

**WE'VE CUT PRICES SO YOU CAN CUT COSTS! REAL RELIEF FOR YOUR WALLET!**

## MEALS MADE EASY!

**LENTEN CHOICES**  
LOOK THROUGHOUT THE CIRCULAR FOR SPECIAL ITEMS FOR LENT!

**WE ACCEPT OTC Network**

### FREE PARKING IN REAR!

**5% SENIOR CITIZEN DISCOUNT EVERYDAY: 7:00 AM-11:00 AM**

**\$5.99** lb.  
**Oven-Ready Sirloin Tip Roast**  
USDA Choice Beef



**\$11.99** lb.  
**Porterhouse Steaks**  
USDA Choice Beef



**\$3.99** lb.  
**Swai Fillet**  
Farm Raised Previously Frozen Striped Pangasius

**\$2.99** 16 oz. bag  
**Wonderful Seedless Lemons**



**\$2.99** lb.  
**Boneless Center Cut Pork Roast or Chops**  
Grain Fed



**\$1.69** lb.  
**Perdue Whole Chickens**  
Grade A, Fresh All Natural



**\$1.99** lb.  
**Beefsteak Tomatoes** Imported or Red  
**Bell Peppers**



**\$2.99** 4 oz. clamshell.  
**Locally Known Salads**  
Assorted Varieties

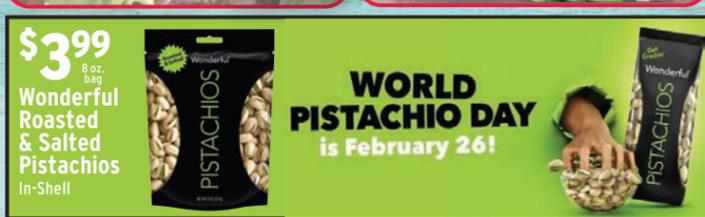


**\$2.99** lb.  
**Fresh Asparagus**



**\$3.99** 8 oz. bag  
**Wonderful Roasted & Salted Pistachios** In-Shell

**WORLD PISTACHIO DAY** is February 26!



**MIX & MATCH! 5/\$5** for

- Large Hass Avocados Imported from Mexico
- Fresh Mangoes
- Navel Oranges Extra Large California
- Minneola Oranges
- Pink Seedless Cara Cara Navel Oranges

**GREAT SOURCE OF VITAMIN C!**



## 3-DAY SALE

FRI. 20 SAT. 21 SUN. 22

**3-DAY SALE**  
FRIDAY, FEB. 20TH-SUNDAY, FEB. 22ND

**59¢** lb.  
**Golden Bananas**



**3-DAY SALE**  
FRIDAY, FEB. 20TH-SUNDAY, FEB. 22ND

**\$1.59** lb.  
**Green or Red Grapes**



**3-DAY SALE**  
FRIDAY, FEB. 20TH-SUNDAY, FEB. 22ND

**2/\$4** for  
**Sweet Cantaloupes**



**3-DAY SALE**  
FRIDAY, FEB. 20TH-SUNDAY, FEB. 22ND

**\$1.59** lb.  
**Perdue Bone-In Chicken Breast**  
Family Pack



**3-DAY SALE**  
FRIDAY, FEB. 20TH-SUNDAY, FEB. 22ND

**\$2.99** lb.  
**Whole Pork Spare Ribs**



**3-DAY SALE**  
FRIDAY, FEB. 20TH-SUNDAY, FEB. 22ND

**\$6.99** lb.  
**Beef Ground Sirloin**  
Family Pack



FIND THE PERFECT RECIPE AT METFRESH.COM!

**2/\$9** for  
**Post Family Size Cereal**  
Honey Roasted or Almond Honey Bunches of Oats (23 oz.), Raisin Bran (25 oz.), Oreo Puffs (16.5 oz.) or Fruity or Cocoa Pebbles (19.5 oz.)

**Quaker Large Size Cap'n Crunch or Life Cereal**  
Selected Varieties 16.8-18 oz. pkgs.



**2/\$7** for  
**Pearl Milling Company Syrup**  
Selected Varieties 24 oz. btls.

**Pearl Milling Company Pancake & Waffle Mix**  
Selected Varieties 32 oz. pkgs.



**2/\$4** for  
**Duncan Hines Classic or Signature Cake Mix**  
Selected Varieties 15.25 oz. pkgs.

**Duncan Hines Classic Brownie Mix**  
Selected Varieties 18-18.3 oz. pkgs.

**Duncan Hines Frosting**  
Selected Varieties 14-16 oz. conts.



**2/\$4** 28-29 oz. cans  
**Hunt's Tomatoes or Tomato Sauce**  
Selected Varieties



**5/\$5** 14.5-15.25 oz. cans  
**Avenue A Vegetables**  
Selected Varieties



**2/\$5** 15-16.3 oz. btls.  
**Skippy Peanut Butter**  
Selected Varieties



**4/\$5** 12-16 oz. pkgs.  
**Ronzoni Pasta**  
Selected Varieties



**\$5.99** 36.25 oz. pkg.  
**Kraft Macaroni & Cheese 5 Pack**  
Original



**2/\$6** 24 oz. jars  
**Barilla Pasta Sauce** or Pesto Sauce (6.2-6.5 oz.)

**5/\$5** 5 oz. cans  
**Chicken of the Sea Chunk Light Tuna** or Wild Caught Light Tuna (2.5 oz. pouches)



**2/\$4** 67.6 oz. btls.  
**Canada Dry 2 Liter**  
Selected Varieties (Plus Deposit Where Required)



**\$1.99** 405.6 oz. pkg. WITH \$100.00 PURCHASE OR MORE.  
**Poland Spring Water 24 Pack**  
16.9 oz. Bottles (Plus Deposit Where Required)



**2/\$5** 64 oz. btls.  
**Nature's Own Apple Juice**

**2/\$3** 20 oz. btls.  
**Hunt's Tomato Ketchup** Original



**\$2.99** 56-57.6 oz. qt.  
**Xtra Liquid Laundry Detergent**  
Selected Varieties



**\$16.99** 1320 ct. pkg.  
**Plenty Paper Towels 12 Pack**  
Double Rolls Flex-A-Size



**\$3.99** for  
**Scott Bath Tissue 4 Pack** Regular Rolls 4000 ct. pkg. OR **Angel Soft Bath Tissue 4 Pack** Mega Rolls-White 1280 ct. pkg.

**\$3.99** 16 oz. pkg.  
**Cabot Butter Quarters** Salted or Unsalted



**\$3.99** 18 ct. pkg.  
**Eggland's Best Large Eggs**

**2/\$4** 16 oz. conts.  
**Cabot Sour Cream** Classic or Light



**3/\$10** 11.6 oz. pkgs.  
**Eggo Thick & Fluffy Waffles**  
Selected Varieties



**2/\$9** 22-28 oz. pkgs.  
**Checkers/Rally's, Nathan's, Arby's, Red Robin or Sonic Fries**  
or Nathan's Onion Rings (16 oz.), Red Robin Onion Rings (14 oz.) or Sonic Tots (28 oz.)



**2/\$4** 13 oz. pkgs.  
**Silver Star Cheese Ravioli or Cavatelli**  
Selected Varieties

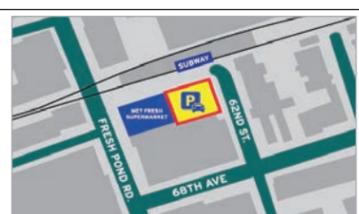


**4/\$10** 6-10.5 oz. pkgs.  
**Lean Cuisine Comfort Cravings Meals**  
Selected Varieties



**2/\$6** 8-11.5 oz. pkgs.  
**Lean Cuisine Protein Kick Meals**  
Selected Varieties

**2/\$8** 46-48 oz. conts.  
**Blue Bunny Ice Cream**  
Selected Varieties

# GROCERY SAVINGS!

<p><b>\$11.99</b> 128 oz. bot.</p> <p><b>Mazola Oil</b> Corn, Vegetable Plus or Canola</p> 	<p><b>\$7.99</b> 25.3 oz. bot.</p> <p><b>Filippo Berio Olive Oil</b> Pure or Extra Light</p> 	<p><b>2/\$5</b> 8-16 oz. pkgs.</p> <p><b>Barilla Lasagne, Jumbo Shells or Manicotti</b> Selected Varieties</p> 	<p><b>3/\$5</b> 10.5-11.5 oz. cans</p> <p><b>Campbell's Condensed Soup</b> Selected Varieties</p> 	<p><b>\$6.99</b> 30.2-32.5 oz. pkg.</p> <p><b>Kellogg's Cereal</b> Frosted Flakes, Corn Flakes or Krave Chocolate</p> 
<p><b>2/\$6</b> 16 oz. jar</p> <p><b>Pompeian Organic Red Wine Vinegar</b></p> 	<p><b>3/\$5</b> 14.5 oz. cans</p> <p><b>Del Monte Tomatoes</b> Selected Varieties</p> 	<p><b>\$3.99</b> 16 oz. bot.</p> <p><b>Kraft Salad Dressing</b> Selected Varieties</p> 	<p><b>\$4.99</b> 9.5 oz. jar</p> <p><b>Mezzetta Imported Greek Kalamata Olives</b> Pitted or Sliced</p> 	<p><b>\$5.99</b> 10 oz. jar</p> <p><b>Mezzetta Specialty Olives</b> Selected Varieties</p> 
<p><b>2/\$5</b> 7-12 oz. jars</p> <p><b>Cento Roasted Peppers or Imported Peppercini</b></p> 	<p><b>\$6.99</b> 30 oz. cont.</p> <p><b>Kraft Real Mayo Mayonnaise Original</b></p> 	<p><b>2/\$4</b> 24 oz. bot.</p> <p><b>Del Monte Tomato Ketchup Original</b></p> 	<p><b>2/\$7</b> 15 oz. bot.</p> <p><b>Kikkoman Soy Sauce or Teriyaki Sauce</b> Selected Varieties</p> 	<p><b>\$3.99</b> 16.9 oz. bot.</p> <p><b>Filippo Berio Red Wine Vinegar</b></p> 
<p><b>\$4.99</b> 16.3 oz. bot.</p> <p><b>Filippo Berio Balsamic Vinegar of Modena</b></p> 	<p><b>\$18.99</b> 48 oz. bot.</p> <p><b>Pompeian Extra Virgin Olive Oil</b> Smooth or Robust</p> 	<p><b>\$25.99</b> 68 oz. bot.</p> <p><b>Colavita Pure Olive Oil</b></p> 	<p><b>\$4.99</b> 32 oz. bot.</p> <p><b>Mazola Oil</b> Corn or Canola</p> 	<p><b>2/\$5</b> 14 oz. pkgs.</p> <p><b>Minute Instant Rice</b> Selected Varieties</p> 
<p><b>99¢</b> 26 oz. cont.</p> <p><b>Red Cross Salt</b> Plain or Iodized</p> 	<p><b>2/\$4</b> 24 oz. cont.</p> <p><b>Superior Crystal Salt</b> All-Purpose Sea Salt, All-Purpose Iodized or Kosher</p> 	<p><b>2/\$4</b> 19 oz. cont.</p> <p><b>Superior Crystal Salt Sense Low Sodium Salt Iodized</b></p> 	<p><b>\$3.99</b> 5-6 oz. cont.</p> <p><b>Pam Cooking Spray</b> Selected Varieties</p> 	<p><b>2/\$3</b> 2.61-2.75 oz. cont.</p> <p><b>Nissin Cup Noodles Stir Fry Rice with Noodles or Hot &amp; Spicy Fire Wok Noodles (4.37 oz.)</b></p> 
<p><b>2/\$4</b> 18 oz. pkgs.</p> <p><b>Maruchan Ramen Noodle Soup Souper 6 Pack</b> Selected Varieties</p> 	<p><b>\$6.99</b> 12 oz. can</p> <p><b>Libby's Corned Beef</b> Original or 25% Less Sodium</p> 	<p><b>2/\$7</b> 19 oz. can</p> <p><b>Libby's Corned Beef Hash</b> Original</p> 	<p><b>2/\$6</b> 32 oz. can</p> <p><b>College Inn Broth</b> Selected Varieties</p> 	<p><b>2/\$5</b> 4.7-6.9 oz. pkgs.</p> <p><b>HELPER Hamburger Helper Mix</b> Selected Varieties</p> 
<p><b>2/\$4</b> 4.37-4.5 oz. pkgs.</p> <p><b>Rice-A-Roni or Pasta Roni Side Dishes</b> Selected Varieties</p> 	<p><b>\$3.99</b> 5 lb. pkg.</p> <p><b>Riceland Rice Long Grain White</b></p> 	<p><b>\$3.99</b> 48 oz. pkg.</p> <p><b>Carolina Brown Rice</b> Whole Grain</p> 	<p><b>2/\$6</b> 28 oz. cans</p> <p><b>Cento Tomatoes</b> Crushed, Whole Peeled or Puree</p> 	<p><b>2/\$4</b> 14.5-15 oz. cans</p> <p><b>Contadina Tomatoes or Tomato Sauce</b> Selected Varieties</p> 

## COFFEE CORNER

<p><b>\$7.99</b> 11 oz. cont.</p> <p><b>Melitta Coffee</b> Classic Blend or Colombian Supreme</p> 	<p><b>\$24.99</b> 23.1-27.5 oz. cont.</p> <p><b>Maxwell House Coffee</b> Selected Varieties (Excludes Decaf)</p> 	<p><b>\$6.99</b> 12 ct. pkg.</p> <p><b>Eight O'Clock Coffee K-Cups</b> Selected Varieties</p> 	<p><b>\$8.99</b> 10-12 oz. cont.</p> <p><b>Eight O'Clock Coffee</b> Selected Varieties</p> 
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## TRENDING & HEALTHY!

<p><b>\$7.99</b> 19 oz. jar</p> <p><b>Partanna Muffuletta Mediterranean Olive Salad</b></p> 	<p><b>\$3.99</b> 16 oz. bot.</p> <p><b>Pompeian Organic Balsamic Vinegar of Modena</b></p> 	<p><b>2/\$6</b> 5 oz. cans</p> <p><b>Cento Tuna</b> Solid Pack Light in Olive Oil</p> 	<p><b>\$18.99</b> 25.5 oz. bot.</p> <p><b>Partanna Organic Extra Virgin Olive Oil</b></p> 	<p><b>2/\$6</b> 32 oz. cont.</p> <p><b>Kitchen Basics Stock</b> Selected Varieties</p> 	
<p><b>\$5.99</b> 25 oz. jar</p> <p><b>The Silver Palate San Marzano Pasta Sauce</b> Selected Varieties</p> 	<p><b>\$4.99</b> 23.5 oz. jar</p> <p><b>Newman's Own Organic Pasta Sauce</b> Tomato &amp; Basil or Marinara</p> 	<p><b>2/\$5</b> 8.8-14.5 oz. pkgs.</p> <p><b>Barilla Red Lentil, Chickpea, Protein+ or Gluten Free Pasta</b> Selected Varieties</p> 	<p><b>2/\$10</b> 15 oz. jars</p> <p><b>Patak's Original Simmer Sauce</b> Selected Varieties</p> 	<p><b>\$7.49</b> 22-32 oz. cont.</p> <p><b>RiceSelect Rice</b> Selected Varieties</p> 	
<p><b>2/\$7</b> 6 oz. pkgs.</p> <p><b>Tasty Bite Organic Rice</b> Selected Varieties</p> 	<p><b>2/\$8</b> 15 oz. cont.</p> <p><b>DAVID'S Kosher Salt</b></p> 	<p><b>\$5.99</b> 9 oz. pkg.</p> <p><b>Celtic Sea Salt</b> Fine Ground</p> 	<p><b>\$5.99</b> 6 oz. cont.</p> <p><b>Natierra Himalayan Pink Salt Shaker</b></p> 	<p><b>2/\$10</b> 1.8 oz. jars</p> <p><b>Desert Pepper Trading Company Salsa or Dips</b> Selected Varieties</p> 	
<p><b>\$4.99</b> 12.3-18 oz. pkg.</p> <p><b>Kashi Organic Cereal</b> Selected Varieties</p> 	<p><b>\$8.99</b> 16 oz. cont.</p> <p><b>Once Again Almond Butter or Cashew Butter (12 oz.)</b></p> 	<p><b>2/\$8</b> 13 oz. jar</p> <p><b>Cadia Organic Fruit Spreads</b> Selected Varieties</p> 	<p><b>\$5.49</b> 16 oz. jar</p> <p><b>Cadia Organic Peanut Butter</b> Selected Varieties</p> 	<p><b>2/\$8</b> 1.8 oz. cont.</p> <p><b>Cadia Organic Ground Nutmeg</b></p> 	
<p><b>\$4.99</b> 1.64-2.45 oz. cont.</p> <p><b>Simply Organic Ground Ginger or Cinnamon</b></p> 	<p><b>\$8.99</b> 3 oz. bot.</p> <p><b>Simply Organic Madagascar Vanilla Extract</b></p> 	<p><b>\$5.99</b> 44-48 oz. cont.</p> <p><b>Florida Crystals Turbinado or Organic Cane Sugar</b></p> 	<p><b>\$5.99</b> 100 ct. pkg.</p> <p><b>Newman's Own Organic Green Tea Bags</b></p> 	<p><b>\$5.99</b> 24 oz. pkg.</p> <p><b>King Arthur Baking Company Gluten Free Flour or Gluten Free Biscuit &amp; Baking Mix</b></p> 	
<p><b>\$5.99</b> 16-22 oz. pkg.</p> <p><b>King Arthur Baking Company Gluten Free Baking Mixes</b> Selected Varieties</p> 	<p><b>\$4.99</b> 15 oz. pkg.</p> <p><b>King Arthur Baking Company Gluten Free Pancake Mix</b></p> 	<p><b>\$6.99</b> 10-12 oz. pkg.</p> <p><b>Ghirardelli Chocolate Baking Chips</b> Selected Varieties</p> 	<p><b>\$4.99</b> 4 oz. pkg.</p> <p><b>Ghirardelli Chocolate Baking Bars</b> Selected Varieties</p> 	<p><b>\$5.99</b> 9 oz. pkg.</p> <p><b>Joolies Fresh Medjool Dates</b> Pit Free</p> 	<p><b>2/\$9</b> 9 oz. pkgs.</p> <p><b>Let's Date Organic Dates</b> Pitted or Chopped</p> 
<p><b>2/\$7</b> 4.5 oz. pkgs.</p> <p><b>34 Degrees Crisps</b> Selected Varieties</p> 	<p><b>2/\$7</b> 5.5 oz. pkgs.</p> <p><b>Siete Dairy Free Kettle Cooked Potato Chips</b></p> 	<p><b>\$5.99</b> 3.2-5 oz. pkgs.</p> <p><b>Unreal Chocolate</b> Selected Varieties</p> 	<p><b>\$9.99</b> 38.4 oz. pkg.</p> <p><b>GoGo Squeeze Fruit on the Go Applesauce 12 Pack</b> Selected Varieties</p> 	<p><b>3/\$5</b> 3.5-4.2 oz. pouches</p> <p><b>Earth's Best Organic Stage 2 Baby Food Purees</b> Banana Blueberry Oat or Apple Peach Oatmeal</p> 	<p><b>2/\$4</b> 4-4.2 oz. pouches</p> <p><b>Earth's Best Organic Fruit Yogurt Smoothies</b> Selected Varieties</p> 
<p><b>\$15.99</b> 96 oz. pkg.</p> <p><b>Horizon Organic Milk 12 Pack</b> Selected Varieties</p> 	<p><b>2/\$9</b> 9.5 oz. 9.5 oz. bot.</p> <p><b>Taste Nirvana Coconut Water</b> With Pulp or Premium</p> 	<p><b>2/\$4</b> 16.7 oz. bot.</p> <p><b>Unwell Electrolyte Drinks</b> Selected Varieties</p> 	<p><b>\$12.99</b> 840 ct. pkg.</p> <p><b>Seventh Generation Paper Towels 6 Pack</b> White</p> 	<p><b>\$3.99</b> 960 ct. pkg.</p> <p><b>Seventh Generation Bath Tissue 4 Pack</b></p> 	<p><b>\$4.99</b> 64 oz. cont.</p> <p><b>Seventh Generation Chlorine-Free Bleach</b> Free &amp; Clear</p> 
<p><b>\$7.99</b> 11.6 oz. pkg.</p> <p><b>Mrs. Meyer's Clean Day Automatic Dish Pacs</b> Lemon Verbena or Lavender</p> 	<p><b>\$4.99</b> 24-33 oz. cont.</p> <p><b>Mrs. Meyer's Clean Day Tub and Tile or Toilet Bowl Cleaner</b> Lemon Verbena</p> 	<p><b>\$14.99</b> 64 oz. cont.</p> <p><b>Mrs. Meyer's Clean Day Liquid Laundry Detergent</b> Lavender or Lemon Verbena</p> 	<p><b>\$3.99</b> 10-16 oz. bot.</p> <p><b>Method Hand Wash or Dish Soap</b> Selected Varieties</p> 	<p><b>\$3.99</b> 28 oz. pkg.</p> <p><b>Method Cleaners</b> Selected Varieties</p> 	<p><b>3/\$5</b> 5.5-5.7 oz. cans</p> <p><b>Blue Buffalo Tastefuls Pâté Wet Cat Food</b> Selected Varieties</p> 

# GROCERY SAVINGS!

**3/\$10**  
for

**Cheez-It Baked Snack Crackers**  
Selected Varieties  
5.75-12.4 oz. pkgs.

**Kellogg's Town House, Club or Toasted Crackers**  
Selected Varieties  
8-13.8 oz. pkgs.

**MIX & MATCH!**



**Carr's Crackers**  
Selected Varieties  
4.25-7 oz. pkgs.

**\$4.99**  
40.5 oz. Pkg.

**Poland Spring Natural Spring Water 24 Pack**  
16.9 oz. Bottles  
(Plus Deposit Where Required)



**\$3.99**  
128-128 oz. 61L

**Hawaiian Punch Fruit Drinks**  
Selected Varieties



**\$4.99**  
20 oz. Pkg.  
**Bumble Bee Chunk Light Tuna 4 Pack**  
5 oz. Cans  
In Water or In Vegetable Oil



**3/\$5**  
2.5 oz. Pouches  
**Bumble Bee Wild Caught Light Tuna**  
or Sandwich in Seconds  
Tuna Salad or Seasoned Tuna



**\$4.99**  
14.75 oz. Can  
**Chicken of the Sea Alaskan Pink Salmon**  
Wild Caught Traditional Style



**3/\$5**  
3.75 oz. Cans  
**Brunswick Sardines**  
Selected Varieties



**2/\$5**  
15 oz. Cans  
**Snow's Bumble Bee New England Style Clam Chowder**  
or Corn Chowder



**5/\$5**  
8 oz. Cans  
**Contadina Tomato Sauce**  
Selected Varieties



**4/\$5**  
13.76 oz. Cans  
**Colavita Tomatoes**  
Crushed or Diced



**2/\$5**  
10.5 oz. Cans  
**Cento Clam Sauce**  
White or Red



**2/\$4**  
15 oz. Cans  
**Cento Pizza Sauce**  
Fully Prepared



**2/\$4**  
12.16 oz. Cans  
**Barilla Al Bronzo Pasta**  
Selected Varieties



**3/\$5**  
15.5 oz. Cans  
**Goya Beans in Sauce or Black Bean Soup**  
Selected Varieties



**\$11.99**  
144 oz. Pkg.  
**Goya Malta 12 Pack**  
12 oz. Bottles  
(Plus Deposit Where Required)



**2/\$5**  
12 oz. Pkg.  
**Goya Pasta**  
Fidelini, Angel Hair or Thick Fidelini



**\$1.29**  
1.41 oz. Pkg.  
**Goya Salad & Vegetable Seasoning**



**2/\$5**  
24 ct. Conits.  
**Quaker Grits**  
Quick 5-Minute or Old Fashioned



**\$5.99**  
7.9-13.5 oz. Pkg.  
**Quaker Protein, Gluten Free, Fiber, Organic, Fruit Fusion or Steel Cut Oatmeal**  
Selected Varieties



**2/\$7**  
40-48 ct. Pkg.  
**Salada Decaffeinated Green or Black Tea Bags**



**\$4.99**  
100 ct. Pkg.  
**Salada Black Tea Bags**  
Original Blend



**2/\$7**  
9 oz. Pkg.  
**Nestlé Coffee-mate Coffee Creamer Singles**  
24 Count  
Selected Varieties



**\$4.99**  
10 oz. Pkg.  
**Betty Crocker Bisquick Pancake and Baking Mix**  
Original or Heart Smart Reduced Fat



**\$3.99**  
4 lb. Pkg.  
**Snow White Sugar**  
Extra Fine Granulated



**\$4.99**  
22-24 oz. Pkg.  
**Hershey's Syrup**  
Selected Varieties



**2/\$6**  
13.5 oz. Pkg.  
**Pop-Tarts Toaster Pastries**  
Selected Varieties



**\$6.99**  
14.8-15.2 oz. Pkg.  
**Quaker Chewy Granola Bars**  
Dips Peanut Butter or Peanut Butter Chocolate Chip



**2/\$6**  
14 oz. Cans  
**Eagle Brand Condensed Milk**  
Original or Fat Free



**2/\$4**  
12 oz. Cans  
**Eagle Brand Evaporated Milk**



**2/\$3**  
8-8.25 oz. Cans  
**Dole Pineapple**  
Selected Varieties



**2/\$5**  
1.74-1.77 oz. Pkg.  
**M&M's Chocolate Candies**  
Mega Tube or Skittles Littles Candies  
Mega Tube (1.9 oz.)



**2/\$5**  
3.02-3.29 oz. Pkg.  
**Twix, Snickers or M&M's King Size Chocolate Candy**  
Selected Varieties



**2/\$3**  
3.1-3.5 oz. Pkg.  
**Raisinets, Sno-Caps or Gobeys Chocolate Candy**  
Selected Varieties



**2/\$3**  
1.4-1.9 oz. Pkg.  
**Chunky or Baby Ruth Chocolate Candy**  
Original



**2/\$4**  
0.7 oz. Pkg.  
**Kinder Joy Treat + Toy**  
Go Wild or Original



**2/\$4**  
4.9-5.5 oz. Pkg.  
**Pirngles Potato Crisps**  
Selected Varieties



**2/\$6**  
8.07-9.87 oz. Pkg.  
**Orville Redenbacher's Popcorn**  
3 Count-Selected Varieties



**\$3.99**  
4.47-7.4 oz. Pkg.  
**Quaker Rice Cakes**  
Selected Varieties



**\$4.99**  
5-10 oz. Pkg.  
**Emerald Nuts**  
Selected Varieties



**\$6.99**  
10.3 oz. Cont.  
**Planters Mixed Nuts**  
Selected Varieties



**\$3.99**  
5 oz. Pkg.  
**Welch's Fruitfuls Fruit Strips**  
Selected Varieties



**2/\$6**  
6.6-6.8 oz. Pkg.  
**Gerber Mealtime for Toddler Meals**  
Selected Varieties



**2/\$5**  
6 oz. Pkg.  
**Gerber Mealtime for Toddler Meals**  
Pasta Shells & Cheese, Spaghetti Rings in Meat Sauce or Pasta Stars with Chicken & Vegetables



**\$5.99**  
144 oz. Pkg.  
**C&C Soda 12 Pack**  
12 oz. Cans  
Selected Varieties  
(Plus Deposit Where Required)



**2/\$3**  
67.6 oz. Pkg.  
**C&C Soda 2 Liter**  
Selected Varieties  
(Plus Deposit Where Required)



**2/\$4**  
120 oz. Btl.  
**Deer Park Natural Spring Water**  
Original (Plus Deposit Where Required)



**2/\$5**  
101.4 oz. Btl.  
**Ac-ion Ion Charged Alkaline Water 3 Liter**  
(Plus Deposit Where Required)



**\$5.99**  
44-69 oz. Pkg.  
**V8 Vegetable Juice 8 Pack or 6 Pack**  
Selected Varieties  
Including Plus Energy Juice and Bloody Mary Drinks



**\$4.99**  
54-54 oz. Pkg.  
**Juicy Juice 100% Juice 8 Pack**  
Selected Varieties



**\$4.99**  
60 oz. Pkg.  
**Capri Sun Juice Drinks 10 Pack**  
Selected Varieties



**\$10.99**  
169.5 oz. Pkg.  
**Sunny D Drinks 15 Pack**  
11.3 oz. Sports Cap Bottles  
Selected Varieties



**2/\$4**  
54 oz. Pkg.  
**Arizona Drinks 8 Pack**  
Selected Varieties



**2/\$4**  
54 oz. Pkg.  
**Arizona Fruit Flavors**  
Selected Varieties



## HEALTH & BEAUTY

WHERE AVAILABLE

**2/\$10**  
10.4-12 oz. Pkg.  
**Pantene Pro-V Shampoo, Conditioner or 2 in 1**  
Selected Varieties



**2/\$3**  
1 ct. Pkg.  
**Colgate Plus Toothbrushes**  
Soft or Medium



**2/\$5**  
6 oz. Pkg.  
**Colgate Toothpaste**  
Selected Varieties



**2/\$5**  
33.8 oz. Pkg.  
**TopCare Mouthwash**  
Selected Varieties



**2/\$9**  
2.6-2.7 oz. Cont.  
**Degree Deodorant Sticks**  
Selected Varieties



**2/\$5**  
7.1 oz. Cans  
**Barbasol Shaving Cream**  
Selected Varieties



**2/\$5**  
7.25 oz. Cont.  
**Pure Silk Spa Therapy Shave Cream**  
Dry Skin or Coconut & Oat Flour



**\$6.99**  
3-4 ct. Pkg.  
**Bic Disposable Razors**  
Selected Varieties



**2/\$8**  
10 oz. Btl.  
**Vaseline Intensive Care Lotion**  
Selected Varieties



**4/\$5**  
10 ct. Pkg.  
**TopCare Cotton Rounds**



**2/\$4**  
200-500 ct. Pkg.  
**TopCare Cotton Swabs or Cotton Balls**



**2/\$3**  
16 oz. Pkg.  
**TopCare Epsom Salt**



**2/\$3**  
0.15 oz. Pkg.  
**ChapStick Original Skin Protectant Lip Balm**  
Selected Varieties



**\$10.99**  
1.4 ct. Pkg.  
**Vicks DayQuil or NyQuil Cold & Flu Relief Medicine**  
Selected Varieties



**\$10.99**  
25 ct. Pkg.  
**Cold-Eeze Cold Remedy Sugar Free Lozenges**  
Wild Cherry



## HOUSEHOLD SAVINGS!

**2/\$6**  
9.52 oz. Pkg.  
**Ivory Soap Bars 3 Pack**  
Original



**2/\$6**  
28 oz. Pkg.  
**Palmolive Liquid Dish Soap**  
Original



**\$4.99**  
16 oz. Pkg.  
**Dawn Platinum Plus Powerwash Dish Spray**  
Selected Varieties



**\$7.99**  
75 oz. Pkg.  
**Cascade Complete Dishwasher Detergent Gel**  
Citrus Breeze or Fresh Scent



**2/\$5**  
42 ct. Pkg.  
**Pampers Kando Flushable Wipes**  
Unscented



**\$12.99**  
48 oz. Pkg.  
**Downy Rinse & Refresh Fabric Rinse**  
Selected Varieties



**\$12.99**  
18.2 oz. Cont.  
**Downy In-Wash Scent Booster**  
Selected Varieties



**\$3.99**  
4.08 oz. Cont.  
**Glade Scented Candles**  
Selected Varieties



**\$4.99**  
26-32 oz. Cont.  
**CLR Cleaner**  
Calcium Lime & Rust Remover, Mold & Mildew Stain Remover or Cat Food Bath & Kitchen Cleaner



**\$3.99**  
23 oz. Pkg.  
**Mr. Clean Multi-Surface Cleaner**  
Selected Varieties



**\$14.99**  
21-44 ct. Pkg.  
**Pampers Baby-Dry Diapers**  
Selected Varieties



**\$5.99**  
24 oz. Pkg.  
**Milk-Bone Dog Biscuits**  
Selected Varieties



**\$6.99**  
3-9 oz. Pkg.  
**Good'n' Tasty Dog Treats or Cat Treats**  
Selected Varieties



**5/\$4**  
1.4 oz. Pouches  
**Inaba Churu Cat Food Complements**  
Selected Varieties



**\$7.99**  
10 oz. Pkg.  
**Inaba Churu Cat Treats**  
Chicken Recipe and Chicken with Cheese Recipe



**\$8.99**  
14 lb. Pkg.  
**Arm & Hammer Cat Litter**  
Selected Varieties



## DAIRY SAVINGS!

<p><b>\$4.99</b> 12.25 oz. cont. pkg.</p> <p><b>Cabot Greek Yogurt</b> Selected Varieties</p> 	<p><b>2/5</b> 8 oz. pkg.</p> <p><b>Cabot Cream Cheese Spread</b> Plain or Chive &amp; Onion</p> 	<p><b>\$4.99</b> 13.5 oz. cont. pkg.</p> <p><b>Smart Balance Buttery Spread</b> Selected Varieties</p> 	<p><b>2/5</b> 8 oz. cont.</p> <p><b>Florida's Natural Juice Drinks, Limeades or Lemonades</b> Selected Varieties</p> 
<p><b>2/5</b> 8 oz. pkg.</p> <p><b>Cabot Premium Butter Sticks</b> Unsalted or Sea Salted</p> 	<p><b>\$3.99</b> 8 oz. pkg.</p> <p><b>Land O Lakes Butter Balls</b> Salted</p> 	<p><b>2/5</b> 8 oz. cont.</p> <p><b>Land O Lakes Whipped Butter</b> Salted</p> 	<p><b>\$8.99</b> 45 oz. cont.</p> <p><b>Smart Balance Buttery Spread</b> Original</p> 
<p><b>\$3.99</b> 15 oz. cont. pkg.</p> <p><b>Olivio Spread</b> Original or Light</p> 	<p><b>2/5</b> 12 oz. cont.</p> <p><b>Cabot French Onion Sour Cream Dip</b></p> 	<p><b>2/5</b> 8 oz. cont.</p> <p><b>McCadam Cheese Bars</b> Selected Varieties</p> 	<p><b>2/5</b> 8 oz. cont.</p> <p><b>Polly-O Fresh Mozzarella Cheese</b> Sliced or Ball</p> 
<p><b>\$4.99</b> 21.2 oz. pkg.</p> <p><b>Oikos Triple Zero Greek Yogurt 4 Pack</b> Selected Varieties</p> 	<p><b>\$7.99</b> 48 oz. pkg.</p> <p><b>Activia Yogurt 12 Pack</b> Selected Varieties</p> 	<p><b>\$4.99</b> 14 oz. cont.</p> <p><b>Nestlé Coffee-mate Cold Foam Creamer</b> Selected Varieties</p> 	<p><b>2/5</b> 16 oz. cont.</p> <p><b>Five Acre Farms Local Butter Milk</b></p> 
<p><b>2/5</b> 52 oz. cont.</p> <p><b>Daily Sun Orange or Apple Juice Beverage</b> Selected Varieties</p> 	<p><b>\$4.99</b> 52 oz. btl.</p> <p><b>Simply Grapefruit or Apple Juice or Cranberry Cocktail</b></p> 	<p><b>\$3.99</b> 76 oz. btl.</p> <p><b>Minute Made Zero Sugar Drinks</b> Lemonade or Fruit Punch</p> 	<p><b>\$4.99</b> 22 oz. cont.</p> <p><b>Kozy Shack Pudding</b> Selected Varieties</p> 
<p><b>2/5</b> 7.15 oz. cont.</p> <p><b>Buitoni Pasta Sauce</b> Selected Varieties</p> 	<p><b>\$3.99</b> 8 oz. pkg.</p> <p><b>BelGioioso Grated or Shredded Cheese</b> Selected Varieties</p> 	<p><b>\$4.99</b> 9 oz. pkg.</p> <p><b>BelGioioso Fresh Mozzarella Cheese Braids</b> Pesto or Zesty</p> 	<p><b>\$4.99</b> 12 oz. cont.</p> <p><b>BelGioioso Fresh Marinated Mozzarella Cheese</b> Original or Basil and Garlic and Oil</p> 
<p><b>2/5</b> 6.5 oz. cont.</p> <p><b>Reddi-wip Whipped Topping</b> Selected Varieties</p> 	<p><b>\$5.99</b> 13 oz. cont.</p> <p><b>Reddi-wip Whipped Topping</b> Original or Extra Creamy</p> 	<p><b>2/5</b> 10 oz. pkg.</p> <p><b>Buitoni Filled Pasta</b> Selected Varieties</p> 	<p><b>\$4.99</b> 3-8 oz. pkg.</p> <p><b>Del Duca Deli Meats</b> Selected Varieties</p> 

## TRENDING & HEALTHY IN THE DAIRY DEPARTMENT!

<p><b>\$4.99</b> 12 ct. pkg.</p> <p><b>Nellie's Free Range Eggs</b> Grade A Large Brown or Extra Large Brown</p> 	<p><b>2/5</b> 15 oz. cont.</p> <p><b>Land O Lakes Plant-Based Creamy Spread</b></p> 	<p><b>\$5.99</b> 13-15 oz. cont.</p> <p><b>Earth Balance Natural Buttery Spread</b> Selected Varieties</p> 	<p><b>2/5</b> 16 oz. cont.</p> <p><b>Cabot Cottage Cheese</b> Original</p> 
<p><b>\$3.99</b> 24 ct. pkg.</p> <p><b>Stonyfield Organic Yogurt 6 Pack or Yogurt Tubes 8 Pack (16 oz.) or Smoothies 6 Pack (18.6 oz.)</b></p> 	<p><b>3/5</b> 5.3 oz. cont.</p> <p><b>Silk Dairy-Free Almond or Soy Yogurt Alternative</b> Selected Varieties</p> 	<p><b>2/5</b> 12 ct. pkg.</p> <p><b>Eggland's Best Cage Free Large Eggs</b></p> 	<p><b>2/5</b> 5.3 oz. cont.</p> <p><b>Too Good &amp; Co. Yogurt</b> Selected Varieties</p> 
<p><b>\$4.99</b> 48 oz. btl.</p> <p><b>Ripple Dairy-Free Plant-Based Milk</b> Selected Varieties</p> 	<p><b>\$5.99</b> 13 oz. cont.</p> <p><b>Reddi-wip Barista Series Sweet Foam Topping</b></p> 	<p><b>\$4.99</b> 8 oz. cont.</p> <p><b>Reddi-wip Non-Dairy Whipped Topping</b> Coconut Milk or Almond Milk</p> 	<p><b>2/5</b> 14 oz. btl.</p> <p><b>Brew Dr. Organic Kombucha</b> Selected Varieties</p> 
<p><b>\$4.99</b> 8 oz. cont.</p> <p><b>Little Sesame Hummus</b> Selected Varieties</p> 	<p><b>2/5</b> 3.2-3.6 oz. pkg.</p> <p><b>Marie Morin Desserts</b> Selected Varieties</p> 	<p><b>\$5.99</b> 48 oz. btl.</p> <p><b>Stok Cold Brew Coffee</b> Selected Varieties</p> 	<p><b>\$5.99</b> 16 oz. cont.</p> <p><b>Lactaid Lactose Free Sour Cream</b></p> 

## FROZEN SAVINGS!

<p><b>\$5.99</b> 7.6 oz. pkg.</p> <p><b>Eggo Belgian-Style or Liege-Style Waffles</b> or Kellooq's Fully Loaded Waffles (12.3 oz.) or Eggo Protein Pancakes (8.4-14.8 oz.)</p> 	<p><b>2/5</b> 18 oz. pkg.</p> <p><b>Birds Eye Steamfresh Family Size Vegetables</b> Mixed Vegetables or Super Sweet Corn</p> 	<p><b>\$7.99</b> 5 lb. pkg.</p> <p><b>Ore-Ida Golden Crinkles Potatoes</b></p> 	<p><b>\$8.99</b> 8.2-20 oz. pkg.</p> <p><b>SeaPak Shrimp or Clam Strips or Salmon Burgers</b></p> 
<p><b>\$14.99</b> 30 oz. pkg.</p> <p><b>Smucker's Uncrustables Sandwiches</b> 15 Count Selected Varieties</p> 	<p><b>2/5</b> 14.4 oz. pkg.</p> <p><b>Birds Eye Stir-Fry Tri-Colored Pepper &amp; Onion Medley</b></p> 	<p><b>4/5</b> 10-10.8 oz. pkg.</p> <p><b>Birds Eye Steamfresh Vegetables</b> Brown &amp; Wild Rice with Broccoli &amp; Carrots, Long Grain White Rice, Brown &amp; Wild Rice with Corn Carrots &amp; Peas, Brown Rice/Long Grain White Rice with Mixed Vegetables, Mixed Vegetables, Cut Green Beans, Sweet Peas, Super Sweet Corn or Broccoli Cuts</p> 	<p><b>2/5</b> 9.5-10.8 oz. pkg.</p> <p><b>Birds Eye Steamfresh Vegetables</b> Regular, Seasoned, Sauced or Veggie Swaps Selected Varieties</p> 
<p><b>\$3.99</b> 11.2-11.03 oz. pkg.</p> <p><b>Wild Mike's Happy Hour Ultimate Pizza</b> Selected Varieties</p> 	<p><b>\$5.99</b> 14.5-15 oz. pkg.</p> <p><b>Tower Isle's Jamaican Style Patties</b> Selected Varieties</p> 	<p><b>\$7.99</b> 20-21 oz. pkg.</p> <p><b>El Monterey Taquitos</b> Selected Varieties</p> 	<p><b>\$4.99</b> 8 oz. pkg.</p> <p><b>Hola Churros Bites</b> Trolls Themed or Twisted</p> 
<p><b>\$4.99</b> 9-10 oz. pkg.</p> <p><b>Healthy Choice Power or Zero Bowls</b> Selected Varieties</p> 	<p><b>2/5</b> 13-16 oz. pkg.</p> <p><b>Boston Market Home Style Meals</b> Selected Varieties</p> 	<p><b>3/5</b> 7 oz. pkg.</p> <p><b>Banquet Pot Pies</b> Selected Varieties</p> 	<p><b>2/4</b> 12 oz. cont.</p> <p><b>Old Orchard 100% Apple Juice Concentrate</b></p> 
<p><b>\$6.99</b> 16 oz. pkg.</p> <p><b>Sara Lee Family Size Pound Cake Classic</b></p> 	<p><b>\$5.99</b> 14.4-16 oz. cont.</p> <p><b>Ben &amp; Jerry's Ice Cream or Non-Dairy Frozen Dessert</b></p> 	<p><b>\$5.99</b> 14 oz. cont.</p> <p><b>Yasso Frozen Greek Yogurt</b> Selected Varieties</p> 	<p><b>\$4.49</b> 16.5 oz. pkg.</p> <p><b>Whole Fruit Fruit Bars 6 Pack</b> Selected Varieties</p> 
<p><b>\$4.99</b> 12.5-21 oz. pkg.</p> <p><b>Nestlé Frozen Novelties</b> Selected Varieties Including Edy's Pie Frozen Dessert Bars and Push-Up Frozen Dairy Dessert Pops</p> 	<p><b>\$4.99</b> 13.7-18.4 oz. pkg.</p> <p><b>Oreo Frozen Dairy Dessert Sandwiches, Bars or Cones</b> Selected Varieties</p> 	<p><b>\$3.99</b> 15-16.5 oz. pkg.</p> <p><b>Frolics Fruity Ice Pops</b> Selected Varieties</p> 	<p><b>\$3.99</b> 16 oz. pkg.</p> <p><b>The Skinny Cow Ice Cream Sandwiches</b> Selected Varieties</p> 
<p><b>\$4.99</b> 16 oz. pkg.</p> <p><b>The Skinny Cow Ice Cream Cones</b> 4 Count Chocolate Fudge or Vanilla Caramel</p> 	<p><b>\$5.49</b> 11 oz. pkg.</p> <p><b>Blue Bunny Frozen Dairy Dessert Mini Bars or Frozen Dairy Dessert Cones or Mini Swirls Cones</b> (18-22.5 oz.)</p> 	<p><b>\$7.99</b> 28 oz. pkg.</p> <p><b>Dole Crafted or Boosted Smoothie Kits</b> Selected Varieties</p> 	<p><b>\$4.99</b> 24-26.4 oz. pkg.</p> <p><b>Minute Maid Frozen Lemonade or Juice Sticks</b> Selected Varieties</p> 

## TRENDING & HEALTHY IN THE FROZEN DEPARTMENT!

<p><b>\$4.99</b> 5.25 oz. pkg.</p> <p><b>MorningStar Farms Plant-Based Bacon Strips</b> Original or Thick Cut Applewood Black Pepper</p> 	<p><b>\$6.99</b> 13.5-21 oz. pkg.</p> <p><b>MorningStar Farms Plant-Based Chik'n Products</b> Pringles Original Flavored Fries, Original Patties or Original Nuggets</p> 	<p><b>\$4.99</b> 13.5 oz. pkg.</p> <p><b>MorningStar Farms Plant-Based Chik'n Strips</b> Value Pack</p> 	<p><b>\$6.99</b> 18-18.9 oz. pkg.</p> <p><b>MorningStar Farms Plant-Based Burgers</b> or Original Sausage Patties (16 oz.) or BBO Riblets (10 oz.)</p> 
<p><b>\$3.99</b> 10-12 oz. pkg.</p> <p><b>Boca Plant-Based Burgers, Patties or Crumbles</b> Selected Varieties</p> 	<p><b>\$4.99</b> 10 oz. pkg.</p> <p><b>P.F. Chang's Home Menu Vegetable Side Dishes</b> or Signature Fried Rice (16 oz.)</p> 	<p><b>\$5.99</b> 8 oz. pkg.</p> <p><b>Gardein Ultimate Plant-Based Black Bean Burgers</b></p> 	<p><b>\$4.99</b> 12 oz. pkg.</p> <p><b>Gardein Plant-Based Be'f Burger</b></p> 
<p><b>\$5.99</b> 17-19 oz. pkg.</p> <p><b>Dere Street Scones 3 Pack</b> Selected Varieties</p> 	<p><b>\$4.99</b> 12 oz. pkg.</p> <p><b>Maple Donut Bakery Jelly Donuts 6 Pack</b></p> 	<p><b>\$5.99</b> 15 oz. pkg.</p> <p><b>Uncle Wally's Muffins 4 Count</b> Selected Varieties</p> 	<p><b>\$5.99</b> 17-19 oz. pkg.</p> <p><b>Bake'n Joy Loaf Cakes</b> Selected Varieties</p> 

## THE BAKE SHOPPE!

<p><b>2/5</b> 8 pkgs.</p> <p><b>Bell Mini Bagels 8 Pack</b> Selected Varieties</p> 	<p><b>\$4.99</b> 5.6 oz. pkg.</p> <p><b>Dere Street Scones 3 Pack</b> Selected Varieties</p> 	<p><b>\$4.99</b> 12 oz. pkg.</p> <p><b>Maple Donut Bakery Jelly Donuts 6 Pack</b></p> 	<p><b>\$5.99</b> 15 oz. pkg.</p> <p><b>Uncle Wally's Muffins 4 Count</b> Selected Varieties</p> 
<p><b>\$5.99</b> 17-19 oz. pkg.</p> <p><b>Bake'n Joy Loaf Cakes</b> Selected Varieties</p> 	<p><b>\$5.99</b> 17-19 oz. pkg.</p> <p><b>Dere Street Irish Soda Bread</b> Original or With Caraway Seeds</p> 		

NATURAL & ORGANIC  
ITEMS SOLD WHERE AVAILABLE

# Organic Produce



**\$1.99**  
lb.  
**Fresh Yams**  
Certified Organic  
U.S. #1

**\$3.99**  
9.0 oz. cont.  
**Whole Baby Bella Mushrooms**  
Certified Organic

GREAT WITH ANY ROAST!

**\$3.99**  
2 lb. bag  
**Yellow Onions**  
Certified Organic

**\$4.99**  
12.0 oz. pkg.  
**Pero Family Farms Snipped Green Beans**  
Certified Organic

**2/\$7**  
8.8 oz. pkg.  
**Love Beets Cooked Beets**  
Certified Organic

**\$3.99**  
9.0 oz. cont.  
**Earthbound Farm Vegetable Medley**  
Certified Organic  
Broccoli, Cauliflower and Baby Carrots

**\$3.99**  
10.0 oz. pkg.  
**Glory Foods Kale Greens**  
Certified Organic

NEW!

DON'T FORGET TO ORDER YOUR STORE MADE FRUIT AND VEGETABLE PLATTERS FOR ALL YOUR PARTY NEEDS! (WHERE AVAILABLE)

## THE BEST PRODUCE!

ASSORTED CANDY, NUT, VEGETABLE AND FRUIT TRAYS NOW AT YOUR LOCAL PRODUCE DEPT. (WHERE AVAILABLE)

**\$4.99**  
7.1-13.25 oz. pkg.  
**Dole Chopped or Premium Salad Kits**  
Assorted Varieties

**\$4.99**  
4.5-7.25 oz. cont.  
**Dole Fresh Takes Salad Bowls**  
Assorted Varieties

**99¢**  
lb.  
**Red "A" Potatoes**  
U.S. #1

GREAT WITH ANY ROAST!

**\$1.49**  
lb.  
**Fresh Eggplant**

**\$3.99**  
6.0 oz. cont.  
**Giorgio Portabella Mushrooms**  
Slices or Caps

GREAT WITH ANY ROAST!

**\$5.99**  
0.25-1.58 oz. cont.  
**Litehouse Freeze Dried Herbs**  
Assorted Varieties

**2/\$5**  
10.0 cont.  
**Butternut Squash**  
Peeled & Cubed

**2/\$3**  
16.00 pgs.  
**Peeled Baby Carrots**

GREAT WITH ANY ROAST!

**\$4.99**  
24 oz. bag  
**Green Giant Baby Potatoes**  
U.S. #1 Assorted Varieties

GREAT WITH ANY ROAST!

**2/\$5**  
for  
**Red Grapefruit Jumbo**

**\$3.99**  
lb.  
**Juicy Plums**  
Imported

**\$6.99**  
16.0 oz. cluster  
**Cotton Candy Grapes**

**\$1.99**  
lb.  
**Snap Dragon Apples**  
U.S. #1  
New York State

**\$1.49**  
lb.  
**Bosc Pears**

**\$8.99**  
64 oz. cont.  
**Naked Boosted Smoothies**  
Assorted Varieties

**2/\$5**  
15.2 oz. bottle  
**KeVita Master Brew Kombucha Probiotic Drinks**  
Assorted Varieties

## BUILD A BETTER SALAD!

**2/\$5**  
for  
**Boston Lettuce**  
Hydroponic

**99¢**  
lb.  
**Red Onions**

**\$2.99**  
1 pint cont.  
**Grape Tomatoes**

**3/\$2**  
for  
**Super Select Cucumbers**

**\$3.99**  
11.5-12 oz. jar/bottle  
**Marie's Salad Dressing**  
Assorted Varieties

**2/\$5**  
5.0 oz. pkg.  
**Fresh Gourmet Croutons**  
Assorted Varieties

**\$3.99**  
3.5 oz. pkg.  
**Fresh Gourmet Bacon-Less Bits**  
Vegan

## SNACKS AND BEVERAGES

WHERE AVAILABLE (PLUS BTL. DEPOSIT WHERE REQUIRED BY LAW)

**\$2.19**  
12 oz. pkg.  
**Avenue A Hamburger or Hot Dog Rolls**  
8 Count

**\$3.99**  
22 oz. pkg.  
**Nature's Own Perfectly Crafted Bread**  
Selected Varieties

**\$3.99**  
9.0 oz. pkg.  
**Arnold Stone Ground 100% Whole Wheat Bread**

**\$2.99**  
20 oz. pkg.  
**Sara Lee Classic 100% Whole Wheat Bread**

**2/\$7**  
7-9.75 oz. pgs.  
**Entenmann's Little Bites Snacks**  
Selected Varieties

**2/\$8**  
9.5-13 oz. pgs.  
**Nabisco Chips Ahoy! Cookies**  
Selected Varieties

**2/\$7**  
19 oz. pkg.  
**Nabisco Teddy Grahams Snacks**  
Selected Varieties

**\$10.99**  
30.75-10.9 oz. pgs.  
**Barcel Mini Takis Rolled Tortilla Chips**  
25 Pack  
Blue Heat or Fuego

**\$3.99**  
4.25-16 oz. pkg.  
**Herr's Potato Chips, Tortilla Chips, Popcorn or Pretzels**  
Selected Varieties

**\$3.99**  
ea.  
**Tostitos Tortilla Chips (9-13 oz. pkg.) or Salsa (15.5 oz. jar)**  
Selected Varieties

**\$3.99**  
4.5-10 oz. pkg.  
**Smartfood Popcorn**  
Selected Varieties

**\$7.99**  
144 oz. cont.  
**Pepsi 12 Pack**  
12 oz. Cans  
Selected Varieties

**\$6.99**  
75 oz. cont.  
**Pepsi Mini Cans 10 Pack**  
7.5 oz. Cans  
Selected Varieties

**2/\$3**  
42.2 oz. cont.  
**Pepsi 1.25 Liter Regular or Diet**  
(Plus Deposit Where Required)

**\$8.99**  
144 oz. cont.  
**Coca-Cola 12 Pack**  
12 oz. Cans  
Selected Varieties

**\$6.99**  
96 oz. cont.  
**Coca-Cola 8 Pack**  
12 oz. Bottles or Slim Cans  
Selected Varieties

**3/\$5**  
42.2 oz. cont.  
**Coca-Cola 1.25 Liter**  
Selected Varieties

**\$9.99**  
160 oz. cont.  
**Gatorade Sports Drinks 8 Pack**  
20 oz. Bottles  
Selected Varieties

**4/\$5**  
28 oz. bottle  
**Powerade Sports Drinks**  
Selected Varieties

**2/\$4**  
18 oz. bottle  
**Ralph & Charlie's Beverages**  
Selected Varieties

**2/\$5**  
64 oz. bottle  
**Snapple Drinks**  
Selected Varieties

**4/\$5**  
18 oz. cans  
**Bai Antioxidant Infusion Drinks**  
Selected Varieties

**2/\$4**  
16 oz. cans  
**Ghost Energy Drinks**  
Selected Varieties

**5/\$4**  
22-23 oz. cans  
**Arizona Hard Green Tea**  
Selected Varieties

**2/\$4**  
18.5 oz. bottle  
**Pure Leaf Iced Tea**  
Selected Varieties

**2/\$4**  
50.7 oz. bottle  
**Glacéau Smartwater 1.5 Liter**  
Original or Alkaline + Antioxidants

**3/\$9**  
6.5 oz. cans  
**BuzzBallz Mixed Drinks or Cocktails**  
Selected Varieties

**\$10.99**  
72 oz. cont.  
**Blue Moon, Samuel Adams or Brooklyn Beer 6 Pack**  
12 oz. Bottles or Cans  
Selected Varieties

**\$10.99**  
72 oz. cont.  
**Famosa Lager Beer 6 Pack**  
12 oz. Bottles or Cans

**\$11.99**  
72 oz. cont.  
**Angry Orchard Hard Cider or New Belgium Beer 6 Pack**  
12 oz. Bottles or Cans  
Selected Varieties

**\$11.99**  
144 oz. cont.  
**Miller High Life Beer 12 Pack**  
12 oz. Bottles or Cans

**\$13.99**  
144 oz. cont.  
**Yuengling or Tecate Beer 12 Pack**  
12 oz. Bottles or Cans  
Selected Varieties

**\$13.99**  
144 oz. cont.  
**Coors Light or Miller Lite Beer 12 Pack**  
12 oz. Bottles or Cans  
Selected Varieties

**\$17.99**  
144 oz. cont.  
**Bud Light Hard Seltzer 12 Pack**  
or Seltzer Hard Soda  
Selected Varieties

**\$18.99**  
134.4-144 oz. cont.  
**Corona, Modelo or Peroni Beer 12 Pack**  
11.2-12 oz. Bottles or Cans  
Selected Varieties

**\$18.99**  
144 oz. cont.  
**Topo Chico or Truly Hard Seltzer 12 Pack**  
12 oz. Cans  
Selected Varieties

**\$13.99**  
144 oz. cont.  
AFTER FINAL REBATE

**\$26.99**  
168 oz. cont.  
**Modelito, Coronita or Stella Artois Beer 24 Pack**  
7 oz. Bottles  
Regular

**\$12.99**  
256 oz. cont.  
AFTER FINAL REBATE

**\$26.99**  
168 oz. cont.  
**Heineken Beer 24 Pack**  
7 oz. Bottles  
Regular

**\$18.99**  
168 oz. cont.  
AFTER FINAL REBATE

**\$18.99**  
144 oz. cont.  
**Heineken or Amstel Light Beer 12 Pack**  
11.2-12 oz. Bottles or Cans  
Selected Varieties

**\$12.99**  
134.4-144 oz. cont.  
AFTER FINAL REBATE

**\$18.99**  
144 oz. cont.  
**Heineken Beer 5 Liter Draught Keg**  
Regular

**\$12.99**  
144 oz. cont.  
AFTER FINAL REBATE

**\$9.99**  
67.2-132 oz. cont.  
**YOUR CHOICE!**

**\$18.99**  
144 oz. cont.  
**White Claw Hard Seltzer 12 Pack**  
12 oz. Cans  
Selected Varieties

**\$13.99**  
144 oz. cont.  
AFTER FINAL REBATE

**\$19.99**  
144 oz. cont.  
**Budweiser or Bud Light Beer 18 Pack**  
12 oz. Bottles or Cans  
Selected Varieties

**\$12.99**  
256 oz. cont.  
AFTER FINAL REBATE

**\$4.99**  
16 oz. cans  
**Kona Brewing Co., Presidente, Michelob Ultra or Beck's Beer 4-Pack**  
16 oz. cans  
Regular

**\$1.99**  
64 oz. cont.  
AFTER FINAL REBATE

**\$18.99**  
144 oz. cont.  
**Stella Artois Beer 12 Pack**  
11.2-12 oz. Bottles or Cans  
Selected Varieties

**\$11.99**  
134.4-144 oz. cont.  
AFTER FINAL REBATE

**\$17.99**  
144 oz. cont.  
**Kona Brewing Co. Beer 12 Pack**  
12 oz. Cans  
Big Wave Liquid Aloha

**\$11.99**  
144 oz. cont.  
AFTER FINAL REBATE

**\$9.99**  
144 oz. cont.  
**Mike's Hard or Cayman Jack Malt Beverages 6 Pack**  
11.2 oz. Bottles  
Selected Varieties

**Heineken Silver Beer 6 Pack**  
12 oz. Cans

**Dos Equis Beer 6 Pack**  
12 oz. Bottles  
Ambar or Lager Especial

**Michelob Ultra Beer 6 Pack**  
12 oz. Bottles  
Regular, Zero or Pure Gold Organic

## DELI DEPARTMENT

Let Us Cater Your Event or Party! Come See Us For All Your Entertainment Needs! Where Available

**\$6.99**  
lb.  
**Store Baked Virginia Ham**  
Sliced to Order

**\$8.99**  
lb.  
**Store Baked Oven Roasted Turkey Breast**  
Sliced to Order

**\$8.99**  
lb.  
**Kretschmar Smoked Ham**  
Sliced to Order

**\$5.99**  
lb.  
**Black Label Provisions Original American Cheese**  
Sliced to Order  
Yellow or White

**\$13.99**  
lb.  
**Boar's Head Bold PitCraft™ Slow Smoked Turkey Breast**  
Sliced to Order

**\$6.99**  
lb.  
**Great Lakes Muenster Cheese**  
Sliced to Order

**\$11.99**  
lb.  
**Boar's Head 42% Lower Sodium Deluxe Ham**  
Sliced to Order

**\$7.99**  
lb.  
**Boar's Head Provolone Cheese**  
Sliced to Order

**\$9.99**  
lb.  
**Boar's Head Sharp Wisconsin Cheddar Cheese**  
Sliced to Order  
Yellow or White

**\$8.99**  
8.0 oz. pkg.  
**Boar's Head Manchego Cheese**

**\$6.99**  
8.0 oz. pkg.  
**Boar's Head Irish Cheddar Cheese**

**\$3.69**  
10 oz. cont.  
**Boar's Head Dark Chocolate Dessert Hummus**

**\$4.99**  
lb.  
**Armour Deli Cooked Ham**  
Sliced to Order

**\$6.99**  
lb.  
**Kretschmar Ham**  
Sliced to Order  
Honey Off the Bone or Virginia Brand Smoked

**\$8.99**  
lb.  
**Kretschmar Turkey Breast**  
Sliced to Order  
Hickory Smoked Honey, Lower Sodium Oven Roasted Off the Bone or Original Oven Roasted Off the Bone

**\$6.99**  
lb.  
**Hormel Magnifico Salami**  
Sliced to Order  
Genoa or Hard

**\$5.99**  
lb.  
**Great Lakes Swiss Cheese**  
Sliced to Order

**\$8.99**  
lb.  
**Gouda Cheese**  
By the Piece  
Store Cut  
Imported from Holland

**\$8.99**  
lb.  
**Gourmet Boutique Homestyle Chicken Salad**  
Deli Fresh

**\$9.99**  
lb.  
**Gourmet Boutique Chicken Breast Cutlets**  
Heat & Serve  
Grilled or Breaded  
Assorted Varieties

**\$5.99**  
lb.  
**Zina's Sesame Noodles**

**\$8.99**  
lb.  
**InnovAsian Cuisine General Tso's Chicken**  
Heat & Serve

**\$9.99**  
lb.  
**InnovAsian Cuisine Black Pepper Steak**  
Heat & Serve

**\$5.99**  
ea.  
**Tyson Whole Chicken**  
Heat & Serve.  
3.4 lb. Average  
Where Available

**\$5.99**  
ea.  
**Store Made Antipasto Salad**

**\$8.99**  
ea.  
**Store Made Fresh Green Salads**  
Greek, Caesar or Balsamic

**\$8.99**  
lb.  
**Sally Sherman Seafood Salad**  
Deli Fresh

**2/\$5**  
for  
**Store Made Crab Cakes**

**OUR MEATS ARE TOP QUALITY AND OUR BEEF IS U.S.D.A. CHOICE!**



# TOP QUALITY MEATS

CHECK OUT OUR WEBSITE FOR MORE RECIPE IDEAS!

## FARM FRESH PORK

## FARM FRESH CHICKEN

## BLACK LABEL PROVISIONS

**\$3.99**  
lb.

**Boneless Pork Cutlets**  
Grain Fed



**\$6.99**  
lb.

**Harvestland Boneless Chicken Breast**  
Grade A, Fresh  
All Natural, Free Range  
Skinless



**\$3.99**  
8 oz. pkg.

**Black Label Provisions Deluxe Bun Sized Beef Frankfurters**  
4 Count-All Natural  
Natural Casing, No Sugar Added



**\$7.99**  
lb.

**Sirloin Tip Steaks**  
USDA Choice Beef



**\$9.99**  
lb.

**Lean Pepper Steaks**  
USDA Choice Beef



**\$9.99**  
lb.

**Lean Cube Steaks**  
USDA Choice Beef



**\$9.99**  
lb.

**Lean Round Cubes**  
USDA Choice Beef



**\$2.99**  
lb.

**Boneless Country-Style Pork Ribs**  
Grain Fed



**\$5.99**  
lb.

**Springer Mountain Farms Boneless Chicken Breast**  
Grade A, Fresh  
All Natural



**\$3.99**  
lb.

**Springer Mountain Farms Boneless Chicken Thighs**  
Grade A, Fresh  
All Natural



**\$3.99**  
lb.

**Bell & Evans Whole Chickens**  
Fresh, All Natural  
Tray Pack



**\$4.99**  
lb.

**Bell & Evans Split Chicken Breast**  
Fresh, All Natural  
Bone-In, Tray Pack



**\$7.99**  
14 oz. pkg.

**Beyond Sausage Plant-Based Links**  
4 Count  
Sweet or Hot Italian Style  
or Brat Original



**\$5.99**  
8 oz. pkg.

**Beyond Burger Plant-Based Patties**  
2 Count  
Made with Avocado Oil



**\$4.99**  
8 oz. pkg.

**Beyond Chicken Tenders Plant-Based Tenders**



**\$8.99**  
16 oz. pkg.

**Beyond Beef Plant-Based Ground**  
Original



**\$6.99**  
10 oz. pkg.

**Beyond Steak Plant-Based Seared Tips**  
Original



**\$11.99**  
24 oz. pkg.

**Beyond Burger Plant-Based Patties**  
6 Count  
Made with Avocado Oil



**\$2.99**  
8 oz. pkg.

**Hatfield Boneless Ham Steaks**  
Grain Fed  
Honey, Maple or  
Sweet Brown Sugar



**\$6.99**  
11.5 oz. pkg.

**Smithfield Anytime Favorites Boneless Smoked Pork Chops**



**\$7.99**  
17 oz. pkg.

**Smithfield Anytime Favorites Bone-In Smoked Pork Chops**



**\$1.99**  
lb.

**Whole Hind Pig Feet**



**\$1.79**  
lb.

**Fresh Pork Neck Bones**



**\$4.99**  
16 oz. pkg.

**Avenue A Bacon**  
Original or Thick Sliced



**\$4.99**  
12 oz. pkg.

**Avenue A Turkey Bacon**



**\$16.99**  
48 oz. pkg.

**Avenue A Ground Beef Hamburgers**  
12 Count  
Frozen



**\$26.99**  
80 oz. pkg.

**Avenue A Ground Beef Hamburgers**  
20 Count  
Frozen



**\$3.99**  
12 oz. pkg.

**Bob Evans Pork Breakfast Sausage**  
Original or Maple  
Patties or Links



**\$3.99**  
14 oz. pkg.

**Armour Meatballs**  
Original or Italian Style



**\$3.99**  
19-20 cont.

**Hormel Side Dishes**  
Selected Varieties



**\$11.99**  
21 oz. pkg.

**Rastelli's Beef Butcher Burgers**  
4 Count  
Angus or  
Chuck & Short Rib



**\$12.99**  
21 oz. pkg.

**Rastelli's Wagyu Beef Butcher Burgers**  
4 Count



**\$4.99**  
14 oz. pkg.

**Premio Fresh Italian Chicken Sausage Links**  
5 Count  
Selected Varieties



**\$8.99**  
16 oz. pkg.

**Garden Manor Farms Organic Ground Beef**  
Grass Fed  
85% Lean/15% Fat



**\$4.99**  
16 oz. pkg.

**Smithfield Thinly Sliced Cold Cuts**  
Selected Varieties



**\$7.99**  
8 oz. pkg.

**Applegate Organics Sunday Bacon**  
Uncured



**\$5.99**  
8 oz. pkg.

**Applegate Naturals Sunday Bacon**  
Uncured



**\$5.99**  
7 oz. pkg.

**Applegate Naturals Breakfast Sausage**  
Assorted Varieties



**\$14.99**  
32 oz. pkg.

**Cibao Meat Products Induveca Salami Super Especial**



**\$4.79**  
10 oz. pkg.

**Cibao Meat Products Longaniza Sausage**



## PRE-PACKAGED MEATS

**\$3.99**  
16 oz. pkg.

**Oscar Mayer Classic Wieners**  
10 Count



**\$5.99**  
14-16 oz. pkg.

**Oscar Mayer Beef or Turkey Franks**  
or Stuffed  
Cheese Dogs



**\$5.99**  
16 oz. pkg.

**Farmland Bacon**  
Thick Cut Original or  
Classic Cut Original



**2/\$5**  
2.25-4.4 oz.

**Lunchables Lunch Combinations**  
Selected Varieties



**\$2.99**  
8.9-10.7 oz.

**Lunchables Fun Pack! Lunch Combinations**  
Selected Varieties



**\$4.99**  
2.52 oz. pkg.

**Oscar Mayer Fully Cooked Bacon**  
Original or Thick Cut



## LENTEN FISH SPECIALS

AVAILABLE ONLY IN PARTICIPATING STORES

**\$9.99**  
lb.

**Salmon Fillet**  
Fresh  
Farm Raised



**\$9.99**  
lb.

**Flounder Fillet**  
Wild Caught  
Previously Frozen



**\$6.99**  
16 oz. pkg.

**Great American Tilapia Fillet**  
Farm Raised  
Frozen or Thawed



**\$7.99**  
lb.

**Kingfish Steaks**  
Frozen



**\$9.99**  
16 oz. pkg.

**Jade Lion Large Cooked Shrimp**  
Frozen  
31-40 Count



**\$3.99**  
16 oz. pkg.

**Great American Imitation Crab Meat**  
Frozen or Thawed



**\$16.99**  
32 oz. pkg.

**Great American Salmon Fillet**  
Frozen or Thawed,  
Wild Caught



**\$10.99**  
16 oz. pkg.

**Great American Raw Shrimp**  
Frozen, Jumbo  
16-20 Count, EZ Peel



**\$9.99**  
16 oz. pkg.

**Great American Cooked Shrimp**  
Frozen, Medium  
51-60 Count



**\$8.99**  
16 oz. pkg.

**Great American Cooked Shrimp**  
Frozen, Medium  
71-90 Count



**\$16.99**  
48 oz. pkg.

**Great American Tilapia Fillet**  
Frozen  
Farm Raised



**\$12.99**  
40 oz. pkg.

**Great American Swai Fillet**  
Frozen  
Farm Raised



**\$4.99**  
12 oz. pkg.

**Luna Artica Boneless Bacalao**



**\$5.99**  
16 oz. pkg.

**Frozen Smelts**  
Wild Caught



**\$2.99**  
8 oz. pkg.

**Trans-Ocean Lobster Classic Imitation Lobster**  
Chunk Style



**\$2.99**  
8 oz. pkg.

**Trans-Ocean Crab Classic Imitation Crab**  
Flake Style,  
Chunk Style or  
Leg Style



**\$6.99**  
10 oz. pkg.

**Aqua Star Reserve Cocktail Shrimp Ring**  
35 Count  
Cooked & Peeled  
With Cocktail Sauce

