

Summer GRILLING!

\$5.99
lb.

GREAT ON THE GRILL!

**Sirloin Tip
London Broil**
USDA Choice Beef

**USDA
CHOICE**



\$8.99
lb.

**Short
Ribs**
USDA Choice Beef

\$1.69
lb.

**Whole
Pork
Shoulder**
Grain Fed, Fresh



99¢
lb.

**Perdue
Chicken
Leg Quarters**
Grade A, Fresh
All Natural

PERDUE



GREAT ON THE GRILL!

**3-DAY
SALE**

FRI. **11** SAT. **12** SUN. **13**

3-DAY SALE

FRIDAY, JULY 11TH-SUNDAY, JULY 13TH

2/\$5
5 lb. bags
**Russet
Potatoes**
U.S. #1



3-DAY SALE

FRIDAY, JULY 11TH-SUNDAY, JULY 13TH

99¢
lb.
**Fresh
Eggplant**



3-DAY SALE

FRIDAY, JULY 11TH-SUNDAY, JULY 13TH

\$2.99
lb.
**Fresh
Cherries**



3-DAY SALE

FRIDAY, JULY 11TH-SUNDAY, JULY 13TH

\$8.99
lb.

**Shoulder
Lamb
Chops**
Family
Pack



3-DAY SALE

FRIDAY, JULY 11TH-SUNDAY, JULY 13TH

\$2.99
lb.

**Perdue
Bone-In
Chicken
Breast**



3-DAY SALE

FRIDAY, JULY 11TH-SUNDAY, JULY 13TH

\$2.99
lb.

**Whole
Pork
Spare
Ribs**



\$2.99
dry pints

**Fresh
Blueberries**

HIGH IN ANTIOXIDANTS

\$1.99
lb.

**California
Nectarines**



\$1.99
lb.

**Broccoli
Crowns**



\$1.99
lb.

**Red
Peppers**

GREAT ON THE GRILL!



99¢
lb.

**Green
Squash**
Locally Grown



FIND THE PERFECT RECIPE AT METFRESH.COM!

3/\$10
for

**Kellogg's
Special K
Cereal**
Selected Varieties
9.6-12.6 oz. pkgs.



**General Mills
Chex
Cereal**
Selected Varieties
12-14 oz. pkgs.



3/\$12
for

**Vintage
Mixers 12 Pack**
12 oz. Cans
Selected Varieties
144 oz. pkgs.



**Pure Life
Purified Water
28 Pack**
16.9 oz. Bottles
473.2 oz. pkgs.



\$9.99
128 oz. btl.

**Wesson
Oil**
Canola, Corn
or Vegetable



2/\$5
15 oz. btl.

**Wish-Bone
Salad
Dressing**
Selected Varieties



\$9.99
ea.

**Scott
Bath Tissue
12 Pack**
Regular Rolls
12,000 ct. pkg.



**Avenue A
Bath Tissue
20 Pack**
1-Plv Regular Rolls
20,000 ct. pkg.



\$5.99
ea.

**Purex
Liquid
Laundry
Detergent**
Selected Varieties,
43.5-50 oz. btl.



**Gain
Liquid
Laundry Detergent**
or Gain Flings! Laundry Detergent
Pacs (16 ct. pkg.), 50 oz. btl.



2/\$4
28 oz. cans

**Sclafani
Tomatoes**
Crushed
or Puree



2/\$3
12-16 oz. pkgs.

**Barilla
Pasta**
or Ready Pasta
(7 oz.)



3/\$5
5 oz. cans

**Bumble Bee
Solid White
Albacore
Tuna**
In Water or In Oil



\$2.99
405.6 oz. pkg.

**Poland Spring
Natural Spring Water
24 Pack**
16.9 oz. Bottles
(Plus Deposit Where Required)



2/\$5
16-24 oz. jars

**Ragù
Pasta
Sauce**
Selected Varieties



3/\$5
13.5-15.25 oz. cans

**Del Monte
Vegetables**
Selected Varieties



\$11.99
20 lb. pkg.

**Carolina
Rice**
Gold Parboiled
or Extra
Long Grain
White



\$2.99
4 lb. pkg.

**Snow White
Extra Fine
Granulated
Sugar**



3/\$10
60 oz. pkgs.

**Capri Sun
Juice
Drinks
10 Pack**
Selected Varieties



2/\$5
64 oz. btl.

**Apple & Eve
100%
Apple Juice**
Original or
Natural Style



\$14.99
1620 ct. pkg.

**Scott
Paper Towels
15 Pack**
Double Rolls
Choose-A-Size



\$3.99
46 oz. btl.

**Tropicana
Pure Premium
Orange Juice**
or Red
Grapefruit Juice



2/\$5
32-52 oz. conts.

**Planet Oat
Oatmilk or Oatmilk
Creamer**
Selected Varieties



2/\$7
14-32 oz. pkgs.

**McCain
Potatoes or
Onion Rings**
Selected Varieties



2/\$4
8.5-9 oz. pkgs.

**Hot Pockets
Pocket
Sandwiches**
Selected Varieties



2/\$6
7.2-12 oz. pkgs.

**Pillsbury
Toaster
Strudel**
or Toaster
Donut Pastries



2/\$8
14-16 oz. conts.

**Ben & Jerry's
Ice Cream**
or Non-Dairy
Frozen Dessert



Metfresh
SUPERMARKET
of Whitestone
24-11 150th Street Whitestone, NY 11357
(718) 888-7755

SHOP ONLINE TODAY AT WWW.METFRESH.COM
FREE PHONE ORDERS & ONLINE SHOPPING
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WE ACCEPT ALL MAJOR CREDIT CARDS, EBT, WIC & OTC NETWORK

**10% SENIOR CITIZEN
DISCOUNT EVERY
WEDNESDAY
& THURSDAY**

GROCERY SAVINGS!

2/\$7 10.5 oz. conts. Betty Crocker Bisquick Shake 'n Pour Buttermilk Pancake Mix 2/\$5 5.1 oz. conts. Betty Crocker Bisquick Shake 'n Pour Buttermilk Pancake Mix	\$4.99 28 oz. jar Jif Peanut Butter Creamy or Crunchy	2/\$5 20 oz. btl. Smucker's Grape Jelly
	5/\$5 33.9 oz. btl. Poland Spring Sparkling Natural Spring Water 1 Liter Selected Varieties Plus Deposit Where Required	\$5.99 10.2-11.9 oz. cont. Chock Full o' Nuts Coffee Selected Varieties

2/\$5 16 oz. jars Mezzetta Pepper Rings or Jalapeño Peppers Selected Varieties	\$2.99 16 oz. jar Mezzetta Italian Mix Giardiniera or Sweet Cherry Peppers	2/\$6 16 oz. jars Vlasic Pickles Sweet Gherkins or Kosher Dill Baby Wholes	2/\$4 14 oz. btl. Heinz Yellow Mustard
2/\$4 12 oz. btl. Crystal Hot Sauce Original	2/\$7 8.6-11 oz. btl. McIlhenny Tabasco Hot Pepper Sauce Selected Varieties	\$9.99 25.36 oz. btl. Bertolli Olive Oil Mild, Extra Light or Extra Virgin	\$5.99 5 oz. btl. Pompeian Cooking Spray Selected Varieties
\$14.99 32 oz. btl. Pompeian Extra Virgin Olive Oil Smooth or Robust	\$4.99 40 oz. btl. Mazola Oil Corn Plus, Canola, Corn or Vegetable Plus	2/\$7 8 oz. conts. Botticelli Minced Garlic	\$6.99 26 pkg. Diamond Crystal Kosher Salt Flakes
\$5.99 20 oz. pkg. Bumble Bee Chunk Light Tuna 4 Pack In Water or In Vegetable Oil	2/\$5 5 oz. cans Bumble Bee Prime Tuna Selected Varieties	2/\$4 3.5 oz. pkgs. Bumble Bee Snack on the Run! Tuna or Chicken Salad Kit With Crackers Original or Fat Free	2/\$5 7.5 oz. cans Icy Point Pink Salmon
4/\$5 3.75 oz. cans Beach Cliff Sardines or Fish Steaks Selected Varieties	\$5.99 12 oz. can Libby's Corned Beef Original or 25% Less Sodium	2/\$7 15 oz. can Libby's Corned Beef Hash Original	\$3.99 12 oz. can Spam Luncheon Meat Selected Varieties

COFFEE CORNER

\$7.99 7 oz. jar Chock Full o' Nuts Instant Coffee Original	\$12.99 10-12 oz. pkg. Starbucks Coffee or K-Cups 10 Pack (3.5-4.4 oz.)	\$6.99 10 oz. cont. Café Bustelo or Café Pilon Coffee Original
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TRENDING & HEALTHY!

\$3.99 5.34-7.5 oz. pkg. Annie's Homegrown Organic Baked Snacks or Chewy Chocolate Chip Granola Bars	2/\$7 8 oz. btl. Annie's Salad Dressing Selected Varieties	\$4.99 8-11 oz. pkg. Annie's Deluxe Shells & Cheese Selected Varieties
2/\$6 6-10.5 oz. pkgs. Annie's Gluten Free or Family Size Macaroni & Cheese Selected Varieties	2/\$7 6 oz. pkgs. Annie's Organic Macaroni & Cheese Selected Varieties	2/\$3 5.3-6 oz. pkgs. Annie's Macaroni & Cheese Selected Varieties
\$10.99 25.36 oz. btl. Bertolli Organic Extra Virgin Olive Oil	\$7.99 32 oz. btl. Spectrum Organic Distilled White Vinegar	2/\$9 8 oz. conts. Slap Ya Mama Cajun Seasoning White Pepper or Hot
2/\$5 2-4 oz. pkgs. Mavuno Harvest Organic Dried Fruit Selected Varieties	\$4.99 12-16, 6 oz. pkg. The Silver Palate Grain Berry Cereal Selected Varieties	2/\$5 1.55 oz. pkg. Balanced Tiger Protein Bars Selected Varieties
2/\$7 5-7.9 oz. pkgs. Dare Crackers Selected Varieties	2/\$12 4.25-6.5 oz. pkgs. Mary's Gone Crackers Organic Crackers Selected Varieties	2/\$10 4.25 oz. pkgs. The Daily Crave Gluten-Free Fries or Chips Selected Varieties
2/\$9 12 oz. cans Xochitl Corn Tortilla Chips Selected Varieties	2/\$7 8 oz. conts. We Guac Natural Guacamole Mild or Spicy	2/\$6 5.3 oz. conts. Castello Whipped Dip Selected Varieties
\$9.99 38.4 oz. pkg. GoGo Squeeze Fruit on the Go Applesauce 12 Pack Selected Varieties	2/\$7 33.84 oz. pkg. Juicy Juice Organics 100% Juice 8 Pack Fruit Punch or Apple	2/\$8 9.5 oz. btl. Taste Nirvana Coconut Water Premium or With Pulp
2/\$4 12 oz. cans Sanzo Sparkling Water Selected Varieties Plus Deposit Where Required	2/\$6 12 oz. cans Humm Probiotic Kombucha Selected Varieties Plus Deposit Where Required	\$5.49 48 oz. pkg. Virgil's Soda 4 Pack 12 oz. Cans Selected Varieties Plus Deposit Where Required
	2/\$5 104 ct. pkgs. Green Forest Premium Paper Towels Size Your Own	2/\$5 792 ct. pkgs. Green Forest Bath Tissue 4 Pack 2-Ply Unscented

GROCERY SAVINGS!

2/\$5
4.7-6.0 oz.
pkgs.

Betty Crocker
Hamburger
Helper Mix
Selected Varieties

2/\$5
16 oz.
jars

Vlasic
Pickle Chips
Bread & Butter
or Hamburger Dill
Ovals

\$3.99
32 oz.
pkgs.
Vlasic
Dill Pickles
Selected
Varieties

3/\$5
24 oz.
btl.

Del Monte
Tomato Ketchup
Original

5/\$5
9 oz.
cans

Bumble Bee
Chunk
Light Tuna
In Water or In Oil

3/\$5
12 oz.
cans

Magnolia
Evaporated Milk

2/\$5
14 oz.
cans

Magnolia
Sweetened
Condensed Milk
Original or Fat Free

2/\$5
2 oz.
conts.

Hamburger
Helper
Microwaveable
Pasta Meals
Selected Varieties

\$24.99
20 lb.
pkg.

Carolina
Jasmine
Rice

2/\$3
16 oz.
pkgs.

Carolina
Extra Long Grain
White Rice

4/\$5
15.5 oz.
cans

Goya
Low Sodium
Beans
Selected Varieties

3/\$5
8 oz.
conts.

Goya
Adobo
All Purpose
Seasoning
With Pepper
or Without Pepper

2/\$7
15-16 oz.
jars

Bertolli
Gourmet
Pizza Sauce
Parmesan & Italian Herbs
or Garlic Margherita

2/\$4
14.5 oz.
cans

Hunt's
Diced
Tomatoes
Selected Varieties

\$3.99
72-100 ct.
pkg.

Tetley
Tea Bags
Selected Varieties

\$14.99
40 oz.
btl.

Golden Blossom
Honey
Genuine Natural Pure

\$5.99
12 oz.
pkg.

Whole Earth
Plant-Based
Sugar Alternative
Monk Fruit
with Erythritol

\$5.99
16.8-18 oz.
pkg.

Quaker
Large Size
Cap'n Crunch
or Life Cereal
Selected Varieties

\$3.99
4.59-8.94
oz. pkg.

Nature Valley
Granola Bars
or Breakfast
Biscuits
Selected Varieties

\$4.99
7.44 oz.
pkg.

Nature Valley
Soft-Baked
Oatmeal
Squares
Selected Varieties

\$4.99
4.17 oz.
pkg.

Fiber One
Chewy Bars
Selected Varieties

\$3.99
6.78-6.8 oz.
pkg.

General Mills
Treats
Cereal Bars
or Chex Mix Bars

\$4.99
7.4-12.1 oz.
pkg.

Quaker
Instant
Oatmeal
Selected Varieties

\$5.99
6.5
YOUR CHOICE!

Cheez-It
Baked
Snack
Crackers
Selected Varieties
21 oz. pkg.

Kellogg's
Town House
or Club
Crackers
Original
18.8-20.7 oz. pkg.

\$6.99
28 oz.
cont.

Keebler
Export Sodas
Crackers
Original

2/\$5
6.3 oz.
pkgs.

Combos
Baked Snacks
Selected Varieties

\$4.99
6.06-7.04 oz.
pkg.

Quaker
Rice Crisps
Selected Varieties

\$3.49
7.92-9.6 oz.
pkg.

Pop Secret
Popcorn
3 Count
Selected Varieties

\$3.99
16 oz.
cont.

Planters
Peanuts
Selected Varieties

4/\$5
1.2-1.75 oz.
pkgs.

Hershey's
Candies
Selected Varieties

2/\$4
0.7 oz.
pkgs.

Kinder
Joy
Wafer Bites
with Toy
Original or Go Wild

2/\$3
1.5 oz.
pkgs.

Kinder
Bueno
Crispy Creamy
Chocolate
Bars

2/\$7
6 oz.
pkgs.

Sunsweet
Amaz!n
Pitted Prunes
Probiotic + Elderberry

\$2.99
1.48 oz.
cont.

Gerber
Snacks
for Baby
Selected Varieties

2/\$9
6.4 oz.
btl.

Apple & Eve
100% Cranberry
Juice Blends
Selected Varieties

\$6.99
121.5 oz.
pkg.

Sunny D
Drinks
18 Pack
6.75 oz. Bottles
Tangy Original
Citrus Punch

2/\$6
33.84 oz.
pkgs.

Juicy Juice
100% Juice
8 Pack
Selected Varieties

3/\$12
192 oz.
pkgs.

Pure Life
Purified
Water
24 Pack
8 oz. Bottles
Plus Deposit Where Required

2/\$3
101.4 oz.
btl.

Poland Spring
Natural Spring Water
3 Liter
Plus Deposit
Where Required

3/\$11
202.8 oz.
pkgs.

Poland Spring
Natural
Spring Water
12 Pack
16.9 oz. Bottles
Plus Deposit Where Required

HEALTH & BEAUTY

WHERE AVAILABLE

2/\$9
10.4-12 oz.
btl.

Pantene
Hair Care
Products
Selected Varieties

2/\$10
5.1 oz.
pkgs.

Colgate
Total
Toothpaste
Selected Varieties

\$6.99
3.4-4 oz.
pkgs.

Sensodyne
Toothpaste
Selected Varieties

2/\$10
4.7 oz.
pkgs.

Hello
Fluoride
Toothpaste
or Fluoride Free
Toothpaste

\$5.99
33.8 oz.
btl.

Crest
Scope
Mouthwash
Classic,
Outlast Mint or
Outlast Peppermint

\$6.99
1 ct.
pkg.

Oral-B
Vibrating
Pulsar
Toothbrushes
Selected Varieties

2/\$6
7.6 oz.
pkgs.

Oral-B
Glide
Dental Floss
Picks
or Pro-Health Dental
Floss (50 m. pkgs.)

\$5.49
2.6 oz.
cont.

Dove
Antiperspirant
Invisible
Deodorant Sticks
Selected Varieties

\$6.99
2.62 oz.
cont.
Dove
Deodorant
Sticks
Selected
Varieties

\$8.99
10-12 ct.
pkg.

Gillette
Sensor2
Razors
Plus Pivot, Fixed
or Lubrastrip Fixed

2/\$5
2.12 oz.
pkgs.

Quest
Protein
Bars
Selected Varieties

HOUSEHOLD SAVINGS!

\$8.99
75 sq. ft.

Reynolds Wrap
Aluminum
Foil
18-Inch
Heavy Duty

\$4.99
2.5 ct.
pkg.

Glad
Food Storage
Containers
Selected Varieties

\$3.99
22-48 ct.
pkg.

Solo
Paper Plates
or Cup 'n Lid Combo
(16 ct. pkg.)

2/\$3
7.5 oz.
conts.

Softsoap
Hand Soap
Selected Varieties

2/\$3
7 oz.
conts.

Renuzit
Gel
Air Fresheners
Selected Varieties

\$4.99
16 oz.
btl.

Dawn
Platinum
Powerwash
Dish Spray
Selected Varieties

\$4.99
8.45 oz.
cont.

Finish
Jet-Dry
Rinse Agent
Powerball

\$4.99
32 oz.
btl./cont.

Lysol
All Purpose
Cleaner
Selected Varieties

\$4.99
14.5 oz.
cont.

Easy-Off
Cleaners
Selected Varieties

\$1.99
1.6-1.7 oz.
pkg.

X-14
Toilet Bowl
Cleaner
Selected Varieties

\$4.99
2.82 oz.
pkg.

Lysol
Toilet Bowl
Cleaner
Selected Varieties

\$11.99
19-44 ct.
pkg.

Huggies
Snug & Dry
Diapers
Size 1-6

\$4.99
17.5 oz.
cont.

Raid
Insecticide
Selected Varieties

\$4.99
4 lb.
pkg.

Butcher's Best
Dry Dog Food
Selected Varieties

\$4.99
3 lb.
pkg.

Nunn-Better
Dry
Cat Food
Ocean Plenty
or Farm Fixin's

3/\$5
2 oz.
pkgs.

Inaba Churu
Cat Treats
Selected Varieties

\$11.99
8 lb.
pkg.

World's Best
Cat Litter
Poop Fighter

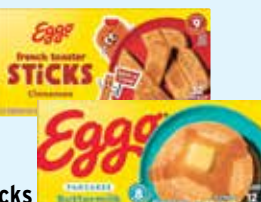
DAIRY SAVINGS!

3/\$5  Daisy Sour Cream Original or Light	4/\$5  Dannon Light & Fit Greek Yogurt Selected Varieties	2/\$7  Tillamook Cheese Bars, Shredded Cheese or Cheese Slices Selected Varieties	2/\$4  Tropicana Pure Premium Orange Juice or Juice Drinks Selected Varieties
\$4.99  Hotel Bar Butter Quarters Salted or Unsalted	2/\$6  Plugra European Style Butter Salted or Unsalted	\$6.99  Philadelphia Cream Cheese Spread Original, 1/3 Less Fat or Chive & Onion	2/\$4  Heluva Good! French Onion Dip
\$7.99  International Delight Coffee Creamer Selected Varieties	2/\$6  Five Acre Farms Local Butter Milk	3/\$5  Chobani 20g Protein Zero Added Sugar Greek Yogurt Selected Varieties	2/\$5  Noosa Yoghurt Selected Varieties
\$4.99  Breakstone's Cottage Cheese Selected Varieties	2/\$3  Daisy 4% Cottage Cheese with Fruit Selected Varieties	\$5.99  Dunkin' Iced Coffee Selected Varieties	
\$8.99  YoCrunch Lowfat Yogurt 8 Pack Oreo Cookies 'N Cream & Vanilla M&Ms	2/\$6  Daily Sun Orange or Apple Juice Beverage Selected Varieties	2/\$6  Welch's Fruit Drinks Selected Varieties	2/\$3  Ssips Drinks Selected Varieties
\$3.99  Minute Maid Zero Sugar Drinks Lemonade or Fruit Punch	\$4.99  Take Home Skillet Bombs Pan-fry Potato Snacks Selected Varieties	\$6.99  Daniele Prosciutto Panino	\$5.99  Daniele Del Duca Dry Salami

TRENDING & HEALTHY IN THE DAIRY DEPARTMENT!

\$7.99  Annie's Homegrown Organic Cinnamon Rolls with Icing	\$5.99  Annie's Homegrown Organic Flaky Biscuits	\$3.99  Lifeway Kefir Smoothies Selected Varieties	2/\$6  Newman's Own Lemonade or Fruit Juice Cocktails Selected Varieties
3/\$5  Ratio Yogurt Cultured Dairy Snacks Keto Friendly Vanilla or Coconut			

FROZEN SAVINGS!

2/\$6  Kellogg's Eggo Pancakes or French Toaster Sticks Selected Varieties	\$4.99  Sara Lee Classic Pound Cake	2/\$6  Birds Eye Steamfresh Seasoned, Sauced, Power Blend or Premium Vegetables Selected Varieties	2/\$9  Hungry-Man Dinners Selected Varieties
\$7.99  Jones Dairy Farm All Natural Sausage Patties or Links	\$4.99  Jones Dairy Farm Pork Sausage Roll Original	2/\$4  Avenue A Okra Cut or Whole	2/\$7  Avenue A Vegetables Selected Varieties
\$9.99  Birds Eye Voila! Family Size Skillet Meals or Oven Bake Meals			
\$4.99  Green Giant Mini Corn on the Cob Nibblers or Extra Sweet	3/\$5  Birds Eye Steamfresh Vegetables Selected Varieties	\$3.99  Birds Eye Oven Roasters Vegetables Selected Varieties	\$5.99  Mrs. Paul's Breaded Seafood Products Selected Varieties
\$3.99  Healthy Choice Café Steamers Meals Selected Varieties			
\$3.99  Banquet Mega Entrees Selected Varieties	2/\$9  Marie Callender's Meals Selected Varieties	\$6.49  Tree Tavern Cheese Pizza	\$9.99  Old El Paso Stuffed Nachos 40 Count Selected Varieties
\$3.99  SuperPretzel Baked Soft Pretzels or Pretzel Dogs (9.6 oz.)			
\$5.99  SuperPretzel Baked Soft Pretzels or Pretzel Dogs (9.6 oz.)	\$7.99  Farm Rich Appetizers Selected Varieties	\$9.99  Smucker's Uncrustables Sandwiches 10 Count Selected Varieties	\$5.99  Sara Lee Family Size Classic Pound Cake
\$8.99  Dole Boosted Smoothie Kits Selected Varieties	\$10.99  Kellogg's Eggo Homestyle Waffles	\$13.99  Sabrett 100% Beef Hamburgers 8 Count	\$5.99  Steak-umm Sliced Steaks 6 Count Selected Varieties
\$2.79  Goya Yuca Cassava			

FROZEN TREATS!

2/\$9  Friendly's Ice Cream or Sherbet	\$5.99  Friendly's Frozen Novelties Selected Varieties	\$3.99  PhillySwirl Frozen Novelties Selected Varieties	\$6.99  Nestlé Frozen Novelties or Drumstick Frozen Dairy Dessert Cones
\$6.99  Häagen-Dazs Ice Cream Bars 6 Count Selected Varieties	\$6.99  Oreo Frozen Dairy Dessert Cups, Cones or Bars Selected Varieties	\$3.99  Blue Bunny Frozen Dairy Dessert Sandwiches Selected Varieties	\$2.99  Blue Bunny Frozen Dairy Twist Dessert Selected Varieties
\$3.99  Outshine Fruit Bars Selected Varieties			

TRENDING & HEALTHY IN THE FROZEN DEPARTMENT!

\$9.99  Wyman's Protein Blends Banana Peanut Butter or Wild Blueberry Crumble	\$7.99  MorningStar Farms Plant-Based Meatless Products Selected Varieties	\$3.99  MorningStar Farms Plant-Based Breakfast Products or Appetizers or Veggie Dogs	\$4.99  MorningStar Farms Plant-Based Grilling Products or Corn Dogs
\$3.99  Purple Carrot Plant-Based Bowls Selected Varieties	\$4.99  Eat Meati MushroomRoot Crispy Cutlets	\$5.99  Eat Meati MushroomRoot Classic Steaks	\$3.99  Blake's Meals Selected Varieties

THE BAKE SHOPPE!

\$4.99  Angel Food Cake	2/\$7  Calise Bakery Rolls Selected Varieties	\$5.99  Isabella's or Uncle Wally's Muffins 4 Pack Selected Varieties	\$7.99  Palermo Bakery 5-Inch Cakes Selected Varieties
\$3.99  Give & Go Two-Bite Cupcakes 12 Pack Selected Varieties	\$4.99  Give & Go Two-Bite Mini Donuts 12 Pack Assorted or Strawberry Iced		

NATURAL & ORGANIC
ITEMS SOLD WHERE AVAILABLE

Organic Produce



\$3⁹⁹ lb. Sweet Peaches Certified Organic	2/\$4 16 oz. bags Peeled Baby Carrots Certified Organic	\$2⁹⁹ ea. Fresh Celery Certified Organic	2/\$4 for Fresh Cilantro Certified Organic Bunch	\$3⁹⁹ 3 cl. pkg. Romaine Hearts Certified Organic	\$3⁹⁹ 8 oz. cont. Whole Baby Bella Mushrooms Certified Organic GREAT ON THE GRILL!
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THE BEST PRODUCE!

2/\$4 for Red Grapefruit Extra Large	\$2⁹⁹ 2 lb. bag Juicy Lemons Club Pack	99¢ lb. Yellow Watermelon Cut in Quarters	69¢ ea. Fresh Scallions Bunch
\$3⁹⁹ 5 lb. bag Red Potatoes U.S. #1 GREAT FOR POTATO SALAD!	2/\$5 6 cl. pkgs. Mini Seedless Cucumbers	\$3⁹⁹ 12 oz. pkg. Green Giant Fresh Vegetables Assorted Varieties	\$3⁹⁹ 11.5-12 oz. jar/btl. Marie's Salad Dressing Assorted Varieties
\$4⁹⁹ 6.5-7.5 oz. clamshell Little Leaf Farms Salads Assorted Varieties	\$4⁹⁹ 6.5-7.5 oz. clamshell Little Leaf Farms Salad Kits Crispy Caesar, Sesame Ginger or Southwest	\$4⁹⁹ 7.1-13.25 oz. pkg. Dole Chopped or Premium Salad Kits Assorted Varieties NEW KITS! Smash Burger, Strawberry Popsyseed & Cool Melon	\$4⁹⁹ 4.5-7.25 oz. cont. Dole Fresh Takes Salad Bowls Assorted Varieties GREAT FOR THE BEACH!
\$3⁹⁹ 64 oz. bot. Mayer Brothers Lemonade Assorted Varieties	\$4⁹⁹ ea. Del Monte Sweet Honeyglow Pineapples	\$4⁹⁹ 16 oz. clamshell Zespri Green Kiwi Fruit	\$4⁹⁹ 9.5-10 oz. Spice World Minced Ginger or Garlic
			\$3⁹⁹ 9.5 oz. jar Spice World Easy Onion Minced & Ready to Use

GREAT ON THE GRILL!

99¢ lb. Sweet Vidalia Onions	\$3⁹⁹ 1.5 lb. bag The Little Potato Co. Roasting Potatoes U.S. #1 Assorted Varieties	\$2⁹⁹ 8 oz. cont. Giorgio Steak Cut Mushrooms	2/\$5 Grape Tomatoes GREAT FOR KABOBS!
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SNACKS AND BEVERAGES

WHERE AVAILABLE
(PLUS BTL. DEPOSIT
WHERE REQUIRED BY LAW)

\$1⁹⁹ 20 oz. pkg. Avenue A White Bread	\$2⁹⁹ 17-20 oz. pkg. Wonder Classic Hamburger or Hot Dog Buns or Hawaiian Buns or Classic White Bread	\$5⁹⁹ 17 oz. pkg. Dave's Killer Bread Organic Hamburger Buns 8 Count Burger Buns Done Right or 21 Whole Grains & Seeds	\$3⁹⁹ 16 oz. pkg. Nature's Own Brioche Style Hamburger or Hot Dog Buns	\$1⁹⁹ 10 oz. pkg. Tastykake Dipp'n Sticks Donut Sticks Lemon Blueberry or Glazed Chocolate	\$4²⁹ 24 oz. pkg. Arnold Whole Grains Bread Selected Varieties	2/\$6 8 oz. pkgs. Thomas' English Muffins 6 Pack Original
2/\$7 16 oz. pkg. Ball Park Hamburger or Hot Dog Buns Selected Varieties 14-16 oz. pkgs.	2/\$5 10.5-11.25 oz. pkgs. Hostess Donettes Mini Donuts Selected Varieties	\$3⁹⁹ 20 oz. pkg. Sara Lee Artesano Bread or Sweet Hawaiian	2/\$6 8.8-17 oz. pkgs. Hostess Snacks or Mini Muffins Selected Varieties	3/\$5 2-4.75 oz. pkgs. Hostess Snacks Selected Varieties	2/\$5 10.5-11.25 oz. pkgs. Hostess Donettes Mini Donuts Selected Varieties	\$4⁴⁹ 10.68-20 oz. pkg. Nabisco Family Size Oreo Sandwich Cookies Selected Varieties
2/\$6 8 oz. pkgs. Nabisco Snak-Saks Selected Varieties	\$3⁹⁹ 5.25-16 oz. pkg. Herr's Potato Chips, Popcorn, Pretzels or Tortilla Chips Selected Varieties	\$7⁹⁹ 18-28 oz. cont. Herr's Barrel Snacks Selected Varieties	\$3⁹⁹ 5-12 oz. pkg. Lay's Potato Chips or Simply Snacks or Poppables Potato Snacks or La Cocina de Josefina Tortilla Chips	3/\$4 42-57 oz. btl. Canada Dry 1.25 Liter Selected Varieties	3/\$5 42-2 oz. btl. Coca-Cola 1.25 Liter Selected Varieties	\$6⁹⁹ 96 oz. pkg. Coca-Cola 8 Pack 12 oz. Bottles or Slim Cans Selected Varieties
2/\$10 for 20 oz. bottles Selected Varieties 120 oz. pkgs. Arizona Drinks 6 Pack	\$8⁴⁹ 144 oz. pkg. Coca-Cola 12 Pack 12 oz. Cans Selected Varieties	\$6⁹⁹ 144 oz. pkg. Pepsi 12 Pack 12 oz. Cans Selected Varieties	\$6⁴⁹ 75 oz. pkg. Pepsi Mini Cans 10 Pack 7.5 oz. Cans Selected Varieties	2/\$3 42-2 oz. btl. Pepsi 1.25 Liter Selected Varieties	2/\$5 9-11 oz. cans La Colombe Coffee Drinks Selected Varieties	2/\$4 50-17 oz. pkg. Glacéau Smartwater 1.5 Liter Original or Alkaline + Antioxidants
2/\$5 16.9 oz. bottles Selected Varieties 96 oz. pkgs. Snapple Drinks 6 Pack	\$10⁴⁹ 48 oz. pkg. Red Bull Energy Drinks 4 Pack 12 oz. Cans Selected Varieties	\$22⁹⁹ 100.8 oz. pkg. Red Bull Energy Drinks 12 Pack 8.4 oz. Cans Selected Varieties	\$9⁹⁹ 67.2 oz. pkg. Smirnoff Ice Malt Beverage or Twisted Tea Hard Iced Tea 6 Pack 11.2-12 oz. Bottles Selected Varieties	\$9⁹⁹ 72 oz. pkg. Dos Equis, Heineken Silver or Michelob Ultra Beer 6 Pack 12 oz. Bottles Selected Varieties	\$10⁹⁹ 72 oz. pkg. Carib, Dogfish Head or Coney Island Brewing Company Beer 6 Pack 12 oz. Bottles or Cans Selected Varieties	\$10⁹⁹ 67.2 oz. pkg. Weihestephaner Beer 6 Pack 11.2 oz. Bottles Original or Hefe Weissbier
\$10⁹⁹ 67.2-72 oz. pkg. Stella Artois, Montauk or Birra Moretti Premium Lager 6 Pack 11.2-12 oz. Bottles or Cans Selected Varieties	\$10⁹⁹ 72 oz. pkg. Modelo, Corona or Peroni Beer 6 Pack 12 oz. Bottles or Cans Selected Varieties	\$12⁹⁹ 120 oz. pkg. Medalla Light Beer 12 Pack 10 oz. Cans	\$13⁹⁹ 67.2 oz. pkg. Samuel Adams, Brooklyn or Blue Moon Beer 12 Pack 11.2-12 oz. Bottles or Cans Selected Varieties	\$17⁹⁹ 144 oz. pkg. Stella Artois, Brooklyn or Blue Moon Beer 12 Pack 11.2-12 oz. Bottles or Cans Selected Varieties	\$17⁹⁹ 144 oz. pkg. Bud Light Hard Seltzer 12 Pack 12 oz. Cans or Bud Light Seltzer Hard Soda	\$17⁹⁹ 144 oz. pkg. Budweiser or Bud Light Beer 18 Pack 12 oz. Bottles or Cans Selected Varieties
\$17⁹⁹ 144 oz. pkg. Arizona Hard Drinks 12 Pack 12 oz. Cans Selected Varieties	\$19⁹⁹ 216 oz. pkg. Coors Light, Miller Lite or Yuengling Beer 18 Pack 12 oz. Cans Selected Varieties	\$4.99 SALE PRICE -3.00 DIGITAL REBATE \$1⁹⁹ AFTER FINAL REBATE 64 oz. pkg. Presidente, Michelob, Beck's or Kona Brewing Co. Beer 4 Pack 16 oz. Cans Selected Varieties	\$10.99 SALE PRICE -4.00 DIGITAL REBATE \$6⁹⁹ AFTER FINAL REBATE 12 oz. pkg. Heineken or Amstel Light Beer 6 Pack 12 oz. Bottles or Cans Selected Varieties	\$17.99 SALE PRICE -7.00 DIGITAL REBATE \$10⁹⁹ AFTER FINAL REBATE 154.4-144 oz. pkg. Stella Artois or Kona Beer 12 Pack 11.2-12 oz. Bottles or Cans Selected Varieties	\$19.99 SALE PRICE -7.00 DIGITAL REBATE \$12⁹⁹ AFTER FINAL REBATE 216 oz. pkg. Budweiser or Bud Light Beer 18 Pack 12 oz. Bottles or Cans Selected Varieties	

DELI DEPARTMENT

Let Us Cater Your Event or Party! Come See Us
For All Your Entertainment Needs! Where Available

\$8⁹⁹ lb. Black Label Provisions Reserve Honey Maple Turkey Breast Sliced to Order	\$7⁹⁹ lb. Black Label Provisions Reserve Old Fashioned Bologna Sliced to Order	\$5⁹⁹ lb. Black Label Provisions Original American Cheese Sliced to Order Yellow or White	\$5⁹⁹ lb. Black Label Provisions Reserve Yellow Mild Aged Cheddar Cheese Sliced to Order	\$9⁹⁹ lb. Boar's Head Maple Glazed Honey Coat® Ham Sliced to Order	\$11⁹⁹ lb. Boar's Head Cracked Pepper Mill® Turkey Breast Sliced to Order
\$8⁹⁹ lb. Boar's Head Jalapeño Pepper Jack Cheese Sliced to Order	\$7⁹⁹ lb. Boar's Head Mozzarella Cheese Sliced to Order	\$4⁹⁹ lb. Smithfield Cooked Ham Sliced to Order	\$9⁹⁹ lb. Kretschmar Chicken Breast Sliced to Order Rotisserie Style Off the Bone or Buffalo Style	\$9⁹⁹ GLUTEN FREE lb. Daniele Del Duca Imported Boneless Prosciutto Sliced to Order	\$6⁹⁹ lb. Hormel Magnifico Salami Sliced to Order Genoa or Hard
\$5⁹⁹ lb. Olymel 98% Fat Free Ham Sliced to Order In Natural Juices	\$7⁹⁹ lb. Alpine Lace Muenster or Swiss Cheese Sliced to Order	\$5⁹⁹ lb. Great Lakes Yellow Sharp Cheddar Cheese By The Piece New York State Aged More than 9 Months	\$6⁹⁹ lb. Land O Lakes Italian Blend Asiago American Cheese Sliced to Order	\$5⁹⁹ lb. Zina's Tabouli Kale Salad Deli Fresh	\$5⁹⁹ lb. Sally Sherman Egg Salad Deli Fresh
\$3⁹⁹ lb. Sally Sherman German Potato Salad or Red Skin Potato Salad or Potato & Egg Salad	\$8⁹⁹ lb. Gourmet Boutique Tuna Salad Deli Fresh	\$10⁹⁹ lb. Gourmet Boutique Chicken Breast Cutlets Heat & Serve Grilled or Breaded Selected Varieties	\$4⁹⁹ lb. InnovAsian Cuisine Vegetable Lo Mein Heat & Serve	\$8⁹⁹ lb. InnovAsian Cuisine General Tso's Chicken Heat & Serve	\$9⁹⁹ lb. InnovAsian Cuisine Black Pepper Steak Heat & Serve
\$6⁹⁹ tyson lb. Tyson Chicken Wings Heat & Serve BBQ or Wings of Fire	\$8⁹⁹ ea. Tyson 8-Piece Fried Chicken Heat & Serve Where Available				

USDA CHOICE BEEF		FARM FRESH PORK		FARM FRESH CHICKEN	
\$7⁹⁹_{lb.} Sirloin Tip Steaks USDA Choice Beef		\$17⁹⁹_{lb.} Pork Shoulder Shank Half Grain Fed, Fresh	\$1⁹⁹_{lb.} Pork Shoulder Butt Half Grain Fed, Fresh	\$2⁴⁹_{lb.} Harvestland Whole Chickens Grade A, Fresh All Natural Free Range	
\$9⁹⁹_{lb.} Lean Pepper Steaks USDA Choice Beef		\$9⁹⁹_{lb.} Lean Cube Steaks USDA Choice Beef		\$9⁹⁹_{lb.} Lean Round Cubes USDA Choice Beef	
\$5⁹⁹_{lb.} Mutton Shoulder for Stew Cut Up		\$1⁹⁹_{lb.} Springer Mountain Farms Chicken Drumsticks Grade A, Fresh All Natural		\$3⁹⁹_{16 oz. pkg.} Springer Mountain Farms Ground Chicken Lean, All Natural All White Meat	
\$5⁹⁹_{lb.} Springer Mountain Farms Boneless Chicken Tenders Grade A, Fresh All Natural		\$7⁹⁹_{lb.} Rastelli's Boneless Chicken Thighs Caribbean Jerk Style or Italian Style	\$8⁹⁹_{lb.} Rastelli's Boneless Chicken Breast Teriyaki or Margarita Lime	\$8⁹⁹_{20 oz. pkg.} Rastelli's Boneless Chicken Fajita Strips Teriyaki or Street Taco	
\$9⁹⁹_{24 oz. pkg.} Rastelli's Boneless Center Cut Pork Chops Bourbon Black Pepper or Italian Style	\$4⁴⁹_{10-12 oz. pkg.} Amylu Chicken Sausages or Meatballs Selected Varieties	\$6⁹⁹_{18.4 oz. pkg.} Hatfield Boneless Pork Tenderloins Grain Fed All Natural Selected Varieties		\$5⁹⁹_{16 oz. pkg.} Avenue A Bacon Original or Thick Sliced	
\$4⁹⁹_{12 oz. pkg.} Avenue A Turkey Bacon	\$5⁹⁹_{19 oz. pkg.} Johnsonville Grilling Sausage Links Mild Italian, Original Brats or Beer Brats	\$9⁹⁹_{15 oz. pkg.} Hormel Square Table Beef Roast or Beef Tips and Gravy Entrees Fully Cooked		\$8⁹⁹_{15 oz. pkg.} Hormel Square Table Turkey or Chicken Breast and Gravy Entrees Fully Cooked	
\$7⁹⁹_{15 oz. pkg.} Hormel Square Table Meatloaf in Tomato Sauce or Pork Roast Entrees Fully Cooked	\$14⁹⁹_{50 oz. pkg.} Caribbean Food Delights Jamaican Style Patties 10 Count-Fully Baked Frozen-Beefy Cheese or Jerk Chicken	\$3⁹⁹_{10 oz. pkg.} Caribbean Food Delights Jamaican Style Patties 2 Count-Fully Baked Frozen-Beefy Cheese or Spicy Beef		\$5⁹⁹_{16 oz. pkg.} Carando Fresh Italian-Style Meatballs Selected Varieties	

GREAT ON THE GRILL!			
\$4⁹⁹_{lb.} Baby Back Pork Ribs Grain Fed, Fresh	\$4⁹⁹_{16 oz. pkg.} Premio Fresh Italian Pork Sausage Links Hot, Sweet or Sweet & Hot Combo	\$16⁹⁹_{48 oz. pkg.} Avenue A Ground Beef Hamburgers 12 Count-Frozen	
\$26⁹⁹_{80 oz. pkg.} Avenue A Ground Beef Hamburgers 20 Count-Frozen	\$8⁹⁹_{16 oz. pkg.} Wahlburgers Signature Blend Angus Ground Beef Famous Gourmet Blend	\$11⁹⁹_{20-21.28 oz. pkg.} Wahlburgers Signature Blend Angus Ground Beef Burgers or Sliders	\$11⁹⁹_{21.28 oz. pkg.} Wahlburgers Beef Burgers American Style Kobe Blend or Prime Blend
\$4⁹⁹_{48 oz. pkg.} Stahl-Meyer Franks 24 Count Original or Chicken	\$5⁹⁹_{48 oz. pkg.} Stahl-Meyer Turkey Franks 24 Count	\$12⁹⁹_{48 oz. pkg.} Stahl-Meyer Beef Franks 24 Count	\$6⁹⁹_{40 oz. pkg.} Mr Chikin Chicken Wing Sections Frozen

PRE-PACKAGED MEATS

\$4⁹⁹_{9.43-12 oz. pkg.} Hebrew National Beef Franks or Knockwurst	\$5⁹⁹_{16 oz. pkg.} Smithfield Bacon Selected Varieties	\$4⁹⁹_{4-6 oz. pkg.} Citterio Cold Cuts Selected Varieties	\$5⁴⁹_{8-9 oz. pkg.} Oscar Mayer Deli Fresh Cold Cuts Selected Varieties	\$2⁹⁹_{8.9-10.7 oz. pkg.} Lunchables Lunch Combinations Selected Varieties
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SEAFOOD SELECTIONS				AVAILABLE ONLY IN PARTICIPATING STORES	
\$9⁹⁹_{lb.} Salmon Fillet Fresh Farm Raised	\$9⁹⁹_{lb.} Flounder Fillet Wild Caught Previously Frozen	\$6⁹⁹_{16 oz. pkg.} Great American Tilapia Fillet Farm Raised Frozen or Thawed	\$7⁹⁹_{lb.} Kingfish Steaks Frozen		
\$8⁹⁹_{16 oz. pkg.} Jade Lion Large Cooked Shrimp Frozen, 31-40 Count	\$7⁹⁹_{16 oz. pkg.} Jade Lion Large Raw Shrimp Frozen, 31-40 Count Peeled, Deveined	\$4⁹⁹_{16 oz. pkg.} Great American Imitation Crab Meat Frozen or Thawed	\$16⁹⁹_{32 oz. pkg.} Great American Salmon Fillet Frozen or Thawed Wild Caught		
\$10⁹⁹_{16 oz. pkg.} Great American Raw Shrimp Frozen, Jumbo 16-20 Count EZ Peel	\$8⁹⁹_{16 oz. pkg.} Great American Raw Shrimp Frozen, Large 31-40 Count EZ Peel	\$9⁹⁹_{16 oz. pkg.} Great American Cooked Shrimp Frozen, Medium 51-60 Count	\$8⁹⁹_{16 oz. pkg.} Great American Cooked Shrimp Frozen, Medium 71-90 Count	\$16⁹⁹_{48 oz. pkg.} Great American Tilapia Fillet Frozen Farm Raised	
\$12⁹⁹_{40 oz. pkg.} Great American Swai Fillet Frozen Farm Raised	\$6⁹⁹_{12 oz. pkg.} Arctic Moon Boneless Bacalao	\$4⁹⁹_{12 oz. pkg.} Luna Artica Boneless Bacalao	\$5⁹⁹_{16 oz. pkg.} Frozen Smelts Wild Caught	\$7⁹⁹_{10 oz. pkg.} Aqua Star Reserve Cocktail Shrimp Ring 35 Count Cooked & Peeled With Cocktail Sauce	