



Sale Starts Friday, August 15th thru Thursday, August 21st, 2025

FRI. 15	SAT. 16	SUN. 17	MON. 18	TUES. 19	WED. 20	THUR. 21
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LATE SUMMER SAVINGS!



FREE PARKING IN REAR!

5% SENIOR CITIZEN DISCOUNT
EVERYDAY: 7:00 AM- 11:00 AM

\$5⁹⁹
lb.

Chuck Steaks
USDA Choice Beef



\$11⁹⁹
lb.

Porterhouse Steaks
USDA Choice Beef

GREAT ON THE GRILL!



\$2⁴⁹
lb.

Center Cut Pork Chops
Grain Fed Bone-In



GREAT ON THE GRILL!

\$1⁴⁹
lb.

Perdue Whole Chickens
Grade A, Fresh All Natural



PERDUE



3-DAY SALE

FRI. 15 SAT. 16 SUN. 17

3-DAY SALE

FRIDAY, AUG. 15TH-SUNDAY, AUG. 17TH

69¢
lb.

Yellow Bananas



3-DAY SALE

FRIDAY, AUG. 15TH-SUNDAY, AUG. 17TH

2/\$5
5 lb. bags

Russet Potatoes
U.S. #1



3-DAY SALE

FRIDAY, AUG. 15TH-SUNDAY, AUG. 17TH

79¢
lb.

Vidalia Onions



3-DAY SALE

FRIDAY, AUG. 15TH-SUNDAY, AUG. 17TH

\$2⁹⁹
lb.

Whole Pork Tenderloin



3-DAY SALE

FRIDAY, AUG. 15TH-SUNDAY, AUG. 17TH

69¢
lb.

Chicken Leg Quarters
Grade A, Family Pack



3-DAY SALE

FRIDAY, AUG. 15TH-SUNDAY, AUG. 17TH

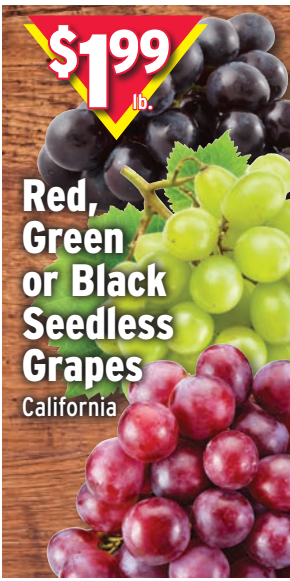
\$5⁹⁹
lb.

Beef Bottom Round London Broil



\$1⁹⁹
lb.

Red, Green or Black Seedless Grapes
California



Tomatoes On-the-Vine



Sweet Nectarines
California



\$3⁹⁹
ea.

Honeydew Melons



Beefsteak Tomatoes
GREAT ON ANY BURGER!



Fresh Broccoli Crowns
Maine



2/\$6
5 oz. clamshells

Satur Farms Salads
Assorted Varieties



FIND THE PERFECT RECIPE AT METFRESH.COM!

3/\$10

for Kellogg's Cereal

Frosted Flakes (12 oz.), Corn Pops, Froot Loops or Apple Jacks (8.8-8.9 oz.), Frosted Flakes, Apple Jacks or Krave Glazed Donut Holes (10 oz.), Frosted Flakes Chocolate or Strawberry Milkshake (11.6-12.2 oz.) or Froot Loops With Marshmallows (9.3 oz.)



\$1⁹⁹
405.6 oz. pkg.

Poland Spring Natural Spring Water
24 Pack
16.9 oz. Bottles
(Plus Deposit Where Required)



WITH \$100.00 PURCHASE OR MORE.

\$11⁹⁹
20 lb. pkg.

Carolina Rice
Gold Parboiled or Extra Long Grain White



5/\$5
5 oz. cans

Bumble Bee Chunk Light Tuna
In Water or In Oil



2/\$4
12-16 oz. pkgs.

De Cecco Pasta
Selected Varieties



2/\$5
16-24 oz. jars

Ragu Pasta Sauce
Selected Varieties



2/\$4
28 oz. cans

Hunt's Tomatoes or Tomato Sauce
(29 oz.)



\$7⁹⁹
82.6 oz. cont.

4C Iced Tea Mix
Makes 35 Quarts
Lemon or Raspberry



2/\$6
64 oz. btls.

Juicy Juice 100% Juice
Selected Varieties



3/\$12⁹⁹
473.2 oz. pkgs.

Pure Life Purified Water
28 Pack
16.9 oz. Bottles
(Plus Deposit Where Required)



\$14⁹⁹
1320 ct. pkg.

Plenty Paper Towels
12 Pack
Double Rolls
Flex-A-Size



88¢
1000 ct. pkg.

Scott Bath Tissue
Regular Roll



\$3⁹⁹
32.5-33 oz. btl.

Arm & Hammer Liquid Laundry Detergent
or Detergent Power Paks (14 ct. pkg.), In-Wash Scent Booster (18 oz. cont.) or Dryer Sheets (100 ct. pkg.)



\$7⁹⁹
89 oz. btl.

Tropicana Pure Premium Orange Juice
Selected Varieties



4/\$5
4.5-5.3 oz. conts.

Chobani Flip or Creations Greek Yogurt
Selected Varieties



2/\$6
64 oz. conts.

Blue Diamond Almond Breeze Almondmilk
Selected Varieties



3/\$10
11.6 oz. pkgs.

Eggo Thick & Fluffy Waffles
Selected Varieties



2/\$7
15.3-19.64 oz. pkgs.

Ellio's Pizza or Cheesy Breadsticks
(13.62 oz.)



\$4⁹⁹
13.5-28 oz. pkg.

Alexia Potatoes or Onion Rings
Selected Varieties



2/\$6
46 oz. conts.

Turkey Hill Ice Cream or Sherbet
(Excludes Simply Natural and Barbie)



67-09 Fresh Pond Road Ridgewood, NY 11385

(718) 576-3770

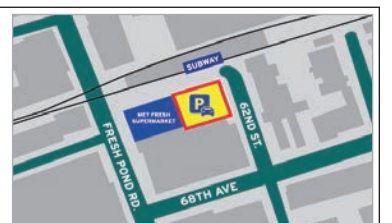
SHOP ONLINE TODAY AT WWW.METFRESH.COM

FREE DELIVERY

STORE HOURS 7AM-11PM • SUNDAY-SATURDAY

WE ACCEPT ALL MAJOR CREDIT CARDS, EBT, WIC & OTC NETWORK

PARKING ENTRANCE ON 62ND ST



So that we may serve all our customers, we reserve the right to limit sales of any item. Items offered for sale not available in case lots. Not responsible for typographical errors. Prices effective Fri., August 15 thru Thur., August 21, 2025. All stores are independently owned and operated. Not all items available in all stores. Some pictures are for design purposes only and do not necessarily represent items on sale.

GROCERY SAVINGS!

\$3⁹⁹ 40 oz. btl. Wesson or Mazola Oil Selected Varieties	3/\$5 8 oz. btl. Wish-Bone Salad Dressing Selected Varieties	2/\$6 24 oz. btl. Heinz Tomato Ketchup Original	2/\$5 24 oz. btl. Gulden's Spicy Brown Mustard
\$4⁹⁹ 12 oz. btl. Kraft Flavored Aioli or Burger Sauce Selected Varieties	\$4⁹⁹ 11.5 oz. btl. Hellmann's Mayonnaise or Garlic Aioli, Thai Sweet Chili, Sweet & Tangy BBQ or Mexican Inspired Street Corn Sauces	\$1⁹⁹ 8 oz. btl. Heinz Yellow Mustard	2/\$5 24 oz. btl. Del Monte Tomato Ketchup Original
\$7⁹⁹ 16 oz. cans Pompeian Olive Oil Selected Varieties	\$15⁹⁹ 25.4 oz. can California Olive Ranch Extra Virgin Olive Oil Global Blend Medium	\$17⁹⁹ 50.7 oz. can Botticelli Olive Oil Extra Virgin or Pure	\$5⁹⁹ 22 oz. can Morton Iodized Himalayan Pink Salt
\$5⁹⁹ 16 oz. pkg. Chicken of the Sea Solid White Tuna 4 Pack 4 oz. Cans No Drain	\$4⁹⁹ 20 oz. pkg. Bumble Bee Chunk Light Tuna 4 Pack 5 oz. Cans In Water or In Vegetable Oil	2/\$4 5 oz. cans Bumble Bee Premium White Chicken Chunk in Water	2/\$5 5 oz. cans Bumble Bee Prime Tuna Selected Varieties
3/\$5 3.75 oz. cans Brunswick Sardines Selected Varieties	5/\$3 2.25 oz. cans Nissin Cup Noodles Ramen Noodle Soup Chicken, Beef or Shrimp	5/\$5 3.1 oz. pkgs. Nissin Hot & Spicy Fire Wok Noodles Scream'n' Sichuan Beef or Torched Teriyaki Chicken	2/\$3 2.6-2.75 oz. cans Nissin Cup Noodles Stir Fry Rice with Noodles or Hot & Spicy Fire Wok Noodles (4.37 oz.)
\$4⁹⁹ 12 oz. can Spam Luncheon Meat Selected Varieties	2/\$5 8.5-8.8 oz. cans Ben's Original Ready Rice or Long Grain & Wild Rice (6-6.2 oz.)	3/\$5 5.6-5.9 oz. cans Cheetos Mac 'N Cheese Selected Varieties	\$3⁹⁹ 5 oz. can Gravy Master Seasoning & Browning Sauce
\$4⁹⁹ 32 oz. pkg. Carolina Basmati Rice	\$13⁹⁹ 10 lb. pkg. Carolina Jasmine Rice	3/\$5 14.5 oz. cans Del Monte Diced or Stewed Tomatoes Selected Varieties	2/\$5 29 oz. cans Goya Beans Selected Varieties
\$10⁹⁹ 144 oz. pkg. Goya Malta 12 Pack 12 oz. Bottles (Plus Deposit Where Required)	2/\$6 15-18 oz. pkgs. Malt-O-Meal Cereal Selected Varieties	\$3⁹⁹ 18 oz. can Quaker Oats Quick 1-Minute or Old Fashioned	\$3⁹⁹ 24-32 oz. pkg. Pearl Milling Company Pancake & Waffle Mix Selected Varieties
2/\$7 48 ct. cans Salada Decaffeinated Black Tea Bags	\$4⁹⁹ 100 ct. bags Salada Black Tea Bags Original Blend	2/\$6 22 oz. cans Parmalat Milk Selected Varieties	\$4⁹⁹ 4 lb. bag Zulka Morena Pure Cane Sugar
\$3⁹⁹ 9.38-10 oz. can Nestlé Nesquik Powder Drink Mix Chocolate, Strawberry or Cinnamon Churro	2/\$6 10 oz. jars Polaner All Fruit Spreadable Fruit Selected Varieties	2/\$6 5.28 oz. pkgs. Kellogg's Special K Pastry Crisps Selected Varieties	2/\$6 10.4 oz. pkgs. Kellogg's Nutri-Grain Bars Selected Varieties
2/\$6 14 oz. cans Nestlé Carnation Condensed Milk Sweetened	2/\$5 12 ct. pkgs. Libby's Fruit Cups 4 Pack Selected Varieties	2/\$4 7.5-9 oz. bags Sunrise Candies Selected Varieties	2/\$5 7.1 oz. bags Wiley Wallaby Licorice Classic Red or Watermelon

COFFEE CORNER

\$6⁹⁹ 11-12 oz. pkg. Eight O'Clock Coffee Selected Varieties	\$6⁹⁹ 12 ct. pkg. Eight O'Clock Coffee K-Cups Selected Varieties	\$4⁹⁹ 5 oz. can Café Bustelo or Café Pilon Coffee Original	\$9⁹⁹ 8 oz. can Maxwell House Instant Coffee Original
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TRENDING & HEALTHY!

\$2⁹⁹ 16 oz. btl. Pompeian Organic Red Wine Vinegar	\$3⁹⁹ 16 oz. btl. Pompeian Organic Balsamic Vinegar of Modena	\$8⁹⁹ 16 oz. btl. Pompeian Organic Extra Virgin Olive Oil Robust	2/\$6 14 oz. cans Mutti Tomatoes Selected Varieties	2/\$8 12 oz. pkg. Palmini Hearts of Palm Linguine Pasta
\$5⁹⁹ 21-24.5 oz. can RiceSelect Pearl Couscous Selected Varieties	\$4⁹⁹ 11.5 oz. btl. Hellmann's Vegan Dressing & Spread	\$5⁹⁹ 8 oz. btl. Coombs Family Farms Organic Maple Syrup Grade A Amber	\$4⁹⁹ 12 oz. can Golden Blossom Organic White Forest Honey	2/\$7 13-15.5 oz. jars Polaner Sugar Free Fruit Spreads Selected Varieties
\$5⁹⁹ 24 oz. pkg. One Degree Organic Foods Sprouted Oats Quick, Rolled or Steel Cut	2/\$8 4.25 oz. pkg. Made Good Organic Granola Minis Selected Varieties	\$5⁴⁹ 9.5-12 oz. can EnviroKidz Cereal Selected Varieties	2/\$8 12 oz. can North Coast Organic Apple Sauce 4 Pack Selected Varieties	2/\$10 23-23.3 oz. can Santa Cruz Organic Apple Sauce Cinnamon or Original
2/\$10 24 oz. pkg. Santa Cruz Organic Apple Sauce 6 Pack Original, Peach or Cinnamon	2/\$4 7.05 oz. pkg. Jacob's Cream Crackers	2/\$9 10.5-14.1 oz. pkg. McVitie's Biscuits Selected Varieties	2/\$8 4.5 oz. pkg. Siete Grain Free Cookies Mexican Wedding, Mexican Shortbread or Chocolate Chip	2/\$6 1.2-2.1 oz. pkg. Think! Keto or High Protein Bars Selected Varieties
2/\$7 7 oz. pkg. Undercover Chocolate Quinoa Crisps Selected Varieties	2/\$5 1.38 oz. pkg. Mid-Day Squares Chocolate + Functional Bars Selected Varieties	2/\$6 33.84 oz. can Juicy Juice Organics 100% Juice 8 Pack Fruit Punch or Apple	\$7⁴⁹ 40.56 oz. can Fever-Tree Mixers 8 Pack 8.5 oz. Cans Selected Varieties (Plus Deposit Where Required)	2/\$5 33.8 oz. can Master of Mixes Cocktail Mixers Selected Varieties
				2/\$5 20 ct. pkg. Honees Cough Suppressant Drops Honey Ginger or Honey Menthol Eucalyptus

GROCERY SAVINGS!

2/\$5
64 oz. btl.

Nature's Own
Apple Juice

2/\$10
96 oz. pkg.

Spindrift
Sparkling Water
8 Pack
12 oz. Cans
Selected Varieties

(Plus Deposit Where Required)

\$5.99
40 oz. jar

Skippy
Peanut Butter
Selected Varieties

3/\$4
7.25-15 oz. cans/conts.

Chef Boyardee
Pasta Meals
Selected Varieties
Including Microwaveable

2/\$3
1.5 oz. pkgs.

Kinder Bueno
Chocolate Candy Bars

\$3.99
8-9.5 oz. pkg.

Hershey's
Dipped Pretzels
or Popped Snack Mix
Selected Varieties

5/\$5
2.75-3.12 oz. pkgs.

My-T-Fine
Pudding & Pie Filling Mix
Selected Varieties

3/\$2
1.5 oz. pkgs.

Royal
Gelatin Mix
Selected Varieties

2/\$6
9.5-12.5 oz. pkgs.

Keenler
Cones
Selected Varieties

2/\$3
7.5 oz. pkg.

Marshmallow Fluff
Original

2/\$7
8.5-12.4 oz. pkgs.

Keenler
Cookies
Selected Varieties

2/\$6
7 oz. pkgs.

Cheez-It
Baked Snack Crackers
Selected Varieties

2/\$7
11 oz. pkgs.

Keenler
Sandwich Crackers
Selected Varieties

3/\$5
2.25-5.25 oz. pkgs.

David
Sunflower or Pumpkin Seeds
Selected Varieties

\$4.99
5-10 oz. pkg.

Emerald
Nuts
Selected Varieties

\$3.99
12 oz. pkg.

Quaker
Rice Cakes
Selected Varieties

2/\$7
7.92-9.6 oz. pkgs.

Pop Secret
Popcorn
3 Count
Selected Varieties

4/\$5
4 oz. jars

Gerber
Baby Food
Selected Varieties

2/\$4
11 oz. cans

Sport Shake
Protein Shakes
Selected Varieties

\$3.99
64 oz. btl.

Apple & Eve
Sesame Street 100% Juice
Selected Varieties

\$10.99
165.5 oz. pkg.

Sunny D
Drinks
15 Pack
11.3 oz. Sports Cap Bottles
Tangy Original
Citrus Punch

2/\$7
54 oz. pkgs.

Juicy Juice
100% Juice
8 Pack
Selected Varieties

\$5.99
44-69 oz. pkg.

V8
Vegetable Juice
6 or 8 Pack
or V8 Bloody Mary Drink or
V8 Plus Energy Drink 6 Pack
(48 oz.)

4/\$5
34 oz. btl.

Arizona
Drinks
Selected Varieties

\$4.99
18-20 oz. cont.

Kool-Aid
Country Time or Tang
Drink Mix
Selected Varieties

2/\$6
12 oz. pkg.

4C
Drink Mixes
Selected Varieties

2/\$4
33.8 oz. btl.

Acqua Panna
Natural Spring Water
1 Liter
Original
(Plus Deposit Where Required)

2/\$4
25.3-33.8 oz. btl.

San Pellegrino
Sparkling Mineral Water
Original
(Plus Deposit Where Required)

2/\$9
66.9 oz. pkg.

San Pellegrino
Ciao! Sparkling Water
6 Pack
11.15 oz. Cans
Selected Varieties
(Plus Deposit Where Required)

5/\$4
33.8 oz. btl.

Clear Choice
Sparkling Water
1 Liter
Selected Varieties
(Plus Deposit Where Required)

2/\$6
56-144 oz. pkgs.

Poland Spring
Natural Spring Water
12 Pack
8-12 oz. Bottles
(Plus Deposit Where Required)

2/\$6
101.4-142.2 oz. pkgs.

Poland Spring
Natural Spring Water
6 Pack
16.9-23.7 oz. Bottles
(Plus Deposit Where Required)

2/\$3
128 oz. btl.

Crystal
Springs Water
Spring or Distilled
(Plus Deposit Where Required)

2/\$10
405.6 oz. pkg.

Crystal Springs
Natural Spring Water
24 Pack
16.9 oz. Bottles
(Plus Deposit Where Required)

HEALTH & BEAUTY

WHERE AVAILABLE

\$269-\$1149

Coppertone
Sun Care Products
Selected Varieties
0.49-8 oz. pkg./cont.

2/\$10
16 oz. btl.

Dove
Shampoo or Conditioner
Selected Varieties

\$5.49
2.7-3 oz. btl.

Axe
Deodorant Sticks
Selected Varieties

\$6.49
7 oz. cont.

Axe
Deodorant Body Spray
Selected Varieties

2/\$8
7.5 oz. conts.

Skintimate
or Edge
Shave Gel
Selected Varieties

\$8.99
1 ct. pkg.

Gillette
Mach3 Disposable Razors
With 2 Cartridges

2/\$8
5.4 oz. pkgs.

Crest
Plus Complete Toothpaste
Selected Varieties

\$6.49
1 ct. pkg.

Oral-B
Vibrating Pulsar
Toothbrushes
Selected Varieties

2/\$6
50 m. pkgs.

Oral-B
Glide Pro-Health Dental Floss
or Oral-B Glide Dental Floss Picks
(7.6 oz. pkgs.)

\$7.49
33.8 oz. btl.

Listerine
Mouthwash
Selected Varieties

2/\$5
16 oz. btl.

TopCare
Isopropyl Alcohol 91%

4/\$5
0.5 oz. pkgs.

TopCare
Triple Antibiotic Ointment
Original Strength

4/\$5
32 oz. btl.

TopCare
Hydrogen Peroxide

4/\$5
10-60 ct. pkgs.

TopCare
Bandages or Moleskin Padding
(3 ct.)

HOUSEHOLD SAVINGS!

POWERFUL PRODUCTS
POWERFUL SAVINGS

\$4.99
17.4 oz. btl.

Dawn
Platinum Plus PowerSuds Dish Soap

\$4.99
16 oz. btl.

Dawn
Platinum Powerwash Dish Spray
Selected Varieties

\$5.99
41 oz. btl.

Mr. Clean
2X Concentrated Multi-Surface Cleaner
Selected Varieties

\$12.99
26 ct. cont.

Cascade
Platinum Plus Dishwasher Pods
Mountain Scent or Lemon Clean Scent

\$9.99
28-50 ct. pkg.

Glad
Tall Kitchen Trash Bags
Selected Varieties

2/\$7
30 oz. btl.

Joy
Ultra Liquid Dish Soap
Orange Scent or Lemon Scent

\$8.99
32 oz. pkg.

Dial
Soap Bars 8 Pack
Gold or Mountain Fresh

2/\$5
33.8 oz. conts.

Sparkle
Glass Cleaner or Foaming Glass Cleaner (20 oz.) or All Purpose Cleaner (33.8 oz.)

\$6.99
1.41 oz. pkg.

The Last Jug
Laundry Detergent Concentrate
Selected Varieties

\$5.99
1.34 oz. pkg.

Glade
PlugIns Scented Oil Refills 2 Pack
Selected Varieties

2/\$7
15-50 ct. pkgs.

Hefty
Paper Plates, Bowls or Straws
Selected Varieties

\$3.99
20-50 ct. pkg.

Hefty
Cups
Selected Varieties

2/\$6
10-20 ct. pkgs.

Hefty
Slider Freezer or Storage Bags
Selected Varieties

2/\$4
54-110 ct. pkgs.

Scotties
Facial Tissue
Selected Varieties

\$6.99
400 ct. pkg.

Bounty
Quilted Paper Napkins 2 Pack
White

\$3.99
1280 ct. pkg.

Angel Soft
Bath Tissue 4 Pack
Mega Rolls White

\$3.99
220 ct. pkg.

Sparkle
Paper Towels 2 Pack
Tear-A-Square Double Rolls White

\$9.99
8.8 lb. pkg.

Cowboy Brand
Hardwood Lump Charcoal

2/\$6
56-64 ct. pkgs.

Huggies
Baby Wipes
Selected Varieties

\$13.99
16-32 ct. pkg.

Huggies
Little Movers or Little Snugglers Diapers
Selected Varieties

\$4.99
3 lb. pkg.

Nunn-Better
Dry Cat Food
Farm Fixin's or Ocean Plenty

\$4.99
4 lb. pkg.

Butcher's Best
Dry Dog Food
Prime, Classi or Savory

4/\$3
1.4 oz. pouch

Inaba Churu
Cat Food Complements
Selected Varieties

\$3.99
7 lb. pkg.

Fresh Step
Cat Litter
Regular

DAIRY SAVINGS!

5/\$4
4.6 oz. conts.



Yoplait Yogurt
Selected Varieties
(Excludes Greek)

4.99
16 oz. pkg.



Breakstone's Butter Quarters
Salted or Unsalted

4.99
ea.



Biazzo Mozzarella Cheese
(16 oz. pkg.)
or **Ricotta Cheese**
(32 oz. cont.)
Whole Milk or Part Skim

2/\$4
52 oz. 10.4 oz. conts.



Tree Ripe Premium Lemonade
Original

2/\$7
8 oz. paks.



Plugra European Style Butter
Unsalted or Salted

3.99
13-15 oz. cont.



Land O Lakes Butter Spread
Selected Varieties

2/\$7
16 oz. paks.



Fleischmann's Margarine Quarters
Original or Unsalted

2/\$3
16 oz. paks.



Imperial Spread Quarters
Original

3.99
7.5-8 oz. cont.



Philadelphia Cream Cheese Spread
Selected Varieties

2/\$3
5.3 oz. conts.



Hood Cottage Cheese
Country Style, With Pineapple or With Chive

2/\$6
16 oz. conts.



Hood Cottage Cheese
Selected Varieties

4.99
14 oz. cont.



International Delight Cold Foam Creamer
Selected Varieties

5.99
32-40 oz. Btl.



Dunkin' Coffee Creamer or Iced Coffee
Selected Varieties

6.99
40-48 oz. Btl.



Starbucks Iced Coffee Beverages
Selected Varieties

2/\$3
8 oz. paks.



Heluva Good! French Onion Dip

2/\$5
16 oz. paks.



Cabot Sour Cream
Classic or Light

4/\$5
5.3 oz. conts.



Oikos Triple Zero Greek Yogurt
Selected Varieties

4.99
21.2 oz. pkg.



Oikos Triple Zero Greek Yogurt 4 Pack
Strawberry, Vanilla or Mixed Berry

3/\$5
4 oz. conts.



Häagen-Dazs Cultured Crème Yogurt Style Snack
Vanilla Bean, Strawberry or Coffee

3.99
16 oz. pkg.



YoCrunch Lowfat Yogurt 4 Pack
Selected Varieties

3.99
32 oz. Btl.



Lifeway Kefir Smoothies
Selected Varieties
Excludes Organic

2/\$7
6-8 oz. paks.



Tillamook Cheese Bars, Shreds or Slices
or Cabot Cheese Slices, Shreds or Snack Sticks

4.49
7.5 oz. pkg.



Cabot Cheese Snack Sticks
Extra Sharp Cheddar or Vermont Seriously Sharp Cheddar

4.99
52 oz. Btl.



Tree Ripe Premium Orange Juice
Selected Varieties

2/\$7
46 oz. 23 oz. Btl.



Tropicana Essentials Orange Blends
No Pulp Orange, Some Pulp Orange or Orange Mango

2/\$5
46 oz. 23 oz. Btl.



Tropicana Refreshers or Premium Juice Drinks
Selected Varieties

2/\$6
42 oz. Btl.



Pure Leaf Pure Leaf Tea
Selected Varieties

2/\$5
52 oz. Btl.



Gold Peak Iced Tea
Selected Varieties

2/\$3
59 oz. 29.5 oz. Btl.



Ssips Drinks
Selected Varieties

4.99
24 oz. 12 oz. Btl.



Kozy Shack Pudding 6 Pack
Selected Varieties

2/\$6
7 oz. conts.



Cabot Sweetened Light Whipped Cream

7.99
8 oz. cont.



Locatelli Grated Pecorino Romano Cheese

4.99
8 oz. paks.



BelGioioso Fresh Mozzarella Cheese Braids
Pesto or Zesty

4.99
12-16 oz. pkg./cont.



BelGioioso Fresh Mozzarella Cheese
Selected Varieties

4.99
7.6 oz. pkg.



Yancey's Fancy Cheese
Selected Varieties

5.99
6.5 oz. cont.



Alouette Soft Spreadable Cheese
Selected Varieties

2/\$5
6 oz. paks.



New York Style Bagel Crisps
Selected Varieties

2/\$6
4.75-4.8 oz. paks.



New York Style Panetini or Pita Chips
Selected Varieties

8.99
10.5 oz. pkg.



Del Duca Sweet or Hot Sopressata or Calabrese, Prosciutto & Coppa (6 oz.)

TRENDING & HEALTHY IN THE DAIRY DEPARTMENT!

4.99
24 oz. cont.



The Greek Gods Greek Yogurt
Selected Varieties

2/\$6
8 oz. Btl.



Ratio Protein Dairy Drink
Strawberry or Mixed Berry

2/\$4
5.3 oz. conts.



Ratio Yogurt Cultured Dairy Snacks
Selected Varieties

2/\$5
16 oz. conts.



Lactaid Lactose Free Sour Cream

5.99
24 oz. cont.



Organic Valley DMA Omega 3 Milk
or Lactose Free or Non-Dairy Oat Creamer (32 oz.)

5.99
8 oz. pkg.



Organic Valley Stringles Organic String Cheese

2/\$6
16 oz. conts.



Lactaid Lactose Free Cottage Cheese
4% Milkfat with Pineapple or 4% Milkfat

2/\$7
5.3 oz. paks.



Kozy Shack No Sugar Added Pudding 4 Pack
Selected Varieties

2/\$6
3.2-3.6 oz. paks.



Marie Morin Desserts
Selected Varieties

FROZEN SAVINGS!

5.99
12.6 oz. pkg.



Avenue A Mini Corn on the Cob

2/\$3
9-10 oz. paks.



Seabrook Farms Creamed Spinach or Chopped Onions

4.99
ea.



P.F. Chang's Home Menu Meals, Noodle Bowls or Appetizers
Selected Varieties

8.99
24-30 oz. pkg.



Sara Lee Cheesecake
Selected Varieties

5.99
12.3-14.8 oz. pkg.



Eggo Protein Pancakes or Fully Loaded Waffles
Selected Varieties

5.99
7.75 oz. pkg.



Kellogg's Eggo Grab & Go Liege-Style Waffles
or Belgian-Style Street Waffles

2/\$5
5-7 oz. paks.



Jones Breakfast Sausage Links or Patties
Selected Varieties

7.99
12-20.4 oz. pkg.



Jimmy Dean Delights Breakfast Meals
or Meat Lovers Muffins (22.8 oz.)

6.99
13.6-18.4 oz. pkg.



Jimmy Dean Breakfast Sandwiches or Biscuit Roll-Ups
(12.8 oz.)

2/\$4
16 oz. paks.



Avenue A Vegetable Blends
Selected Varieties

2/\$5
10.5-12 oz. paks.



Hanover Premium Vegetables
Selected Varieties

2/\$5
9.5-10.8 oz. paks.



Birds Eye Steamfresh Vegetables
or Seasoned, Sauced or Riced Vegetables

4.99
10-13 oz. pkg.



Birds Eye Skillets or Veggie Swap or Bakes Side Dishes
Selected Varieties

6.99
18-24.6 oz. pkg.



Van de Kamp's Breaded Seafood Products
Selected Varieties

8.99
8.2-18 oz. pkg.



SeaPak Shrimp
Selected Varieties

4.99
16 oz. pkg.



Hungry-Man Selects Dinners
Selected Varieties

3.99
9-10 oz. pkg.



Healthy Choice Simply Steamers Meals
Selected Varieties

4.99
9 oz. pkg.



Cholula Burrito Bowls
Selected Varieties

6.99
21 oz. pkg.



Birds Eye Voila! Skillet Meals
Selected Varieties

2/\$8
11.75 oz. pkg.



Pepperidge Farm Garlic Bread with Cheese
or Texas Toast with Cheese (9.5 oz.)

4.99
12 oz. pkg.



El Monterey Burritos
8 Count Bean & Cheese or Beef & Bean

10.99
36 oz. pkg.



El Monterey Signature Breakfast Burritos
8 Count Egg Sausage Cheese & Potato or Egg Applewood Smoked Bacon Sausage & Cheese

2/\$6
9 oz. paks.



Bagel Bites Pizza Snacks
9 Count Selected Varieties

10.99
32-40 oz. pkg.



Dole Fruit Blueberries, Sliced Strawberries & Bananas or Mango Chunks

6.99
22-29 oz. pkg.



Tyson Chicken Nuggets, Patties or Tenders
Selected Varieties

2/\$5
20 oz. pkg.



Goya Discos Frozen Empanada Dough
Large White or Large Yellow

10.99
128 oz. cont.



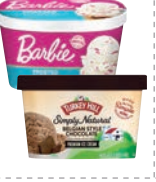
Avenue A Ice Cream
Selected Varieties

4.49
32 oz. cont.



Lactaid Lactose Free Ice Cream
Selected Varieties

4.99
46 oz. cont.



Turkey Hill Simply Natural Ice Cream or Barbie Ice Cream

4.99
11.5-17.7 oz. pkg.



Friendly's Frozen Novelties
Selected Varieties

3.99
28.2-42.3 oz. pkg.



Budget Saver Twin Ice Pops
Selected Varieties

3.49
8.79 oz. pkg.



Holanda Solero Ice Pops
4 Count Selected Varieties

5.99
19-21 oz. pkg.



Melona Frozen Dairy Dessert Bars
Selected Varieties

4.99
7.5 oz. pkg.



Bubbies Mochi Ice Cream
6 Count Selected Varieties

5.49
11 oz. pkg.



Blue Bunny Frozen Dairy Dessert Mini Bars or Mini Swirls
Mini Frozen Dairy Dessert Cones (18.4-22.5 oz.)

4.99
48 oz. cont.



Edy's Ice Cream
Selected Varieties

TRENDING & HEALTHY IN THE FROZEN DEPARTMENT!

4.99
12 oz. pkg.



Alexia Premium Vegetable Sides
Selected Varieties

7.99
14 oz. pkg.



Caulipower Gluten-Free Chicken Tenders or Bites
Selected Varieties

2/\$6
8-12.4 oz. paks.



Van's Pancakes or Waffles
Selected Varieties

4.99
8 oz. pkg.



Wyman's Fruit & Peanut Butter Poppers
Peanut Butter & Strawberry or Banana Peanut Butter & Chocolate Chip

2/\$6
10 oz. conts.



Truwhip Whipped Topping
Original

2/\$7
14.5-15.7 oz. paks.



Tabatchnick Soups
Selected Varieties

THE BAKE SHOPPE!

3.99
10.5-12.27 oz. pkg.



Zaro's Family Bakery Challah Hamburger or Hot Dog Buns

2/\$3
3.25 oz. paks.



Specialty Bakers Dessert Shells

2/\$6
3 oz. paks.



Specialty Bakers Ladyfingers

4.99
8 oz. pkg.



Give & Go Two-Bite Mini Donuts 12 Pack
Assorted or Strawberry Iced

3.99
10.5 oz. pkg.



Café Valley Mini Muffins 12 Pack
Selected Varieties

5.99
11.5-17.7 oz. pkg.



Kimberley's Bakeshoppe Cupcakes 4 Pack
Selected Varieties

USDA CHOICE BEEF	FARM FRESH PORK	FARM FRESH CHICKEN
\$7⁹⁹_{lb.} Boneless Beef for Stew USDA Choice Beef	\$2⁴⁹_{lb.} Country-Style Pork Ribs Grain Fed Bone-In, Rib End	\$6⁹⁹_{lb.} Harvestland Boneless Chicken Breast Grade A, Fresh All Natural, Free Range Skinless
\$3⁴⁹_{lb.} Thin-Sliced Center Cut Pork Chops Grain Fed, Bone-In	\$1⁹⁹_{lb.} Sirloin Pork Chops Grain Fed Bone-In, Loin End	3/\$10_{8 oz. pkgs.} Perdue Short Cuts Carved Chicken Breast Fully Cooked Selected Varieties
\$2⁴⁹_{lb.} Springer Mountain Farms Whole Chickens Grade A, Fresh All Natural	\$3⁴⁹_{lb.} Springer Mountain Farms Split Chicken Breast Grade A, Fresh All Natural, Bone-In	\$4⁹⁹_{16 oz. pkg.} Springer Mountain Farms Chicken Burgers 4 Count, Fresh All Natural
\$6⁹⁹_{lb.} Mutton Shoulder for Stew Cut Up	\$5⁹⁹_{16 oz. pkg.} Avenue A Bacon Original or Thick Sliced	\$4⁹⁹_{12 oz. pkg.} Avenue A Turkey Bacon
\$6⁹⁹_{48 oz. pkg.} Gwaltney Franks Family Pack 24 Count Bun Size Traditional or Chicken	\$2⁹⁹_{12-16 oz. pkg.} Gwaltney Bologna Traditional or Chicken	\$3⁹⁹_{10 oz. pkg.} Caribbean Food Delights Jamaican Style Patties 2 Count Fully Baked-Frozen Beefy Cheese or Spicy Beef
\$4⁹⁹_{14 oz. pkg.} Johnsonville Smoked Pork Sausage Links Stadium Brats or Beddar with Cheddar	\$3⁹⁹_{13 oz. pkg.} Eckrich Polska Kielbasa or Original Smoked Sausage	\$5⁹⁹_{16 oz. pkg.} Curly's Pulled Barbecue Meats Chicken, Pork or Bold & Spicy Pork

GREAT ON THE GRILL!		
\$4⁹⁹_{lb.} Baby Back Pork Ribs Grain Fed Fresh	\$4⁹⁹_{14 oz. pkg.} Premio Fresh Italian Chicken Sausage Links Selected Varieties	\$4⁹⁹_{16 oz. pkg.} Esposito's Fresh Italian Pork Sausage Links Hot or Sweet
\$16⁹⁹_{48 oz. pkg.} Avenue A Ground Beef Hamburgers 12 Count Frozen	\$26⁹⁹_{80 oz. pkg.} Avenue A Ground Beef Hamburgers 20 Count Frozen	\$6⁹⁹_{40 oz. pkg.} Mr Chikin Chicken Wing Sections Frozen
\$8⁹⁹_{16 oz. pkg.} Wahlburgers Signature Blend Angus Ground Beef Famous Gourmet Blend	\$11⁹⁹_{20-21,28 oz. pkg.} Wahlburgers Signature Blend Angus Ground Beef Burgers or Sliders	\$11⁹⁹_{21,28 oz. pkg.} Wahlburgers Beef Burgers American Style Kobe Blend or Prime Blend

PRE-PACKAGED MEATS		
\$5⁹⁹_{16 oz. pkg.} Farmland Original Bacon Classic Cut or Thick Cut	2/\$5_{16 oz. pkgs.} Oscar Mayer Classic Wieners 10 Count	\$3⁹⁹_{14-16 oz. pkg.} Oscar Mayer Beef or Turkey Franks or Stuffed Cheese Dogs
\$5⁹⁹_{8-9 oz. pkg.} Hillshire Farm Cold Cuts Selected Varieties	\$3⁴⁹_{7-9 oz. cont.} Buddig Cold Cuts Selected Varieties	\$5⁴⁹_{8-9 oz. pkg.} Oscar Mayer Deli Fresh Cold Cuts Selected Varieties

SEAFOOD SELECTIONS		AVAILABLE ONLY IN PARTICIPATING STORES	
\$3⁹⁹_{lb.} Swai Fillet Farm Raised Previously Frozen Striped Pangasius	\$9⁹⁹_{lb.} Scrod Fillet Wild Caught Cut from Frozen-at-Sea Scrod	\$6⁹⁹_{16 oz. pkg.} Great American Tilapia Fillet Farm Raised Frozen or Thawed	\$7⁹⁹_{lb.} Kingfish Steaks Frozen
\$8⁹⁹_{16 oz. pkg.} Jade Lion Large Cooked Shrimp Frozen, 31-40 Count	\$7⁹⁹_{16 oz. pkg.} Jade Lion Large Raw Shrimp Frozen, 31-40 Count Peeled, Deveined	\$4⁹⁹_{16 oz. pkg.} Great American Imitation Crab Meat Frozen or Thawed	\$16⁹⁹_{32 oz. pkg.} Great American Salmon Fillet Frozen or Thawed Wild Caught
\$10⁹⁹_{16 oz. pkg.} Great American Raw Shrimp Frozen, Jumbo 16-20 Count, EZ Peel	\$8⁹⁹_{16 oz. pkg.} Great American Raw Shrimp Frozen, Large 31-40 Count, EZ Peel	\$9⁹⁹_{16 oz. pkg.} Great American Cooked Shrimp Frozen, Medium 51-60 Count	\$8⁹⁹_{16 oz. pkg.} Great American Cooked Shrimp Frozen, Medium 71-90 Count
\$12⁹⁹_{40 oz. pkg.} Great American Swai Fillet Frozen Farm Raised	\$6⁹⁹_{16 oz. pkg.} Arctic Moon Boneless Bacalao	\$4⁹⁹_{12 oz. pkg.} Luna Artica Boneless Bacalao	\$5⁹⁹_{16 oz. pkg.} Frozen Smelts Wild Caught
			\$7⁹⁹_{10 oz. pkg.} Aqua Star Reserve Cocktail Shrimp Ring 35 Count Cooked & Peeled With Cocktail Sauce

NATURAL & ORGANIC
ITEMS SOLD WHERE AVAILABLE

Organic Produce



\$3.99
5 oz. clamshell

Organic Girl Salads
Certified Organic Assorted Varieties



\$2.99
16 oz. pkg.

GREAT FOR JUICING!

Celery Hearts
Certified Organic



\$2.99
12 oz. pkg.

Peeled Baby Rainbow Carrots
Certified Organic



\$3.99
8 oz. clamshell

GREAT ON THE GRILL!

Whole White Mushrooms
Certified Organic



\$4.99
12 oz. pkg.

Pero Family Farms Snipped Green Beans
Certified Organic



\$3.99
9 oz. pkg.

Earthbound Farm Vegetable Medley
Certified Organic Broccoli, Cauliflower and Baby Carrots



\$3.99
6 ct. pkg.

Mini Seedless Cucumbers
Certified Organic



DON'T FORGET TO ORDER YOUR STORE MADE FRUIT AND VEGETABLE PLATTERS FOR ALL YOUR PARTY NEEDS! (WHERE AVAILABLE)

THE BEST PRODUCE!

ASSORTED CANDY, NUT, VEGETABLE AND FRUIT TRAYS NOW AT YOUR LOCAL PRODUCE DEPT. (WHERE AVAILABLE)

3/\$5

for
Red or Green Leaf Lettuce Bunches



3/\$2

for
Super Select Cucumbers



2/\$5

Fresh Gourmet Croutons
Assorted Varieties



2/\$5

for
Boston Lettuce
Hydroponic



\$5.99
0.28-1.28 oz. cont.

Lighthouse Freeze Dried Herbs
Assorted Varieties



2/\$4

12 oz. pkg.
Dole Garden Salad
or Shredded Lettuce (8 oz.), Classic Coleslaw (14 oz.) or Angel Hair Coleslaw (10 oz.)



2/\$7

16 oz. bag
Wonderful Seedless Lemons
GREAT FOR COOKING!



2/\$7

10 oz. pkg.
Northeast Fresh Savoy Spinach



3/\$5

7 oz. container
Del Monte Fruit Naturals Fruit Cups
Assorted Varieties



\$1.99

lb.
White Peaches
California



\$3.99

ea.
Red Dragon Fruit



\$3.99

2 lb. bag
Juicy Green Limes
Club Pack



2/\$6

12 oz. bag
Green Giant Vegetables
Broccoli Florets, Cut Butternut Squash, Cauliflower Crumbles or Green Beans



2/\$7

6-8 oz. bag
Green Giant Sugar Snap Peas or Snow Peas



\$4.99

12-16 oz. container
Sam's Fresh Salsa
Assorted Varieties



GREAT ON THE GRILL!

99¢

lb.
Red Onions



\$4.99

16 oz. pkg.
Rainbow Bell Peppers
4 Count



2/\$4

8 oz. container
Giorgio Sliced & Washed White Mushrooms



2/\$5

1 pint container
Grape Tomatoes
GREAT FOR KABOBS!



79¢

lb.
Idaho Potatoes
U.S. #1



SNACKS AND BEVERAGES

WHERE AVAILABLE
(PLUS BTL. DEPOSIT WHERE REQUIRED BY LAW)

\$5.49

101.4 oz. pkg.
Pepsi 6 Pack
16.9 oz. Bottles Selected Varieties



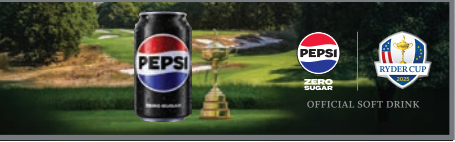
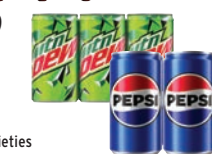
2/\$5

67.6 oz. bottle
Pepsi 2 Liter
Selected Varieties



\$4.99

45 oz. pkg.
Pepsi Mini Cans
6 Pack
7.5 oz. Cans Selected Varieties



2/\$4

12 oz. pkg.
Avenue A Hamburger or Hot Dogs Rolls
8 Count



\$3.49

20 oz. pkg.
Nature's Own Bread
Hawaiian or 100% Whole Wheat



\$2.99

13-15 oz. pkg.
Wonder Classic Hamburger or Hot Dog Buns
or Hawaiian Buns



\$3.99

16-18 oz. pkg.
Nature's Own Perfectly Crafted Brioche Style Hot Dog Rolls or Hamburger Buns
or Artisan Style Everything Hamburger Buns



\$6.49

17.6 oz. pkg.
Dave's Killer Bread Organic Hamburger Buns
8 Count
Burger Buns Done Right or 21 Whole Grains & Seeds



\$4.29

24 oz. pkg.
Arnold Whole Grains Bread
Selected Varieties



\$2.99

16 oz. pkg.
Thomas' Swirl Bread
or Everything Breakfast Bread



2/\$5

10.5-11.25 oz. pkg.
Hostess Donettes Mini Donuts
Selected Varieties



\$4.99

10.68-20 oz. pkg.
Nabisco Oreo Sandwich Cookies
Family Size Selected Varieties



\$3.99

12.2-14.4 oz. pkg.
Nabisco Honey Maid Graham
Selected Varieties



\$3.99

5.25-12 oz. pkg.
Herr's Tortilla Chips, Potato Chips, Popcorn or Pretzels
Selected Varieties



\$7.99

18-28 oz. container
Herr's Barrel Snacks
Party Mix, Pretzel Rods or Cheese Balls



\$4.99

17 oz. pkg.
Barcel Takis Fiesta Size Rolled Tortilla Chips
Selected Varieties



\$3.99

ea.
Tostitos Tortilla Chips
(9-13 oz. pkg.) or Salsa (15.5 oz. jar)
Selected Varieties



\$7.99

144 oz. 12 pack
Coca-Cola 12 Pack
12 oz. Cans Selected Varieties



\$6.99

24 oz. 8 pack
Coca-Cola 8 Pack
12 oz. Bottles or Slim Cans Selected Varieties



YOUR CHOICE!

Topo Chico Saboros Sparkling Water 8 Pack
12 oz. Cans-Selected Varieties



3/\$5

42 oz. bottle
Coca-Cola 1.25 Liter
Selected Varieties



\$5.99

75 oz. pkg.
Canada Dry Mini Cans
10 Pack
7.5 oz. Cans Selected Varieties



2/\$3

32.8 oz. bottle
Canada Dry 1 Liter
Selected Varieties



4/\$5

16.9 oz. bottle
Powerade Sports Drinks
Selected Varieties



2/\$4

16.9 oz. bottle
Gatorade Sports Drinks
Selected Varieties



4/\$5

16 oz. bottle
Snapple Drinks
or Core Hydration Water (23.9 oz.)



99¢

20 oz. bottle
Arizona Drinks
Selected Varieties



\$7.99

40.5 oz. 24 pack
Aquafina Water
24 Pack
16.9 oz. Bottles



\$2.29

75 oz. bottle
Evian Natural Spring Water
1 Liter
or Glacéau Smartwater 1.5 Liter (50.7 oz.)



\$7.99

64 oz. 4 pack
Stella Artois Beer
4 Pack
16 oz. Cans Belgium



\$9.99

67.2 oz. 6 pack
Mike's Hard or Cayman Jack Malt Beverages
6 Pack
11.2 oz. Bottles Selected Varieties



2/\$5

11.2 oz. 6 pack
Nemo's Nutcracker Malt Beverage
6 Pack
11.2 oz. Bottles or Cans Selected Varieties



\$10.99

72 oz. 6 pack
Goose Island or Kona Brewing Co. Beer 6 Pack
12 oz. Bottles or Cans Selected Varieties



\$10.99

72 oz. 6 pack
Five Boroughs or Cigar City Brewing Co. Beer 6 Pack
12 oz. Cans Selected Varieties



\$11.99

144 oz. 12 pack
Miller High Life Beer
12 Pack
12 oz. Bottles or Cans



\$11.99

72 oz. 6 pack
Angry Orchard Hard Cider or New Belgium Beer 6 Pack
12 oz. Bottles or Cans Selected Varieties



\$13.99

144 oz. 12 pack
Yuengling Beer
12 Pack
12 oz. Bottles or Cans Selected Varieties



\$14.99

144 oz. 12 pack
Dos Equis, Modelo Oro, Presidente or Beck's Beer 12 Pack
12 oz. Bottles or Cans Selected Varieties



\$17.99

144 oz. 12 pack
Toña Beer
12 Pack
12 oz. Cans



\$18.99

144 oz. 12 pack
Corona, Modelo or Pacifico Beer 12 Pack
12 oz. Bottles or Cans or Modelo Spiked Aguas Frescas



\$18.99

144 oz. 12 pack
Topo Chico or Truly Hard Seltzer 12 Pack
12 oz. Cans Selected Varieties



\$26.99

168 oz. 12 pack
Coronita, Modelito or Stella Artois Beer 24 Pack
7 oz. Bottles Regular



Heineken Beer 24 Pack
7 oz. Bottles Regular



White Claw Hard Seltzer 12 Pack
12 oz. Cans Selected Varieties



Heineken or Amstel Light Beer 12 Pack
11.2-12 oz. Bottles or Cans Selected Varieties



Tecate Beer 12 Pack
12 oz. Cans Regular or Light



Coors Light, Miller Lite, Budweiser or Bud Light Beer 12 Pack
12 oz. Bottles or Cans Selected Varieties



Heineken Silver Beer 12 Pack
12 oz. Bottles or Cans



Michelob Ultra Beer 12 Pack
12 oz. Bottles or Cans Regular or Zero



Busch Beer 12 Pack
12 oz. Cans Regular or Light



Stella Artois Beer 12 Pack
11.2-12 oz. Bottles or Cans Selected Varieties



\$13.99

SALE PRICE
-5.00 DIGITAL REBATE
\$8.99 AFTER FINAL REBATE



\$13.99

SALE PRICE
-6.00 DIGITAL REBATE
\$7.99 AFTER FINAL REBATE



\$14.99

SALE PRICE
-6.00 DIGITAL REBATE
\$8.99 AFTER FINAL REBATE



\$14.99

SALE PRICE
-7.00 DIGITAL REBATE
\$7.99 AFTER FINAL REBATE



\$9.99

SALE PRICE
-3.00 DIGITAL REBATE
\$6.99 AFTER FINAL REBATE



\$18.99

SALE PRICE
-7.00 DIGITAL REBATE
\$11.99 AFTER FINAL REBATE



DELI DEPARTMENT

Let Us Cater Your Event or Party! Come See Us For All Your Entertainment Needs! Where Available

\$9.99

lb.
Boar's Head Genoa Salami
Sliced to Order Natural Casing



\$11.99