. pkg. Chobani Greek Yogurt 4 Pack Selected Varieties 	\$3.99 16 oz. pkg. YoCrunch Lowfat Yogurt 4 Pack Selected Varieties 	\$3.99 2.3 oz. pkg. Dannon Light & Fit Greek Yogurt 4 Pack Selected Varieties 	
2/5 7 ct. pkg. Danimals Smoothies 6 Pack Selected Varieties 	2/3 3 oz. cont. Yoplait Oui French Style Yogurt Selected Varieties 	4/5 5 oz. cont. YoCrunch Yogurt Selected Varieties 	\$4.99 32 oz. cont. Cabot Greek Yogurt Selected Varieties 	2/5 5 oz. cont. Friendship Sour Cream Original 	3/5 5 oz. cont. Daisy Sour Cream Original or Light 	
2/5 16 oz. cont. Friendship Cottage Cheese Selected Varieties 	\$5.99 12 oz. cont. Galbani Ricotta Cheese Selected Varieties 	\$3.99 9 oz. pkg. Borden Yellow American Cheese Singles 24 Count 	\$3.99 15 oz. pkg. Sargento Cheese Slices Selected Varieties 	\$4.99 15 oz. jar Kraft Cheez Whiz Cheese Dip Original 	2/5 5 ct. cont. Polly-O Parmesan Cheese Grated or Shredded 	2/5 7 ct. cont. Dole Juice Selected Varieties 
\$4.99 52 oz. cont. Simply Apple Juice, Grapefruit Juice or Cranberry Cocktail 	2/5 6 ct. pkg. Newman's Own Juice Drinks Selected Varieties 	2/5 4 ct. cont. Simply Orange Juice, Lemonade or Cranberry Cocktail Selected Varieties 	2/5 7 ct. cont. Turkey Hill Drinks Selected Varieties 	2/5 7 ct. cont. Jell-O Pudding or Gelatin Snacks 4 Pack Selected Varieties Including Temptation 	2/5 7 ct. pkg. Kozy Shack Pudding 4 Pack Selected Varieties 	2/5 7 ct. pkg. Reddi-wip Whipped Topping Selected Varieties 
2/5 8 ct. pkg. Buitoni Filled Pasta (10 oz. pkg.) or Pasta Sauce (7-15 oz. conts.) Selected Varieties 	\$14.99 16 oz. cont. Locatelli Grated Mozzarella Cheese 	\$3.99 16 oz. pkg. BelGioioso Fresh Mozzarella Cheese or Fresh Mozzarella Cheese or Prosciutto & Basil Roll (8 oz.) 	\$4.99 16 oz. cont. BelGioioso Buratta Cheese Selected Varieties 	\$5.99 8 oz. pkg. BelGioioso Italian Cheese Board 	2/5 8 ct. pkg. Cabot Cheese Deli Bars or Spreadable Cheddar Cheese (8 oz. conts.) 	\$4.99 15 oz. cont. Sabra Hummus Selected Varieties 

TRENDING & HEALTHY IN THE DAIRY DEPARTMENT!

FROZEN SAVINGS!

2/\$6 10-12.7 oz. pkg. Birds Eye Steamfresh Power Blend or Sauced Vegetables or Garlic Baby Peas & Mushrooms, Brussels Sprouts or Gold & White Corn (10.8 oz.), Baby Gold & White Corn (14.4 oz.)	2/\$8 11 oz. pkg. Tastlezz Appetizers Selected Varieties	2/\$5 13 oz. pkg. Celentano Cheese Ravioli or Cavatelli Selected Varieties	2/\$10 20-23 oz. pkg. Alexia Potatoes or Onion Rings (13.5 oz.)
2/\$8 21.2-24.8 oz. pkg. De Wafelbakkers Pancakes Selected Varieties	2/\$3 10 oz. pkg. Birds Eye Chopped Spinach	2/\$8 17 oz. pkg. Birds Eye Oven Roasters, Ultimate or Stir-Fry Vegetables Selected Varieties	2/\$7 16 oz. pkg. Green Giant Mini Nibblers Corn on the Cob Sweet or Extra Sweet
\$10.99 49.3 oz. pkg. Eggo Homestyle Waffles 40 Count	\$5.49 8.4-14.8 oz. pkg. Eggo Protein Pancakes or Waffles or Grab & Go Liege-Style Waffles (7-7.6 oz.)	\$15.99 30 oz. pkg. Smucker's Uncrustables Sandwiches 15 Count Peanut Butter & Grape Jelly or Peanut Butter & Strawberry Jam	\$6.99 17 oz. pkg. Sara Lee Classic Cheesecake
\$9.99 46.85 oz. pkg. Tostitos® Pizza Rolls Selected Varieties	\$14.99 45 oz. pkg. Farm Rich Breaded Mozzarella Sticks	\$6.99 9.5 oz. pkg. SuperPretzel Mini Pretzel Dogs or Bavarian Soft Pretzel Sticks (24.75 oz.)	\$5.49 42-48 oz. pkg. Hanover Value Size Vegetables Selected Varieties
2/\$6 14.4 oz. pkg. Birds Eye Stir-Fry Vegetables Tri-Colored Pepper & Onion Medley	\$5.99 32 oz. pkg. Birds Eye Vegetables Petite Gold & White Corn, Deluxe California Blend or Deluxe Stir-Fry	\$12.99 35.13 oz. pkg. Taste Choice Seafood Clam Bake, Seafood Boil or Shrimp Boil	\$5.99 11-14 oz. pkg. Gorton's Fish Fillets or Fish Sticks Selected Varieties
\$4.49 14 oz. cont. Pop-Tarts, Rice Krispies Treats or Eggo Ice Cream Selected Varieties (Excludes Eggo Blueberry)	\$4.99 46 oz. cont. Turkey Hill Simply Natural Ice Cream or Barbie Ice Cream	\$10.99 128 oz. cont. Avenue A Ice Cream Selected Varieties	\$4.99 12 oz. cont. Lactaid Lactose Free Ice Cream Selected Varieties
\$4.99 14.8 oz. cont. JonnyPops Organic Frozen Dessert Pops Cotton Candy Cloud or Watermelon	\$3.99 16 oz. pkg. Mamita's Ices 4 Count Selected Varieties	\$5.99 19-21 oz. pkg. Melona Frozen Dairy Dessert Bars 8 Count Selected Varieties	\$3.49 12 oz. pkg. Luigi's Mini Pops 8 Count Selected Varieties
\$3.99 46-48 oz. cont. Blue Bunny Ice Cream Selected Varieties	\$1.79 3.6 oz. cont. Häagen-Dazs Ice Cream Selected Varieties	\$3.99 15-27 oz. pkg. Klondike Ice Cream Bars, Sandwiches or Cones or Breviers Campfire Collection S'mores Ice Cream Sandwiches (16 oz.)	\$5.99 10-16 oz. cont. Dippin' Dots Ice Cream Sundae or Cups Selected Varieties

TRENDING & HEALTHY IN THE FROZEN DEPARTMENT!

\$10⁹⁹ 40 oz. pkg. Dole Sliced Strawberries & Bananas or Blueberries (32 oz.)  	\$8⁴⁹ 21 oz. pkg. Dole Tropical Gold Pineapple Chunks 	\$12⁹⁹ 2 lb. pkg. Campoverde Fruit Red Fruit & Veggie Blenders (2 lb.)  	2/\$8 10 lb. pkg. Wyman's Fresh Frozen Fruit Red Raspberries, Mixed Berries or Wild Blueberries  
\$4⁹⁹ 13 oz. pkg. Golden Blintzes Selected Varieties  	\$3⁹⁹ 10.5-16 oz. pkg. Golden Potato or Zucchini Pancakes or Pierogies Selected Varieties  	\$4⁹⁹ 9-13.5 oz. pkg. MorningStar Farms Plant-Based Products Selected Varieties  	2/\$8 9-11 oz. pkg. Tai Pei Meal Bowls Selected Varieties  
\$5⁹⁹ 12 oz. pkg. Udi's Gluten Free Bread White Sandwich or Whole Grain  			

THE BAKE SHOPPE!

\$4⁹⁹ 10 oz. pkg. Angel Food Cake 	\$1²⁹ 3.25 oz. pkg. Specialty Bakers Dessert Shells 	\$2⁹⁹ 1 oz. pkg. Specialty Bakers Ladyfingers 	\$3⁹⁹ 12 oz. pkg. King's Hawaiian Rolls 12 Count Original or Savory Butter 	2/\$3 10 oz. pkg. King's Hawaiian Rolls 4 Count Original 	\$7⁹⁹ 24 oz. pkg. King's Hawaiian Rolls Party Pack 24 Count Original 	
\$13⁹⁹ 24 oz. pkg. Junior's 6-Inch Cheesecake Selected Varieties 	\$1⁹⁹ 7.05-8.8 oz. pkg. Stonefire Tandoor Baked Naan Flatbread Regular or Mini 	\$4⁹⁹ 24 oz. pkg. Table Talk 8-Inch Baked Apple Pie 	\$8⁹⁹ 12 oz. pkg. Amello's Italian Pastry Tray 	\$9⁹⁹ 24 oz. pkg. Golden Cannoli Cannoli Chips & Dip 	\$2⁹⁹ 10 oz. pkg. Golden Cannoli Cannoli Chips Selected Varieties 	\$3⁹⁹ 10 oz. pkg. Give & Go Two-Bite Cupcakes 12 Pack Selected Varieties 

NATURAL & ORGANIC
ITEMS SOLD WHERE AVAILABLE

Organic Produce



99¢
lb.
Golden
Yellow
Bananas
Certified
Organic



2/\$5
16 oz. bag
Peeled
Baby
Carrots
Certified
Organic



\$3.99
8 oz. bag
NatureSweet
Mini Sweet
Peppers
Certified
Organic



\$2.99
lb.
Beefsteak
Tomatoes
Certified
Organic



\$2.99
ea.
Fresh
Carrots
Certified Organic
Bunch



\$3.99
8 oz. cont.
Whole
Baby Bella
Mushrooms
Certified Organic



\$3.99
4 oz. bag
Genuine
Coconut
Coconut
Chunks
Certified
Organic

DON'T FORGET TO ORDER YOUR STORE MADE
FRUIT AND VEGETABLE PLATTERS FOR ALL
YOUR PARTY NEEDS! (WHERE AVAILABLE)

THE BEST PRODUCE!

ASSORTED CANDY, NUT, VEGETABLE
AND FRUIT TRAYS NOW AT YOUR LOCAL
PRODUCE DEPT. (WHERE AVAILABLE)



\$6.99
9.8 oz. cont.
Jumbo
Blueberries
High in
Antioxidants



\$1.99
lb.
Canary
Santa Claus
or Galia
Melons



\$1.49
lb.
Jumbo
Green
Bell Peppers



\$1.49
lb.
Green
or Yellow
Squash
Locally Grown



\$4.99
2.6 lb. bag
Green Giant
Baby Potatoes
U.S. #1
Assorted Varieties



\$2.99
8 oz. cont.
Giorgio
Steak Cut
Sliced
Mushrooms



\$4.99
7 x 13.25 oz. bag
Dole
Chopped or
Premium
Salad Kits
Assorted Varieties



2/\$5
9.12 oz. bag
Dole
Classic
Romaine
or Greener
Selection
Salad Blends



\$5.99
16.5 oz. bag
NatureSweet
Cherubs or
Constellation
Tomatoes
Club Pack



4/\$5
6-8 oz. bag
Seedless
Cucumbers
Hydroponic



\$3.99
11.5-12 oz. jar/btl.
Marie's
Salad Dressing
Assorted Varieties



\$3.99
lb.
Heirloom
Tomatoes



\$2.99
ea.
Fresh
Basil
Hydroponic



\$6.99
32 oz. bag
Pero
Family Farms
Snipped
Green Beans
Family Pack



\$3.99
6-8 oz. bag
Pero
Family Farms
Sugar Snap
Peas, Snow Peas
or Broccoletti



\$3.99
8 oz. cont.
Litehouse
Vegetable
Dips
Assorted Varieties



\$6.99
18 oz. cont.
Taylor Farms
Good Times
Vegetable Tray
With Hidden Valley
Ranch Dressing



\$3.99
5 lb. bag
Red "A"
Potatoes
U.S. #1



\$1.49
ea.
Fresh
Dill
Locally Grown
Bunch



\$9.99
14 oz. btl.
Naked
Boosted
Smoothies
Assorted Varieties

BACK TO SCHOOL FAVORITES!



3/\$5
7 oz. cup
Del Monte
Fruit Naturals
Fruit Cups
Assorted Varieties



\$3.99
5 oz. bag
Mariani
Dried
Cranberries



\$5.99
32 oz. bag
Bi-Color
Grapes



\$3.99
16 oz. bag
Mott's
Sliced
Apples
Red or Green



2/\$5
2 lb. bag
Lil' Chief
Apples
U.S. #1
Gala, McIntosh
or Red Delicious



\$4.99
8 oz. bag
Wholly
Guacamole
Minis
4 Pack
Assorted Varieties
Single
Serve Portions

SNACKS AND BEVERAGES

WHERE AVAILABLE
(PLUS BTL. DEPOSIT
WHERE REQUIRED BY LAW)



\$2.19
12 oz. bag
Avenue A
Hot Dog or
Hamburger
Rolls
8 Count



\$2.99
13-15 oz. bag
Wonder
Classic
Hot Dog or
Hamburger
Buns
or Hawaiian Buns



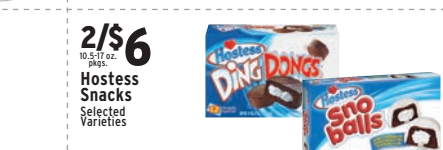
\$3.99
16-22 oz. bag
Nature's Own
Brioche Style
Hot Dog Rolls or
Hamburger Buns or
Perfectly Crafted
Bread
Selected Varieties



\$3.99
24 oz. bag
Arnold
Country Style
Bread
Selected Varieties



2/\$5
16 oz. bag
Thomas'
Swirl Bread
or Bimbo
Soft White
Bread
Selected Varieties



2/\$6
10-11 oz. bag
Hostess
Snacks
Selected Varieties



3/\$5
2-4.75 oz. bag
Hostess
Snacks
Selected Varieties



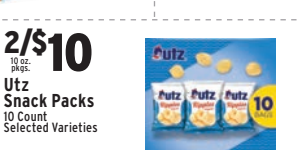
2/\$7
9.5-13 oz. bag
Nabisco
Chips Ahoy!
Cookies
Selected Varieties



\$5.99
10-20 oz. bag
Nabisco
Cookies or
Crackers
10 Pack
Selected Varieties



\$9.99
16.5-18 oz. bag
Utz
Snacks
Variety
Packs
18 Count
Selected Varieties



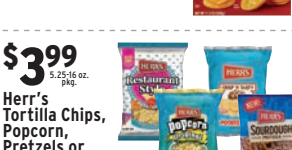
2/\$10
22 Count
Utz
Snack Packs
Selected Varieties



\$8.99
18 oz. bag
Takis
Rolled
Tortilla Chips
18 Pack
Variety Pack
or Hero Pack



2/\$7
8 oz. bag
Takis
Potato
Chips
Selected Varieties



\$3.99
5.25-10 oz. bag
Herr's
Tortilla Chips,
Popcorn,
Pretzels or
Potato Chips
Selected Varieties



\$9.99
16 oz. bottle
Gatorade
Sports
Drinks
8 Pack
20 oz. Bottles
Selected Varieties



\$6.49
16 oz. bottle
Topo Chico
Sabores
Sparkling
Water
8 Pack
12 oz. Cans
Selected Varieties



4/\$5
23 oz. bottle
Powerade
Sports Drinks
Selected Varieties



\$7.99
192 oz. bottle
Snapple
Drinks
12 Pack
16 oz. Bottles
Selected Varieties



2/\$1
11.5 oz. can
Arizona
Drinks
Selected Varieties



2/\$5
33.8 oz. btl.
Evian
Natural
Spring Water
1 Liter



2/\$3
30.4 oz. btl.
Core
Hydration Water
Original



\$25.99
168 oz. 12 pack
Modelito,
Coronita or
Stella Artois
Beer 24 Pack
7 oz. Bottles
Regular



\$16.99
144 oz. 12 pack
Corona
or Modelo
Beer
12 Pack
12 oz. Bottles or Cans
Selected Varieties



\$16.99
144 oz. 12 pack
Twisted Tea
Hard Iced Tea
12 Pack
12 oz. Bottles or Cans
Selected Varieties



\$16.99
144 oz. 12 pack
Topo Chico
Hard Seltzer
12 Pack
12 oz. Cans
Selected Varieties



\$11.99
72 oz. 6 pack
New Belgium
Beer or
Angry Orchard
Hard Cider
6 Pack
12 oz. Bottles or Cans
Selected Varieties



\$10.99
72 oz. 6 pack
Blue Moon,
Samuel Adams
or Brooklyn
Beer 6 Pack
12 oz. Bottles or Cans
Selected Varieties



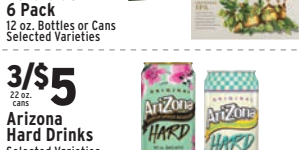
\$9.99
67.2 oz. 6 pack
Mike's
Hard or
Cayman Jack
Malt Beverages
6 Pack
11.2 oz. Bottles
Selected Varieties



\$14.99
144 oz. 12 pack
Dos Equis,
Modelo Oro or
Corona Premier
Beer 12 Pack
12 oz. Bottles or Cans
Selected Varieties



\$10.99
72 oz. 6 pack
Clausthaler
Non-Alcoholic,
Montauk or
Lagunitas
Beer 6 Pack
12 oz. Cans
Selected Varieties



3/\$5
12 oz. cans
Arizona
Hard Drinks
Selected Varieties



\$12.99
144 oz. 12 pack
Arizona
Hard Drinks
12 Pack
12 oz. Cans
Selected Varieties



\$14.99
144 oz. 12 pack
Jumex
Hard Nectar
12 Pack
12 oz. Cans
Variety Pack



\$25.99
168 oz. 12 pack
Heineken
Beer 24 Pack
7 oz. Bottles
Regular



\$16.99
144 oz. 12 pack
Heineken or
Amstel Light
Beer 12 Pack
12 oz. Bottles or Cans
Selected Varieties



\$16.99
144 oz. 12 pack
White Claw
Hard Seltzer
12 Pack
12 oz. Cans
Selected Varieties



\$12.99
144 oz. 12 pack
Coors Light,
Miller Lite or
Tecate
Beer 12 Pack
12 oz. Bottles or Cans
Selected Varieties



\$11.99
144 oz. 12 pack
Miller
High Life
Beer 12 Pack
12 oz. Bottles or Cans
Selected Varieties



\$14.99
144 oz. 12 pack
Heineken
Silver
Beer 12 Pack
12 oz. Cans
Selected Varieties



\$19.99
216 oz. 12 pack
Budweiser,
Bud Light or
Michelob Ultra
Beer 18 Pack
12 oz. Bottles or Cans
Selected Varieties



\$5.99
144 oz. 12 pack
Kona Brewing Co.,
Presidential,
Michelob Ultra
or Beck's
Beer 4 Pack
16 oz. Cans-Selected Varieties



\$16.99
134.4-144 oz. 12 pack
Stella Artois
Beer 12 Pack
11.2-12 oz. Bottles or Cans
Selected Varieties



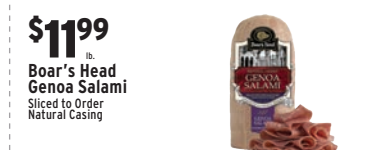
\$17.99
144 oz. 12 pack
Kona
Brewing Co.
Beer 12 Pack
12 oz. Cans
Big Wave Liquid Aloha

DELI DEPARTMENT

Let Us Cater Your Event or Party! Come See Us
For All Your Entertainment Needs! Where Available



\$12.99
lb.
Boar's Head
Ovengold®
Roasted
Turkey Breast
Sliced to Order



\$11.99
lb.
Boar's Head
Genoa Salami
Sliced to Order
Natural Casing



\$17.99
lb.
Boar's Head
London Broil
Roast Beef
Sliced to Order



\$5.99
lb.
Boar's Head
American Cheese
Sliced to Order
Yellow or White



\$7.99
lb.
Boar's Head
Jalapeño
Pepper Jack
Cheese
Sliced to Order



\$4.99
16 oz. cont.
Boar's Head
Olives
Assorted
Varieties



\$8.99
12 oz. bag
Boar's Head
Uncured
Turkey
Bacon



\$6.99
lb.
Hormel
Magnifico
Salami
Sliced to Order
Genoa or Hard



\$9.99
lb.
Daniele
Del Duca
Imported
Boneless
Prosciutto
Sliced to Order



\$3.99
lb.
Wunderbar
German Brand
Bologna
Sliced to Order



\$4.99
lb.
Great Lakes
American Cheese
Sliced to Order
Yellow or White



\$4.99
lb.
Great Lakes
New York State
Yellow Sharp
Cheddar Cheese
By the Piece
Store Cut
Aged More than 9 Months



\$7.99
lb.
Krinos
Mediterranean
Medley Olives
Deli Fresh



\$6.99
lb.
Zina's
Antipasto
Salad
Deli Fresh



\$5.99
lb.
Zina's
Sesame
Noodle Salad
with Seeds
Deli Fresh



\$13.99
lb.
Häns Kissle
Cranberry
Walnut
Chicken Salad
Deli Fresh



\$2.99
lb.
Sally
Sherman
Deli Salads
Cole Slaw,
Macaroni or
Potato



\$5.99
32 oz. cont.
Sally
Sherman
Deli Salads
Cole Slaw,
Macaroni or
Potato



\$7.99
ea.
Perdue
Whole
Traditional
Rotisserie Chicken
Heat & Serve
No Antibiotics Ever
3.2-3.5 lb. Average



\$4.99
lb.
InnovAsian
Cuisine
Vegetable
Lo Mein
Heat & Serve



\$8.99
lb.
InnovAsian
Cuisine
General Tso's
Chicken
Heat & Serve



\$9.99
lb.
InnovAsian
Cuisine
Black Pepper
Steak
Heat & Serve



\$6.99
lb.
Tyson
Chicken
Wings
Heat & Serve
BBQ or
Wings of Fire

USDA CHOICE BEEF		FARM FRESH PORK		FARM FRESH CHICKEN	
\$17.99 8 oz. pkg. Thousand Hills Ribeye Beef Steak 100% Grass Fed		\$4.99 lb. Baby Back Pork Ribs Grain Fed Fresh	GREAT ON THE GRILL!	\$2.99 lb. Harvestland Whole Chickens Grade A, Fresh All Natural Free Range	USDA A GRADE
\$3.99 lb. Sliced Pork Spare Ribs Grain Fed, Fresh	\$1.49 lb. Perdue Split Chicken Breast Grade A, Fresh All Natural, Bone-In	2/\$7 8 oz. pkg. Perdue Shortcuts Carved Chicken Breast Fully Cooked Selected Varieties	NO ANTIBIOTICS EVER	\$4.99 11 oz. pkg. Al Fresco Chicken Sausage Links 4 Count All Natural Fully Cooked Selected Varieties	USDA A GRADE
\$3.99 3 oz. pkg. Al Fresco Uncured Chicken Bacon Fully Cooked Original	\$14.99 50 oz. pkg. Caribbean Food Delights Jamaican Style Patties 10 Count-Fully Baked Frozen-Beefy Cheese or Jerk Chicken	\$3.99 10 oz. pkg. Caribbean Food Delights Jamaican Style Patties 2 Count-Fully Baked Frozen-Beefy Cheese or Spicy Beef	\$3.99 12 oz. pkg. Avenue A Turkey Bacon		

ROSH HASHANAH SPECIALTIES

\$6.99

lb.

Beef Shanks for Soup
USDA Choice Bone-In

\$11.99

lb.

Boneless Beef Brisket
USDA Choice Fresh, Flat Cut

\$1.79

lb.

Heavy Fowl for Soup
Fresh

\$1.49

lb.

Chicken Livers
Fresh

USDA CHOICE

BETTER FOR YOU

\$2.49 lb. Springer Mountain Farms Whole Chickens Grade A, Fresh All Natural	\$2.99 lb. Springer Mountain Farms Split Chicken Breast Grade A, Fresh All Natural, Bone-In	\$3.49 lb. Springer Mountain Farms Whole Chicken Wings Grade A, Fresh All Natural	\$10.99 16 oz. pkg. Thousand Hills Ground Beef 100% Grass Fed 85% Lean/15% Fat	\$14.99 21.28 oz. pkg. Thousand Hills Beef Patties 4 Count 85% Lean/15% Fat 100% Grass Fed Unseasoned
\$4.99 16 oz. pkg. Shady Brook Farms Ground Turkey Fresh, All Natural 93% Lean/7% Fat	\$11.99 48 oz. pkg. Nature's Pride Ground Turkey All Natural 85% Lean/15% Fat Family Pack	\$6.99 12 oz. pkg. Niman Ranch Uncured Sausage or Bratwurst Links 4 Count-No Antibiotics Ever All Natural, Fully Cooked Selected Varieties	\$6.99 lb. Bell & Evans Boneless Chicken Breast Tenders Fresh, All Natural Tray Pack, Skinless	\$4.99 lb. Bell & Evans Boneless Chicken Thighs Fresh, All Natural Tray Pack, Skinless
\$7.99 14 oz. pkg. Beyond Sausage Plant-Based Links 4 Count Sweet or Hot Italian Style or Brat Original	\$5.99 8 oz. pkg. Beyond Burger Plant-Based Patties 2 Count	\$8.99 16 oz. pkg. Beyond Beef Plant-Based Ground Original	\$6.99 10 oz. pkg. Beyond Steak Plant-Based Seared Tips Original	\$9.99 24 oz. pkg. Beyond Burger Plant-Based Patties 6 Count
\$6.99 10 oz. pkg. Beyond Meatballs Plant-Based Meatballs 10 Count				

GREAT ON THE GRILL

\$4.99 16 oz. pkg. Premio Fresh Italian Pork Sausage Links 6 Count-Hot, Sweet or Sweet & Hot Combo Pack	\$29.99 80 oz. pkg. Avenue A Ground Beef Hamburgers Family Pack 20 Count Frozen	\$10.99 21.3 oz. pkg. Steakhouse Elite Kobe-Crafted Ground Beef Burgers 4 Count Rancher's Blend, Reserve Blend or Signature Blend	\$9.99 21.3 oz. pkg. Steakhouse Elite Grill Master Blend Ground Beef Burgers 4 Count
\$9.99 16 oz. pkg. Steakhouse Elite Grass Fed Ground Beef	\$8.99 16 oz. pkg. Steakhouse Elite Kobe-Crafted Signature Blend Ground Beef	\$14.99 24 oz. pkg. Steakhouse Elite Kobe-Crafted Grass Fed Ground Beef Burgers 4 Count	\$10.99 16 oz. pkg. Steakhouse Elite Grass Fed Organic Ground Beef Grass Fed & Finished
\$4.99 lb. Prairie Fresh Signature BBQ Seasoned Pork Loin Backribs Honey or Hickory Smoked			

PRE-PACKAGED MEATS

3/\$5 2.25-4.4 oz. pkg. Lunchables Lunch Combinations Selected Varieties	\$4.99 3.43-12 oz. pkg. Hebrew National Beef Franks or Beef Knockwurst (12 oz.)	\$5.99 16 oz. pkg. Farmland Bacon Classic Cut Original or Thick Cut Original	\$4.49 12 oz. pkg. Oscar Mayer Turkey Bacon Original	\$5.49 2.52 oz. pkg. Oscar Mayer Fully Cooked Bacon Original or Thick Cut
---	--	---	---	--

SEAFOOD SELECTIONS

\$9.99 lb. Salmon Fillet Fresh Farm Raised	\$9.99 lb. Flounder Fillet Wild Caught Previously Frozen	\$6.99 16 oz. pkg. Great American Tilapia Fillet Farm Raised Frozen or Thawed	\$7.99 lb. Kingfish Steaks Frozen
\$9.99 16 oz. pkg. Jade Lion Large Cooked Shrimp Frozen 31-40 Count	\$3.99 16 oz. pkg. Great American Imitation Crab Meat Frozen or Thawed	\$18.99 32 oz. pkg. Great American Salmon Fillet Frozen or Thawed Wild Caught	\$10.99 16 oz. pkg. Great American Raw Shrimp Frozen, Jumbo 16-20 Count EZ Peel
\$9.99 16 oz. pkg. Great American Cooked Shrimp Frozen, Medium 51-60 Count	\$8.99 16 oz. pkg. Great American Cooked Shrimp Frozen, Medium 71-90 Count	\$16.99 48 oz. pkg. Great American Tilapia Fillet Frozen Farm Raised	\$12.99 40 oz. pkg. Great American Swai Fillet Frozen Farm Raised
\$6.99 10 oz. pkg. Aqua Star Reserve Cocktail Shrimp Ring 35 Count Cooked & Peeled With Cocktail Sauce			