

A TASTE OF SUMMER IN WINTER!

\$1⁹⁹ lb.
Red, Green or Black Seedless Grapes
Imported

\$2⁹⁹ lb.
Sweet Peaches or Nectarines
Imported

\$3⁹⁹ lb.
Sweet Cherries
Imported
High in Antioxidants

2/\$4
6 oz. conts.
Fresh Blackberries
High in Antioxidants

2/\$6 for
Fresh Golden Pineapples

\$4⁹⁹ ea.
Whole Mini Watermelon

\$5⁹⁹ lb.
Bottom Round Roast
USDA Choice Beef

\$8⁹⁹ lb.
Salmon Fillet
Fresh Farm Raised
LENTEN FAVORITE

\$1⁹⁹ ea.
Fresh Dill Bunch
\$2⁹⁹ bag
Juicy Lemons Club Pack

\$8⁹⁹ lb.
Boneless Sirloin Steaks
USDA Choice Beef

\$1⁴⁹ lb.
Whole Pork Shoulder
Grain Fed Fresh

\$2⁴⁹ lb.
Boneless Chicken Breast
USDA Inspected Farm Fresh

FIND THE PERFECT RECIPE AT METFOODS.COM!

2/\$7 for
General Mills Cereal
Regular or Strawberry Cinnamon Toast Crunch (12 oz.), Cookie Crisp (10.6 oz.), Lucky Charms Rainbow Sprinkle (10.9 oz.), Honey Nut Cheerios (10.8 oz.), Lucky Charms (10.5-10.9 oz.), Reese's Puffs (11.5 oz.) or Bluey or Kix (12 oz.)

\$5⁹⁹ 42 oz. cont.
Quaker Oats
Old Fashioned or Quick 1-Minute

\$13⁹⁹ 23-26 oz. cont.
Chock Full o' Nuts Coffee
Selected Varieties

2/\$3 15-25 oz. pkgs.
Pillsbury Moist Supreme Cake Mix
Selected Varieties Including Premium Funfetti

3/\$5 12-16 oz. conts.
Pillsbury Frosting
Selected Varieties

2/\$5 16-24 oz. jars
Ragu Pasta Sauce
Selected Varieties

2/\$5 28 oz. cans
Sclafani Tomatoes
Crushed or Puree

2/\$3 7-16 oz. pkgs.
Barilla Pasta
Selected Varieties

\$8⁹⁹ 96 fl. oz.
Mazola Oil
Vegetable Plus, Canola, Corn Plus or Corn

3/\$5 8 oz. bottles
Wish-Bone Salad Dressing
Selected Varieties

2/\$5 64 oz. bottles
Apple & Eve 100% Apple Juice
Original or Natural Style

\$15⁹⁹ 656 ct. pkg.
Bounty Paper Towels 8 Pack
Select-A-Size Double Rolls White

\$9⁹⁹ 20,000 ct. pkg.
Avenue A Bath Tissue 20 Pack
1-Ply Regular Rolls

\$7⁹⁹ 105-117 oz. cont.
Tide Simply Liquid Laundry Detergent
Selected Varieties

2/\$5 8 oz. conts./pkgs.
Breakstone's Butter
Selected Varieties

2/\$6 12 ct. pkgs.
Land O Lakes Large Brown Eggs

2/\$6 24 ct. conts.
Breakstone's Sour Cream
Original

\$5⁹⁹ 23.2-29.6 oz. pkg.
Eggo Waffles or Pancakes
Selected Varieties

2/\$8 19-32 oz. pkgs.
Ore-Ida Potatoes
Selected Varieties

2/\$7 15.3-19.64 oz. pkgs.
Ellio's Pizza or Cheesy Breadsticks
(13.62 oz.)

\$4⁴⁹ 48 oz. cont.
Edy's Ice Cream
Selected Varieties

3/\$12 for
Kellogg's Large Size Cereal
Selected Varieties Special K (12-17.1 oz.), Raisin Bran (20.9 oz.), Raisin Bran Crunch (19.7 oz.) or Frosted Mini-Wheats (20 oz.)

\$3⁹⁹ 11-12 oz. pkg.
Bear Naked Granola
Selected Varieties

\$4⁹⁹ 64 oz. cont.
Farmland Organic Milk
Selected Varieties

\$12⁹⁹ 33.8 oz. cont.
Filippo Berio Olive Oil
Pure or Extra Virgin

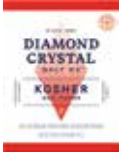
3/\$5 5 oz. cans
Bumble Bee Solid White Albacore Tuna
In Oil or In Water

\$6⁹⁹ 9-24.5 oz. pkg.
Gorton's Fish Fillets, Fish Sticks, Fish Portions or Shrimp
Selected Varieties

2/\$5 for
McCormick Golden Dipt Seafood Coating Mixes
(8-10 oz. pkgs.)
or **Cocktail Sauce**
(8 oz. jars)
Selected Varieties

GROCERY SAVINGS!

2/\$3 10.75 oz. cans	 Campbell's Chicken Noodle or Tomato Soup	3/\$1 3 oz. paks	 Nissin Top Ramen Noodle Soup Mix Selected Varieties	4/\$5 5 oz. cans	 Bumble Bee Chunk Light Tuna In Oil or In Water
2/\$5 12-17.5 oz. paks	 De Cecco Pasta Selected Varieties	2/\$5 32 oz. btl.	 Hunt's Tomato Ketchup Original	2/\$4 8-15 oz. conts.	 4C Bread Crumbs Selected Varieties

2/\$5 16 oz. jars	 Mezzetta Peppers or Giardiniera Selected Varieties (Excludes Roasted Bell Peppers)	2/\$6 16 oz. jars	 Mezzetta Greek Pepperoncini or Roasted Bell Peppers Selected Varieties	\$5.99 16-30 oz. cont.	 Duke's Real Mayonnaise Original	2/\$4 14.5 oz. cans	 Don Pepino Pizza Sauce	2/\$7 8-17 oz. btl.	 McIlhenny Tabasco Hot Pepper Sauce Selected Varieties	99¢ 6 oz. btl.	 Crystal Hot Sauce Original
2/\$7 12 oz. cont.	 Heinz Gourmet Red Wine Vinegar	\$3.99 8.4 oz. cont.	 Filippo Berio Olive Oil Extra Virgin or Pure	\$10.99 25.3 oz. btl.	 Botticelli Chef Select Cooking or Finishing Extra Virgin Olive Oil Squeeze Bottle	\$19.99 50.1 oz. btl.	 Bertolli Olive Oil Classico, Extra Light or Extra Virgin	\$4.99 40 oz. btl.	 Wesson Oil Corn, Vegetable, Best Blend or Canola	\$5.99 26 oz. cont.	 Diamond Crystal Kosher Salt Flakes
\$4.99 5 oz. cont.	 Old Bay Seasoning	\$5.99 5 oz. btl.	 Pompeian Organic Extra Virgin Olive Oil Cooking Spray or Avocado Oil Cooking Spray	2/\$4 5 oz. cans	 Bumble Bee Premium White Chicken Chunk in Water	2/\$5 5 oz. cans	 Bumble Bee Prime Tuna Selected Varieties	2/\$3 4.5 oz. pouch	 Starkist Smart Bowls Tuna Meals Selected Varieties	3/\$10 3.75-4.375 oz. cans	 King Oscar Sardines or Mackerel Selected Varieties
2/\$5 10.75-11 oz. cont.	 Campbell's Sipping Soup or Swanson Sipping Bone Broth (10.75 oz.) or Campbell's Microwavable Soup (15.4 oz.)	3/\$2 2.25-2.5 oz. conts.	 Nissin Cup Noodles Ramen Noodle Soup Selected Varieties	5/\$5 3.5 oz. cans	 Libby's Vienna Sausage Selected Varieties	\$4.99 12 oz. can	 SPAM Selected Varieties	3/\$5 10.5 oz. cans	 Campbell's Gravy Selected Varieties		
4/\$5 14.5 oz. cans	 Swanson Broth Selected Varieties	2/\$5 8.5-8.8 oz. conts.	 Ben's Original Ready Rice or Long Grain & Wild Rice (6-6.2 oz.)	\$7.99 10 lb. pkg.	 Riceland Rice Long Grain White	2/\$6 4.5 oz. cans	 Green Giant Whole or Sliced Mushrooms	3/\$5 11 oz. cans	 Green Giant Corn Selected Varieties		
2/\$7 <td> Bertolli Pasta Sauce Selected Varieties</td> <td>2/\$5 28 oz. cans</td> <td> Colavita Tomatoes Whole Peeled or Crushed</td> <td>2/\$5 28 oz. cans</td> <td> Tuttorosso San Marzano Style Tomatoes Selected Varieties</td> <td>3/\$5 14.5-15 oz. cans</td> <td> Tuttorosso Tomatoes Selected Varieties</td> <td>\$12.99 20 lb. pkg.</td> <td> Canilla Rice Extra Long Grain White</td>	 Bertolli Pasta Sauce Selected Varieties	2/\$5 28 oz. cans	 Colavita Tomatoes Whole Peeled or Crushed	2/\$5 28 oz. cans	 Tuttorosso San Marzano Style Tomatoes Selected Varieties	3/\$5 14.5-15 oz. cans	 Tuttorosso Tomatoes Selected Varieties	\$12.99 20 lb. pkg.	 Canilla Rice Extra Long Grain White		
3/\$5 7 oz. paks	 Goya Yellow Rice Spanish Style Regular or Low Sodium	3/\$5 15.5 oz. cans	 Goya Organics Low Sodium Beans Selected Varieties	2/\$5 3.52 oz. paks	 Goya Ham Flavored Concentrate	\$10.99 144 ct. pkg.	 Goya Malta 12 Pack 12 oz. Bottles (Plus Deposit Where Required)	\$9.99 12 oz. pkg.	 Panera Bread Ground Coffee or Coffee K-Cups (10 ct. pkg.)		
\$17.99 32 ct. pkg.	 Eight O'Clock Coffee K-Cups The Original Medium Roast or Colombian Medium Roast	2/\$4 2.29 oz. cont.	 Cream of Wheat Instant Hot Cereal To-Go Selected Varieties	\$4.99 100 ct. pkg.	 Red Rose Tea Bags Original	2/\$6 32 oz. jar	 Avenue A Complete Pancake & Waffle Mix Original	\$3.99 24 oz. btl.	 Log Cabin Syrup Original, Lite or Sugar Free		

TRENDING & HEALTHY!

2/\$6 16 oz. jars	 Newman's Own Salsa Selected Varieties	\$5.99 24 oz. jar	 Pompeian Imported Grapeseed Oil	\$9.99 16 oz. jar	 Carrington Farms Organic Coconut Oil Unflavored	2/\$4 5.25-10 oz. paks	 Near East Side Dishes Selected Varieties	\$5.99 24 oz. jar	 Enzo's of Arthur Avenue Sauce Selected Varieties		
2/\$9 28 oz. cans	 Muir Glen Organic Tomatoes Whole Peeled or Diced	2/\$6 14.5-15 oz. cans	 Muir Glen Organic Diced Tomatoes or Tomato Sauce Selected Varieties	2/\$5 13.25 oz. paks	 Dreamfields Pasta Selected Varieties	2/\$6 12-16 oz. paks	 Rummo Pasta Regular or Gluten Free Selected Varieties	2/\$8 11.5-12.5 oz. btl.	 House of Tsang Sauces Selected Varieties		
2/\$5 13.4 oz. paks	 Jack's Quality Organic Low Sodium Beans Selected Varieties	\$5.99 12 oz. cont.	 Kewpie Mayonnaise	2/\$4 9 oz. conts.	 Made With Organic Mustard Selected Varieties	2/\$4 10 oz. paks	 Tony Cachere's Seasoned Fish Fry Mix	2/\$7 14 oz. paks	 CREAM RICE Gluten Free Hot Cereal		
\$3.99 16 oz. jar	 Teddie All Natural Peanut Butter Selected Varieties (Excludes Organic)	\$6.99 16 oz. jar	 Teddie Organic Peanut Butter Creamy	2/\$7 13-13.5 oz. jars	 Polaner Sugar Free Fruit Spreads Selected Varieties	\$3.99 2 lb. paks	 Florida Crystals Organic or Demerara Sugar	\$13.99 12 oz. pkg.	 Gevalia Coffee Selected Varieties	\$10.99 6-10 ct. pkg.	 Gevalia Coffee K-Cups Selected Varieties
2/\$7 19.5-21 ct. paks	 Celestial Seasonings Tea Bags Selected Varieties	\$3.99 72 ct. pkg.	 Lipton Organic Black Tea Bags	3/\$5 9 oz. pouches	 Happy Baby Organics Baby Food or Happy Tot Organics Toddler Food	2/\$6 9.5 oz. paks	 Newman's Own Popcorn Selected Varieties	2/\$10 6-10 oz. paks	 Bakerly Crepes To-Go! Strawberry Filled or Chocolate Hazelnut Filled with Crispy Cereal Balls	2/\$5 1.41-1.53 oz. paks	 Built Puff Protein Bars Selected Varieties
2/\$6 4 oz. paks	 Craze Toasted Snack Crackers Selected Varieties	2/\$9 5.5 oz. paks	 Firehook Baked Crackers Selected Varieties	2/\$10 7.76-8.82 oz. paks	 Loacker Quadratini Bite Size Wafer Cookies Selected Varieties	2/\$7 13.5 oz. cans	 Blue Dragon Light Coconut Milk Unsweetened	2/\$8 33.8 oz. conts.	 Cadia Organic Coconut Water	3/\$5 10.9 oz. cans	 Alo Juice Beverages Selected Varieties
\$3.99 64 oz. btl.	 Apple & Eve Organics 100% Juice Selected Varieties	\$5.99 44.6 oz. pkg.	 A'Siciliana Soda 4 Pack 11.15 oz. Cans Blood Orange or Limonata (Plus Deposit Where Required)	\$13.99 100 oz. btl.	 Ecos Liquid Laundry Detergent Free & Clear or Lavender	\$6.99 20 ct. pkg.	 Seventh Generation Dishwasher Detergent Packs Free & Clear	\$3.99 12 oz. cont.	 Seventh Generation Hand Wash Selected Varieties	2/\$6 120 ct. paks	 Seventh Generation Paper Towels Unbleached Jumbo Roll
2/\$3 500 ct. pkg.	 Seventh Generation Bath Tissue 2-Ply Roll	\$5.99 32 fl. oz. btl.	 Seventh Generation Liquid Fabric Softener Lavender or Free & Clear	\$5.99 16 fl. oz. btl.	 Method Squirt & Mop Wood Floor Cleaner	\$4.99 28 oz. btl.	 Method Antibac All-Purpose Antibacterial Cleaners Citron or Bamboo	\$3.99 16 oz. btl.	 Mrs. Meyer's Clean Day Liquid Dish Soap Selected Varieties	2/\$6 12.5 oz. cans	 Blue Buffalo Wet Dog Food Selected Varieties

GROCERY SAVINGS!

2/\$6

15.5-16 oz. conts.

Jif Peanut Butter

Selected Varieties

2/\$5

20 oz. btl.

Smucker's Grape Jelly

2/\$5

14 oz. cans

Magnolia Sweetened Condensed Milk

Original or Fat Free

3/\$5

12 oz. cans

Magnolia Evaporated Milk

\$4.99

12-18 oz. pkg.

Cream of Wheat Hot Cereal

Selected Varieties

\$3.99

100 ct. pkg.

Lipton Black Tea Bags

Original

\$3.99

5.4 oz. pkg.

Old El Paso Flavored Taco Shells

Selected Varieties

\$3.99

5.1-6.7 oz. pkg.

Old El Paso Taco Boats Tortillas

Mini Flour or Flour

\$3.99

9 oz. cont.

Old El Paso Creamy Sauces

Salsa Verde or Queso

2/\$5

8, 2-11 oz. pkgs.

Old El Paso Flour Tortillas

Regular or For Burritos

\$3.99

8.8-14 oz. pkg.

Old El Paso Dinner Kits

Crunchy Taco, Hard & Soft Taco, Fajita, Soft Taco or Enchilada

\$4.99

9.4-13.25 oz. pkg.

Old El Paso Dinner Kits

Stand 'n Stuff Soft Taco, Stacked Queso Crunch or Stand 'n Stuff Hard & Soft Taco

2/\$5

7.4 oz. pkgs.

Old El Paso Hard & Soft Taco Shells & Flour Tortillas

2/\$5

4.6-6.6 oz. pkgs.

Old El Paso Taco Shells

White Corn, Crunchy, Stand 'N Stuff or Super Stuffer

\$3.99

18 oz. jar

Smucker's Strawberry Preserves or Seedless Strawberry Jam

\$4.99

4 lb. bag

Zulka Morena Pure Cane Sugar

\$11.99

31.2 oz. pkg.

Kellogg's Rice Krispies Treats

40 Pack Original

\$9.99

54.1 oz. pkg.

Pop-Tarts Toaster Pastries

32 Pack Frosted Strawberries

\$7.99

9.5 oz. pkg.

Kellogg's Special K Protein Meal Bars

Selected Varieties

2/\$7

7 oz. pkgs.

Kellogg's Nutri-Grain Crunchy Bars or Kellogg's Pop-Tarts Protein Toaster Pastries (14.3 oz.)

\$4.99

7 oz. pkg.

Quaker Protein Granola Bars

8 Count Peanut Butter & Chocolate or Cookies & Cream

\$3.99

5 lb. bag

Pearl Milling Company Self-Rising Flour

\$4.99

4 oz. pkg.

Baker's Baking Chocolate Bars

Selected Varieties

2/\$4

7 oz. pkgs.

Baker's Angel Flake Sweetened Coconut

\$8.99

20-24 oz. pkg.

Nestlé Toll House Morsels

Selected Varieties

2/\$5

18 oz. pkgs.

Pillsbury Brownie Mix

Selected Varieties

2/\$4

15.25-19.5 oz. cans

Dole Fruit

No Sugar Added Mango Chunks or Mango Slices in Heavy Syrup

2/\$5

20 oz. cans

Libby's Pineapple

Selected Varieties

2/\$7

15-18 oz. pkgs.

Del Monte Fruit Cups

4 Pack Selected Varieties

2/\$6

8 oz. pkgs.

Dole Pitted or Chopped Dates

2/\$5

6 oz. pkgs.

Sunsweet Amazin' Pitted Prunes

Probiotic + Elderberry

\$5.99

7.4-10.05 oz. pkg.

M&M's Chocolate Candies

Selected Varieties

2/\$5

3.4 oz. pkg.

Sour Strips Candy

Blue Raspberry or Rainbow

2/\$3

0.3-3.9 oz. pkgs.

Jell-O Gelatin or Pudding Mix

Selected Varieties

2/\$3

3.5 oz. pouches

Beech-Nut Baby Food On-The-Go

Selected Varieties

\$4.99

8.8 oz. pkg.

Kinder Kinderini Shortbread Cookies

3/\$5

8.25 oz. pkgs.

Act II Popcorn

3 Count Selected Varieties

\$8.99

14 oz. cont.

Blue Diamond Almonds and More

Honey Roasted, Smokehouse or Roasted Sea Salt

\$8.99

6 oz. cont.

Mauna Loa Dry Roasted Macadamia Nuts

\$4.99

64 oz. btl.

Apple & Eve 100% Cranberry Juice Blends

Selected Varieties

\$4.99

64 oz. btl.

Juicy Juice 100% Juice

Selected Varieties

2/\$8

61 oz. pkgs.

Kool-Aid Jammers Juice Drinks

10 Pack Selected Varieties

\$8.99

121.5 oz. pkg.

Sunny D Drinks

18 Pack 6.75 oz. Bottles

Original Citrus Punch or Fruit Punch

3/\$5

11 oz. cans

Sport Shake Protein Shakes

Selected Varieties

2/\$6

0.7-1.4 oz. pouches

Crystal Light On the Go Drink Mix

10 Pack Selected Varieties

\$3.99

13.5 oz. 2.38-10 oz. cont.

Nestlé Nesquik Powder Drink Mix

Selected Varieties

\$6.99

192 oz. pkg.

Arizona Drinks

12 Pack 16 oz. Bottles

Selected Varieties (Plus Deposit Where Required)

5/\$5

33.8 oz. 192 oz. pkg.

Poland Spring Sparkling Natural Spring Water

1 Liter Selected Varieties (Plus Deposit Where Required)

3/\$12

192 oz. 8 oz. bottles

Pure Life Purified Water

24 Pack 8 oz. Bottles (Plus Deposit Where Required)

2/\$6

144 oz. 12 oz. bottles

Pure Life Purified Water

12 Pack 12 oz. Bottles (Plus Deposit Where Required)

2/\$4

128 oz. 16 oz. bottles

Pure Life Purified Baby or Distilled Water

(Plus Deposit Where Required)

2/\$9

405.6 oz. 16.9 oz. bottles

Deer Park Natural Spring Water

24 Pack 16.9 oz. Bottles (Plus Deposit Where Required)

\$3.99

96 oz. 8 oz. bottles

Crystal Geyser Natural Spring Water

12 Pack 8 oz. Bottles (Plus Deposit Where Required)

HEALTH & BEAUTY

WHERE AVAILABLE

2/\$7

12-16.1 oz. btl.

Aussie Shampoo or Conditioner

Selected Varieties

2/\$5

13.5 oz. btl.

Pert 2 in 1 Shampoo & Conditioner

Classic Clean or Anti-Dandruff

2/\$9

6.3 oz. pkgs.

Colgate Max Toothpaste

Selected Varieties

2/\$9

16.9 oz. btl.

Colgate Total Advanced Mouthwash

Pro-Shield Spearmint or Pro-Shield Peppermint

\$5.99

5.1 oz. pkgs.

Colgate Total Toothpaste

Selected Varieties

2/\$5

1 ct. 1 ct. 1 ct.

Colgate Zig Zag Toothbrushes

Medium or Soft

2/\$5

2.3-3.5 oz. conts.

Speed Stick Antiperspirant Deodorant Sticks or Lady Speed Stick Antiperspirant Deodorant Sticks

\$7.99

12 ct. 12 ct. 12 ct.

Schick Xtreme Disposable Razors

Sensitive

2/\$8

7 oz. 7 oz. 7 oz.

Skintimate or Edge Shave Gel

Selected Varieties

\$6.99

10-32 ct. 10-32 ct. 10-32 ct.

Airborne Immune Support Chewable Tablets or Zesty Orange Effervescent Tablets (10 ct.)

2/\$10

34-45 ct. 34-45 ct. 34-45 ct.

Ricola Throat Drops

Selected Varieties

HOUSEHOLD SAVINGS!

2/\$6

11 oz. 11 oz. 11 oz.

Dial Complete Liquid Antibacterial Hand Soap

Selected Varieties

\$3.99

18 oz. 18 oz. 18 oz.

Down Liquid Dish Soap

Selected Varieties

\$4.99

32 oz. 32 oz. 32 oz.

Downy Intense Liquid Fabric Softener

Floral or Pureza Purity

\$3.99

30 oz. 30 oz. 30 oz.

Downy Liquid Fabric Softener

Lavender Dream or Sweet Summer

2/\$3

7 oz. 7 oz. 7 oz.

Renuzit Gel Air Freshener

Selected Varieties

\$3.99

32 oz. 32 oz. 32 oz.

Scrubbing Bubbles Bathroom Cleaner

Selected Varieties

\$3.99

22 oz. 22 oz. 22 oz.

Shout Laundry Stain Remover

\$3.99

28.6 oz. 28.6 oz. 28.6 oz.

Soft Scrub Gel Cleaner with Bleach or Toilet Care (3.52 oz. pkg.)

2/\$4

1.6-1.7 oz. 1.6-1.7 oz. 1.6-1.7 oz.

X14 Toilet Bowl Cleaner

Blue Plus Fragrance or With Bleach

\$5.99

200 ct. 200 ct. 200 ct.

Vanity Fair Paper Napkins

Everyday

2/\$5

55-60 ct. 55-60 ct. 55-60 ct.

Kleenex Facial Tissue

Selected Varieties

2/\$7

35-45 ct. 35-45 ct. 35-45 ct.

Reynolds Kitchens Oven Bags

Large Size

2/\$7

45-55 ct. 45-55 ct. 45-55 ct.

Reynolds Kitchens Parchment Paper

Non-Stick

\$7.99

184-192 ct. 184-192 ct. 184-192 ct.

Huggies Baby Wipes

Selected Varieties

\$7.99

16-46 ct. 16-46 ct. 16-46 ct.

Luvs Platinum Protection Diapers

Selected Varieties

5/\$5

5.5-6.5 ct. 5.5-6.5 ct. 5.5-6.5 ct.

9Lives Wet Cat Food

Selected Varieties

DAIRY SAVINGS!

2/\$4 8.75 oz. pkgs. Cabot Cream Cheese Bars Plain 	2/\$6 8 oz. pkgs. Land O Lakes Shredded Cheese or Cheese Bars Selected Varieties 	5/\$4 5.3 oz. conts. Dannon Yogurt Selected Varieties (Excludes Greek) 	2/\$7 52 oz. conts. Florida's Natural Premium Orange Juice or Ruby Red Grapefruit Juice or Orange Peach Mango Juice 		
2/\$4 0.75 oz. pkgs. Red Star Yeast 3 Pack Quick Rise or ActiveDry 	\$6.99 24 oz. cont. Land O Lakes Butter Spread With Canola Oil or Light with Canola Oil 	2/\$7 16 oz. pkgs. Fleischmann's Margarine Quarters Original or Unsalted 	\$5.99 41-48 oz. cont. Parkay Spread Original or Light 	\$4.99 16 oz. pkg. Galbani Fresh Mozzarella Cheese Sliced or Log 	
\$4.99 8.8 oz. cont. Galbani Mascarpone Cheese 	\$3.99 7.5 oz. pkg. Cabot Cheese Snack Sticks 10 Count- Vermont Seriously Sharp Cheddar or Vermont Extra Sharp Cheddar 	2/\$3 5.3 oz. pkgs. Oikos Triple Zero Greek Yogurt Selected Varieties 	4/\$5 7 oz. btl. Activia Yogurt Drinks Selected Varieties 	2/\$9 18 oz. pkg. Chobani Flip Greek Yogurt 4 Pack Selected Varieties 	
\$3.99 16 oz. pkg. YoCrunch Lowfat Yogurt 4 Pack Selected Varieties 	3/\$5 10 oz. btl. Stonyfield Organic Protein Smoothies Selected Varieties 	3/\$5 3.5 oz. pouches Stonyfield Organic Yogurt Selected Varieties 	\$5.99 28.6 oz. cont. Chobani 20G Protein Greek Yogurt Vanilla or Cherry Berry 	\$8.99 48 oz. pkg. YoCrunch Lowfat Yogurt 8 Pack Oreo Cookies 'N Cream & Vanilla M&Ms 	\$8.99 55.8 oz. pkg. Danimals Smoothies 18 Pack Strawberry Banana/ Strawberry 
\$4.99 32 oz. btl. Dunkin' Coffee Creamer Selected Varieties 	\$4.99 14 oz. cont. International Delight Cold Foam Creamer Selected Varieties 	\$4.99 28-32 oz. btl. Nestlé Coffee-mate Creamer Selected Varieties 	\$5.99 64 oz. cont. Stonyfield Organic Milk Selected Varieties 	\$3.99 32 oz. btl. Lifeway Kefir Smoothies (Excludes Organic) Selected Varieties 	2/\$5 42 oz. btl. La Colombe Coffee Drinks Selected Varieties 
\$6.99 89 oz. btl. Florida's Natural Premium Orange Juice Selected Varieties 	2/\$3 59 oz. conts. Bright & Early Orange Drink 	2/\$5 52 oz. btl. Minute Maid Zero Sugar Drinks Selected Varieties 	\$3.99 37.6-42 oz. pkg. Kool-Aid Gelatin Snacks 12 Pack Sugar Free Variety Pack or Variety Pack 	2/\$7 24 oz. pkgs. Swiss Miss Pudding 6 Pack Selected Varieties 	2/\$6 7 oz. conts. Cabot Sweetened Light Whipped Cream 
\$12.99 40 oz. pkg. Giovanni Rana Lasagna 5 Cheese or Meat 	\$5.99 10 oz. cont. BelGioioso Cheese Selected Varieties 	2/\$7 10 oz. pkg. BelGioioso Snacking Cheese Selected Varieties 	\$9.99 13.2 oz. pkg. Alouette Baby Brie Cheese Double Crème 	\$4.99 5 oz. pkg. Alouette Crème de Brie Spreadable Cheese Original or Garlic & Herbs 	2/\$6 4.75-4.8 oz. pkgs. New York Style Panetini or Pita Chips Selected Varieties 

TRENDING & HEALTHY IN THE DAIRY DEPARTMENT!

\$9.99 128 oz. pkg. Silk Original Soymilk 2 Pack 	\$4.99 64 oz. pkg. So Delicious Organic Coconutmilk Selected Varieties 	2/\$8 52 oz. cont. Chobani Oatmilk Selected Varieties 	\$2.99 59 oz. cont. Newman's Own Fruit Juice Cocktails or Lemonades Selected Varieties 
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FROZEN SAVINGS!

\$9.99 49.3 oz. pkg. Eggo Homestyle Waffles 40 Count 	\$7.99 16-20 oz. pkg. Jones Dairy Farm All Natural Sausage Turkey Links, Chicken Links or Thick-Cut Pork Patties 	\$8.99 22-28.5 oz. pkg. Tyson Chicken Selected Varieties 	\$6.99 3.4 oz. pkg. Sara Lee Pies Selected Varieties 		
2/\$4 5.02-5.07 oz. pkgs. Banquet Brown 'N Serve Breakfast Meals Pancake or French Toast 	\$3.99 16 oz. pkg. Jones Dairy Farm Country Style Scrapple 	\$4.99 16 oz. pkg. Jones Dairy Farm Pork Sausage Roll Original 	\$6.99 13.6-18.4 oz. pkg. Jimmy Dean Breakfast Sandwiches or Biscuit Roll-Ups (12.8 oz.) 	\$7.99 12-20.4 oz. pkg. Jimmy Dean Delights Breakfast Meals or Meat Lovers English Muffin Sausage Patties Egg & Cheese (22.8 oz.) 	
2/\$7 21.14 oz. pkg. Mydibel Hash Brown Patties 10 Count 	\$4.99 12 ct. pkg. Birds Eye Mini Sweet Corn on the Cob 	2/\$6 12.6-16 oz. pkg. Birds Eye Meal Ready Vegetables or Stir-Fry Broccoli (14.4 oz.) or Asparagus Spears (8 oz.) 	\$5.99 24-28 oz. pkg. Grown in Idaho Potatoes Selected Varieties 	2/\$5 12 oz. pkgs. Celentano Cheese Ravioli or Cavatelli Selected Varieties 	\$6.99 18-28 oz. pkg. Cooked Perfect Meatballs Selected Varieties 
\$6.99 11.5-13.8 oz. pkg. Dr. Oetker Virtuoso Pizza Selected Varieties 	\$11.99 48.85 oz. pkg. Totino's Pizza Rolls Selected Varieties 	\$6.99 13.44 oz. pkg. Big Mozz Mozzarella Sticks Selected Varieties 	\$5.99 30.4-32 oz. pkg. El Monterey Burritos or Chimichangas Selected Varieties 	\$4.99 9 oz. pkg. Cholula Burrito Bowls Selected Varieties 	\$8.99 22 oz. pkg. Bertolli Skillet Meals Selected Varieties 
\$10.99 32-40 oz. pkg. Dole Fruit Blueberries, Sliced Strawberries & Bananas or Mango Chunks 	\$8.99 32 oz. pkg. Dole Tropical Gold Pineapple Chunks 	\$4.99 14 oz. cont. Dole Whip Fruit First Treat Selected Varieties 	\$4.49 32 oz. cont. Lactaid Lactose Free Ice Cream Selected Varieties 	\$4.99 5 oz. cont. Talenti Gelato or Sorbetto Selected Varieties (Excludes Gelato Layers) 	\$5.99 11.1 oz. pkg. Magnum Ice Cream Bars 6 Count Selected Varieties 
\$7.99 28 oz. cont. Ben & Jerry's Scoop-apalooza Ice Cream Selected Varieties 	\$3.99 19.8-21 oz. pkg. PhillySwirl Italian Ice or SwirlStix Ice Pops Selected Varieties 	\$5.99 19-21 oz. pkg. Melona Frozen Dairy Dessert Bars 8 Count Selected Varieties 	\$3.99 16 oz. pkg. Mamita's Ices 4 Count Selected Varieties 	\$4.99 14 oz. pkg. Kinder Bueno or Nutella Ice Cream Cones 	\$3.99 4.7 oz. pkg. Outshine Fruit Bars Selected Varieties 

TRENDING & HEALTHY IN THE FROZEN DEPARTMENT!

\$5.99 13.5 oz. pkg. MorningStar Farms Plant-Based Homestyle Tenders or Original Pancake & Sausage on a Stick (9.7 oz.) 	\$4.99 13.4 oz. pkg. Auntie Anne's Classic Pretzels or Pretzel Nuggets (9.6-9.7 oz.) 	\$8.99 16 oz. pkg. Auntie Anne's Pretzel Dogs 	\$4.99 10-13.5 oz. pkg. Birds Eye Zucchini Fries, Buffalo Style Cauliflower Wings or Veggie Rotini Marinara Selected Varieties 	\$3.99 12 oz. pkg. Birds Eye Mashed Cauliflower Selected Varieties 
\$4.99 8.1-13.7 oz. pkg. Gardein Meat Free Entrees Selected Varieties 	\$3.99 9-9.5 oz. pkg. Vital Pursuit High Protein Meals Selected Varieties 	2/\$8 8 oz. pkg. Blake's Meals Selected Varieties 	\$4.99 9.5 oz. pkg. Kevin's Natural Foods Frozen Bowls Selected Varieties 	2/\$10 2 oz. pkgs. Evergreen Mini Waffles Selected Varieties 

THE BAKE SHOPPE!

2/\$5 14.4 oz. pkg. Beitl Mini Bagels 8 Pack Selected Varieties 	\$4.99 9.6 oz. pkg. Dere Street Scones 3 Pack Selected Varieties 	\$4.99 16 oz. pkg. Maple Donut Bakery Jelly Donuts 6 Pack 	\$5.99 16 oz. pkg. Uncle Wally's Muffins 4 Count Selected Varieties 	\$5.99 18 oz. pkg. Bake'n Joy Loaf Cakes Selected Varieties 	\$5.99 17-19 oz. pkg. Dere Street Irish Soda Bread Original or With Caraway Seeds 
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Organic Produce

THE BEST PRODUCE!

**ASSORTED CANDY, NUT, VEGETABLE
AND FRUIT TRAYS NOW AT YOUR LOCAL
PRODUCE DEPT. (WHERE AVAILABLE)**

A photograph of four onions. Three are whole, showing their characteristic yellowish-brown, papery skin. One onion in the foreground is cut in half, revealing its internal structure of concentric, translucent white layers. The onions are set against a plain white background.

\$3.99
16 oz. cont.

Great Meadow Farm
Spiralized Vegetable Noodles
Assorted Varieties
Gluten Free



2/\$4
12 oz.
cans

**KeVita
Probiotic
Refresher
Sparkling Drinks**
Assorted Varieties

HORSE

Three green pears and a slice of grapefruit. The pears are whole and green, while the grapefruit is cut into a wedge showing its pinkish-red segments.

SNACKS AND BEVERAGES

WHERE AVAILABLE
(PLUS BTL. DEPOSIT
WHERE REQUIRED BY LAW)

2/\$7
10-14 oz.
pkgs.

**Entenmann's
Cookies**
Selected
Varieties



\$14⁹⁹ 144 oz.
pkg.
Dos Equis,
Modelo Oro
Corona Premium
Beer 12 Pack
12 oz. Bottles or
Selected Varieties



A 6-pack of Dogfish Head 60 Minute IPA beer. The green cardboard carrier features the Dogfish Head logo and the text "60 Minute IPA". Several individual beer bottles are visible, some with their labels partially obscured by the carrier.

Busch Beer
12 Pack
12 oz. Cans
Regular or Light

\$9.99 SALE PRICE
-3.00 DIGITAL REBATE

\$6.99 124¢/oz.

AFTER FINAL

BUSCH LIGHT

BUSCH BEER

\$10.99
5.2-12 oz. Pkg.
YOUR CHOICE!

Corona, Modelo
or Peroni Beer 6 Pack
11.2-12 oz. Bottles or Cans
Selected Varieties

Heineken,
Amstel Light or Carib
Beer & Pack
11.2-12 oz. Bottles or Cans
Selected Varieties

Birra Moretti,
Dorifish Head or
Guinness Beer 6 Pack
11.2-12 oz. Bottles or Cans
Selected Varieties

Stella Artois
Beer 6 Pack
11.2-12 oz. Bottles or Cans
Selected Varieties

Five Boroughs, Cigar City
or Kona Brewing Co.
Beer & Pack
12 oz. Bottles or Cans
Selected Varieties

Goose Island or
Famosa Lager Beer 6 Pack
12 oz. Bottles or Cans
Selected Varieties

DELI DEPARTMENT

**Let Us Cater Your Event or Party! Come See Us
For All Your Entertainment Needs! Where Available**



99
lb.
's Head
oked
da Cheese
to Order

\$8⁹⁹
6 oz.
pkgs.

**Boar's Head
Manchego
Cheese**

99
7 oz.
pkg.
W's Head
Cheddar
se

Power's Blend

Irish cheddar

AGED 9 MONTHS

*natural preservative
ALL NATURAL CHEESE*

MILK FROM GRASS FED COWS

NET WT. 8 OZ.

\$1.99
lb.
**Citterio
Mortadella**
To Order
Pistachio

\$4.99 lb.
Stella
Mozzarella
Cheese
Sliced to Order



The Tyson logo is in the top left corner, featuring the word "Tyson" in a red oval. Below it is a photograph of a plate of fried chicken pieces.



**LENTEN
FAVORITE**



LENTEN FAVORITE

Is

FARM FRESH PORK		FARM FRESH CHICKEN	BLACK LABEL PROVISIONS	
\$159 lb. Pork Shoulder Shank Half Grain Fed, Fresh \$169 lb. Pork Shoulder Butt Half Grain Fed, Fresh		\$149 lb. Perdue Whole Chicken Legs Grade A, Fresh All Natural Family Pack	\$399 8 oz. pkg. Black Label Provisions Deluxe Bun Sized Beef Frankfurters 4 Count All Natural, Natural Casing No Sugar Added	
\$799 lb. Bottom Round Steaks USDA Choice Beef Family Pack	\$699 lb. Rump Roast USDA Choice Beef	\$999 lb. Lean Pepper Steaks USDA Choice Beef	\$999 lb. Lean Cube Steaks USDA Choice Beef	
\$999 lb. Lean Round Cubes USDA Choice Beef	\$349 lb. Thin-Sliced Boneless Chicken Breast Cutlets USDA Inspected, Farm Fresh	\$699 lb. Harvestland Thin-Sliced Boneless Chicken Breast Grade A, Fresh, All Natural, Free Range	\$249 lb. Springer Mountain Farms Whole Chickens Grade A, Fresh All Natural	
\$349 lb. Springer Mountain Farms Split Chicken Breast Grade A, Fresh All Natural, Bone-In	\$499 16 oz. pkg. Springer Mountain Farms Chicken Burgers 4 Count, Fresh, All Natural	\$899 lb. Rastelli's Boneless Chicken Thighs Caribbean Jerk Style or Italian Style	\$899 lb. Rastelli's Boneless Chicken Breast Teriyaki or Margarita Lime	
\$699 18.4 oz. pkg. Hatfield Boneless Pork Tenderloins Grain Fed, All Natural Selected Varieties	\$249 lb. Smoked Pork Neck Bones or Knuckles	\$399 lb. Smoked Slab Bacon	\$599 16 oz. pkg. Premio Fresh Italian Specialty Pork Sausage Sweet Luganiga or Cheese & Basil	
\$499 16 oz. pkg. Avenue A Bacon Original or Thick Sliced	\$499 12 oz. pkg. Avenue A Turkey Bacon	\$1699 48 oz. pkg. Avenue A Ground Beef Hamburgers 12 Count-Frozen	\$2699 80 oz. pkg. Avenue A Ground Beef Hamburgers 20 Count-Frozen	
\$499 14 oz. pkg. Johnsonville Smoked Pork Sausage Links Stadium Brats or Beddar with Cheddar	\$399 20-24 oz. pkg. Bob Evans Side Dishes Selected Varieties	\$1499 50 oz. pkg. Caribbean Food Delights Jamaican Style Patties 10 Count-Fully Baked Frozen-Beefy Cheese or Jerk Chicken	\$399 10 oz. pkg. Caribbean Food Delights Jamaican Style Patties 2 Count-Fully Baked Frozen-Beefy Cheese or Spicy Beef	\$399 13 oz. pkg. Eckrich Polska Kielbasa or Original Smoked Sausage
\$199 7 oz. pkg. Eckrich Sliced Lunchmeat Selected Varieties	\$499 11 oz. pkg. Al Fresco Chicken Sausage Links 4 Count All Natural, Fully Cooked Selected Varieties	\$399 3 oz. pkg. Al Fresco Uncured Chicken Bacon Fully Cooked-Original	\$699 16 oz. pkg. Carando Fresh Italian-Style Meatballs Selected Varieties	\$599 16 oz. pkg. Curly's Pulled Barbecue Meats Chicken, Pork or Bold & Spicy Pork
\$499 10 oz. pkg. Demakes Bros. Shaved Beef Steak	\$299 10 oz. pkg. Demakes Bros. Shaved Chicken Breast	\$799 12 oz. pkg. Old Neighborhood Fajita Seasoned Beef Strips	\$599 12 oz. pkg. Old Neighborhood Fajita Seasoned Chicken Strips	\$899 16 oz. pkg. Garden Manor Farms Organic Ground Beef Grass Fed, 85% Lean/15% Fat
2/\$3 12 oz. pkg. Stahl-Meyer Franks 8 Count Original or Chicken	\$399 12 oz. pkg. Stahl-Meyer Beef Franks 8 Count	\$799 8 oz. pkg. Applegate Organics Sunday Bacon Uncured	\$599 8 oz. pkg. Applegate Naturals Sunday Bacon Uncured	\$699 10 oz. pkg. Applegate Organics Beef or Chicken Franks

PRE-PACKAGED MEATS

\$349

15 oz.
pkg.



Ball Park
Turkey or
Meat Franks
8 Count

\$599

14 oz.
pkg.



Ball Park
Angus
Beef Franks
8 Count
Original or Bun Size

\$549

15 oz.
pkg.



Ball Park
Beef Franks
8 Count
Original or Bun Size
(Excludes Angus)

\$599

16 oz.
pkg.



Smithfield
Bacon
Hometown Original,
Thick Cut or
Lower Sodium

\$599

8-9 oz.
pkg.



Oscar Mayer
Deli Fresh
Cold Cuts
Selected Varieties

\$499

4 oz.
pkg.



Citterio
Prosciutto
or Speck
or Genoa Salame
& Provolone (6 oz.)

\$349

3-6 oz.
pkg.



Citterio
Cold Cuts
Sopressata,
Rosmarino Rosemary/Ham,
Genoa Salame, Mortadella
or Hot Capocollo

LENTEN FISH SPECIALS

AVAILABLE ONLY IN PARTICIPATING STORES

\$3⁹⁹ lb.  Swai Fillet Farm Raised Previously Frozen Striped Pangasius	\$9⁹⁹ lb.  Scrod Fillet Wild Caught Cut from Frozen-at-Sea Scrod	\$6⁹⁹ 16 oz. pkg.  Great American Tilapia Fillet Farm Raised Frozen or Thawed	\$7⁹⁹ lb.  Kingfish Steaks Frozen	
\$9⁹⁹ 16 oz. pkg.  Jade Lion Large Cooked Shrimp Frozen 31-40 Count	\$3⁹⁹ 16 oz. pkg.  Great American Imitation Crab Meat Frozen or Thawed	\$16⁹⁹ 32 oz. pkg.  Great American Salmon Fillet Frozen or Thawed, Wild Caught	\$10⁹⁹ 16 oz. pkg.  Great American Raw Shrimp Frozen, Jumbo 16-20 Count, EZ Peel	\$8⁹⁹ 16 oz. pkg.  Great American Raw Shrimp Frozen, Large 31-40 Count, EZ Peel
\$9⁹⁹ 16 oz. pkg.  Great American Cooked Shrimp Frozen, Medium 51-60 Count	\$8⁹⁹ 16 oz. pkg.  Great American Cooked Shrimp Frozen, Medium 71-90 Count	\$16⁹⁹ 48 oz. pkg.  Great American Tilapia Fillet Frozen Farm Raised	\$12⁹⁹ 40 oz. pkg.  Great American Swai Fillet Frozen Farm Raised	\$6⁹⁹ 16 oz. pkg.  Arctic Moon Boneless Bacalao
\$4⁹⁹ 12 oz. pkg.  Luna Artica Boneless Bacalao	\$5⁹⁹ 16 oz. pkg.  Frozen Smelts Wild Caught	\$2⁹⁹ 8 oz. pkg.  Trans-Ocean Lobster Classic Imitation Lobster Chunk Style	\$2⁹⁹ 8 oz. pkg.  Trans-Ocean Crab Classic Imitation Crab Flake Style, Chunk Style or Leg Style	\$6⁹⁹ 10 oz. pkg.  Aqua Star Reserve Cocktail Shrimp Ring 35 Count Cooked & Peeled With Cocktail Sauce