

\$5⁹⁹
lb.

Oven-Ready Eye Round Roast
USDA Choice Beef

USDA CHOICE

\$12⁹⁹
lb.

New York Strip Shell Steaks
USDA Choice Beef Bone-In

USDA CHOICE

\$3⁹⁹
lb.

Chairman's Reserve Prime Pork Boneless Pork Tenderloins
Fresh, All Natural

CHAIRMAN'S RESERVE

\$2⁹⁹
lb.

Boneless Chicken Breast
USDA Inspected Farm Fresh

\$5⁹⁹
lb.

Bell & Evans Organic Ground Chicken Breast
All Natural Tray Pack

USDA ORGANIC

\$3⁹⁹
16 oz. cont.

Fresh Strawberries

\$3⁹⁹
6 oz. jar

Dolci Frutta Fruit Dips
Creamy White or Original Chocolate

\$3⁹⁹
15.5 oz. jar

Marzetti Chocolate Dip
Original

\$4⁹⁹
lb.

Sweet Cherries
Imported High in Antioxidants

\$3⁹⁹
ea.

Fresh Golden Pineapples

\$2⁹⁹
lb.

Red, Green or Black Seedless Grapes
Imported
OR
Cotton Candy Grapes

YOUR CHOICE!

\$4⁹⁹
3 lb. bag

Sweet Clementines

99¢
lb.

Fresh Eggplant

FIND THE PERFECT RECIPE AT **metfoodssi.com**

WE ARE NOW ON **instacart**

3/\$10

for **General Mills Cereal**

Regular or Strawberry Cinnamon Toast Crunch (12 oz.), Cookie Crisp (10.6 oz.), Lucky Charms Rainbow Sprinkle (10.9 oz.), Honey Nut Cheerios (10.8 oz.), Lucky Charms (10.5-10.9 oz.), Reese's Puffs (11.5 oz.) or Bluey or Kix (12 oz.)

3/\$5

Pillsbury Moist Supreme Cake Mix

Selected Varieties Including Premium Funfetti

3/\$5

Pillsbury Frosting

Selected Varieties

2/\$5

Ragu Pasta Sauce

Selected Varieties

2/\$4

Sclafani Tomatoes

Crushed or Puree

4/\$5

Barilla Pasta

Selected Varieties

\$8⁹⁹
96 oz. gal.

Mazola Oil

Vegetable Plus, Canola, Corn Plus or Corn

3/\$5

Wish-Bone Salad Dressing

Selected Varieties

2/\$5

Apple & Eve 100% Apple Juice

Original or Natural Style

\$15⁹⁹
656 ct. pkg.

Bounty Paper Towels

8 Pack Select-A-Size Double Rolls White

\$9⁹⁹
20,000 ct. pkg.

Avenue A Bath Tissue

20 Pack 1-Ply Regular Rolls

\$7⁹⁹
105-117 oz. cont.

Tide Simply Liquid Laundry Detergent

Selected Varieties

2/\$4

Breakstone's Butter

Selected Varieties

2/\$6

Breakstone's Sour Cream

Original

2/\$10

Eggo Waffles or Pancakes

Selected Varieties

2/\$8

Ore-Ida Potatoes

Selected Varieties

3/\$10

Ellio's Pizza

or Cheesy Breadsticks (13.62 oz.)

2/\$8

Eddy's Ice Cream

Selected Varieties

3/\$12

for **Kellogg's Large Size Cereal**

Selected Varieties: Special K (12-17.1 oz.), Raisin Bran (20.9 oz.), Raisin Bran Crunch (19.7 oz.) or Frosted Mini-Wheats (20 oz.)

2/\$4

18.4 oz. pkgs.

Pillsbury Brownie Mix

Selected Varieties

\$4⁹⁹
64 oz. cont.

Stonyfield Organic Milk

Selected Varieties

3/\$5

8 oz. pkgs.

Cabot Cream Cheese Bars

Plain

\$12⁹⁹
33.8 oz. cont.

Filippo Berio Olive Oil

Pure or Extra Virgin

3/\$5

Bumble Bee Solid White Albacore Tuna

In Oil or In Water

\$6⁹⁹
9-24.5 oz. pkg.

Gorton's Fish Fillets, Fish Sticks, Fish Portions or Shrimp

Selected Varieties

1795 VICTORY BLVD. STATEN ISLAND, N.Y.

PHONE ORDERS ACCEPTED

TEL.: (718) 524-0800 • FAX: (718) 524-0834

FOOD CONNECTION

1177 Hylan Blvd. STATEN ISLAND, N.Y.

PHONE ORDERS ACCEPTED

TEL.: (718) 720-5800 • FAX: (718) 720-4222

DELIVERY AVAILABLE – Both Locations

WE GLADLY ACCEPT ALL MAJOR CREDIT CARDS & SNAP (Supplemental Nutrition Assistance Program) BENEFITS & PARTICIPATE IN THE W.I.C. PROGRAM

Both Locations – STORE HOURS:

MON-SAT 6 AM -10 PM • SUN. 6 AM - 9 PM

GROCERY SAVINGS!

2/\$6

for
McCormick
Golden Dipt
Seafood
Coating
Mixes
(8-10 oz. pkgs.)

OR

Cocktail
Sauce
(8 oz. jars)
Selected Varieties



3/\$5

10.75 oz.
cans
Campbell's
Chicken
Noodle or
Tomato Soup



2/\$4

12-17.5 oz.
pkgs.
De Cecco
Pasta
Selected Varieties



\$3.99

5 lb.
pkg.
Pearl Milling
Company
Self-Rising
Flour



2/\$4

8-15 oz.
conts.
4C
Bread
Crumbs
Selected Varieties



2/\$5

32 oz.
btl.
Hunt's
Tomato Ketchup
Original



2/\$4

32 oz.
pkgs.
Avenue A
Complete
Pancake &
Waffle Mix
Original



2/\$6

24 oz.
btl.
Log Cabin
Syrup
Original, Lite
or Sugar Free



2/\$4

14.5 oz.
cans
Don Pepino
Pizza Sauce



2/\$7

8.6-11 oz.
btl.
McIlhenny
Tabasco
Hot Pepper
Sauce
Selected Varieties



2/\$7

12 oz.
btl.
Heinz
Gourmet
Red Wine Vinegar



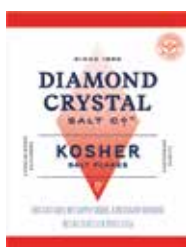
2/\$8

40 oz.
btl.
Wesson
Oil
Corn, Vegetable,
Best Blend
or Canola



\$5.99

26 oz.
pkg.
Diamond
Crystal
Kosher
Salt Flakes



\$4.99

6 oz.
cont.
Old Bay
Seasoning



\$5.99

5 oz.
btl.
Pompeian
Organic
Extra Virgin
Olive Oil
Cooking Spray
or Avocado Oil
Cooking Spray



2/\$5

5 oz.
cans
Bumble Bee
Prime Tuna
Selected Varieties



3/\$10

3.75-4.375
oz. cans
King Oscar
Sardines or
Mackerel
Selected Varieties



2/\$4

10.75-11.1 oz.
conts.
Campbell's
Sipping Soup
or Campbell's
Microwaveable
Soup (15.4 oz.)



5/\$3

2.25 oz.
conts.
Nissin
Cup Noodles
Ramen
Noodle Soup
Selected Varieties



5/\$2

3 oz.
pkgs.
Nissin
Top Ramen
Noodle
Soup Mix
Selected Varieties



4/\$5

14.5 oz.
cans
Swanson
Broth
Selected Varieties



3/\$5

10.5 oz.
cans
Campbell's
Gravy
Selected Varieties



5/\$5

4.6 oz.
cans
Libby's
Vienna
Sausage
Selected Varieties



2/\$8

12 oz.
cans
Spam
Luncheon
Meat
Selected Varieties



2/\$5

8.5-8.8 oz.
pkgs.
Ben's
Original
Ready Rice
or Long Grain
& Wild Rice
(6-6.2 oz.)



\$7.99

10 lb.
pkg.
Riceland
Rice
Long Grain
White



3/\$5

11 oz.
cans
Green Giant
Corn
Selected Varieties



3/\$10

15-24 oz.
jars
Bertolli
Pasta Sauce
Selected Varieties



2/\$5

28 oz.
cans
Tutorosso
San Marzano
Style
Tomatoes
Selected Varieties



\$14.99

20 lb.
pkg.
Canilla
Rice
Extra Long
Grain White



3/\$5

15.5 oz.
cans
Goya
Organics
Low Sodium
Beans
Selected Varieties



\$3.99

18 oz.
jar
Smucker's
Strawberry
Preserves
or Seedless
Strawberry
Jam



2/\$7

7 oz.
pkgs.
Kellogg's
Nutri-Grain
Crunchy Bars
or Kellogg's Pop-Tarts
Protein Toaster Pastries
(14.3 oz.)



2/\$8

4 oz.
pkgs.
Baker's
Baking
Chocolate
Bars
Selected Varieties



2/\$4

7 oz.
pkgs.
Baker's
Angel Flake
Sweetened
Coconut



2/\$5

20 oz.
cans
Libby's
Pineapple
Selected Varieties



3/\$10

15-18 oz.
pkgs.
Del Monte
Fruit Cups
4 Pack
Selected Varieties



3/\$10

8 oz.
pkgs.
Dole
Pitted or
Chopped
Dates



2/\$10

7.4-10.05 oz.
pkgs.
M&M's
Chocolate
Candies
Selected Varieties



2/\$3

0.3-3.9 oz.
pkgs.
Jell-O
Gelatin or
Pudding Mix
Selected Varieties



TRENDING & HEALTHY!

2/\$8

11.5-12.6 oz.
btl.
House of Tsang
Sauces
Selected Varieties



\$4.99

12 oz.
btl.
Kewpie
Mayonnaise



2/\$8

5.5 oz.
pkgs.
Firehook
Baked
Crackers
Selected Varieties



2/\$8

7.76-8.82 oz.
pkgs.
Loacker
Quadratini
Bite Size
Wafer Cookies
Selected Varieties



GROCERY SAVINGS!

2/\$6

15.5-16 oz.
conts.
Jif
Peanut
Butter
Selected
Varieties



2/\$6

20 oz.
btl.
Smucker's
Grape
Jelly



2/\$5

14 oz.
cans
Magnolia
Sweetened
Condensed
Milk
Original or Fat Free



3/\$5

12 oz.
cans
Magnolia
Evaporated
Milk



2/\$10

12-28 oz.
pkgs.
Cream of Wheat
Hot Cereal
Selected Varieties



\$5.99

42 oz.
cont.
Quaker
Oats
Old Fashioned or
Quick 1-Minute



\$14.99

23-26 oz.
cont.
Chock
Full o' Nuts
Coffee
Selected Varieties



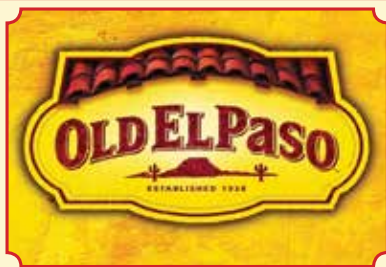
\$3.99

100 ct.
pkg.
Lipton
Black Tea
Bags
Original



2/\$8

64 oz.
btl.
Apple & Eve
100% Cranberry
Juice Blends
Selected Varieties



2/\$7

5.4 oz.
pkgs.
Old El Paso
Flavored
Taco Shells
Selected Varieties



2/\$7

5.1-6.7 oz.
pkgs.
Old El Paso
Taco Boats
Tortillas
Mini Flour
or Flour



\$3.99

9 oz.
cont.
Old El Paso
Creamy
Sauces
Salsa Verde or
Queso



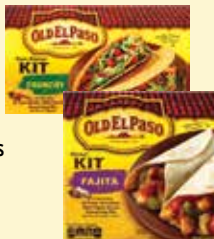
2/\$5

8.2-11 oz.
pkgs.
Old El Paso
Flour
Tortillas
Regular or
For Burritos



\$3.99

8.8-14 oz.
pkg.
Old El Paso
Dinner Kits
Selected Varieties



2/\$5

7.4 oz.
pkgs.
Old El Paso
Hard & Soft
Taco Shells
& Flour
Tortillas



2/\$5

4.6-6.6 oz.
pkgs.
Old El Paso
Taco Shells
White Corn,
Crunchy,
Stand 'N Stuff or
Super Stuffer



2/\$3

3.5 oz.
pouches
Beech-Nut
Baby Food
On-The-Go
Selected
Varieties



3/\$5

8.25 oz.
pkgs.
Act II
Popcorn
3 Count
Selected
Varieties



\$4.99

64 oz.
btl.
Juicy Juice
100% Juice
Selected Varieties



2/\$8

60 oz.
pkgs.
Kool-Aid
Jammers
Juice Drinks
10 Pack
Selected Varieties



2/\$6

0.7-1.4 oz.
pkgs.
Crystal Light
On the Go
Drink Mix
10 Pack
Selected Varieties



\$3.99

9.38-10 oz.
cont.
Nestlé
Nesquik
Powder
Drink Mix
Selected Varieties



\$6.99

192 oz.
pkg.
Arizona
Drinks
12 Pack
16 oz. Bottles
Selected Varieties



5/\$5

33.8 oz.
btl.
Poland Spring
Sparkling
Natural
Spring Water
1 Liter
Selected Varieties
(Plus Deposit
Where Required)



3/\$12

192 oz.
pkgs.
Pure Life
Purified
Water
24 Pack
8 oz. Bottles
(Plus Deposit
Where Required)



2/\$5

144 oz.
pkgs.
Pure Life
Purified Water
12 Pack
12 oz. Bottles
(Plus Deposit
Where Required)



2/\$4

128 oz.
btl.
Pure Life
Purified Baby
or Distilled
Water
(Plus Deposit
Where Required)



2/\$10

405.6 oz.
pkgs.
Deer Park
Natural
Spring Water
24 Pack
16.9 oz. Bottles
(Plus Deposit
Where Required)



HOUSEHOLD SAVINGS!

2/\$6

11 oz.
conts.
Dial
Complete
Liquid
Antibacterial
Hand Soap
Selected Varieties



\$3.99

18 oz.
btl.
Dawn
Liquid
Dish Soap
Selected
Varieties



\$4.99

36 oz.
btl.
Downy
Intense
Liquid
Fabric
Softener
Floral or
Pureza Purity



\$3.99

50 oz.
btl.
Downy
Liquid
Fabric
Softener
Lavender Dream
or Sweet Summer



3/\$5

7 oz.
conts.
Renuzit
Gel
Air Freshener
Selected Varieties



\$3.99

32 oz.
cont.
Scrubbing Bubbles
Bathroom
Cleaner
Selected Varieties



\$3.99

22 oz.
btl.
Shout
Laundry
Stain Remover



\$3.99

28.6 oz.
cont.
Soft Scrub
Gel Cleaner
with Bleach
or Toilet Care
(3.52 oz. pkg.)



2/\$3

1.6-1.7 oz.
pkgs.
X-14
Toilet Bowl
Cleaner
Blue Plus Fragrance
or With Bleach



\$5.99

200 ct.
pkg.
Vanity Fair
Paper
Napkins
Everyday



2/\$5

55-60 ct.
pkgs.
Kleenex
Facial
Tissue
Selected
Varieties



2/\$7

5 ct.
pkgs.
Reynolds
Kitchens
Oven
Bags
Large Size



2/\$7

45 sq. ft.
pkgs.
Reynolds
Kitchens
Parchment
Paper
Non-Stick



\$7.99

184-192 ct.
pkg.
Huggies
Baby Wipes
Selected
Varieties



\$8.99

16-46 ct.
pkg.
Luv's
Platinum
Protection
Diapers
Selected
Varieties



5/\$5

5.5 oz.
cans
9Lives
Wet
Cat Food
Selected
Varieties



DAIRY SAVINGS!

2/\$6

12 ct.
pkgs.
Land O Lakes
Large Brown Eggs



2/\$6

8 oz.
pkgs.
Land O Lakes
Shredded
Cheese or
Cheese Bars
Selected
Varieties



5/\$4

5.3 oz.
conts.
Dannon
Yogurt
Selected Varieties
(Excludes Greek)



2/\$7

52 oz.
conts.
Florida's
Natural
Premium
Orange Juice
or Ruby Red Grapefruit
Juice or Orange Peach
Mango Juice



2/\$7

16 oz.
pkgs.
Fleischmann's
Margarine
Quarters
Original or Unsalted



\$3.99

16 oz.
pkg.
Galbani
Fresh
Mozzarella
Cheese
Sliced or Log



\$3.99

7.5 oz.
pkg.
Cabot
Cheese
Snack Sticks
10 Count-Vermont
Seriously Sharp
Cheddar or Vermont
Extra Sharp Cheddar



4/\$5

5.3 oz.
conts.
Oikos
Triple Zero
Greek Yogurt
Selected Varieties



4/\$5

7 oz.
btl.
Activia
Yogurt Drinks
Selected Varieties



\$4.99

18 oz.
pkg.
Chobani
Flip
Greek Yogurt
4 Pack
Selected Varieties



3/\$5

10 oz.
btl.
Stonyfield
Organic
Protein
Smoothies
Selected Varieties



3/\$5

3.5 oz.
pouches
Stonyfield
Organic
Yogurt
Selected Varieties



\$4.99

28-32 oz.
btl.
Nestlé
Coffee-mate
Creamer
Selected Varieties



\$3.99

32 oz.
btl.
Lifeway
Kefir
Smoothies
(Excludes Organic)
Selected Varieties



\$6.99

89 oz.
btl.
Florida's Natural
Premium
Orange Juice
Selected Varieties



2/\$5

5.7 oz.
btl.
Minute Maid
Zero Sugar
Drinks
Selected Varieties



3/\$10

24 oz.
pkgs.
Swiss Miss
Pudding
6 Pack
Selected Varieties



2/\$5

7 oz.
conts.
Cabot
Sweetened Light
Whipped Cream



\$5.99

10 oz.
cont.
BelGioioso
Cheese
Selected Varieties



2/\$7

6 oz.
pkgs.
BelGioioso
Snacking
Cheese
Selected Varieties



2/\$6

4.75-4.8 oz.
pkgs.
New York Style
Panetini
or Pita Chips
Selected Varieties



FROZEN SAVINGS!

3/\$5

5.02-5.07 oz.
pkgs.
Banquet
Brown 'N Serve
Breakfast Meals
Pancake or
French Toast



\$5.99

16-20 oz.
pkg.
Jones
Dairy Farm
All Natural
Sausage
Turkey Links,
Chicken Links or
Thick-Cut Pork Patties



\$6.99

13.6-18.4 oz.
pkg.
Jimmy Dean
Breakfast
Sandwiches
or Biscuit Roll-Ups
(12.8 oz.)



\$7.99

12-20.4 oz.
pkg.
Jimmy Dean
Delights
Breakfast Meals
or Meat Lovers English
Muffin Sausage Patties
Egg & Cheese (22.8 oz.)



2/\$5

12 oz.
pkgs.
Celentano
Cheese
Ravioli or
Cavatelli
Selected Varieties



\$4.99

12 ct.
pkg.
Birds Eye
Mini Sweet
Corn on the Cob



2/\$5

12.6-16 oz.
pkgs.
Birds Eye
Meal Ready
Vegetables
or Stir-Fry Broccoli
(14.4 oz.)



\$6.99

18-28 oz.
pkg.
Cooked Perfect
Meatballs
Selected Varieties



2/\$8

32 oz.
conts.
Lactaid
Lactose Free
Ice Cream
Selected Varieties



2/\$8

16 oz.
conts.
Talent
Gelato or
Sorbetto
Selected Varieties
(Excludes Gelato Layers)



\$5.99

11.1 oz.
pkg.
Magnum
Ice Cream Bars
6 Count
Selected Varieties



\$7.99

28 oz.
cont.
Ben & Jerry's
Scoop-apalooza
Ice Cream
Selected Varieties



2/\$8

19.8-21 oz.
pkgs.
PhillySwirl
Italian Ice or SwirlStix
Ice Pops
Selected Varieties



2/\$8

16 oz.
pkgs.
Mamita's
Ices
4 Count
Selected Varieties



2/\$8

14.7 oz.
pkgs.
Outshine
Fruit Bars
Selected Varieties



We Carry Non-Dairy & Gluten Free
BY THE WAY BAKERY Items For Your Holiday Needs

THE BAKE SHOPPE!

Check Out our Allergy Friendly
Two Fields Bakeshop and By the Way
Bakery Frozen Bakery Items!

\$7.99

18 oz.
pkg.
Village Barn
Red Velvet
Cookies
12 Count



\$6.99

18 oz.
pkg.
Village Barn
Raspberry Peach
Melba Loaf Cakes



\$8.99

27 oz.
pkg.
Village Barn
Cherry Pies
8-Inch



\$4.99

10 oz.
pkg.
Village Barn
Blueberry
Fruit Bites
10 Count



2/\$5

14.4 oz.
pkgs.
Bell
Mini Bagels
8 Pack
Selected Varieties



\$4.99

9.6 oz.
pkg.
Dere Street
Scones 3 Pack
Selected Varieties



\$4.99

12 oz.
pkg.
Maple
Donut Bakery
Jelly Donuts
6 Pack



\$4.99

16 oz.
pkg.
Uncle Wally's
Muffins
4 Count
Selected Varieties



\$5.99

18 oz.
pkg.
Bake'n Joy
Loaf Cakes
Selected Varieties



\$5.99

17-19 oz.
pkg.
Dere Street
Irish
Soda Bread
Original or With
Caraway Seeds



NATURAL & ORGANIC
ITEMS SOLD WHERE AVAILABLE

Organic Produce



\$3⁹⁹
5 oz.
clamshell

**Olivia's
Organics
Salads**
Certified Organic
Assorted
Varieties

\$1⁶⁹
16 oz.
bag

**Peeled
Baby
Carrots**
Certified Organic

**GREAT
WITH ANY
ROAST!**

\$3⁹⁹
3 lb.
bag

**Yellow
Onions**
Certified
Organic

\$1⁹⁹
lb.

**Fresh
Yams**
Certified Organic
U.S. #1

2/\$4
for

**Romaine
Lettuce**
Certified
Organic

\$4⁹⁹
1 ct.
bag

**Mini
Hass
Avocados**
Certified
Organic

\$1²⁹
lb.

**Butternut
Squash**
Certified
Organic

\$1⁴⁹
ea.

**Plain
Parsley**
Certified
Organic
Bunch

\$3⁹⁹
8 oz.
cont.

**Whole
White
Mushrooms**
Certified
Organic

**GREAT
WITH ANY
ROAST!**

\$4⁹⁹
1 ct.
cont.

**Organic Girl!
Big Butter!
Green Butter
Lettuce Head**
Certified Organic

NEW!

DON'T FORGET TO ORDER YOUR STORE MADE
FRUIT AND VEGETABLE PLATTERS FOR ALL
YOUR PARTY NEEDS! (WHERE AVAILABLE)

THE BEST PRODUCE!

ASSORTED CANDY, NUT, VEGETABLE
AND FRUIT TRAYS NOW AT YOUR LOCAL
PRODUCE DEPT. (WHERE AVAILABLE)

\$3⁹⁹
2 lb.
bag

**Juicy
Lemons**
Club Pack

**GREAT WITH
SEAFOOD!**

**LENTEN
FAVORITE**

\$1⁹⁹
ea.

**Fresh
Dill
Bunch**

**GREAT
FOR POACHED
SALMON!**

**LENTEN
FAVORITE**

5/\$2
for

**Florida
Juice
Oranges**

3/\$2
for

**Blood
Oranges**

\$1⁶⁹
lb.

**Extra Large
Granny Smith
Apples**
U.S. #1

**GREAT FOR
BAKING!**

\$3⁹⁹
12 oz.
pkg.

**Green Giant
Fresh
Vegetables**
Assorted
Varieties

79¢
lb.

**Idaho
or Red "A"
Potatoes**
U.S. #1

**GREAT FOR
BAKING!**

79¢
lb.

**Spanish
Onions**

\$2⁹⁹
24 oz.
bag

**Steamables
Sweet
Potatoes**
U.S. #1

**GREAT WITH ANY
ROAST!**

\$1⁴⁹
lb.

**Green
or Yellow
Squash**

2/\$4
12 oz.
pkg.

**Dole
Garden
Salad**
or Classic
Coleslaw (14 oz.)
or Angel Hair
Coleslaw (10 oz.)

\$3⁹⁹
16 oz.
cont.

**Great Meadow
Farm
Spiralized
Vegetable Noodles**
Assorted Varieties
Gluten Free

2/\$5
10 oz.
cont.

**Grape
Tomatoes**

\$2⁹⁹
lb.

**Extra Large
SugarBee
Apples**
U.S. #1

2/\$4
12 oz.
cans

**KeVita
Probiotic
Refresher
Sparkling Drinks**
Assorted Varieties

\$1⁴⁹
lb.

**Fresh
Bok Choy**
OR
**Napa
Cabbage**

**YOUR
CHOICE!**

HAPPY LUNAR NEW YEAR! YEAR OF THE HORSE

2/\$5
8 oz.
cont.

**Giorgio
Whole
Baby Bella
Mushrooms**

\$3⁹⁹
ea.

**Fresh
Pomelos**

2/\$7
12-16 oz.
pkgs.

**Nasoya
Plant-Based
Asian-Style
Wraps**
Egg Roll or Wonton

SNACKS AND BEVERAGES

WHERE AVAILABLE
(PLUS BTL. DEPOSIT
WHERE REQUIRED BY LAW)

2/\$6
13 oz.
pkgs.

**Thomas'
English Muffins**
6 Pack
Original

2/\$8
20 oz.
pkgs.

**Nature's Own
Honey Wheat
Bread**

2/\$8
20 oz.
pkgs.

**Arnold
Brick Oven
Premium
White Bread**

2/\$6
20 oz.
pkgs.

**Sara Lee
Honey Wheat
Bread**

2/\$9
13-15 oz.
pkgs.

**Pepperidge
Farm
Farmhouse
Buns or Rolls**
Selected Varieties

2/\$7
14-15 oz.
pkgs.

**Pepperidge
Farm
Bakery
Classics
Buns**
Selected Varieties

2/\$7
10-12 oz.
pkgs.

**Pepperidge
Farm
Swirl Bread**
Selected Varieties

2/\$7
10-12 oz.
pkgs.

**Entenmann's
Cookies**
Selected
Varieties

\$9⁹⁹
21.3 oz.
pkg.

**Pepperidge Farm
Goldfish
Crackers**
Selected Varieties

2/\$8
10 oz.
pkgs.

**Pepperidge Farm
Family Size
Goldfish
Crackers**
Selected Varieties

2/\$10
7.4-9.6 oz.
pkgs.

**Late July
Snacks
Tortilla Chips**
Selected Varieties

2/\$8
9-16 oz.
pkgs.

**Nabisco
Premium
Crackers**
Selected
Varieties

2/\$8
8-8 oz.
pkgs.

**BelVita
Breakfast
Biscuits**
Selected
Varieties

2/\$8
6.5-9.25 oz.
pkgs.

**Cheetos
Cheese Snacks
or Fritos
Corn Chips**
Selected Varieties
Including
Cheetos Popcorn

2/\$5
67.6 oz.
btl.

**Pepsi
2 Liter**
Selected
Varieties

\$5⁹⁹
101.4 oz.
pkgs.

**Pepsi
6 Pack**
16.9 oz. Bottles
Selected
Varieties

\$5⁹⁹
45 oz.
pkgs.

**Pepsi
Mini Cans
6 Pack**
7.5 oz. Cans
Selected
Varieties

2/\$4
67.6 oz.
btl.

**Coca-Cola
2 Liter**
Selected
Varieties

2/\$9
45 oz.
pkgs.

**Coca-Cola
Mini Cans
6 Pack**
7.5 oz. Cans
Selected
Varieties

\$6⁹⁹
75 oz.
pkg.

**Coca-Cola
Mini Cans
10 Pack**
7.5 oz. Cans
Selected
Varieties

3/\$5
33.8 oz.
pkgs.

**Canada Dry
1 Liter**
Selected
Varieties

2/\$20
67.2-72 oz.
pkgs.

MIX & MATCH!

**Corona, Modelo
or Peroni Beer 6 Pack**
11.2-12 oz. Bottles
Selected Varieties

**Heineken,
Amstel Light or Carib
Beer 6 Pack**
11.2-12 oz. Bottles or Cans
Selected Varieties

**Dogfish Head or
Guinness Beer 6 Pack**
11.2-12 oz. Bottles or Cans
Selected Varieties

4/\$5
16 oz.
btl.

**Snapple
Drinks**
Selected
Varieties

2/\$20
72 oz.
pkgs.

**Twisted Tea
Hard Iced Tea
6 Pack**
12 oz. Bottles or Cans
Selected Varieties

Look for Our New Grab-and-Go
Food Section!

DELI DEPARTMENT

Let Us Cater Your Event or Party! Come See Us
For All Your Entertainment Needs! Where Available

\$8⁹⁹
lb.

**Black Label
Provisions
Premium Select
Lower Sodium
Ham**
Sliced to Order

OR

**Black Label
Provisions
Virginia
Country Ham**
Sliced to Order

**YOUR
CHOICE!**

\$10⁹⁹
lb.

**Black Label
Provisions
Reserve
Golden Roasted
Turkey Breast**
Sliced to Order

\$14⁹⁹
lb.

**Black Label
Provisions
Reserve
New York
Corned Beef**
Sliced to Order

\$16⁹⁹
lb.

**Black Label
Provisions
Reserve
New York
Pastrami**
Sliced to Order

\$7⁹⁹
lb.

**Black Label
Provisions
Select Imported
Swiss Cheese**
Sliced to Order

\$6⁹⁹
lb.

**Black Label
Provisions
Reserve
Yellow Mild Aged
Cheddar Cheese**
Sliced to Order

\$6⁹⁹
lb.

**Black Label
Provisions
Reserve
Pepper Jack
Cheese**
Sliced to Order

\$5⁹⁹
lb.

**Black Label
Provisions
Original
American Cheese**
Sliced to Order
Yellow or White

\$5⁹⁹
lb.

**Black Label
Provisions
Reserve
Whole Milk
Mozzarella Cheese**
Sliced to Order

\$6⁹⁹
lb.

**Greek
Pasta
Salad**
Store Made

\$8⁹⁹
lb.

**Chickpea,
Spinach &
Feta Cheese
Salad**
Store Made

\$8⁹⁹
lb.

**Chipotle
Chicken
Salad**
Store Made

\$6⁹⁹
lb.

**Sesame
Noodle Salad
with Seeds**
Deli Fresh

\$6⁹⁹
lb.

**Banana
Chocolate Chip
Bread Pudding
Muffins**
Store Made
Heat & Serve

\$8⁹⁹
lb.

**Grilled
Chicken with
Sun-Dried
Tomatoes**
Store Made
Heat & Serve

\$8⁹⁹
lb.

**Chicken
Cordon Bleu**
Store Made
Heat & Serve

\$10⁹⁹
lb.

**Beef
Stew**
Store Made
Heat & Serve

\$8⁹⁹
lb.

**Pork Cutlet
Parmigiana**
Store Made
Heat & Serve

\$7⁹⁹
lb.

**Roasted
Root
Vegetables**
Store Made
Heat & Serve

\$9⁹⁹
lb.

**One-Pot
Chili Macaroni
& Cheese**
Store Made
Heat & Serve

\$9⁹⁹
lb.

**Steak
Pizzaiola**
Store Made
Heat & Serve
With Pasta

\$9⁹⁹
lb.

**Stuffed
Turkey
Roll-Ups**
Store Made
Heat & Serve
With Vegetables &
Mashed Potatoes

\$8⁹⁹
lb.

**Pork Loin
with Prosciutto,
Spinach & Aged
Asiago Cheese**
Store Made-Heat & Serve
With Vegetables & Potatoes

\$11⁹⁹
28 oz.
cont.

**Chicken
Noodle Soup**
Store Made
Heat & Serve

\$8⁹⁹
28 oz.
cont.

**Italian
Minestrone
Soup**
Store Made
Heat & Serve

\$8⁹⁹
28 oz.
cont.

**Vegetarian
Split Pea
Soup**
Store Made
Heat & Serve

\$8⁹⁹
lb.

**Vegetarian
Stuffed
Peppers**
Store Made
Heat & Serve

**LENTEN
FAVORITE**

\$7⁹⁹
lb.

**Egg
Salad**
Store Made

**LENTEN
FAVORITE**

\$7⁹⁹
lb.

**Tuna
Salad**
Store Made

**LENTEN
FAVORITE**

\$6⁹⁹
lb.

**Chickpea
Salad**
Deli Fresh

**LENTEN
FAVORITE**

OUR MEATS ARE
TOP QUALITY AND OUR
BEEF IS U.S.D.A. CHOICE!



TOP QUALITY MEATS

CHECK OUT OUR WEBSITE
FOR MORE RECIPE IDEAS!

USDA CHOICE BEEF

\$7⁹⁹
lb.

**Eye
Round
Steaks**

USDA Choice Beef



FARM FRESH CHICKEN

\$3⁹⁹
lb.

**Thin-Sliced
Boneless
Chicken
Breast
Cutlets**

USDA Inspected
Farm Fresh



\$2⁴⁹
lb.

**Springer
Mountain Farms
Whole Chickens**

Grade A, Fresh
All Natural



\$3⁴⁹
lb.

**Springer
Mountain Farms
Split
Chicken Breast**

Grade A, Fresh
All Natural, Bone-In



\$4⁹⁹
16 oz.
pkg.

**Springer
Mountain Farms
Chicken Burgers**

4 Count, Fresh
All Natural



\$8⁹⁹
8 oz.
pkg.

**Applegate
Organics
Sunday Bacon**

Uncured



\$6⁹⁹
8 oz.
pkg.

**Applegate
Naturals
Sunday Bacon**

Uncured



\$6⁹⁹
10 oz.
pkg.

**Applegate
Organics
Hot Dogs**

Beef or Chicken



\$4⁹⁹
16 oz.
pkg.

**Avenue A
Bacon**

Original or
Thick Sliced



\$4⁹⁹
12 oz.
pkg.

**Avenue A
Turkey Bacon**



\$8⁹⁹
lb.

**Pulaski
Meats**

Knockwurst,
Bockwurst, Bratwurst,
Kielbasy Burgers or
Polska Country Style Kielbasy



\$8⁹⁹
lb.

**Beef
Patties**

Fresh
Store Made
93% Lean/7% Fat



\$6⁹⁹
lb.

**Beef
Patties**

Fresh
Store Made
80% Lean/20% Fat



\$6⁹⁹
lb.

**Chicken
Patties**

Fresh
Store Made



\$6⁹⁹
lb.

**Beef,
Pork or
Chicken
Sliders**

Fresh
Store Made



SUNDAY SAUCE!

\$10⁹⁹
lb.

**Beef
Braciole**

Fresh
Store Made



\$8⁹⁹
lb.

**Pork or
Chicken
Braciole**

Fresh
Store Made



\$8⁹⁹
lb.

**Beef and
Pork for
Gravy**

Fresh



\$7⁹⁹
lb.

**Beef and
Pork
Meatloaf Mix**

Fresh, Store Made



PRE-PACKAGED MEATS

\$5⁹⁹
16 oz.
pkg.

**Smithfield
Bacon**

Hometown Original,
Thick Cut or
Lower Sodium



\$5⁹⁹
8-9 oz.
pkg.

**Oscar Mayer
Deli Fresh
Cold Cuts**

Selected Varieties



2/\$6
15 oz.
pkgs.

**Ball Park
Turkey
or Meat
Franks**

8 Count



\$5⁹⁹
14 oz.
pkg.

**Ball Park
Angus
Beef Franks**

8 Count
Original or Bun Size



\$4⁹⁹
15 oz.
pkg.

**Ball Park
Beef Franks**

8 Count
Original or Bun Size
(Excludes Angus)

