

So that we may serve all our customers, we reserve the right to limit sales of any item. Items offered for sale not available in case lots. Not responsible for typographical errors. Prices effective Fri., October 24 thru Thur., October 30, 2025.
All Met Stores are independently owned and operated. Not all items available in all stores. Some pictures are for design purposes only and do not necessarily represent items on sale.

GROCERY SAVINGS!

3/\$12
for

**Pearl Milling Company
Pancake & Waffle Mix**
Selected Varieties
24-32 oz. pkgs.

**Pearl Milling Company
Syrup**
Selected Varieties - 24 oz. btl.

**Quaker
Cap'n Crunch
or Life Cereal**
Selected Varieties
10.3-13 oz. pkgs.

**Quaker
Oats**
Old Fashioned
or Quick 1-Minute
18 oz. conts.

**Botticelli
Pasta Sauce**
Selected Varieties
14.5-24 oz. jars

**MIX &
MATCH!**



3/\$5
5.8-7.3 oz.
pkgs.

**Kraft
Macaroni
& Cheese**
Selected
Varieties



3/\$5
4.3-7.2 oz.
pkgs.

**Rice-A-Roni
or Pasta
Roni Side
Dishes**
Selected Varieties



2/\$6
24 oz.
conts.

**Progresso
Bread
Crumbs**
Italian Style
or Plain



\$6.99
9.6 oz.
cont.

**Folgers
Coffee**
Selected Varieties
(Excludes Decaf)



2/\$10
9.6 oz.
pkgs.

**Spindrift
Sparkling
Water
8 Pack**
12 oz. Cans
Selected Varieties
(Plus Deposit
Where Required)



2/\$4
8 oz.
btl.

**Wish-Bone
Salad
Dressing**
Selected
Varieties



2/\$6
24 oz.
jars

**B&G
Pickles**
or Sandwich
Toppers (16 oz.)



2/\$6
12 oz.
btl.

**Heinz
Chili Sauce
or Cocktail
Sauce**



2/\$7
10 oz.
btl.

**Kikkoman
Gluten Free
Soy Sauce**
Regular or
Sweet for Rice



\$3.99
19.5-21.25 oz.
btl.

**Kikkoman
Takumi Collection
Teriyaki Sauce**
Selected Varieties



2/\$4
7.5-8 oz.
jars

**Ortega
Taco Sauce**
Selected
Varieties



2/\$6
16 oz.
jars

**Ortega
Salsa**
Selected
Varieties



\$4.99
9 oz.
btl.

**Ortega
Chili Sauce**
Mild Creamy Queso or
Medium Chipotle Aioli



2/\$6
16 oz.
jars

**Chi-Chi's
Salsa**
Selected
Varieties



\$4.99
11.5 oz.
btl.

**Hellmann's
Mayonnaise**
or Mayonnaise Dressing,
Vegan Dressing & Spread
or Garlic Aioli
Dip & Spread



\$2.99
17 oz.
btl.

**Colavita
Aged Wine Vinegar**
Red or White



\$2.99
8.4 oz.
btl.

**Filippo Berio
Balsamic Vinegar
of Modena**



\$3.99
8.4 oz.
btl.

**Filippo Berio
Glaze with
Balsamic Vinegar**
Original or Raspberry



\$9.99
17 oz.
btl.

**Colavita
Extra Virgin
Olive Oil**



\$9.99
25.3 oz.
btl.

**Botticelli
Olive Oil**
Selected Varieties



\$1.99
17.6 oz.
cont.

**Superior Crystal
Gourmet Sea Salt**
Coarse Crystals
or Fine Crystals



2/\$7
12 oz.
cans

**Chicken
of the Sea
Chunk Light
Tuna**
In Water



2/\$4
5 oz.
cans

**Chicken
of the Sea
Alaskan
Pink Salmon**
In Water
25% Less Sodium or
In Water-Original



2/\$5
5 oz.
cans

**Bumble Bee
Prime Tuna**
Selected Varieties



2/\$6
3.75-4.05 oz.
cans

**King Oscar
Sardines or
Mackerel**
Selected Varieties



2/\$4
15-16 oz.
cans

**Hunt's
Manwich
Sloppy Joe
Sauce**
Original,
Thick & Chunky or Bold



2/\$5
4.7-6.3 oz.
pkgs.

**Hamburger
Helper
Mix**
Selected
Varieties



4/\$3
2.25 oz.
conts.

**Nissin
Cup Noodles
Ramen
Noodle Soup**
Selected Varieties



\$3.99
36 oz.
pkg.

**Maruchan
Ramen
Noodle Soup
Mix 12 Pack**
Selected Varieties



3/\$5
10.75 oz.
cans

**Campbell's
Chicken Noodle
or Tomato Soup**



3/\$1
3 oz.
pkgs.

**Ramen
Express
by Chef Woo
Ramen Noodles**
Chicken or Beef



4/\$5
14.5 oz.
cans

**Swanson
Broth**
Selected
Varieties



2/\$4
2.6 oz.
conts.

**Knorr
Rice or
Pasta Cups**
Selected Varieties



\$3.99
9 oz.
pkgs.

**Ben's
Original
Street Food
Rice**
Selected Varieties



2/\$4
15.5-16 oz.
jars

**Aunt Nellie's
Beets or
Red Cabbage**
Selected Varieties



COFFEE CORNER

\$6.99
10 oz.
pkgs.

**Café Pilon
Coffee**
Original



\$7.99
10 ct.
pkgs.

**Dunkin'
Coffee
K-Cups
or Hot Cocoa
K-Cups**



\$7.99
10 ct.
pkgs.

**Café Bustelo
Coffee K-Cups**
Selected Varieties



\$6.99
35.3 oz.
cont.

**Nestlé
Coffee-mate
Creamer**
Original



TRENDING & HEALTHY!

\$15.99
25.4 oz.
btl.

**Partanna
Robust Extra Virgin
Olive Oil**



\$21.99
33.8 oz.
btl.

**Partanna
Extra Virgin
Olive Oil**



\$5.99
0.14-3.64 oz.
cont.

**Simply
Organic
Spices**
Bay Leaf, Ceylon Cinnamon,
Black Garlic Finishing Salt,
Smoked Paprika
or Garlic Powder



\$5.99
2 oz.
cont.

**Simply
Organic
Madagascar
Vanilla Bean Paste**



2/\$8
7.3 oz.
pkgs.

**Chebe
Gluten Free
Pizza Crust Mix**



\$6.99
5-8 oz.
btl.

**Dave's Gourmet
Hot Sauce**
Selected Varieties



2/\$8
7 oz.
cans

**Divina
Dolmas
Stuffed
Grape Leaves**



2/\$5
12 oz.
btl.

**Koops'
Mustard**
Selected Varieties



2/\$10
13 oz.
pkgs.

**MeeTu
Chinese
Noodles**



\$6.99
2.47 oz.
pkg.

**Nüco
Organic
Coconut Wraps**
Selected Varieties



2/\$10
26.45 oz.
conts.

**Pomi
Passata
Tomato Puree**



2/\$9
3.3 oz.
pkgs.

**Wick Fowler's
Chili Kits**
2 Alarm



\$5.99
5 lb.
bag

**Bob's Red Mill
Flour**
100% Stone Ground
Whole Wheat or
Unbleached White



\$4.99
15.25-18.4 oz.
pkgs.

**King Arthur
Baking Company
Baking
Mix Kits**
Selected Varieties



2/\$9
9.5-12 oz.
pkgs.

**Cascadian Farm
Organic
Cereal or
Granola**
Selected Varieties



\$3.99
24 oz.
btl.

**Cary's
Sugar Free
Low Calorie Syrup**



2/\$6
20 ct.
pkgs.

**Lipton
Black or
Green
Tea Bags**
Selected Varieties



\$3.99
16-18 oz.
jar

**Teddie
All Natural
Peanut Butter**
Selected Varieties
(Excludes Organic)



\$5.99
16 oz.
jar

**Teddie
Organic
Peanut Butter**
Creamy



\$3.99
14 oz.
pkg.

**Cream of Rice
Gluten Free
Hot Cereal**



2/\$6
6 oz.
pkgs.

**Arrowhead Mills
Cereal**
Selected Varieties



\$9.99
38.4 oz.
pkg.

**GoGo Squeez
Fruit
on the Go
Applesauce**
12 Pack
Selected Varieties



2/\$6
9.6 oz.
pkgs.

**Newman's
Own
Popcorn**
Selected
Varieties



\$6.99
14 oz.
pkg.

**Garden of Eatin'
Organic
Corn Tortilla
Chips**
Selected Varieties



2/\$8
4-4.5 oz.
pkgs.

**John
Wm. Macy's
Snacks**
Selected Varieties



2/\$8
3.5-6.8 oz.
pkgs.

**Terra
Vegetable Chips
or Vegan Rob's
Snacks**
Selected Varieties



\$5.99
3.3 oz.
pkg.

**YumEarth
Organic
Lollipops**
Elderberry
or Antioxidant



\$7.99
48 oz.
pkg.

**Joyba
Bubble Tea
4 Pack**
Selected
Varieties



\$9.99
120 oz.
pkg.

**Honest
Kids
Organic
Appley Ever After
Juice 20 Pack**



\$4.99
14 oz.
pkg.

**Honest
Kids
Organic
Juice Drinks
8 Pack**
Selected Varieties



2/\$9
21.6 oz.
pkgs.

**Fever-Tree
Mixers
4 Pack**
6.8 oz. Bottles
Selected Varieties
(Plus Deposit
Where Required)



2/\$10
30 oz.
btl.

**Master of Mixes
Cocktail Mixers**
Selected Varieties



2/\$9
7.5 oz.
cans

**Q Premium
Tonic Water
4 Pack**
7.5 oz. Cans
Selected Varieties
(Plus Deposit
Where Required)



\$3.99
17-25 oz.
cont.

**Ecós
Hand Soap
or Dish Soap**
Selected Varieties



\$13.99
100 oz.
btl.

**Ecós
Liquid
Laundry
Detergent**
Lavender
or Free & Clear



\$9.99
11-15 oz.
pkg.

**Blue Buffalo
Sizzlers
or Stix
Dog Treats**
Selected Varieties



\$5.99
16 oz.
pkg.

**Blue Buffalo
Health Bars
for Dogs**
Original
Baked with Bacon
Egg & Cheese

HALLOWEEN FAVORITES!

\$4⁹⁹ 9.9-11.3 oz. pkgs. Hershey's Snack Size Chocolate Candy Bars Selected Varieties		2/\$6 4.5-8 oz. pkgs. Betty Crocker or Mott's Fruit Snacks Selected Varieties Including Fruit Gushers		2/\$5 7.05-11 oz. pkgs. Wiley Wallaby Licorice Australian Style Red or Watermelon	
2/\$7 10.1-15 oz. pkgs. Tootsie Roll Midgees or Assorted Lollipops		4/\$5 3.5 oz. pkgs. Crunch 'n Munch Popcorn with Peanuts Caramel or Buttery Toffee		\$3⁹⁹ 6 oz. pkg. Dunkaroos Cookies & Frosting Snack Packs 6 Count Vanilla Cookies & Rainbow Chip Frosting or Vanilla Cookies & Chocolate Frosting	

2/\$5 2 lb. pkgs. Carolina Rice Extra Long Grain White or Gold Parboiled		\$9⁹⁹ 10 lb. pkg. Carolina Rice Extra Long Grain White or Gold Parboiled		\$13⁹⁹ 10 lb. pkg. Carolina Jasmine Rice		4/\$5 16 oz. pkgs. Colavita Pasta Selected Varieties		2/\$5 12 oz. pkgs. Pennsylvania Dutch Noodles Selected Varieties	
\$1³⁹ 1.41 oz. pkg. Goya Sazón Seasoning With Saffron or With Coriander & Annatto		2/\$5 3.5 oz. pkgs. Goya Chorizos 2 Pack		2/\$7 15-18 oz. pkgs. Malt-O-Meal Cereal Selected Varieties		3/\$5 1.51-1.79 oz. pkgs. Quaker Instant Oatmeal Cups Selected Varieties		\$5⁴⁹ 12.3-28 oz. pkgs. Cream of Wheat Hot Cereal Selected Varieties	
2/\$4 2.29 oz. pkgs. Cream of Wheat Instant Hot Cereal To-Go Selected Varieties		\$3⁹⁹ 72-100 ct. pkg. Tetley Tea Bags Selected Varieties		2/\$5 6.8 oz. pkgs. Nestlé Hot Cocoa Mix Rich Milk Chocolate with Mini Marshmallows or Rich Milk Chocolate		\$5⁹⁹ 8.1 oz. pkg. Equal Original Sweetener Packets 230 Count		\$3⁹⁹ 4.59-8.34 oz. pkgs. Nature Valley Granola Bars or Breakfast Biscuits Selected Varieties	
\$3⁹⁹ 6.8-8.48 oz. pkgs. General Mills Treats Cereal Bars or Chex Peanut Butter Chocolate Bars (6.78 oz.) or Mott's Bars (5.76-6.55 oz.)		2/\$4 14 oz. cans Magnolia Sweetened Condensed Milk Original or Fat Free		2/\$3 12 oz. pkgs. Magnolia Evaporated Milk		2/\$5 16.3 oz. pkgs. Betty Crocker Favorites Brownie Mix Selected Varieties		2/\$5 16.3 oz. pkgs. Cinnamon Toast Crunch Cinnadust Seasoning Blend	
2/\$3 8-8.25 oz. pkgs. Dole Pineapple Selected Varieties		2/\$6 8 oz. pkgs. Dole Pitted or Chopped Dates		3/\$5 13 oz. pkgs. Hunt's Snack Pack Juicy Gels or Pudding 4 Pack Selected Varieties		2/\$6 3.03-3.52 oz. pkgs. Quaker Rice Crisps Selected Varieties		2/\$6 8.07-9.87 oz. pkgs. Orville Redenbacher's Popcorn 3 Count Selected Varieties	
2/\$5 6.3 oz. pkgs. Combos Baked Snacks Selected Varieties		2/\$4 4.9-5.5 oz. pkgs. Pringles Potato Crisps Selected Varieties		2/\$6 8 oz. pkgs. General Mills Chex Mix Selected Varieties		\$3⁹⁹ 46 oz. blt. V8 Vegetable Juice or V8 V-Fusion Vegetable & Fruit Juice Blends		\$4⁹⁹ 64 oz. blt. Apple & Eve 100% Cranberry Juice Blends Selected Varieties	
2/\$6 33.9-35.2 pkgs. Apple & Eve Sesame Street 100% Juice 8 Pack Selected Varieties		3/\$5 16.9 oz. pkgs. Capri Sun Juice Drinks Selected Varieties		2/\$5 48 oz. pkgs. Hi-C Fruit Drinks 8 Pack Selected Varieties		2/\$7 48 oz. pkgs. Minute Maid 100% Juice 8 Pack Apple or Fruit Punch		\$6⁹⁹ 192 oz. pkgs. Arizona Drinks 12 Pack 16 oz. Bottles Selected Varieties	
3/\$12 192 oz. pkgs. Pure Life Purified Water 24 Pack 8 oz. Bottles (Plus Deposit Where Required)		2/\$3 101.4 oz. pkgs. Pure Life Purified Water 6 Pack 16.9 oz. Bottles (Plus Deposit Where Required)		4/\$5 128 oz. blts. Crystal Geyser Spring Water Original (Plus Deposit Where Required)		3/\$10 for Kellogg's Club, Town House or Toasteds Crackers Selected Varieties 8-13.8 oz. pkgs.		MIX & MATCH! Cheez-It Baked Snack Crackers Selected Varieties 5.75-12.4 oz. pkgs.	
2/\$3 50.7 oz. blts. Poland Spring Natural Spring Water 1.5 Liter (Plus Deposit Where Required)		\$5⁹⁹ 284.4 oz. pkgs. Poland Spring Natural Spring Water 12 Pack 23.7 oz. Sport Cap Bottles (Plus Deposit Where Required)		2/\$5 101.4 oz. blt. Ac-ion Ion Charged Alkaline Water 3 Liter (Plus Deposit Where Required)		3/\$10 for Cheez-It Baked Snack Crackers Selected Varieties 5.75-12.4 oz. pkgs.		Carr's Crackers Selected Varieties 4.25-7 oz. pkgs.	

HEALTH & BEAUTY

WHERE AVAILABLE

2/\$8 12-12.1 oz. pkgs. Aussie Shampoo or Conditioner Selected Varieties		2/\$9 16.9 oz. pkgs. Crest Mouthwash Scope Classic or Multi-Protection Clean Mint Rinse		2/\$9 5.4 oz. pkgs. Crest Toothpaste Selected Varieties		\$8⁹⁹ 1 ct. pkg. Oral-B Vibrating Pulsar Toothbrushes Selected Varieties		2/\$7 7.6 oz. pkgs. Oral-B Glide Dental Floss Picks Scope Mint		2/\$10 10 oz. blts. Jergens Lotion Selected Varieties	
2/\$6 7 oz. pkgs. Gillette Satin Care Shave Gel Dry Skin or Sensitive Skin		2/\$5 11 oz. pkgs. Gillette Foamy Shave Foam Regular or Sensitive Skin		\$7⁹⁹ 3 ct. pkgs. Gillette Venus or Mach3 Disposable Razors Selected Varieties		2/\$4 0.5 oz. pkgs. TopCare Eye Drops Selected Varieties		2/\$9 16 oz. pkgs. Top Care Cold & Flu Relief Medicine Selected Varieties		\$5⁹⁹ 1.76 oz. pkgs. VapoRub Ointment Original or Lemon Scent	

HOUSEHOLD SAVINGS!

\$4⁹⁹ 24.3 oz. cont. Dawn Platinum Liquid Dish Soap Selected Varieties		\$5⁹⁹ 43.5-50 oz. blt. Purex Liquid Laundry Detergent Selected Varieties		\$3⁹⁹ 23 oz. blt. Mr. Clean Multi-Surface Cleaner Selected Varieties		2/\$7 1.2-3.5 oz. pkgs. 2000 Flushes Automatic Toilet Bowl Cleaner Selected Varieties	
2/\$7 32 oz. blts. Fantastik Cleaners Selected Varieties		\$4⁹⁹ 23 oz. cont. Windex Multi-Surface Cleaner Selected Varieties		\$4⁹⁹ 20 oz. cont. Scrubbing Bubbles Bathroom Cleaner or Fresh Gel Toilet Cleaning Stamp (1.34 oz. pkg.)		\$5⁹⁹ 1.34 oz. pkg. Glade PlugIns Scented Oil Refills 2 Pack Selected Varieties	
2/\$7 40-100 ct. pkgs. Vanity Fair Paper Napkins Everyday or Entertain		2/\$7 20-50 ct. pkgs. Dixie Paper Plates or Bowls Selected Varieties		2/\$6 19-22 ct. pkgs. Ziploc Freezer or Storage Bags Selected Varieties		\$14⁹⁹ 16-32 ct. pkgs. Huggies Little Movers or Snugglers Diapers or Goodnites Children's Nighttime Underwear (9-14 ct.)	
\$13⁹⁹ 33.6 oz. pkg. Nutrish Wet Cat Food 12 Pack Ocean Lover's Variety or Chicken Lover's Variety		\$6⁹⁹ 3-7.4 oz. pkgs. Good'n'Tasty Gourmet Dog Treats Wavy Chips Variety Pack or Snap 'Em		2/\$4 4 oz. pkgs. Fancy Feast Gems Wet Cat Food 2 Pack Selected Varieties		4/\$5 1.3 oz. pkgs. Fancy Feast Tuna Appetizers Wet Cat Food Selected Varieties	
				4/\$5 4.5 oz. pkgs. Canine Carry Outs Dog Snacks Selected Varieties			

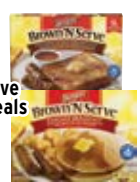
DAIRY SAVINGS!

2/\$6 8 oz. conts./pkgs. Breakstone's Butter Selected Varieties 	5/\$4 5.3 oz. conts. Dannon Yogurt Selected Varieties (Excludes Greek) 	2/\$6 6.2 oz. pkgs. Crystal Farms Cheese Bars, Shreds or Slices Selected Varieties 	2/\$4 5.0 oz. conts. Minute Maid Premium Fruit Drinks Selected Varieties 		
\$4.99 6 oz. cont. Reddi-wip Non-Dairy Whipped Topping Almond Milk or Coconut Milk 	\$1.99 0.75 oz. pkg. Red Star Yeast 3 Pack Selected Varieties 	\$4.99 16 oz. pkg. Breakstone's Butter Quarters Salted or Unsalted 	2/\$6 15 oz. conts./pkgs. Land O Lakes Margarine or Fresh Buttery Taste Spread 	\$6.99 45 oz. cont. Country Crock Spread Selected Varieties 	
\$6.99 15.5-16 oz. cont. Philadelphia Cream Cheese Spread Selected Varieties 	2/\$3 6 oz. conts. Daisy Cottage Cheese with Fruit Selected Varieties 	\$5.99 3.2 oz. pkg. Dunkin' Coffee Creamer Selected Varieties 	\$4.99 14 oz. cont. International Delight Cold Foam Creamer Selected Varieties 	2/\$5 12 oz. conts. Cabot French Onion Sour Cream Dip 	\$3.99 24 oz. cont. Breakstone's Sour Cream Original 
3/\$5 6.7 oz. conts. Chobani 20g Protein Zero Added Sugar Greek Yogurt Selected Varieties 	2/\$3 5.3 oz. conts. Too Good & Co. Yogurt Selected Varieties 	\$3.99 16 oz. pkg. YoCrunch Lowfat Yogurt 4 Pack Selected Varieties 	2/\$9 6-9 oz. pks. Sargento Cheese Slices Selected Varieties 	\$5.99 10-12 oz. pkg. Frigo Cheese Heads String Cheese Light or Regular 	\$9.99 32 oz. pkg. Borden Shredded Cheese Selected Varieties 
2/\$4 52 oz. cont. Tree Ripe Premium Lemonade Original 	2/\$6 52 oz. pks. Minute Maid Zero Sugar Drinks Selected Varieties 	2/\$7 128 oz. btl. Turkey Hill Drinks Selected Varieties 	2/\$7 24 oz. pks. Swiss Miss Pudding 6 Pack Selected Varieties 	2/\$7 6.5 oz. conts. Reddi-wip Whipped Topping Selected Varieties 	\$2.99 7 oz. pkg. Hoffman's Natural Cheese Bars Selected Varieties 
\$3.99 7 oz. pkg. Président Leerdammer Swiss-Gouda Style Cheese Original 	\$3.99 7 oz. pkg. Greco Greek Feta Cheese Classic or Authentic 	\$7.99 18 oz. pkg. BelGioioso Mozzarella Snacking Cheese 	2/\$5 4.3-4.36 oz. conts. Sabra Snackers Hummus Snacks Selected Varieties 	\$4.99 8 oz. pkg. Sabra Guacamole Singles 4 Pack Classic or Spicy 	\$4.99 8 oz. cont. Président Crumbled Feta Cheese Selected Varieties 

TRENDING & HEALTHY IN THE DAIRY DEPARTMENT!

\$4.99 64 oz. cont. So Delicious Organic Coconutmilk Selected Varieties 	\$5.99 40 oz. btl. Califia Farms Cold Brew Coffee Selected Varieties 	2/\$5 10.5 oz. btl. Califia Farms Cold Brew Coffee Selected Varieties 	3/\$5 5.7-6.7 oz. conts. So Delicious Coconutmilk Yogurt Alternative Selected Varieties 	\$4.99 32 oz. cont. Stonyfield Organic Yogurt Selected Varieties 
\$4.99 32 oz. cont. Brown Cow Plain Whole Milk Yogurt 	\$4.99 24 oz. pkg. Stonyfield Organic Smoothies 4 Pack Strawberry or Wild Berry 	\$5.99 14 oz. pkg. Stonyfield Organic Yogurt Pouches 4 Pack Selected Varieties 	\$6.99 8 oz. cont. Miso Master Organic Miso Mellow White 	2/\$6 11.5-12.3 oz. pks. Morinaga Mori-Nu Silken Tofu Selected Varieties 

FROZEN SAVINGS!

2/\$5 19 oz. pks. Birds Eye Steamfresh Family Size Vegetables Super Sweet Corn or Mixed Vegetables 	\$4.99 20.6-22.45 oz. pkg. Red Baron Classic Crust Pizza Selected Varieties 	\$4.99 10.75 oz. pkg. Sara Lee Classic Pound Cake 	2/\$5 10 oz. pks. Pillsbury Pie Crusts 2 Count Regular 			
2/\$4 5.02-5.07 oz. pks. Banquet Brown 'N Serve Breakfast Meals Pancake or French Toast 	\$9.99 20 oz. pkg. Smucker's Uncrustables Sandwiches 10 Count Selected Varieties 	2/\$6 20 oz. pks. Avenue A Baby Lima Beans 	2/\$5 14.4 oz. pks. Birds Eye Stir-Fry Vegetables Tri-Colored Pepper & Onion Medley 	4/\$5 10 oz. pks. Avenue A Chopped Spinach 	2/\$6 4 ct. Birds Eye Sweet Corn on the Cob Regular Ears 	
\$2.39 16 oz. pkg. Goya Frozen Vegetables Selected Varieties 	2/\$5 10.5-12 oz. pks. Hanover Premium Vegetables Selected Varieties 	\$6.99 40 oz. pkg. McCain Craft Beer Battered French Fries Family Size 	\$4.99 20-24 oz. pkg. Tastee Choice Entrees Selected Varieties 	\$4.99 8-9 oz. pkg. Tastee Choice Shrimp Selected Varieties 	\$6.99 21 oz. pkg. Birds Eye Voila! Skillet Meals Selected Varieties 	
\$5.99 16.43-18.2 oz. pkg. Di Fara Pizza Cheese or Pepperoni 	\$6.99 24 oz. pkg. Bibigo Korean Style Mini Wontons Pork & Vegetable or Chicken & Vegetable 	\$6.99 22 oz. pkg. Pagoda Egg Rolls Chicken or Pork 	2/\$6 6-6 oz. pks. Bibigo Korean Style Steamed Dumplings Pork & Vegetable or Chicken & Vegetable 	\$5.99 11 oz. pkg. Tastiez Appetizers Selected Varieties 	\$6.99 15 oz. pkg. Steak-umm Sliced Beef Steaks 10 Count 	
\$7.99 9-24.5 oz. pkg. Gorton's Seafood Products Selected Varieties 	2/\$9.99 6.36-9.3 oz. cont. Dole Dippers Dark Chocolate Pineapple Tidbits or Dark Chocolate Banana Slices 	2/\$7 5.8-6 oz. conts. Dole Acai or Smoothie Bowls Selected Varieties 	\$7.99 28 oz. pkg. Dole Smoothie Kits Selected Varieties 	\$9.99 49.3 oz. pkg. Eggo Homestyle Waffles 40 Count 	\$3.99 8-8.11.5 oz. pks. Red Baron Singles French Bread or Deep Dish Pizza Selected Varieties 	
\$3.99 14 oz. cont. Turkey Hill Late Night Ice Cream Selected Varieties 	\$4.99 32 oz. cont. Lactaid Lactose Free Ice Cream Selected Varieties 	\$4.99 54 oz. cont. Kemps Sherbet Selected Varieties 	\$4.49 15-27 oz. pkg. Klondike Ice Cream Novelties Selected Varieties 	\$4.49 16 oz. pkg. Breyers Ice Cream Sandwiches 4 Count Campfire Collection S'mores 	\$7.99 30 oz. pkg. Breyers Ice Cream Snack Cups 10 Count Chocolate or Vanilla 	
\$3.49 36 oz. pkg. Lindy's Homemade Italian Ice 6 Count Selected Varieties 	\$3.49 8.79 oz. pkg. Holanda Solero Ice Pops 4 Count Selected Varieties 	\$4.99 7.5 oz. pkg. My/Mochi Mochi Ice Cream or Mochi Smoothie Bites 	\$5.49 11 oz. pkg. Blue Bunny Frozen Dairy Dessert Mini Bars or Mini Swirls Mini Frozen Dairy Dessert Cones (18.4-22.5 oz.) 	\$6.99 16.9-37.5 oz. pkg. Nestlé Drumstick Frozen Dairy Dessert Cones or Nestlé Frozen Novelties (13.8-36.8 oz.) 	\$6.99 18 oz. pkg. Häagen-Dazs Ice Cream Bars 6 Count Vanilla Milk Chocolate or Vanilla Milk Chocolate Almond 	\$7.99 18.5-36.8 oz. pkg. Oreo Frozen Dairy Dessert Cups, Cones or Bars Original 

TRENDING & HEALTHY IN THE FROZEN DEPARTMENT!

\$4.99 7.5 oz. pkg. Caulipower Love at First Bite! Baked Pizza Bites Uncured Pepperoni or Four Cheese 	\$7.99 14 oz. pkg. Caulipower Gluten-Free Chicken Tenders or Bites Selected Varieties 	2/\$8 8-12 oz. pks. MorningStar Farms Plant-Based Foods Selected Varieties 	\$11.99 3 lb. pkg. Wyman's Triple Berry 
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THE BAKE SHOPPE!

\$4.99 8 oz. pkg. Give & Go Two-Bite Iced Mini Donuts 12 Pack Strawberry, Assorted or Birthday Cake 	\$4.99 10 oz. pkg. Give & Go Two-Bite Cupcakes 12 Pack Selected Varieties 	\$5.99 12 oz. pkg. Sweet Sofia's Bakery Brownies 4 Pack Selected Varieties 	\$5.99 18 oz. pkg. One Smart Cookie Gourmet Cookies Selected Varieties 	\$14.99 40 oz. pkg. Palermo Bakery 7-Inch Cakes Selected Varieties 
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NATURAL & ORGANIC
ITEMS SOLD WHERE AVAILABLE

Organic Produce



\$1.99
lb.

Beefsteak Tomatoes
Certified Organic

\$2.99
6 ct. pkg.

Mini Seedless Cucumbers
Certified Organic

2/\$5
for

Fresh Celery
Certified Organic

\$3.99
8 oz. cont.

Whole Baby Bella Mushrooms
Certified Organic

GREAT WITH ANY ROAST!

\$2.99
ea.

Fresh Carrots
Certified Organic Bunch

\$4.99
12 oz. pkg.

Pero Family Farms Snipped Green Beans
Certified Organic

\$3.99
20 oz. clamshell

Olivia's Organics Cubed Butternut Squash
Certified Organic

DON'T FORGET TO ORDER YOUR STORE MADE
FRUIT AND VEGETABLE PLATTERS FOR ALL
YOUR PARTY NEEDS! (WHERE AVAILABLE)

THE BEST PRODUCE!

ASSORTED CANDY, NUT, VEGETABLE
AND FRUIT TRAYS NOW AT YOUR LOCAL
PRODUCE DEPT. (WHERE AVAILABLE)

2/\$3
2 lb. bags

Red Onions

\$3.99
ea.

Fresh Pomegranates
Extra Large

69¢
ea.

Fresh Scallions
Bunch

\$2.99
24 oz. bag

Steamables Sweet Potatoes
U.S. #1

2/\$3
16 oz. bags

Peeled Baby Carrots

GREAT WITH ANY ROAST!

\$3.99
9 oz. pkg.

Taylor Farms Chopped Escarole

\$2.99
8 oz. cont.

Giorgio Steak Cut Sliced Mushrooms

2/\$5
9-11 oz. bags

Dole Classic Romaine or Greener Selection Salad Blends

2/\$5
1 pint cont.

Grape Tomatoes

2/\$5
5 oz. paks.

Fresh Gourmet Croutons
Assorted Varieties

\$3.99
16 oz. cont.

Great Meadow Farm Spiralized Vegetable Noodles
Assorted Varieties
Gluten Free

\$3.99
64 oz. cont.

Minard Farms New York State Apple Cider
Original, Gala or Honeycrisp

8/\$2
for

Juicy Green Limes

\$1.49
lb.

Anjou Pears
Extra Large

Entertaining Headquarters!

\$6.99
8.5 oz. cont.

Giorgio Stuffed Baby Bella Mushrooms
Assorted Varieties

\$6.99
18 oz. cont.

Taylor Farms Good Times Vegetable Tray
With Hidden Valley Ranch Dip

\$4.99
12 oz. cont.

Litehouse Vegetable Dips
Assorted Varieties

\$3.99
11.5-12 oz. cont.

Marie's Blue Cheese or Ranch Dressing
and other Assorted Varieties

SNACKS AND BEVERAGES

WHERE AVAILABLE
(PLUS BTL. DEPOSIT
WHERE REQUIRED BY LAW)

\$5.99
101.4 oz. pkg.

Pepsi 6 Pack
16.9 oz. Bottles
Selected Varieties

2/\$5
67.6 oz. cont.

Pepsi 2 Liter
Selected Varieties

2/\$10
45 oz. cans

Pepsi Mini Cans 6 Pack
7.5 oz. Cans
Selected Varieties

Tostitos
OFFICIAL SPONSORS OF THE NFL

2/\$6
16 oz. pkg.

Ball Park Hot Dog or Hamburger Buns
8 Count-Selected Varieties
14-16 oz. pkgs.

MIX & MATCH!

Sara Lee Honey Wheat Bread
20 oz. pkgs.

2/\$4
12 oz. paks.

Avenue A Hot Dog or Hamburger Rolls
8 Count

\$6.49
16.15-27 oz. pkg.

Dave's Killer Bread Organic Bread or Bagels
Selected Varieties

\$6.49
16 oz. pkg.

Nature's Own Life Keto Soft White Bread

\$3.99
22 oz. cont.

Nature's Own Perfectly Crafted Bread
Selected Varieties

\$4.29
24 oz. cont.

Arnold Whole Grains Bread
Selected Varieties

\$4.99
20-22 oz. pkg.

Thomas' Bagels
Selected Varieties

\$9.99
ea.

YOUR CHOICE!

Barcel Mini Takis Rolled Tortilla Chips 25 Pack
Blue Heat or Fuego
30.75-30.9 oz. pkg.

PopCorners Popped Corn Chips Multi-Packs
18 Count-Variety
18 oz. pkg.

Frito-Lay Snacks Multi-Packs
18 Count-Selected Varieties
14.25-18 oz. pkg.

Utz Snacks 18 Count
Variety or Variety Potato Chips
16.65-18 oz. pkg.

\$3.99
9.16 oz. pkg.

Herr's Tortilla Chips, Potato Chips, Popcorn or Pretzels
Selected Varieties

2/\$5
67.6 oz. cont.

Coca-Cola 2 Liter
Selected Varieties

2/\$9
16 oz. cans

Coca-Cola Mini Cans 6 Pack
7.5 oz. Cans
Selected Varieties

\$5.99
75 oz. pkg.

Coca-Cola Mini Cans 10 Pack
7.5 oz. Cans
Selected Varieties

2/\$3
67.6 oz. cont.

Sunkist or RC Cola 2 Liter
Selected Varieties

\$8.99
18 oz. pkg.

Starbucks Frappuccino Coffee Drinks 4 Pack
9.5 oz. Bottles
Selected Varieties

99¢
20 oz. btl.

Arizona Drinks
Selected Varieties

3/\$5
18.5 oz. btl.

Gold Peak Iced Tea
Selected Varieties

4/\$5
18 oz. btl.

Bai Antioxidant Infusion Drinks
Selected Varieties

2/\$4
16 oz. cans

Ghost Energy Drinks
Selected Varieties

2/\$4
28 oz. btl.

Gatorade Sports Drinks
Selected Varieties

2/\$4
33.8 oz. btl.

Glacéau Smartwater 1 Liter
Selected Varieties

3/\$5
20 oz. btl.

Glacéau Vitamin Water
Selected Varieties

2/\$5
16 oz. btl.

Nemo's Nutcracker Malt Beverage
Selected Varieties

\$7.99
64 oz. pkg.

Stella Artois Beer 4 Pack
16 oz. Cans
Belgium

\$9.99
67.2-72 oz. pkg.

Smirnoff Ice Malt Beverage or Twisted Tea 6 Pack
11.2-12 oz. Bottles or Cans
Selected Varieties

\$10.99
67.2-72 oz. pkg.

Modelo, Corona or Peroni Beer 6 Pack
11.2-12 oz. Bottles or Cans
Selected Varieties

\$10.99
67.2-72 oz. pkg.

Carib, Guinness, Dogfish Head, or Birra Moretti Premium Lager 6 Pack
11.2-12 oz. Bottles or Cans
Selected Varieties

\$10.99
67.2-72 oz. pkg.

Stella Artois, Kona Brewing Co. or Goose Island Beer 6 Pack
11.2-12 oz. Bottles or Cans-Selected Varieties

\$11.99
67.2 oz. pkg.

Hofbräu München Beer 6 Pack
11.2 oz. Bottles
Selected Varieties

\$14.99
144 oz. pkg.

Dos Equis or Modelo Oro Beer 12 Pack
12 oz. Bottles or Cans
Selected Varieties

\$14.99
144 oz. pkg.

Presidente or Beck's Beer 12 Pack
12 oz. Bottles or Cans
Selected Varieties

\$17.99
144 oz. pkg.

Tofia Beer 12 Pack
12 oz. Cans

\$17.99
144 oz. pkg.

Brooklyn, Samuel Adams, or Blue Moon Beer 12 Pack
12 oz. Bottles or Cans
Selected Varieties

\$19.99
216 oz. pkg.

Coors Light, Miller Lite or Yuengling Beer 18 Pack
12 oz. Bottles or Cans
Selected Varieties

\$19.99
180 oz. pkg.

Founders Brewing Co. Beer 15 Pack
12 oz. Cans
Selected Varieties

Heineken or Amstel Light Beer 6 Pack
11.2-12 oz. Bottles or Cans
Selected Varieties

\$10.99 SALE PRICE
-4.00 DIGITAL REBATE
\$6.99 AFTER FINAL REBATE

Heineken Silver Beer 12 Pack
12 oz. Bottles or Cans

\$14.99 SALE PRICE
-6.00 DIGITAL REBATE
\$8.99 AFTER FINAL REBATE

Michelob Ultra Beer 12 Pack
12 oz. Bottles or Cans
Regular or Zero

\$14.99 SALE PRICE
-7.00 DIGITAL REBATE
\$7.99 AFTER FINAL REBATE

Busch Beer 12 Pack
12 oz. Cans
Regular or Light

\$9.99 SALE PRICE
-3.00 DIGITAL REBATE
\$6.99 AFTER FINAL REBATE

DELI DEPARTMENT

Let Us Cater Your Event or Party! Come See Us
For All Your Entertainment Needs! Where Available

\$7.99
lb.

Black Label Provisions Premium Select Lower Sodium Ham or Virginia Country Ham
Sliced to Order

\$10.99
lb.

Black Label Provisions Reserve Honey Maple Turkey Breast
Sliced to Order

\$5.99
12 oz. pkg.

Black Label Provisions Deluxe Beef Frankfurters
5 Count-All Natural Natural Casing No Sugar Added

\$5.99
lb.

Black Label Provisions Original American Cheese
Sliced to Order
Yellow or White

\$5.99
lb.

Black Label Provisions Reserve Yellow Mild Aged Cheddar Cheese
Sliced to Order

\$11.99
lb.

Boar's Head Ovingold® Roasted Turkey Breast
Sliced to Order

\$11.99
lb.

Boar's Head Blazing Buffalo® Style Chicken Breast
Sliced to Order

\$9.99
lb.

Boar's Head Lacey Swiss Cheese
Sliced to Order

\$8.99
lb.

Boar's Head 43% Lower Sodium Provolone Cheese
Sliced to Order

\$4.99
lb.

Armour Deli Cooked Ham or Virginia Brand Ham
Sliced to Order

\$7.99
lb.

Krakus Imported Polish Ham
Sliced to Order
Original

\$9.99
lb.

Di Lusso Genoa Salami
Sliced to Order

\$6.99
lb.

BelGioioso Provolone Cheese
Sliced to Order

\$5.99
lb.

Citterio Mortadella
Sliced to Order
Without Pistachio

\$7.99
lb.

Alpine Lace Muenster or Swiss Cheese
Sliced to Order

\$5.99
lb.

Great Lakes Sharp Cheddar Cheese
By the Piece
Store Cut
New York State-Yellow

AGED OVER 9 MONTHS

\$12.99
lb.

Zina's Shrimp Salad

\$4.99
lb.

Zina's Spinach & Shells Salad

\$4.99
lb.

Zina's Carrot & Raisin Salad

\$8.99
lb.

Gourmet Boutique Homestyle Chicken Salad

\$6.99
lb.

Brakebush Breaded Chicken Tenders
Heat & Serve

\$4.99
8 oz. pkg.

Epicurean Cheese Pizza Bagels 2 Pack
Heat & Serve

\$8.99
pkg.

Tyson Fried Chicken 8 Pieces

USDA CHOICE BEEF		FARM FRESH PORK	FARM FRESH CHICKEN	
\$7.99 lb. USDA CHOICE Top Round Steaks USDA Choice Beef		\$2.49 lb. Country-Style Pork Ribs Grain Fed Bone-In, Rib End		\$2.69 lb. HARVESTLAND USDA A GRADE Harvestland Whole Chickens Grade A, Fresh All Natural Free Range
\$9.99 lb. USDA CHOICE Lean Pepper Steaks, Cube Steaks or Round Cubes USDA Choice Beef		\$7.99 lb. USDA CHOICE Eye Round Steaks USDA Choice Beef		\$3.49 lb. Thin-Sliced Center Cut Pork Chops Grain Fed, Bone-In
\$1.89 lb. Sirloin Pork Chops Grain Fed Bone-In, Loin End	\$7.99 lb. Mutton Shoulder for Stew Cut Up	\$5.99 lb. Springer Mountain Farms Boneless Chicken Tenders Grade A, Fresh All Natural	\$3.99 lb. Springer Mountain Farms Whole Chicken Wings Grade A, Fresh All Natural	
\$4.99 16 oz. pkg. Nature's Pride Ground Turkey All Natural 93% Lean/7% Fat	\$4.99 lb. Bell & Evans Split Chicken Breast Fresh, All Natural, Bone-In, Tray Pack	\$6.99 11.5 oz. pkg. Smithfield Anytime Favorites Boneless Smoked Pork Chops	\$7.99 17 oz. pkg. Smithfield Anytime Favorites Bone-In Smoked Pork Chops	
\$7.99 14 oz. pkg. Beyond Sausage Plant-Based Links 4 Count Hot Italian Style or Brat Original	\$5.99 8 oz. pkg. Beyond Burger Plant-Based Patties 2 Count	\$5.99 16 oz. pkg. Avenue A Bacon Original or Thick Sliced	\$4.99 12 oz. pkg. Avenue A Turkey Bacon	

TATLGATING TIME!			
\$3.99 lb. Baby Back Pork Ribs Grain Fed Fresh	\$4.99 14 oz. pkg. Premio Fresh Italian Chicken Sausage Links Selected Varieties	\$11.99 32 oz. pkg. Holten's Chop House Beef Smashed Burgers 8 Count-Frozen	\$16.99 48 oz. pkg. Avenue A Ground Beef Hamburgers 12 Count-Frozen
\$26.99 80 oz. pkg. Avenue A Ground Beef Hamburgers 20 Count-Frozen	\$9.99 21 oz. pkg. Rastelli's Beef Butcher Burgers 4 Count Angus or Chuck & Short Rib	\$10.99 21-24 oz. pkg. Rastelli's Beef Butcher Burgers 4-8 Count Bacon & Cheddar Angus, Smashed Butter Burger Black Angus or Wagyu	\$10.99 21 oz. pkg. Rastelli's Beef Butcher Burgers 4 Count Philly Cheesesteak or French Onion
\$3.99 8 oz. pkg. Black Label Provisions Deluxe Bun Sized Beef Frankfurters 4 Count All Natural, Natural Casing, No Sugar Added	2/\$3 12 oz. pkgs. Stahl-Meyer Franks 8 Count Original or Chicken	\$3.99 12 oz. pkg. Stahl-Meyer Beef Franks 8 Count	\$6.99 40 oz. pkg. Mr Chikin Chicken Wing Sections Frozen

PRE-PACKAGED MEATS			
\$3.49 16 oz. pkg. Oscar Mayer Classic Wieners 10 Count	\$5.99 15-16 oz. pkg. Oscar Mayer Beef or Turkey Franks or Stuffed Cheese Dogs Selected Varieties	\$6.99 14 oz. pkg. Oscar Mayer Natural Angus Beef Franks 8 Count-Bun Length	\$5.99 16 oz. pkg. Smithfield Bacon Selected Varieties

2/\$4 2.25-4.4 oz. pkgs. Lunchables Lunch Combinations Selected Varieties	\$4.49 20-32 oz. jar Claussen Pickles or Sauerkraut (32 oz.)	\$5.99 8 oz. pkg. Applegate Naturals Sunday Bacon or No Sugar Bacon Hickory Smoked-Uncured	\$4.99 8 oz. pkg. Applegate Naturals Turkey Bacon Hickory Smoked Uncured	\$6.99 10 oz. pkg. Applegate Organics Hot Dogs 6 Count Beef, Chicken or Turkey
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SEAFOOD SELECTIONS

AVAILABLE ONLY IN PARTICIPATING STORES

\$3.99 lb. Swai Fillet Farm Raised, Previously Frozen Striped Pangasius	\$9.99 lb. Scrod Fillet Wild Caught Cut from Frozen-at-Sea Scrod	\$6.99 16 oz. pkg. Great American Tilapia Fillet Farm Raised Frozen or Thawed	\$7.99 lb. Kingfish Steaks Frozen	\$9.99 16 oz. pkg. Jade Lion Large Cooked Shrimp Frozen, 31-40 Count
\$8.99 16 oz. pkg. Jade Lion Large Raw Shrimp Frozen, 31-40 Count Peeled, Deveined	\$4.99 16 oz. pkg. Great American Imitation Crab Meat Frozen or Thawed	\$16.99 32 oz. pkg. Great American Salmon Fillet Frozen or Thawed, Wild Caught	\$10.99 16 oz. pkg. Great American Raw Shrimp Frozen, Jumbo 16-20 Count, EZ Peel	\$8.99 16 oz. pkg. Great American Raw Shrimp Frozen, Large 31-40 Count, EZ Peel
\$9.99 16 oz. pkg. Great American Cooked Shrimp Frozen, Medium 51-60 Count	\$9.99 16 oz. pkg. Great American Cooked Shrimp Frozen, Medium 71-90 Count	\$16.99 48 oz. pkg. Great American Tilapia Fillet Frozen Farm Raised	\$12.99 40 oz. pkg. Great American Swai Fillet Frozen Farm Raised	\$6.99 16 oz. pkg. Arctic Moon Boneless Bacalao
\$4.99 12 oz. pkg. Luna Artica Boneless Bacalao	\$5.99 16 oz. pkg. Frozen Smelts Wild Caught	\$2.99 8 oz. pkg. Trans-Ocean Lobster Classic Imitation Lobster Chunk Style	\$2.99 8 oz. pkg. Trans-Ocean Crab Classic Imitation Crab Flake Style, Chunk Style or Leg Style	\$7.99 10 oz. pkg. Aqua Star Reserve Cocktail Shrimp Ring 35 Count Cooked & Peeled With Cocktail Sauce