



Summer GRILLING!

Sale Starts Friday, July 11th thru Thursday, July 17th, 2025

FRI.	SAT.	SUN.	MON.	TUES.	WED.	THUR.
11	12	13	14	15	16	17

\$5⁹⁹
lb.

GREAT ON THE GRILL!

Sirloin Tip London Broil
USDA Choice Beef

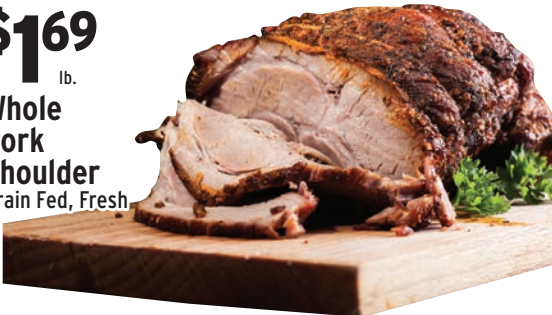


\$8⁹⁹
lb.

Short Ribs
USDA Choice Beef

\$1⁶⁹
lb.

Whole Pork Shoulder
Grain Fed, Fresh



99¢
lb.

Perdue Chicken Leg Quarters
Grade A, Fresh All Natural



GREAT ON THE GRILL!

\$2⁹⁹
dry pints

Fresh Blueberries

HIGH IN ANTIOXIDANTS

\$1⁹⁹
lb.

California Nectarines



\$1⁹⁹
lb.

Red Peppers

GREAT ON THE GRILL!

\$1⁹⁹
lb.

Broccoli Crowns



99¢
lb.

Fresh Eggplant or Green Squash
Locally Grown

GREAT ON THE GRILL!

\$2⁹⁹
lb.

Sweet Cherries

Northwest, Fat Free & Anti-Inflammatory, Buy Now & Freeze for Later



FIND THE PERFECT RECIPE AT METFRESH.COM!

3/\$10

MIX & MATCH!

Kellogg's Special K Cereal
Selected Varieties 9.6-12.6 oz. pkgs.

General Mills Chex Cereal
Selected Varieties 12-14 oz. pkgs.



\$9⁹⁹
128 oz. btl.

Wesson Oil
Canola, Corn or Vegetable



2/\$4
28 oz. cans

Sclafani Tomatoes
Crushed or Puree



2/\$5
15 oz. btl.

Wish-Bone Salad Dressing
Selected Varieties



3/\$5
5 oz. cans

Bumble Bee Solid White Albacore Tuna
In Water or In Oil



\$9⁹⁹
ea.

YOUR CHOICE!

Scott Bath Tissue 12 Pack
Regular Rolls 12,000 ct. pkg.

Avenue A Bath Tissue 20 Pack
1-Ply Regular Rolls 20,000 ct. pkg.



2/\$3
12-16 oz. pkgs.

Barilla Pasta or Ready Pasta (7 oz.)



2/\$5
16-24 oz. jars

Ragu Pasta Sauce
Selected Varieties



3/\$5
13.5-15.25 oz. cans

Del Monte Vegetables
Selected Varieties



\$11⁹⁹
20 lb. pkg.

Carolina Rice
Gold Parboiled or Extra Long Grain White



\$5⁹⁹
ea.

YOUR CHOICE!

Purex Liquid Laundry Detergent
Selected Varieties, 43.5-50 oz. btl.

Gain Liquid Laundry Detergent
or Gain Flings! Laundry Detergent Pacs (16 ct. pkg.), 50 oz. btl.



\$2⁹⁹
4 lb. pkg.

Snow White Extra Fine Granulated Sugar



3/\$10
60 oz. pkgs.

Capri Sun Juice Drinks 10 Pack
Selected Varieties



2/\$5
32-52 oz. conts.

Planet Oat Oatmilk or Oatmilk Creamer
Selected Varieties



2/\$7
14-32 oz. pkgs.

McCain Potatoes or Onion Rings
Selected Varieties



2/\$4
8.5-9 oz. pkgs.

Hot Pockets Pocket Sandwiches
Selected Varieties



2/\$6
7.2-12 oz. pkgs.

Pillsbury Toaster Strudel
or Toaster Scrambles or Toaster Donut/Pastries



REDEEM 1,000 POINTS
REGULAR SALE PRICE 2 FOR \$6

\$1⁹⁹
13 oz. pkg.

Thomas' English Muffins 6 Pack Original



REDEEM 2,000 POINTS
REGULAR SALE PRICE 3 FOR \$12

\$1⁹⁹
473.2 oz. pkg.

Pure Life Purified Water 28 Pack
16.9 oz. Bottles Plus Deposit Where Required



REDEEM 2,000 POINTS
REGULAR SALE PRICE \$3.99

\$1⁹⁹
5-12 oz. pkg.

Lay's Potato Chips or Simply Snacks
or Poppables Potato Snacks



REDEEM 2,000 POINTS
REGULAR SALE PRICE \$5.99

\$3⁹⁹
10.2-11.3 oz. cont.

Chock Full o' Nuts Coffee
Selected Varieties



REDEEM 2,000 POINTS
REGULAR SALE PRICE 3 FOR \$12

\$1⁹⁹
144 oz. pkg.

Vintage Mixers 12 Pack
12 oz. Cans Selected Varieties Plus Deposit Where Required



REDEEM 2,000 POINTS
REGULAR SALE PRICE \$3.99

\$1⁹⁹
46 oz. btl.

Tropicana Pure Premium Orange Juice
or Red Grapefruit Juice



REDEEM 2,000 POINTS
REGULAR SALE PRICE 2 FOR \$8

\$1⁹⁹
14.4-16 oz. cont.

Ben & Jerry's Ice Cream
or Non-Dairy Frozen Dessert



of Bedford-Stuyvesant

410 Tompkins Avenue Brooklyn, NY 11216
(718) 636-6300

SHOP ONLINE TODAY AT WWW.METFRESH.COM
FREE PHONE ORDERS & ONLINE SHOPPING
WITH MINIMUM OF \$50

FREE DELIVERY

STORE HOURS 7AM-10PM • SUNDAY-SATURDAY
WE ACCEPT ALL MAJOR CREDIT CARDS, EBT, WIC & OTC NETWORK

10% SENIOR CITIZEN DISCOUNT
EVERY WEDNESDAY & THURSDAY

So that we may serve all our customers, we reserve the right to limit sales of any item. Items offered for sale not available in case lots. Not responsible for typographical errors. Prices effective Fri., July 11 thru Thur., July 17, 2025. All Met Stores are independently owned and operated. Not all items available in all stores. Some pictures are for design purposes only and do not necessarily represent items on sale.

GROCERY SAVINGS!

2/\$7

10.5 oz. conts.

Betty Crocker Bisquick Shake 'n Pour Buttermilk Pancake Mix

2/\$5

5.1 oz. conts.

Betty Crocker Bisquick Shake 'n Pour Buttermilk Pancake Mix

\$4.99

28 oz. jar

Jif Peanut Butter Creamy or Crunchy

2/\$5

20 oz. btl.

Smucker's Grape Jelly

5/\$5

33.9 oz. btl.

Poland Spring Sparkling Natural Spring Water 1 Liter Selected Varieties Plus Deposit Where Required

\$5.99

10.2-11.9 oz. cont.

Chock Full o' Nuts Coffee Selected Varieties

2/\$5

16 oz. jars

Mezzetta Pepper Rings or Jalapeño Peppers Selected Varieties

2/\$4

12 oz. btl.

Crystal Hot Sauce Original

\$2.99

16 oz. jar

Mezzetta Italian Mix Giardiniera or Sweet Cherry Peppers

2/\$6

16 oz. jars

Vlasic Pickles Sweet Gherkins or Kosher Dill Baby Wholes

2/\$4

14 oz. btl.

Heinz Yellow Mustard

\$9.99

25.36 oz. btl.

Bertolli Olive Oil Mild, Extra Light or Extra Virgin

\$5.99

5 oz. btl.

Pompeian Cooking Spray Selected Varieties

\$14.99

32 oz. btl.

Pompeian Extra Virgin Olive Oil Smooth or Robust

\$4.99

40 oz. btl.

Mazola Oil Corn Plus, Canola, Corn or Vegetable Plus

2/\$7

8 oz. conts.

Botticelli Minced Garlic

\$6.99

26 pkg.

Diamond Crystal Kosher Salt Flakes

\$5.99

20 oz. pkg.

Bumble Bee Chunk Light Tuna 4 Pack In Water or In Vegetable Oil

2/\$5

5 oz. cans

Bumble Bee Prime Tuna Selected Varieties

2/\$4

3.5 oz. pkgs.

Bumble Bee Snack on the Run! Tuna or Chicken Salad Kit With Crackers Original or Fat Free

2/\$5

7.5 oz. cans

Icy Point Pink Salmon

4/\$5

3.75 oz. cans

Beach Cliff Sardines or Fish Steaks Selected Varieties

\$5.99

12 oz. can

Libby's Corned Beef Original or 25% Less Sodium

2/\$7

15 oz. cans

Libby's Corned Beef Hash Original

\$3.99

12 oz. can

Spam Luncheon Meat Selected Varieties

COFFEE CORNER

\$7.99

7 oz. jar

Chock Full o' Nuts Instant Coffee Original

\$12.99

10-12 oz. pkg.

Starbucks Coffee or K-Cups 10 Pack (3.5-4.4 oz.)

\$6.99

10 oz. cont.

Café Bustelo or Café Pilon Coffee Original

TRENDING & HEALTHY!

ANNIE'S SPECIAL

BUNNY

ANNIE'S

2/\$6

6-10.5 oz. pkgs.

Annie's Gluten Free or Family Size Macaroni & Cheese Selected Varieties

\$3.99

5.34-7.5 oz. pkg.

Annie's Homegrown Organic Baked Snacks or Chewy Chocolate Chip Granola Bars

2/\$7

8 oz. btl.

Annie's Salad Dressing Selected Varieties

\$4.99

8-11 oz. pkg.

Annie's Deluxe Shells & Cheese Selected Varieties

2/\$7

6 oz. pkgs.

Annie's Organic Macaroni & Cheese Selected Varieties

2/\$4

2.01 oz. conts.

Annie's Macaroni & Cheese White Cheddar or Real Aged Cheddar

2/\$3

5.3-6 oz. pkgs.

Annie's Macaroni & Cheese Selected Varieties

\$10.99

25.36 oz. btl.

Bertolli Organic Extra Virgin Olive Oil

\$7.99

32 oz. btl.

Spectrum Organic Distilled White Vinegar

2/\$9

8 oz. conts.

Slap Ya Mama Cajun Seasoning White Pepper or Hot

2/\$5

7.5 oz. jars

Mister Mustard Original Hot Mustard

2/\$5

2-4 oz. pkgs.

Mavuno Harvest Organic Dried Fruit Selected Varieties

\$4.99

12-16, 6 oz. pkg.

The Silver Palate Grain Berry Cereal Selected Varieties

\$3.99

14 oz. pkg.

The Silver Palate Thick & Rough Oatmeal

2/\$5

1.55 oz. pkg.

Balanced Tiger Protein Bars Selected Varieties

2/\$7

5-7.9 oz. pkgs.

Dare Crackers Selected Varieties

2/\$12

4.25-6.5 oz. pkgs.

Mary's Gone Crackers Organic Crackers Selected Varieties

\$6.49

4.4 oz. pkg.

Patagonia Provisions Organic Crackers Selected Varieties

2/\$10

4.25 oz. pkgs.

The Daily Crave Gluten-Free Fries or Chips Selected Varieties

2/\$9

12 oz. cans

Xochitl Corn Tortilla Chips Selected Varieties

2/\$7

8 oz. conts.

We Guac Natural Guacamole Mild or Spicy

\$5.99

15 oz. jar

Xochitl Salsa Selected Varieties

2/\$6

5.3 oz. conts.

Castello Whipped Dip Selected Varieties

\$9.99

38.4 oz. pkg.

GoGo Squeeze Fruit on the Go Applesauce 12 Pack Selected Varieties

2/\$7

33.84 oz. pkgs.

Juicy Juice Organics 100% Juice 8 Pack Fruit Punch or Apple

2/\$8

9.5 oz. btl.

Taste Nirvana Coconut Water Premium or With Pulp

2/\$5

33.8 oz. pkgs.

Flow Alkaline Spring Water Selected Varieties Plus Deposit Where Required

2/\$4

12 oz. cans

Sanzo Sparkling Water Selected Varieties Plus Deposit Where Required

2/\$6

12 oz. cans

Humm Probiotic Kombucha Selected Varieties Plus Deposit Where Required

\$5.49

48 oz. pkg.

Virgil's Soda 4 Pack 12 oz. Cans Selected Varieties Plus Deposit Where Required

2/\$5

104 ct. pkgs.

Green Forest Premium Paper Towels Size Your Own

2/\$5

792 ct. pkgs.

Green Forest Bath Tissue 4 Pack 2-Ply Unscented

Page 2

GROCERY SAVINGS!

2/\$5
4.7-6.0 oz.
pkgs.

Betty Crocker
Hamburger
Helper Mix
Selected Varieties

2/\$5
16 oz.
jars

Vlasic
Pickle Chips
Bread & Butter
or Hamburger Dill
Ovals

\$3.99
32 oz.
pkgs.
Vlasic
Dill Pickles
Selected
Varieties

3/\$5
24 oz.
btl.

Del Monte
Tomato Ketchup
Original

5/\$5
9 oz.
cans

Bumble Bee
Chunk
Light Tuna
In Water or In Oil

3/\$5
12 oz.
cans

Magnolia
Evaporated Milk

2/\$5
14 oz.
cans

Magnolia
Sweetened
Condensed Milk
Original or Fat Free

2/\$5
2 oz.
conts.

Hamburger
Helper
Microwaveable
Pasta Meals
Selected Varieties

\$24.99
20 lb.
pkg.

Carolina
Jasmine
Rice

2/\$3
16 oz.
pkgs.

Carolina
Extra Long Grain
White Rice

4/\$5
15.5 oz.
cans

Goya
Low Sodium
Beans
Selected Varieties

3/\$5
8 oz.
conts.

Goya
Adobo
All Purpose
Seasoning
With Pepper
or Without Pepper

2/\$7
15-16 oz.
jars

Bertolli
Gourmet
Pizza Sauce
Parmesan & Italian Herbs
or Garlic Margherita

2/\$4
14.5 oz.
cans

Hunt's
Diced
Tomatoes
Selected Varieties

\$3.99
72-100 ct.
pkg.

Tetley
Tea Bags
Selected Varieties

\$14.99
40 oz.
btl.

Golden Blossom
Honey
Genuine Natural Pure

\$5.99
12 oz.
pkg.

Whole Earth
Plant-Based
Sugar Alternative
Monk Fruit
with Erythritol

\$5.99
16.8-18 oz.
pkg.

Quaker
Large Size
Cap'n Crunch
or Life Cereal
Selected Varieties

\$3.99
4.59-8.94
oz. pkg.

Nature Valley
Granola Bars
or Breakfast
Biscuits
Selected Varieties

\$4.99
7.44 oz.
pkg.

Nature Valley
Soft-Baked
Oatmeal
Squares
Selected Varieties

\$4.99
4.17 oz.
pkg.

Fiber One
Chewy Bars
Selected Varieties

\$3.99
6.78-6.8 oz.
pkg.

General Mills
Treats
Cereal Bars
or Chex Mix Bars

\$4.99
7.4-12.1 oz.
pkg.

Quaker
Instant
Oatmeal
Selected Varieties

\$5.99
6.5
YOUR CHOICE!

Cheez-It
Baked
Snack
Crackers
Selected Varieties
21 oz. pkg.

Kellogg's
Town House
or Club
Crackers
Original
18.8-20.7 oz. pkg.

\$6.99
28 oz.
cont.

Keebler
Export Sodas
Crackers
Original

2/\$5
6.3 oz.
pkgs.

Combos
Baked Snacks
Selected Varieties

\$4.99
6.06-7.04 oz.
pkg.

Quaker
Rice Crisps
Selected Varieties

\$3.49
7.92-9.6 oz.
pkg.

Pop Secret
Popcorn
3 Count
Selected Varieties

\$3.99
16 oz.
cont.

Planters
Peanuts
Selected Varieties

4/\$5
1.2-1.75 oz.
pkgs.

Hershey's
Candies
Selected Varieties

2/\$4
0.7 oz.
pkgs.

Kinder
Joy
Wafer Bites
with Toy
Original or Go Wild

2/\$3
1.5 oz.
pkgs.

Kinder
Bueno
Crispy Creamy
Chocolate
Bars

2/\$7
6 oz.
pkgs.

Sunsweet
Amaz!n
Pitted Prunes
Probiotic + Elderberry

\$2.99
1.48 oz.
cont.

Gerber
Snacks
for Baby
Selected Varieties

2/\$9
64 oz.
btl.

Apple & Eve
100% Cranberry
Juice Blends
Selected Varieties

\$6.99
121.5 oz.
pkg.

Sunny D
Drinks
18 Pack
6.75 oz. Bottles
Tangy Original
Citrus Punch

2/\$6
33.84 oz.
pkgs.

Juicy Juice
100% Juice
8 Pack
Selected Varieties

3/\$12
192 oz.
pkgs.

Pure Life
Purified
Water
24 Pack
8 oz. Bottles
Plus Deposit Where Required

2/\$3
101.4 oz.
btl.

Poland Spring
Natural Spring Water
3 Liter
Plus Deposit
Where Required

3/\$11
202.8 oz.
pkgs.

Poland Spring
Natural
Spring Water
12 Pack
16.9 oz. Bottles
Plus Deposit Where Required

HEALTH & BEAUTY

WHERE AVAILABLE

2/\$9
10.4-12 oz.
btl.

Pantene
Hair Care
Products
Selected Varieties

2/\$10
5.1 oz.
pkgs.

Colgate
Total
Toothpaste
Selected Varieties

\$6.99
3.4-4 oz.
pkgs.

Sensodyne
Toothpaste
Selected Varieties

2/\$10
4.7 oz.
pkgs.

Hello
Fluoride
Toothpaste
or Fluoride Free
Toothpaste

\$5.99
33.8 oz.
btl.

Crest
Scope
Mouthwash
Classic,
Outlast Mint or
Outlast Peppermint

\$6.99
1 ct.
pkg.

Oral-B
Vibrating
Pulsar
Toothbrushes
Selected Varieties

2/\$6
7.6 oz.
pkgs.

Oral-B
Glide
Dental Floss
Picks
or Pro-Health Dental
Floss (50 m. pkgs.)

\$5.49
2.6 oz.
cont.

Dove
Antiperspirant
Invisible
Deodorant Sticks
Selected Varieties

\$6.99
2.62 oz.
cont.
Dove
Deodorant
Sticks
Selected
Varieties

\$8.99
10-12 ct.
pkg.

Gillette
Sensor2
Razors
Plus Pivot, Fixed
or Lubrastrip Fixed

2/\$5
2.12 oz.
pkgs.

Quest
Protein
Bars
Selected Varieties

HOUSEHOLD SAVINGS!

\$8.99
75 sq. ft.

Reynolds Wrap
Aluminum
Foil
18-Inch
Heavy Duty

\$4.99
2.5 ct.
pkg.

Glad
Food Storage
Containers
Selected Varieties

\$3.99
22-48 ct.
pkg.

Solo
Paper Plates
or Cup 'n Lid Combo
(16 ct. pkg.)

2/\$3
7.5 oz.
conts.

Softsoap
Hand Soap
Selected Varieties

2/\$3
7 oz.
conts.

Renuzit
Gel
Air Fresheners
Selected Varieties

\$4.99
16 oz.
btl.

Dawn
Platinum
Powerwash
Dish Spray
Selected Varieties

\$4.99
8.45 oz.
cont.

Finish
Jet-Dry
Rinse Agent
Powerball

\$4.99
32 oz.
btl./cont.

Lysol
All Purpose
Cleaner
Selected Varieties

\$4.99
14.5 oz.
cont.

Easy-Off
Cleaners
Selected Varieties

\$1.99
1.6-1.7 oz.
pkg.

X-14
Toilet Bowl
Cleaner
Selected Varieties

\$4.99
2.82 oz.
pkg.

Lysol
Toilet Bowl
Cleaner
Selected Varieties

\$11.99
19-44 ct.
pkg.

Huggies
Snug & Dry
Diapers
Size 1-6

\$4.99
17.5 oz.
cont.

Raid
Insecticide
Selected Varieties

\$4.99
4 lb.
pkg.

Butcher's Best
Dry Dog Food
Selected Varieties

\$4.99
3 lb.
pkg.

Nunn-Better
Dry
Cat Food
Ocean Plenty
or Farm Fixin's

3/\$5
2 oz.
pkgs.

Inaba Churu
Cat Treats
Selected Varieties

\$11.99
8 lb.
pkg.

World's Best
Cat Litter
Poop Fighter

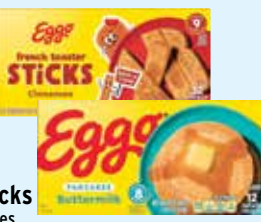
DAIRY SAVINGS!

3/\$5  Daisy Sour Cream Original or Light	4/\$5  Dannon Light & Fit Greek Yogurt Selected Varieties	2/\$7  Tillamook Cheese Bars, Shredded Cheese or Cheese Slices Selected Varieties	2/\$4  Tropicana Pure Premium Orange Juice or Juice Drinks Selected Varieties
\$4.99  Hotel Bar Butter Quarters Salted or Unsalted	2/\$6  Plugra European Style Butter Salted or Unsalted	\$6.99  Philadelphia Cream Cheese Spread Original, 1/3 Less Fat or Chive & Onion	2/\$4  Heluva Good! French Onion Dip
\$7.99  International Delight Coffee Creamer Selected Varieties	2/\$6  Five Acre Farms Local Butter Milk	3/\$5  Chobani 20g Protein Zero Added Sugar Greek Yogurt Selected Varieties	2/\$5  Noosa Yoghurt Selected Varieties
\$4.99  Breakstone's Cottage Cheese Selected Varieties	2/\$3  Daisy 4% Cottage Cheese with Fruit Selected Varieties	\$5.99  Dunkin' Iced Coffee Selected Varieties	
\$8.99  YoCrunch Lowfat Yogurt 8 Pack Oreo Cookies 'N Cream & Vanilla M&Ms	2/\$6  Daily Sun Orange or Apple Juice Beverage Selected Varieties	2/\$6  Welch's Fruit Drinks Selected Varieties	2/\$3  Ssips Drinks Selected Varieties
\$3.99  Minute Maid Zero Sugar Drinks Lemonade or Fruit Punch	2/\$7  Turkey Hill Drinks Selected Varieties	2/\$7  Jell-O Pudding or Gelatin Snacks 4 Pack or Temptations Snacks	
\$12.99  Giovanni Rana Lasagna 5 Cheese or Meat	\$6.99  Locatelli Grated Pecorino Romano Cheese	2/\$6  BelGioioso Cheese Selected Varieties	\$3.99  BelGioioso Fresh Mozzarella Cheese Selected Varieties
\$4.99  Take Home Skillet Bombs Pan-fry Potato Snacks Selected Varieties	\$6.99  Daniele Prosciutto Panino	\$5.99  Daniele Del Duca Dry Salami	

TRENDING & HEALTHY IN THE DAIRY DEPARTMENT!

\$7.99  Annie's Homegrown Organic Cinnamon Rolls with Icing	\$5.99  Annie's Homegrown Organic Flaky Biscuits	\$3.99  Lifeway Kefir Smoothies Selected Varieties	2/\$6  Newman's Own Lemonade or Fruit Juice Cocktails Selected Varieties	3/\$5  Ratio Yogurt Cultured Dairy Snacks Keto Friendly Vanilla or Coconut
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FROZEN SAVINGS!

2/\$6  Kellogg's Eggo Pancakes or French Toaster Sticks Selected Varieties	\$4.99  Sara Lee Classic Pound Cake	2/\$6  Birds Eye Steamfresh Seasoned, Sauced, Power Blend or Premium Vegetables Selected Varieties	2/\$9  Hungry-Man Dinners Selected Varieties
\$7.99  Jones Dairy Farm All Natural Sausage Patties or Links	\$4.99  Jones Dairy Farm Pork Sausage Roll Original	2/\$4  Avenue A Okra Cut or Whole	2/\$7  Avenue A Vegetables Selected Varieties
\$9.99  Birds Eye Voila! Family Size Skillet Meals or Oven Bake Meals	\$4.99  Green Giant Mini Corn on the Cob Nibblers or Extra Sweet	3/\$5  Birds Eye Steamfresh Vegetables Selected Varieties	\$3.99  Birds Eye Oven Roasters Vegetables Selected Varieties
\$5.99  Mrs. Paul's Breaded Seafood Products Selected Varieties	\$3.99  Healthy Choice Café Steamers Meals Selected Varieties	\$3.99  Banquet Mega Entrees Selected Varieties	2/\$9  Marie Callender's Meals Selected Varieties
\$6.49  Tree Tavern Cheese Pizza	\$9.99  Old El Paso Stuffed Nachos 40 Count Selected Varieties	\$3.99  SuperPretzel Baked Soft Pretzels Selected Varieties	
\$5.99  SuperPretzel Baked Soft Pretzels or Pretzel Dogs (9.6 oz.)	\$7.99  Farm Rich Appetizers Selected Varieties	\$9.99  Smucker's Uncrustables 10 Count Selected Varieties	\$5.99  Sara Lee Family Size Classic Pound Cake
\$7.99  Dole Smoothie Kits Selected Varieties	\$8.99  Dole Boosted Smoothie Kits Selected Varieties	\$10.99  Kellogg's Eggo Homestyle Waffles	\$13.99  Sabrett 100% Beef Hamburgers 8 Count
\$3.99  Steak-umm Sliced Steaks 6 Count Selected Varieties	\$2.79  Goya Yuca Cassava		

FROZEN TREATS!

2/\$9  Friendly's Ice Cream or Sherbet	\$5.99  Friendly's Frozen Novelties Selected Varieties	\$3.99  PhillySwirl Frozen Novelties Selected Varieties	\$6.99  Nestlé Frozen Novelties or Drumstick Frozen Dairy Dessert Cones
\$6.99  Häagen-Dazs Ice Cream Bars 6 Count Selected Varieties	\$6.99  Oreo Frozen Dairy Dessert Cups, Cones or Bars Selected Varieties	\$3.99  Blue Bunny Frozen Dairy Dessert Sandwiches Selected Varieties	\$2.99  Blue Bunny Frozen Dairy Twist Dessert Selected Varieties
\$3.99  Outshine Fruit Bars Selected Varieties			

TRENDING & HEALTHY IN THE FROZEN DEPARTMENT!

\$9.99  Wyman's Protein Blends Banana Peanut Butter or Wild Blueberry Crumble	\$7.99  MorningStar Farms Plant-Based Meatless Products Selected Varieties	\$3.99  MorningStar Farms Plant-Based Breakfast Products or Appetizers or Veggie Dogs	\$4.99  MorningStar Farms Plant-Based Grilling Products or Corn Dogs
\$3.99  Purple Carrot Plant-Based Bowls Selected Varieties	\$4.99  Eat Meati MushroomRoot Crispy Cutlets	\$5.99  Eat Meati MushroomRoot Classic Steaks	\$3.99  Blake's Meals Selected Varieties

THE BAKE SHOPPE!

\$4.99  Angel Food Cake	2/\$7  Calise Bakery Rolls Selected Varieties	\$5.99  Isabella's or Uncle Wally's Muffins 4 Pack Selected Varieties	\$7.99  Palermo Bakery 5-Inch Cakes Selected Varieties	\$3.99  Give & Go Two-Bite Cupcakes 12 Pack Selected Varieties	\$4.99  Give & Go Two-Bite Mini Donuts 12 Pack Assorted or Strawberry Iced
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NATURAL & ORGANIC
ITEMS SOLD WHERE AVAILABLE

Organic Produce



\$3⁹⁹ lb. Sweet Peaches Certified Organic	2/\$4 16 oz. bags Peeled Baby Carrots Certified Organic	\$2⁹⁹ ea. Fresh Celery Certified Organic	2/\$4 for Fresh Cilantro Certified Organic Bunch	\$3⁹⁹ 3 cl. pkg. Romaine Hearts Certified Organic	\$3⁹⁹ 8 oz. cont. Whole Baby Bella Mushrooms Certified Organic GREAT ON THE GRILL!
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DON'T FORGET TO ORDER YOUR STORE MADE
FRUIT AND VEGETABLE PLATTERS FOR ALL
YOUR PARTY NEEDS! (WHERE AVAILABLE)

THE BEST PRODUCE!

ASSORTED CANDY, NUT, VEGETABLE
AND FRUIT TRAYS NOW AT YOUR LOCAL
PRODUCE DEPT. (WHERE AVAILABLE)

2/\$4 for Red Grapefruit Extra Large	\$2⁹⁹ 2 lb. bag Juicy Lemons Club Pack	99¢ lb. Yellow Watermelon Cut in Quarters	69¢ ea. Fresh Scallions Bunch
\$3⁹⁹ 5 lb. bag Red Potatoes U.S. #1 GREAT FOR POTATO SALAD!	2/\$5 6 cl. paks. Mini Seedless Cucumbers	\$3⁹⁹ 12 oz. pkg. Green Giant Fresh Vegetables Assorted Varieties	\$3⁹⁹ 11.5-12 oz. jar/btl. Marie's Salad Dressing Assorted Varieties
\$4⁹⁹ 6.5-7.5 oz. clamshell Little Leaf Farms Salads Assorted Varieties	\$4⁹⁹ 6.5-7.5 oz. clamshell Little Leaf Farms Salad Kits Crispy Caesar, Sesame Ginger or Southwest	\$4⁹⁹ 7.1-13.25 oz. pkg. Dole Chopped or Premium Salad Kits Assorted Varieties NEW KITS! Smash Burger, Strawberry Popsyseed & Cool Melon	\$4⁹⁹ 4.5-7.25 oz. cont. Dole Fresh Takes Salad Bowls Assorted Varieties GREAT FOR THE BEACH!
\$3⁹⁹ 64 oz. bot. Mayer Brothers Lemonade Assorted Varieties	\$4⁹⁹ ea. Del Monte Sweet Honeyglow Pineapples	\$4⁹⁹ 16 oz. clamshell Zespri Green Kiwi Fruit	\$4⁹⁹ 9.5-10 oz. Spice World Minced Ginger or Garlic
			\$3⁹⁹ 9.5 oz. jar Spice World Easy Onion Minced & Ready to Use

GREAT ON THE GRILL!

99¢ lb. Sweet Vidalia Onions	\$3⁹⁹ 1.5 lb. bag The Little Potato Co. Roasting Potatoes U.S. #1 Assorted Varieties	\$2⁹⁹ 8 oz. cont. Giorgio Steak Cut Mushrooms	2/\$5 Grape Tomatoes GREAT FOR KABOBS!
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SNACKS AND BEVERAGES

WHERE AVAILABLE
(PLUS BTL. DEPOSIT
WHERE REQUIRED BY LAW)

\$1⁹⁹ 20 oz. pkg. Avenue A White Bread	\$2⁹⁹ 17-20 oz. pkg. Wonder Classic Hamburger or Hot Dog Buns or Hawaiian Buns or Classic White Bread	\$5⁹⁹ 17 oz. pkg. Dave's Killer Bread Organic Hamburger Buns 8 Count Burger Buns Done Right or 21 Whole Grains & Seeds	\$3⁹⁹ 16 oz. pkg. Nature's Own Brioche Style Hamburger or Hot Dog Buns	\$1⁹⁹ 10 oz. pkg. Tastykake Dipp'n Sticks Donut Sticks Lemon Blueberry or Glazed Chocolate	\$4²⁹ 24 oz. pkg. Arnold Whole Grains Bread Selected Varieties	2/\$6 8 oz. paks. Thomas' English Muffins 6 Pack Original
2/\$7 16 oz. pkg. Ball Park Hamburger or Hot Dog Buns Selected Varieties 14-16 oz. paks.	MIX & MATCH! Barcel Takis Rolled Tortilla Chips Selected Varieties 9.9 oz. paks.	\$3⁹⁹ 20 oz. pkg. Sara Lee Artesano Bread or Sweet Hawaiian	2/\$6 8.8-17 oz. paks. Hostess Snacks or Mini Muffins Selected Varieties	3/\$5 2-4.75 oz. paks. Hostess Snacks Selected Varieties	2/\$5 10.5-11.25 oz. paks. Hostess Donettes Mini Donuts Selected Varieties	\$4⁴⁹ 10.68-20 oz. pkg. Nabisco Family Size Oreo Sandwich Cookies Selected Varieties
2/\$6 8 oz. paks. Nabisco Snak-Saks Selected Varieties	\$3⁹⁹ 5.25-16 oz. pkg. Herr's Potato Chips, Popcorn, Pretzels or Tortilla Chips Selected Varieties	\$7⁹⁹ 18-28 oz. cont. Herr's Barrel Snacks Selected Varieties	\$3⁹⁹ 5-12 oz. pkg. Lay's Potato Chips or Simply Snacks or Poppables Potato Snacks or La Cocina de Josefina Tortilla Chips	3/\$4 42-57 oz. btl. Canada Dry 1.25 Liter Selected Varieties	3/\$5 42-2 oz. btl. Coca-Cola 1.25 Liter Selected Varieties	\$6⁹⁹ 96 oz. pkg. Coca-Cola 8 Pack 12 oz. Bottles or Slim Cans Selected Varieties
2/\$10 for 16 oz. bottles Arizona Drinks 6 Pack 20 oz. Bottles Selected Varieties 120 oz. paks.	2/\$10 for 16 oz. bottles Snapple Drinks 6 Pack 16 oz. Bottles Selected Varieties 96 oz. paks.	\$8⁴⁹ 144 oz. pkg. Coca-Cola 12 Pack 12 oz. Cans Selected Varieties	\$6⁹⁹ 144 oz. pkg. Pepsi 12 Pack 12 oz. Cans Selected Varieties	\$6⁴⁹ 75 oz. pkg. Pepsi Mini Cans 10 Pack 7.5 oz. Cans Selected Varieties	2/\$3 42-2 oz. btl. Pepsi 1.25 Liter Selected Varieties	
Core Hydration Water 6 Pack 16.9 oz. Bottles Original, 101.4 oz. paks.	Canada Dry 6 Pack 16.9 oz. Bottles Selected Varieties 101.4 oz. paks.	Canada Dry Mini Cans 6 Pack 7.5 oz. Cans Selected Varieties 45 oz. paks.	2/\$5 9-11 oz. cans La Colombe Coffee Drinks Selected Varieties	2/\$4 50.7 oz. gal. Glacéau Smartwater 1.5 Liter Original or Alkaline + Antioxidants	\$1⁸⁹ 18.5 oz. bot. Pure Leaf Iced Tea Selected Varieties	\$9⁹⁹ 160 oz. pkg. Gatorade Sports Drinks 8 Pack 20 oz. Bottles Selected Varieties
4/\$5 28 oz. btl. Powerade Sports Drinks Selected Varieties	\$10⁴⁹ 48 oz. pkg. Red Bull Energy Drinks 4 Pack 12 oz. Cans Selected Varieties	\$22⁹⁹ 100.8 oz. pkg. Red Bull Energy Drinks 12 Pack 8.4 oz. Cans Selected Varieties	\$9⁹⁹ 67.2 oz. pkg. Smirnoff Ice Malt Beverage or Twisted Tea Hard Iced Tea 6 Pack 11.2-12 oz. Bottles Selected Varieties	\$9⁹⁹ 72 oz. pkg. Dos Equis, Heineken Silver or Michelob Ultra Beer 6 Pack 12 oz. Bottles Selected Varieties	\$10⁹⁹ 72 oz. pkg. Carib, Dogfish Head or Coney Island Brewing Company Beer 6 Pack 12 oz. Bottles or Cans Selected Varieties	
\$10⁹⁹ 67.2-72 oz. pkg. Stella Artois, Montauk or Birra Moretti Premium Lager 6 Pack 11.2-12 oz. Bottles or Cans Selected Varieties	\$10⁹⁹ 72 oz. pkg. Modelo, Corona or Peroni Beer 6 Pack 12 oz. Bottles or Cans Selected Varieties	\$12⁹⁹ 120 oz. pkg. Medalla Light Beer 12 Pack 10 oz. Cans	\$13⁹⁹ 67.2 oz. pkg. Weihenstephaner Beer 6 Pack 11.2 oz. Bottles Original or Hefe Weissbier	\$17⁹⁹ 144 oz. pkg. Samuel Adams, Brooklyn or Blue Moon Beer 12 Pack 12 oz. Bottles or Cans Selected Varieties	\$17⁹⁹ 144 oz. pkg. Bud Light Hard Seltzer 12 Pack 12 oz. Cans or Bud Light Seltzer Hard Soda	
\$17⁹⁹ 144 oz. pkg. Arizona Hard Drinks 12 Pack 12 oz. Cans Selected Varieties	\$19⁹⁹ 216 oz. pkg. Coors Light, Miller Lite or Yuengling Beer 18 Pack 12 oz. Cans Selected Varieties	Presidente, Michelob, Beck's or Kona Brewing Co. Beer 4 Pack 16 oz. Cans Selected Varieties \$4.99 SALE PRICE -3.00 DIGITAL REBATE \$1⁹⁹ 64 oz. pkg. AFTER FINAL REBATE	Heineken or Amstel Light Beer 6 Pack 12 oz. Bottles or Cans Selected Varieties \$10.99 SALE PRICE -4.00 DIGITAL REBATE \$6⁹⁹ 72 oz. pkg. AFTER FINAL REBATE	Stella Artois or Kona Beer 12 Pack 11.2-12 oz. Bottles or Cans Selected Varieties \$17.99 SALE PRICE -7.00 DIGITAL REBATE \$10⁹⁹ 154.4-144 oz. pkg. AFTER FINAL REBATE	Budweiser or Bud Light Beer 18 Pack 12 oz. Bottles or Cans Selected Varieties \$19.99 SALE PRICE -7.00 DIGITAL REBATE \$12⁹⁹ 216 oz. pkg. AFTER FINAL REBATE	

DELI DEPARTMENT

Let Us Cater Your Event or Party! Come See Us
For All Your Entertainment Needs! Where Available

\$8⁹⁹ lb. Black Label Provisions Reserve Honey Maple Turkey Breast Sliced to Order	\$7⁹⁹ lb. Black Label Provisions Reserve Old Fashioned Bologna Sliced to Order	\$5⁹⁹ lb. Black Label Provisions Original American Cheese Sliced to Order Yellow or White	\$5⁹⁹ lb. Black Label Provisions Reserve Yellow Mild Aged Cheddar Cheese Sliced to Order	\$9⁹⁹ lb. Boar's Head Maple Glazed Honey Coat® Ham Sliced to Order	\$11⁹⁹ lb. Boar's Head Cracked Pepper Mill® Turkey Breast Sliced to Order
\$8⁹⁹ lb. Boar's Head Jalapeño Pepper Jack Cheese Sliced to Order	\$7⁹⁹ lb. Boar's Head Mozzarella Cheese Sliced to Order	\$4⁹⁹ lb. Smithfield Cooked Ham Sliced to Order	\$9⁹⁹ lb. Kretschmar Chicken Breast Sliced to Order Rotisserie Style Off the Bone or Buffalo Style	\$9⁹⁹ lb. Daniele Del Duca Imported Boneless Prosciutto Sliced to Order	\$6⁹⁹ lb. Hormel Magnifico Salami Sliced to Order Genoa or Hard
\$5⁹⁹ lb. Olymel 98% Fat Free Ham Sliced to Order In Natural Juices	\$7⁹⁹ lb. Alpine Lace Muenster or Swiss Cheese Sliced to Order	\$5⁹⁹ lb. Great Lakes Yellow Sharp Cheddar Cheese By The Piece New York State Aged More than 9 Months	\$6⁹⁹ lb. Land O Lakes Italian Blend Asiago American Cheese Sliced to Order	\$5⁹⁹ lb. Zina's Tabouli Kale Salad Deli Fresh	\$5⁹⁹ lb. Sally Sherman Egg Salad Deli Fresh
\$3⁹⁹ lb. Sally Sherman German Potato Salad or Red Skin Potato Salad or Potato & Egg Salad	\$8⁹⁹ lb. Gourmet Boutique Tuna Salad Deli Fresh	\$10⁹⁹ lb. Gourmet Boutique Chicken Breast Cutlets Heat & Serve Grilled or Breaded Selected Varieties	\$4⁹⁹ lb. InnovAsian Cuisine Vegetable Lo Mein Heat & Serve	\$8⁹⁹ lb. InnovAsian Cuisine General Tso's Chicken Heat & Serve	\$9⁹⁹ lb. InnovAsian Cuisine Black Pepper Steak Heat & Serve
\$6⁹⁹ lb. Tyson Chicken Wings Heat & Serve BBQ or Wings of Fire	\$8⁹⁹ lb. Tyson 8-Piece Fried Chicken Heat & Serve Where Available				

USDA CHOICE BEEF	FARM FRESH PORK	FARM FRESH CHICKEN
\$7⁹⁹_{lb.} Sirloin Tip Steaks USDA Choice Beef	\$17⁹⁹_{lb.} Pork Shoulder Shank Half Grain Fed, Fresh	\$2⁴⁹_{lb.} Harvestland Whole Chickens Grade A, Fresh All Natural Free Range
\$9⁹⁹_{lb.} Lean Pepper Steaks USDA Choice Beef	\$9⁹⁹_{lb.} Lean Cube Steaks USDA Choice Beef	\$9⁹⁹_{lb.} Lean Round Cubes USDA Choice Beef
\$5⁹⁹_{lb.} Mutton Shoulder for Stew Cut Up	\$1⁹⁹_{lb.} Springer Mountain Farms Chicken Drumsticks Grade A, Fresh All Natural	\$3⁹⁹_{16 oz. pkg.} Springer Mountain Farms Ground Chicken Lean, All Natural All White Meat
\$5⁹⁹_{lb.} Springer Mountain Farms Boneless Chicken Tenders Grade A, Fresh All Natural	\$7⁹⁹_{lb.} Rastelli's Boneless Chicken Thighs Caribbean Jerk Style or Italian Style	\$8⁹⁹_{20 oz. pkg.} Rastelli's Boneless Chicken Fajita Strips Teriyaki or Street Taco
\$9⁹⁹_{24 oz. pkg.} Rastelli's Boneless Center Cut Pork Chops Bourbon Black Pepper or Italian Style	\$4⁴⁹_{10-12 oz. pkg.} Amylu Chicken Sausages or Meatballs Selected Varieties	\$6⁹⁹_{18.4 oz. pkg.} Hatfield Boneless Pork Tenderloins Grain Fed All Natural Selected Varieties
\$4⁹⁹_{12 oz. pkg.} Avenue A Turkey Bacon	\$5⁹⁹_{19 oz. pkg.} Johnsonville Grilling Sausage Links Mild Italian, Original Brats or Beer Brats	\$9⁹⁹_{15 oz. pkg.} Hormel Square Table Beef Roast or Beef Tips and Gravy Entrees Fully Cooked
\$7⁹⁹_{15 oz. pkg.} Hormel Square Table Meatloaf in Tomato Sauce or Pork Roast Entrees Fully Cooked	\$14⁹⁹_{50 oz. pkg.} Caribbean Food Delights Jamaican Style Patties 10 Count-Fully Baked Frozen-Beefy Cheese or Jerk Chicken	\$3⁹⁹_{10 oz. pkg.} Caribbean Food Delights Jamaican Style Patties 2 Count-Fully Baked Frozen-Beefy Cheese or Spicy Beef
\$5⁹⁹_{16 oz. pkg.} Carando Fresh Italian-Style Meatballs Selected Varieties		

GREAT ON THE GRILL!			
\$4⁹⁹_{lb.} Baby Back Pork Ribs Grain Fed, Fresh	\$4⁹⁹_{16 oz. pkg.} Premio Fresh Italian Pork Sausage Links Hot, Sweet or Sweet & Hot Combo	\$16⁹⁹_{48 oz. pkg.} Avenue A Ground Beef Hamburgers 12 Count-Frozen	
\$26⁹⁹_{80 oz. pkg.} Avenue A Ground Beef Hamburgers 20 Count-Frozen	\$8⁹⁹_{16 oz. pkg.} Wahlburgers Signature Blend Angus Ground Beef Famous Gourmet Blend	\$11⁹⁹_{20-21.28 oz. pkg.} Wahlburgers Signature Blend Angus Ground Beef Burgers or Sliders	\$11⁹⁹_{21.28 oz. pkg.} Wahlburgers Beef Burgers American Style Kobe Blend or Prime Blend
\$4⁹⁹_{48 oz. pkg.} Stahl-Meyer Franks 24 Count Original or Chicken	\$5⁹⁹_{48 oz. pkg.} Stahl-Meyer Turkey Franks 24 Count	\$12⁹⁹_{48 oz. pkg.} Stahl-Meyer Beef Franks 24 Count	\$6⁹⁹_{40 oz. pkg.} Mr Chikin Chicken Wing Sections Frozen

PRE-PACKAGED MEATS

\$4⁹⁹_{9.43-12 oz. pkg.} Hebrew National Beef Franks or Knockwurst	\$5⁹⁹_{16 oz. pkg.} Smithfield Bacon Selected Varieties	\$4⁹⁹_{4-6 oz. pkg.} Citterio Cold Cuts Selected Varieties	\$5⁴⁹_{8-9 oz. pkg.} Oscar Mayer Deli Fresh Cold Cuts Selected Varieties	\$2⁹⁹_{8.9-10.7 oz. pkg.} Lunchables Lunch Combinations Selected Varieties
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SEAFOOD SELECTIONS				AVAILABLE ONLY IN PARTICIPATING STORES	
\$9⁹⁹ lb.  Salmon Fillet Fresh Farm Raised	\$9⁹⁹ lb.  Flounder Fillet Wild Caught Previously Frozen	\$6⁹⁹ 16 oz. pkg.  Great American Tilapia Fillet Farm Raised Frozen or Thawed	\$7⁹⁹ lb.  Kingfish Steaks Frozen		
\$8⁹⁹ 16 oz. pkg.  Jade Lion Large Cooked Shrimp Frozen, 31-40 Count	\$7⁹⁹ 16 oz. pkg.  Jade Lion Large Raw Shrimp Frozen, 31-40 Count Peeled, Deveined	\$4⁹⁹ 16 oz. pkg.  Great American Imitation Crab Meat Frozen or Thawed	\$16⁹⁹ 32 oz. pkg.  Great American Salmon Fillet Frozen or Thawed Wild Caught		
\$10⁹⁹ 16 oz. pkg.  Great American Raw Shrimp Frozen, Jumbo 16-20 Count EZ Peel	\$8⁹⁹ 16 oz. pkg.  Great American Raw Shrimp Frozen, Large 31-40 Count EZ Peel	\$9⁹⁹ 16 oz. pkg.  Great American Cooked Shrimp Frozen, Medium 51-60 Count	\$8⁹⁹ 16 oz. pkg.  Great American Cooked Shrimp Frozen, Medium 71-90 Count		
\$12⁹⁹ 40 oz. pkg.  Great American Swai Fillet Frozen Farm Raised	\$6⁹⁹ 12 oz. pkg.  Arctic Moon Boneless Bacalao	\$4⁹⁹ 12 oz. pkg.  Luna Artica Boneless Bacalao	\$5⁹⁹ 16 oz. pkg.  Frozen Smelts Wild Caught		
			\$7⁹⁹ 10 oz. pkg.  Aqua Star Reserve Cocktail Shrimp Ring 35 Count Cooked & Peeled With Cocktail Sauce		