

Happy
Mother's day
SUNDAY,
MAY 11

Spring Savings!

WE
ACCEPT
OTC
Network

\$4.99
lb.

**Sirloin Tip
London Broil**
USDA Choice Beef



\$4.99
lb.

**Boneless Chuck
Pot Roast**
USDA Choice Beef

REDEEM **2,000** POINTS
REGULAR SALE PRICE \$3.99

\$1.99
19-32 oz.
pkg.

**Ore-Ida
Potatoes**
Selected
Varieties



REDEEM **2,000** POINTS
REGULAR SALE PRICE \$3.99

\$1.99
7.5-8 oz.
cont.

**Philadelphia
Cream Cheese
Spread**
Selected
Varieties



REDEEM **2,000** POINTS
REGULAR SALE PRICE \$3.99

\$1.99
16 oz.
pkg.

**Galbani
Mozzarella
Cheese**
Part Skim
or Whole Milk



REDEEM **2,000** POINTS
REGULAR SALE PRICE \$3.99

\$1.99
16 oz.
cont.

**Talenti
Gelato or
Sorbetto**
Selected Varieties
(Excludes
Gelato Layers)



REDEEM **2,000** POINTS
REGULAR SALE PRICE \$3.99

\$1.99
15-17.5 oz.
pkg.

**Entenmann's
Donuts**
Selected Varieties



REDEEM **2,000** POINTS
REGULAR SALE PRICE \$4.99

\$2.99
405.6 oz.
pkg.

**Poland
Spring
Natural
Spring Water**
24 Pack
16.9 oz. Bottles
(Plus Deposit Where Required)

REDEEM **2,000** POINTS
REGULAR SALE PRICE \$3.99

\$1.99
9-13 oz.
pkg.

**Tostitos
Tortilla
Chips**
Selected
Varieties



\$1.29
lb.

**Whole
Pork
Shoulder**
Grain Fed
Fresh



99¢
lb.

**Perdue
Chicken
Drumsticks**
Grade A, Fresh
All Natural
Family Pack



\$1.99
ea.

**Fresh
Broccoli**
Bunch



**Little Leaf
Farms
Salads**
Assorted
Varieties
4 oz. Clamshells



**Fresh
Cauliflower**



2/\$6
for
**MIX &
MATCH!**

**Fresh
Golden
Pineapples**



**Romaine
Hearts**
3 ct. pkgs.



\$1.99
lb.

**Red,
Orange
or Yellow
Bell
Peppers**
Imported



FIND THE PERFECT RECIPE AT METFRESH.COM!

\$3.99
ea.

**YOUR
CHOICE!**

**General Mills
Large Size
Cheerios Cereal**
Selected Varieties
10.6-12 oz. pkg.



OR
**Kellogg's
Special K
Cereal**
Selected Varieties
9.6-12.9 oz. pkg.



2/\$5
15 oz.
btl.

**Wish-Bone
Salad
Dressing**
Selected
Varieties



5/\$5
14.5-15 oz.
cans

**Libby's
Vegetables**
Selected
Varieties



2/\$4
12-16 oz.
pkgs.

**De Cecco
Pasta**
Selected
Varieties



2/\$7
15-24 oz.
jars

**Classico
Pasta
Sauce**
Selected
Varieties



\$7.99
ea.

**YOUR
CHOICE!**

**Charmin
Ultra Strong
Bath Tissue 6 Pack**
Mega Rolls
1200 ct. pkg.



OR
**Scott
Bath Tissue
8 Pack**
Regular Rolls
8000 ct. pkg.



2/\$4
28-29 oz.
cans

**Redpack
Tomatoes**
or Tomato Sauce
(29 oz.)



3/\$5
5 oz.
cans

**Bumble Bee
Solid White
Albacore
Tuna**
In Water
or In Oil



2/\$5
15-16.3 oz.
jars

**Skippy
Peanut
Butter**
Selected
Varieties



2/\$6
30 oz.
jars

**Welch's
Concord
Grape
Jam
or Jelly**



\$3.99
ea.

**Good Humor
Ice Cream Bars**
6 Count
Selected Varieties
16.2-18 oz. pkg.



\$7.99
82.6 oz.
cont.

**4C
Iced Tea
Mix**
Makes 35 Quarts
Lemon
or Raspberry



2/\$5
64 oz.
btl.

**Apple & Eve
100%
Apple Juice**
Original
or Natural Style



\$14.99
1320 ct.
pkg.

**Plenty
Paper Towels
12 Pack**
Double Rolls
Flex-A-Size



\$5.99
46 oz.
btl.

**Gain
Liquid
Laundry
Detergent**
or Gain Pods
Detergent Pacs
(16 ct. pkg.)



2/\$6
52 oz.
cont.

**Planet Oat
Oatmilk**
or Oatmeal
Creamer
(32 oz. btl.)



4/\$5
4.5-5.3 oz.
cont.

**Chobani
Flip or
Creations
Greek
Yogurt**
Selected Varieties



2/\$7
11.5 oz.
pkgs.

**Kellogg's
Eggo
Thick &
Fluffy
Waffles**
Selected
Varieties



\$3.99
15.3-19.64 oz.
pkg.

**Ellio's
Pizza**
or Cheesy
Breadsticks
(13.62 oz.)



\$3.99
8-11 oz.
pkg.

**TGI
Friday's
Appetizers**
Selected
Varieties



GROCERY SAVINGS!

2/\$5
for

**Hunt's
Tomato
Ketchup**
Original
32 oz. btls.

OR

**Gulden's
Spicy Brown
Mustard**
24 oz. btls.

OR

**Vlasic
Pickles**
Selected Varieties
16-24 oz. jars



**MIX &
MATCH!**

\$13⁹⁹
88.8 oz.
cont.

**Filippo Berio
Olive Oil**
Extra Virgin
or Pure



\$9⁹⁹
10 lb.
pkg.

**Carolina
Rice**
Extra Long Grain
White or
Gold Parboiled



\$10⁹⁹
128 oz.
btl.

**Crisco
Oil**
Pure Canola,
Pure Vegetable
or Pure Corn



2/\$5
16 oz.
jars

**Mezzetta
Jalapeño
Peppers or
Pepper Rings**
Selected Varieties



2/\$5
10 oz.
jars

**Mezzetta
Roasted
Bell Peppers
or Sweet Cherry
Peppers or Italian Mix
Giardiniera (16 oz.)**



2/\$6
16 oz.
jars

**Mezzetta
Mild
Roasted
Bell Peppers**



2/\$4
9-10 oz.
jars

**Vlasic
Relish**
Selected
Varieties



2/\$6
16 oz.
bottles

**French's
Mustard**
or Honey Mustard
Dipping Sauce



2/\$7
8.6-11 oz.
bottles

**McIlhenny
Tabasco
Hot Pepper
Sauce**
Sweet & Spicy
or Buffalo



2/\$7
15 oz.
bottles

**Kikkoman
Teriyaki or
Soy Sauce**
Selected Varieties



\$4⁹⁹
40 oz.
bottles

**Mazola
Oil**
Vegetable Plus,
Canola, Corn or
Corn Plus



\$4⁹⁹
17 oz.
bottle

**Colavita
White
Balsamic Vinegar**



\$12⁹⁹
25.5 oz.
bottle

**Colavita
Pure Olive Oil**



\$19⁹⁹
50.7 oz.
btl.

**Bertolli
Olive Oil**
Classico,
Extra Virgin or
Extra Light



\$5⁹⁹
17.6 oz.
cont.

**Morton
Himalayan
Pink Salt**
Fine or Coarse



2/\$7
4.87-6 oz.
cans.

**McCormick
Grill Mates
Rubs**
or Rubbed Sage
(0.5 oz.) or
Smoked Paprika
& Onion (6.03 oz.)



2/\$4
5 oz.
cans

**Bumble Bee
Premium
White
Chicken**
Chunk in Water



4/\$5
5 oz.
cans

**Bumble Bee
Chunk
Light Tuna**
In Water or In Oil



3/\$5
5 oz.
cans

**Bumble Bee
Chunk White
Albacore Tuna**
In Oil or In Water



2/\$4
3.5 oz.
pkgs.

**Bumble Bee
Snack on the Run!
Tuna or Chicken
Salad Kit**
Selected Varieties



3/\$5
2.5 oz.
pouches

**Bumble Bee
Wild Caught
Light Tuna**
or Seasoned Tuna
or Sandwich
in Seconds Tuna Salad



10/\$5
2.25 oz.
pkgs.

**Maruchan
Instant Lunch**
Selected Varieties



2/\$3
10.75 oz.
cans

**Campbell's
Chicken
Noodle or
Tomato Soup**



2/\$5
15 oz.
pkgs.

**Hormel
Chili with Beans**
Selected
Varieties



3/\$5
7.25-15 oz.
cans/cnmts.

**Chef
Boyardee
Pasta Meals**
Selected Varieties
Cans or
Microwave Bowls



2/\$5
2 oz.
cnmts.

**Hamburger
Helper
Microwavable
Pasta Meals**
Selected Varieties



2/\$4
15.5-16 oz.
jars

**Aunt Nellie's
Red Cabbage
or Beets**
Selected Varieties



2/\$5
14 oz.
pkgs.

**Success
Boil-in-Bag
Rice**
Long Grain White,
Whole Grain Brown
or White Jasmine



2/\$7
13.5 oz.
pkgs.

**Carolina
Jasmine Rice**



2/\$3
10 lb.
pkgs.

**Carolina
Brown Rice**
Whole Grain



\$6⁹⁹
10 lb.
pkg.

**Canilla
Rice**
Extra
Long Grain



\$4⁹⁹
15-16 oz.
jar

**Filippo Berio
Pasta Sauce**
Selected Varieties



3/\$5
13.5 oz.
cnmts.

**Pomi
Tomatoes**
Selected
Varieties



COFFEE CORNER

\$10⁹⁹
10 ct.
pkgs.

**Green Mountain,
McCafé, Donut Shop,
Newman's Own
or Tully's
Coffee K-Cups**
Selected Varieties



\$11⁹⁹
12 oz.
pkg.

**Starbucks
Coffee
or Coffee
K-Cups**
(10 ct. pkg.)



\$10⁹⁹
10 oz.
pkg.

**Newman's Own
Organic
Coffee**
Ground Special Decaf
or Ground
Breakfast Blend



\$7⁹⁹
7 oz.
jar

**Chock
Full o' Nuts
Instant Coffee**
Original



TRENDING & HEALTHY!

\$7⁹⁹
16 oz.
btl.

**Pompeian
Organic
Extra Virgin
Olive Oil**
Robust



\$5⁹⁹
5 oz.
btl.

**Pompeian
Avocado Oil
Cooking Spray**
or Organic
Extra Virgin Olive Oil
Cooking Spray



\$4⁹⁹
8 oz.
btl.

**Newman's Own
Avocado Oil
Dairy-Free
Salad Dressing**
Greek, Ranch or Caesar



2/\$5
5 oz.
cans

**Genova
Tuna**
Selected
Varieties



2/\$5
5.25-10 oz.
pkgs.

**Near East
Side Dishes**
Selected Varieties



\$5⁹⁹
15.5-25 oz.
jar

**The Silver Palate
Pasta Sauce
or San Marzano
Pizza Sauce (12 oz.)**



\$5⁹⁹
9-12 oz.
pkgs.

**Big Picture
Organic
Olives or
Peppers**
Selected Varieties



\$5⁹⁹
12.75-13
oz. btl.

**Wing-Time
Buffalo Wing
Sauce**
Mild, Medium or Hot



2/\$6
16 oz.
bottles

**Woeber's
Sandwich Pal
Condiments**
Sweet & Spicy
Mustard, Original
Horseradish Sauce or
Jalapeño Mustard



\$6⁹⁹
48 oz.
pkg.

**King Arthur
Baking Company
'00' Pizza Flour**



\$3⁹⁹
32 oz.
pkg.

**King Arthur
Baking Company
Unbleached
Cake Flour**



\$9⁹⁹
32 oz.
pkg.

**King Arthur
Baking Company
Gluten Free
Bread or Pizza
Flour**



\$4⁹⁹
9.8 oz.
can

**Lucky Leaf
Organic
Pie Filling
or Topping**
Cherry or Apple



\$5⁹⁹
9.8 oz.
cont.

**Whole Earth
Sweetener**



\$9⁹⁹
24 oz.
cont.

**Golden Blossom
Organic
White Forest
Honey**



\$5⁹⁹
11 oz.
pkg.

**Kind
Healthy Grains
Granola Clusters**
Selected Varieties



2/\$6
6 oz.
pkgs.

**Arrowhead Mills
Puffed Corn
or Puffed Millet
Cereal**



\$5⁴⁹
6 oz.
pkg.

**Catalina Crunch
Keto Friendly
Crunch Mix**
Selected Varieties



\$9⁹⁹
38.4 oz.
pkg.

**GoGo
Squeeze
Fruit on the Go
Applesauce
12 Pack**
Variety Pack, Apple Apple
or Apple Cinnamon



2/\$7
16-20 ct.
pkgs.

**Tazo
Tea Bags**
Selected
Varieties



\$5⁹⁹
10.25 oz.
pkg.

**Stacy's
Simply Naked
Organic
Pita Chips**



2/\$6
5.5-5.7 oz.
pkgs.

**Barbara's
Gluten Free
Cheese Puffs**
Selected Varieties



\$5⁹⁹
8 oz.
pkg.

**Firehook
Baked
Crackers**
Selected Varieties



2/\$7
4.76 oz.
pkgs.

**Dare
Breton
Gluten Free
Crackers**
Original with Flax
or Herb & Garlic



2/\$10
5.4-8 oz.
pkgs.

**Popcorn, Indiana
Popcorn**
Selected Varieties



2/\$9
3.5 oz.
pkgs.

**Jules
Destrooper
Belgian
Cookies**
Butter Crisps,
Almond Thins or
Butter Waffles



2/\$8
10.5-14.1 oz.
pkgs.

**McVitie's
Digestives
Biscuits**
The Original
or Dark Chocolate



2/\$7
1.94-2.5 oz.
pkgs.

**Perfect Bar
Protein Bars**
Selected Varieties



\$9⁹⁹
11-9.6 oz.
pkg.

**GoMacro
Macrobar
Organic
Bars**
4 Count Regular or
Selected Varieties



2/\$7
17-25 oz.
btl.

**Endangered
Species
Chocolate Bars**
Selected Varieties



\$7⁹⁹
48 oz.
pkg.

**Joyba
Bubble Tea
4 Pack**
Selected
Varieties



2/\$4
16 oz.
btl.

**Unwell
Hydration Drink**
Strawberry,
Mango Citrus or
Orange Hibiscus
(Plus Deposit
Where Required)



5/\$5
16 oz.
btl.

**Alkaline88
Alkaline Water**
(Plus Deposit
Where Required)



\$5⁹⁹
32 oz.
pkg.

**Saratoga
Still or
Sparkling Water**
6 Pack
16 oz. Bottles
(Plus Deposit
Where Required)



\$7⁹⁹
25.36 oz.
btl.

**Fever-Tree
Cocktail Mixers**
Selected Varieties



2/\$10
48 oz.
pkg.

**Reed's
Real Ginger Ale
or Craft
Ginger Beer 4Pack**
12 oz. Bottles/Cans
Selected Varieties
(Plus Deposit Where Required)



2/\$4
104 ct.
pkgs.

**Green Forest
Premium
Paper Towels**
Size Your Own



2/\$5
792 ct.
pkgs.

**Green Forest
Bath Tissue
4 Pack**
2-Ply Unscented



\$7⁹⁹
45 oz.
bottle

**Seventh
Generation
Liquid
Laundry
Detergent**
Lavender
or Free & Clear



\$5⁹⁹
32 oz.
bottle

**Seventh
Generation
Liquid
Fabric
Softener**
Free & Clear
or Lavender



\$3⁹⁹
17-25 oz.
cont.

**Ecos
Hand Soap or
Dish Soap**
Selected Varieties



GROCERY SAVINGS!

2/\$7 64 oz. btl. Ocean Spray 100% Cranberry Juice Blends Selected Varieties	4/\$3 38.9 oz. btl. Clear Choice Sparkling Water 1 Liter Selected Varieties (Plus Deposit Where Required)	\$12.99 26-26.5 oz. cont. Chock Full o' Nuts Coffee Selected Varieties
\$5.99 20 oz. btl. Hellmann's Mayonnaise Original, Olive Oil or Light	2/\$5 14 oz. cans Magnolia Sweetened Condensed Milk Original or Fat Free	2/\$3 12 oz. cans Magnolia Evaporated Milk
5/\$5 6 oz. pkgs. Redpack Tomato Paste	4/\$3 8 oz. cans Redpack Tomato Sauce	2/\$3 15.5 oz. cans Goya Organics Low Sodium Beans Red Kidney, Chick Peas or Black
2/\$6 32 oz. pkgs. Hungry Jack Pancake & Waffle Mix Buttermilk or Extra Light & Fluffy	2/\$6 26 oz. pkgs. Pillsbury Funfetti Complete Pancake & Waffle Mix Original	\$3.99 24 oz. cont. Mrs. Butterworth's or Hungry Jack Syrup Selected Varieties
2/\$5 5 lbs. pkgs. Zulka Morena Pure Cane Sugar	2/\$7 6.3-7.4 oz. pkgs. Quaker Chewy Granola Bars Selected Varieties	\$3.99 46 oz. cont. Musselman's Natural Apple Sauce
2/\$7 6.3-7.05 oz. pkgs. Barilla Mulino Bianco Cookies Selected Varieties	2/\$5 4.5 oz. pkgs. Jiffy Pop Butter Popcorn	2/\$6 7 oz. pkgs. Popcorn, Indiana Kettle Corn Sweet & Salty Popcorn
\$4.99 7.7-9.7 oz. pkg. Mars Minis Chocolate Candy Bars Selected Varieties	\$6.99 5.3 oz. pkg. Ferrero Rocher Candies 12 Count	\$5.99 10.3 oz. cont. Planters Mixed Nuts Regular, Lightly Salted or Unsalted
\$3.99 32 oz. cont. Sunsweet Prune Juice Original or With Pulp	2/\$7 64 oz. btl. Langers 100% Cranberry Juice or Juice Cocktails Selected Varieties	2/\$6 64 oz. btl. Musselman's Apple Juice
\$3.99 120 oz. btl. Hawaiian Punch Fruit Drinks Selected Varieties	\$4.99 64 oz. btl. Libby's Pineapple Juice	
2/\$5 46 oz. cans Sacramento Tomato Juice	\$4.99 40 oz. pkg. Libby's Pineapple Juice 4 Pack 10 oz. Bottles	2/\$7 60 oz. pkgs. Kool-Aid Jammers Juice Drinks 10 Pack Selected Varieties
2/\$3 54 oz. pkg. Juicy Juice 100% Juice 8 Pack Selected Varieties	\$6.99 121.5 oz. pkg. Sunny D Drinks 18 Pack 6.75 oz. Bottles Tangy Original Citrus Punch	
2/\$11 138 oz. pkgs. Arizona Iced Tea 12 Pack 11.5 oz. Cans Selected Varieties	2/\$6 18.6 oz. cans 4C Drink Mixes Pink Lemonade, Lemonade, Fruit Punch or Wild Berry Pomegranate	2/\$3 20 oz. btl. Pure Life Purified Water (Plus Deposit Where Required)
2/\$4 25.3-32.8 oz. btl. San Pellegrino Sparkling Mineral Water or Acqua Panna Spring Water Original (Plus Deposit Where Required)		
2/\$9 7.5 oz. pkgs. Splash Refresher Sparkling Flavored Water Beverage 8 Pack 12 oz. Cans-Selected Varieties (Plus Deposit Where Required)	\$5.99 30.7-66.9 oz. pkg. San Pellegrino Sparkling Beverage 6 Pack 11.15 oz. Cans or 8.45 oz. Bottles Selected Varieties (Plus Deposit Where Required)	\$4.99 405.6 oz. pkg. Crystal Springs Natural Spring Water 24 Pack 16.9 oz. Bottles (Plus Deposit Where Required)
\$4.99 405.6 oz. pkg. Poland Spring Natural Spring Water 24 Pack 16.9 oz. Bottles (Plus Deposit Where Required)		

HEALTH & BEAUTY

WHERE AVAILABLE

\$199-\$12.99 ea. Coppertone, Banana Boat or Hawaiian Tropic Sun Protection Products Selected Varieties 0.49-16 oz. cont.	\$2.99 13.5 oz. btl. Pert 2 in 1 Shampoo & Conditioner Anti-Dandruff or Classic Clean	\$4.99 12 oz. btl. Dove Shampoo, Conditioner or 2 in 1 Shampoo & Conditioner Selected Varieties	\$1.99 5.7 oz. pkg. Crest Toothpaste Selected Varieties
\$2.49 33.8 oz. btl. TopCare Mouthwash Selected Varieties	4/\$5 1 ct. pkgs. TopCare SmartGrip Toothbrushes or Dental Floss	\$5.99 2.6 oz. cont. Dove Deodorant Sticks Selected Varieties (Excludes Men + Care and Advanced Care)	\$6.99 2.6-3 oz. cont. Dove Men + Care or Advanced Care Deodorant Sticks Selected Varieties
\$3.99 55 ct. pkg. Stridex Medicated Face Pads Selected Varieties	\$5.99 18 oz. btl. Old Spice Body Wash Selected Varieties	2/\$6 40-90 ct. pkgs. Gillette Satin Care Shave Gel Dry Skin or Sensitive Skin	2/\$5 11 oz. pkgs. Gillette Foamy Shave Foam Regular or Sensitive Skin
\$6.99 3 ct. pkg. Gillette Venus or Mach3 Disposable Razors Selected Varieties			

HOUSEHOLD SAVINGS!

\$3.99 8.8 oz. cont. Febreze Luxe Vanilla Suede or Tropical Blend Air Mist or Febreze Small Spaces Bathroom Air Freshener (6 ct. pkg.)	\$3.99 23 oz. btl. Mr. Clean Multi-Surface Cleaner Selected Varieties	\$9.99 32 ct. pkg. Swiffer Sweeper Dry Sweeping Refill Cloths or Dusters (6-10 ct.) or Wet Jet Pads (15 ct.)	2/\$5 30 oz. pkgs. Arm & Hammer Carpet Odor Eliminator Pet Fresh, Extra Strength or Island Mist	\$3.99 7.5 oz. cont. Dial Complete Liquid Antibacterial Hand Soap Selected Varieties	2/\$3 40 ct. pkgs. Puffs Facial Tissue Ultra Soft or Plus Lotion
\$5.99 16.4 ct. pkg. Bounty Paper Towels 2 Pack Double Rolls Select-A-Size White or Prints	\$3.99 200 ct. pkg. Bounty Quilted Paper Napkins White	\$6.99 40-90 ct. pkg. Dixie Paper Plates or Bowls Selected Varieties	\$9.99 100 ct. pkg. Hefty Party On! Cups 16-Ounce	2/\$7 225 sq. ft. pkgs. Reynolds Kitchens Plastic Wrap Quick Cut	\$10.99 28-50 ct. pkg. Glad Trash Bags Selected Varieties
\$9.99 8.8 lb. pkg. Cowboy Brand Hardwood Lump Charcoal	\$7.99 168-192 ct. pkg. Huggies Baby Wipes Selected Varieties	\$10.99 19-38 ct. pkg. Huggies Snugg & Dry Diapers Sizes 1 thru 6	\$6.99 3.5 lb. pkg. Purina Beneful Dog Food Selected Varieties	5/\$5 1.2-1.55 oz. cones, pkgs. Friskies Lil' Soups or Lil' Gravies Cat Food Selected Varieties	\$13.99 8.5 lb. cont. Purina Tidy Cats Cat Litter LightWeight Instant Action or LightWeight 24/7

DAIRY SAVINGS!

2/\$5 Turkey Hill Drinks Selected Varieties	2/\$6 Land O Lakes Whipped Butter Unsalted or Salted	5/\$3 La Yogurt Probiotic Yogurt Selected Varieties	2/\$6 Land O Lakes or Crystal Farms Cheese Bars or Shreds Selected Varieties
2/\$7 Bays English Muffins Sourdough or Multi-Grain	2/\$6 Cabot Premium Butter Sticks Sea Salted or Unsalted	\$4.99 Cabot Butter Quarters Salted or Unsalted	2/\$7 I Can't Believe It's Not Butter! Spread, Spray or Sticks or Brummel & Brown Spread (15 oz. cpts.)
2/\$6 Hood Cottage Cheese Selected Varieties	\$7.99 Dunkin' Extra Coffee Creamer	2/\$7 Farmland Dairies Heavy Cream	
\$5.99 Stok Cold Brew Coffee Selected Varieties	2/\$5 Cabot French Onion Sour Cream Dip	2/\$3 Daisy Cottage Cheese with Fruit or Sour Cream (8 oz.)	2/\$5 Friendship Sour Cream Original
\$3.99 Dannon Light & Fit Greek Yogurt 4 Pack Selected Varieties	2/\$7 Activia Yogurt 4 Pack or Yoplait Go-Gurt Yogurt 8 Pack Selected Varieties	\$4.99 Cabot Greek Yogurt Selected Varieties	
2/\$6 Cabot American Cheese Slices Yellow or White	2/\$7 Sargento Cheese Slices Selected Varieties	2/\$6 Treasure Cave Crumbled Blue Cheese	\$3.99 Sargento Balanced Breaks Snack Packs Selected Varieties
\$3.99 Tree Ripe Grove Select Orange Juice Calcium & Vitamin D No Pulp or No Pulp	\$6.99 Florida's Natural Premium Orange Juice No Pulp, No Pulp with Calcium + Vitamin D or With Pulp	2/\$6 Florida's Natural Premium Juice Drinks or Lemonades Selected Varieties	
2/\$6 Tropicana Premium or Refreshers Juice Drinks Selected Varieties	2/\$7 Sunny D Drinks Selected Varieties	\$4.99 Kozy Shack Pudding 6 Pack Selected Varieties	\$4.99 Kool-Aid Gelatin Snacks 12 Pack Variety Pack Regular or Sugar Free
2/\$6 Farmland Dairies Real Whipped Light Cream	2/\$4 Giovanni Rana Pasta Selected Varieties	\$4.99 Galbani Ricotta Cheese Whole Milk or Part Skim	
\$5.99 BelGioioso Crumbled, Shaved or Shredded Cheese Selected Varieties	2/\$7 BelGioioso Snacking Cheese or Provolone Cheese & Genoa Salame Snacking Rolls (4.5 oz.)	2/\$6 BelGioioso Fresh Mozzarella Cheese Pearls, Ciliegine, Ovolini or Bocconcini	\$4.99 Président Feta Cheese Crumbles Selected Varieties
\$4.99 Alouette Brie Cheese Double Crème	2/\$4 Cedar's Hommus Selected Varieties	\$4.99 Snack Factory Pretzel Crisps Original, Garlic Parmesan or Everything	

TRENDING & HEALTHY IN THE DAIRY DEPARTMENT!

2/\$7 I Can't Believe It's Not Butter! Spread	2/\$6 Land O Lakes Plant-Based Creamy Spread	2/\$3 Chobani 20g Protein Zero Added Sugar Greek Yogurt Selected Varieties	2/\$7 Kozy Shack No Sugar Added Pudding 4 Pack Selected Varieties	2/\$5 Cabot Sour Cream Classic or Light
2/\$6 Cabot Cottage Cheese Original	2/\$9 Chobani Coffee Creamer Selected Varieties	4/\$5 Siggi's Icelandic Style Skyr Selected Varieties	2/\$3 Siggi's Whole-Milk Drinkable Yogurt Strawberry, Vanilla or Blueberry	\$4.99 Siggi's Icelandic Style Skyr Nonfat Plain, Nonfat Vanilla or 4% Plain
\$7.49 Bizzy Organic Cold Brew Selected Varieties				

FROZEN SAVINGS!

3/\$5 Banquet Brown 'N Serve Breakfast Sausage Selected Varieties	\$3.99 Glacier Gold Hash Brown Patties 10 Count	2/\$4 Avenue A Vegetables or Broccoli Cuts (20 oz.)	\$5.99 Pepperidge Farm Layer Cakes or 2 Count Puff Pastry Sheets (17.3 oz.)
2/\$4 Avenue A Vegetable Blends California, Italian, Fiesta Corn or Country	\$5.99 Mrs. Paul's Breaded Fish Sticks or Fish Fillets Selected Varieties	2/\$6 Stouffer's Entrees Mushroom Stroganoff Pasta or Three Cheese Rigatoni	2/\$6 Stouffer's Side Dishes Spinach Soufflé, Macaroni & Cheese or Cheddar Potato Bake
2/\$7 Stouffer's Entrees or French Bread Pizzas Selected Varieties (Excludes Mushroom Stroganoff Pasta and Three Cheese Rigatoni)	\$4.99 Stouffer's Large Size Entrees or Fish Fillet with Macaroni & Cheese (9 oz.)	\$4.99 Healthy Choice Simply Steamers Meals, Power Bowls or Zero Bowls Selected Varieties	\$3.99 On-Cor Meals Selected Varieties
\$3.99 Furlani Garlic Texas Toast 16 Count-Original	\$5.99 Bagel Bites Pizza Snacks 18 Count Three Cheese or Cheese & Pepperoni	\$3.99 Smucker's Uncrustables Sandwiches 4 Count Selected Varieties	\$4.99 Pepperidge Farm Turnovers or Puff Pastry Shells (10 oz.)
\$10.99 Dole Fruit Sliced Strawberries & Bananas Mango Chunks or Blueberries	\$7.99 Dole Whip Frozen Treat 4 Count Strawberry, Mango or Pineapple	\$8.99 Steak-umm Sliced Beef Steaks 14 Count	
\$5.49 DiGiorno Croissant Crust Pizza Four Cheese, Pepperoni or Three Meat	\$3.19 Goya Recaito or Sofrito Cooking Base	\$4.99 Tillamook Ice Cream Selected Varieties	\$5.99 Talent Gelato Layers Selected Varieties
\$4.99 Kemps Sherbet Selected Varieties			
\$4.99 Talent Mini Gelato or Sorbetto Bars Selected Varieties	\$4.99 Friendly's Frozen Novelties Selected Varieties	\$2.99 Avenue A Fruit Bars 4 Count Selected Varieties	\$3.99 Chloe's Pops 4 Count Selected Varieties
\$4.99 Chloe's Pops 10 Count Spider-Man Strawberry Lemon, Avengers Cherry & Grape	\$3.99 Holanda Ice Pops 4 Count Lime, Coconut & Pineapple or Coconut & Strawberry		

TRENDING & HEALTHY IN THE FROZEN DEPARTMENT!

\$6.99 Yummy Breaded Chicken Breast Products Selected Varieties	\$3.99 Boca Plant-Based Products Selected Varieties	\$4.99 Amy's Pizza Snacks Cheese Pizza or Veggie Pizza	\$3.99 Amy's Pot Pies Vegetable or Broccoli	\$3.99 Evol. Meals Selected Varieties
\$4.99 Alexia Premium Vegetable Sides Selected Varieties	\$8.99 Amy's Pizza Selected Varieties	\$4.99 Auntie Anne's Pretzels or Pretzel Nuggets Classic	\$3.99 MorningStar Farms Veggie Meal Starters, Appetizers, Patties, or Burgers Selected Varieties	2/\$10 Udi's Gluten Free Whole Grain Hamburger Buns 4 Count

THE BAKE SHOPPE!

\$3.99 Zaro's Family Bakery Challah Hamburger or Hot Dog Buns	\$5.99 Sliced Pound Cakes or Sweet Breads Selected Varieties	\$1.29 Specialty Bakers Dessert Shells	\$2.99 Specialty Bakers Ladyfingers	\$15.99 Junior's 6-Inch Cheesecake Selected Varieties	\$3.49 Stonefire Naan Dippers Original or Everything	2/\$5 Stonefire Tandoor Baked Mini Naan Flatbread Original, Ancient Grain or Garlic
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NATURAL & ORGANIC
ITEMS SOLD WHERE AVAILABLE

Organic Produce



\$4.99 16 oz. cont. Driscoll's Strawberries Certified Organic	2/\$4 16 oz. bags Peeled Baby Carrots Certified Organic	2/\$5 8-14 oz. bags Fresh Green or Lacinato Kale Certified Organic Bunches	\$1.99 12 oz. cans Fresh Yams Certified Organic U.S. #1
\$3.99 8 oz. cont. Whole White Mushrooms Certified Organic	\$4.99 12 oz. pkg. Pero Family Farms Snipped Green Beans Certified Organic	2/\$7 8-14 oz. bags House Foods Tofu Certified Organic, Assorted Varieties	\$2.99 12 oz. cans Evolution Fresh Organic Real Fruit Soda Assorted Varieties (Plus Deposit Where Required)

THE BEST PRODUCE!

2/\$5 5 cones. Giorgio Whole Baby Bella Mushrooms	3/\$2 for Sweet Yellow or Bi-Color Corn	69¢ lb. Spanish Onions Jumbo	79¢ lb. Idaho Potatoes U.S. #1
\$4.99 2 lb. bag Wonderful Halos Mandarin California	\$3.99 6 oz. bag Wonderful Seedless Lemons	69¢ ea. Fresh Scallions Bunch	\$2.99 24 oz. bag Steamables Sweet Potatoes U.S. #1
2/\$7 10 pkgs. Dole Caesar Salad Kits Regular or Light	\$6.99 18 oz. cont. Taylor Farms Good Times Vegetable Tray With Hidden Valley Ranch Dip	\$6.99 2 lb. bag SugarBee Apples U.S. #1	4/\$5 for Pink Seedless Cara Cara Navel Oranges
Red Grapefruit			

BUILD A BETTER SALAD!

2/\$5 for Boston Lettuce Hydroponic	99¢ lb. Red Ripe Tomatoes 5x6	2/\$4 Mini Seedless Cucumbers	99¢ lb. Sweet Vidalia Onions	2/\$4 Mini Sweet Peppers	2/\$5 5 oz. pkgs. Fresh Gourmet Croutons Assorted Varieties
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SNACKS AND BEVERAGES

WHERE AVAILABLE
(PLUS BTL. DEPOSIT
WHERE REQUIRED BY LAW)

\$2.19 12 oz. pkg. Avenue A Hamburger or Hot Dog Rolls 8 Count	\$3.99 22 oz. pkg. Nature's Own Perfectly Crafted Bread Selected Varieties	\$4.99 19-20 oz. pkg. Thomas' Bagels Selected Varieties	\$3.99 20 oz. pkg. Arnold Brick Oven Premium White Bread	\$3.99 20 oz. pkg. Sara Lee Classic 100% Whole Wheat Bread	2/\$7 12-16 oz. pkgs. Ball Park Hamburger or Hot Dog Buns 8 Count Selected Varieties	\$1.99 10 oz. pkg. Tastykake Dipp'n Sticks Donut Sticks Glazed Chocolate or Lemon Blueberry
\$3.99 15-17.5 oz. pkg. Entenmann's Donuts Selected Varieties	\$2.99 10.5-11.25 oz. pkgs. Hostess Donettes Mini Donuts Selected Varieties	2/\$6 8-17 oz. pkgs. Hostess Snacks Selected Varieties	3/\$5 2-4.75 oz. pkgs. Hostess Snacks Selected Varieties	3/\$10 7-13 oz. pkgs. Nabisco Chips Ahoy! Cookies Selected Varieties	2/\$8 12-2-14.4 oz. pkgs. Nabisco Honey Maid Grahams Selected Varieties	\$3.99 5.25-12 oz. pkgs. Herr's Potato Chips, Popcorn, Pretzels or Tortilla Chips Selected Varieties
\$7.99 18-28 oz. cont. Herr's Barrel Snacks Party Mix, Pretzel Rods or Cheese Balls	\$3.99 ea. Tostitos Tortilla Chips (9-13 oz. pkg.) or Salsa (15.5 oz. jar) Selected Varieties	\$3.99 2-25-10 oz. pkgs. Smartfood Popcorn Selected Varieties	2/\$5 67.5 oz. btl. Pepsi 2 Liter Selected Varieties	\$5.49 101.4 oz. pkg. Pepsi 6 Pack 16.9 oz. Bottles Selected Varieties	\$4.99 45 oz. pkg. Pepsi Mini Cans 7.5 oz. Cans Selected Varieties	3/\$6 67.5 oz. btl. Coca-Cola 2 Liter Selected Varieties
2/\$11 59 oz. btl. Coca-Cola Mini Cans 6 Pack 7.5 oz. Cans Selected Varieties	\$6.99 75 oz. pkg. Coca-Cola Mini Cans 10 Pack 7.5 oz. Cans Selected Varieties	2/\$3 33.8 oz. btl. Canada Dry 1 Liter Selected Varieties	\$6.49 75 oz. pkg. Canada Dry Mini Cans 10 Pack 7.5 oz. Cans Selected Varieties	\$8.99 38 oz. pkg. Starbucks Frappuccino Coffee Drinks 4 Pack 9.5 oz. Bottles Selected Varieties	3/\$5 16.5 oz. btl. Gold Peak Iced Tea Selected Varieties	
4/\$5 16 oz. btl. Snapple Drinks or Core Hydration Water (23.9 oz.)	2/\$10 120 oz. pkg. Arizona Drinks 6 Pack 20 oz. Bottles Selected Varieties	2/\$4 28 oz. pkg. Gatorade Sports Drinks Selected Varieties	2/\$4 33.8 oz. btl. Glacéau Smartwater 1 Liter Original, Antioxidant or Alkaline + Antioxidants	3/\$5 16 oz. btl. Glacéau Vitamin Water Selected Varieties	\$9.99 67.2-72 oz. pkg. Twisted Tea Hard Iced Tea or Smirnoff Ice 6 Pack 11.2-12 oz. Bottles or Cans Selected Varieties	
\$9.99 90 oz. pkg. Rita's Sparkling Margarita 12 Pack 7.5 oz. Cans Straw-Ber-Rita or Lime-A-Rita	\$12.99 120 oz. pkg. Medalla Light Beer 12 Pack 10 oz. Cans	\$13.99 67.2 oz. pkg. Weihenstephaner Beer 6 Pack 11.2 oz. Bottles Original or Hefe Weissbier	\$15.99 144 oz. pkg. Presidente or Beck's Beer 12 Pack 12 oz. Bottles or Cans Selected Varieties	\$17.99 144 oz. pkg. Twisted Tea Hard Iced Tea or Simply Spiked Malt Beverage 12 Pack 12 oz. Bottles or Cans Selected Varieties	\$17.99 144 oz. pkg. Samuel Adams, Brooklyn or Blue Moon Beer 12 Pack 12 oz. Bottles or Cans Selected Varieties	
\$19.99 216 oz. pkg. Coors Light, Miller Lite or Yuengling Beer 18 Pack 12 oz. Bottles or Cans Selected Varieties	Budweiser or Bud Light Beer 12 Pack 12 oz. Bottles or Cans Selected Varieties \$13.99 SALE PRICE -6.00 DIGITAL REBATE \$7.99 AFTER FINAL REBATE	Busch Beer 12 Pack 12 oz. Cans Regular or Light \$9.99 SALE PRICE -3.00 DIGITAL REBATE \$6.99 AFTER FINAL REBATE	\$10.99 67.2-72 oz. pkg. YOUR CHOICE! Kona Brewing Co. or Goose Island Beer 6 Pack 12 oz. Bottles or Cans Selected Varieties Coney Island Brewing Company or Carib Beer 6 Pack 12 oz. Bottles or Cans Selected Varieties Stella Artois or Montauk Beer 6 Pack 11.2-12 oz. Bottles or Cans Selected Varieties Corona, Modelo or Peroni Beer 6 Pack 11.2-12 oz. Bottles or Cans Selected Varieties Birra Moretti Premium Lager or Dogfish Head Beer 6 Pack 11.2-12 oz. Bottles or Cans Selected Varieties			
Michelob Ultra Beer 12 Pack 12 oz. Bottles or Cans Original or Zero Non-Alcoholic \$15.99 SALE PRICE -7.00 DIGITAL REBATE \$8.99 AFTER FINAL REBATE	The Beast Unleashed Malt Beverage 12 Pack 12 oz. Cans or Nasty Beast Hard Tea 12 Pack \$17.99 SALE PRICE -6.00 DIGITAL REBATE \$11.99 AFTER FINAL REBATE	Heineken or Amstel Light Beer 6 Pack 12 oz. Bottles or Cans Selected Varieties \$10.99 SALE PRICE -4.00 DIGITAL REBATE \$6.99 AFTER FINAL REBATE				

DELI DEPARTMENT

Let Us Cater Your Event or Party! Come See Us
For All Your Entertainment Needs! Where Available

\$11.99 lb. Black Label Provisions Reserve Classic Roasted Turkey Breast Sliced to Order Antibiotic Free	\$8.99 lb. Black Label Provisions Premium Select Lower Sodium Ham Sliced to Order	\$5.99 lb. Black Label Provisions Reserve Yellow Mild Aged Cheddar Cheese Sliced to Order	\$5.99 lb. Black Label Provisions Reserve Classic Muenster Cheese Sliced to Order	\$9.99 lb. Boar's Head Deluxe Ham Sliced to Order
\$11.99 lb. Boar's Head Maple Glazed Turkey Breast Sliced to Order	\$6.99 lb. Boar's Head American Cheese Sliced to Order Yellow or White	\$9.99 lb. Boar's Head Gold Label Imported Switzerland Swiss Cheese Sliced to Order	\$8.99 lb. Kretschmar Chicken Breast Sliced to Order Rotisserie Style Off the Bone, Buffalo Style or Oven Roasted	\$4.99 lb. Smithfield Cooked Ham Sliced to Order
\$5.99 lb. Citterio Mortadella Sliced to Order With or Without Pistachio	\$6.99 lb. Hormel Magnifico Salami Sliced to Order Genoa or Hard	\$5.99 lb. Land O Lakes American Cheese Sliced to Order Yellow or White	\$4.99 lb. Stella Provolone Cheese Sliced to Order	\$7.99 lb. Gouda Cheese By the Piece Store Cut Imported from Holland
\$8.99 lb. Gourmet Boutique Homestyle Chicken Salad Deli Fresh	\$5.99 lb. Zina's Penne with Spinach & Feta Cheese Salad Deli Fresh	\$7.99 lb. Sally Sherman Seafood Salad with Mayonnaise Deli Fresh	\$6.99 lb. Brakebush Breaded Chicken Tenders Heat & Serve	\$4.99 8 oz. pkg. Epicurean Cheese Pizza Bagels 2 Pack Heat & Serve
\$8.99 ea. Tyson 8-Piece Fried Chicken Heat & Serve Where Available				

USDA CHOICE BEEF		FARM FRESH PORK		FARM FRESH CHICKEN	
\$7.99 lb. Sirloin Tip Steaks USDA Choice Beef		\$1.49 lb. Pork Shoulder Shank Half Grain Fed Fresh	\$2.49 lb. Harvestland Whole Chickens Grade A, Fresh All Natural Free Range		
\$9.99 lb. Lean Pepper Steaks USDA Choice Beef		\$9.99 lb. Lean Cube Steaks USDA Choice Beef		\$9.99 lb. Lean Round Cubes USDA Choice Beef	
\$7.99 lb. Boneless Chuck Filet Steaks USDA Choice Beef	3/\$10 8 oz. pkgs. Perdue Short Cuts Carved Chicken Breast Fully Cooked Selected Varieties		\$1.99 lb. Springer Mountain Farms Chicken Drumsticks Grade A, Fresh All Natural		
\$3.99 lb. Springer Mountain Farms Whole Chicken Wings Grade A, Fresh All Natural	\$4.69 lb. Bell & Evans Spatchcock Chicken All Natural Tray Pack		\$3.99 lb. Bell & Evans Chicken Drumstick Lollipops Fresh, All Natural Tray Pack		
\$7.99 lb. Rastelli's Boneless Chicken Thighs Caribbean Jerk Style or Italian Style	\$8.99 lb. Rastelli's Boneless Chicken Breast Teriyaki or Margarita Lime		\$6.99 18.4 oz. pkg. Hatfield Boneless Pork Tenderloins Grain Fed, All Natural Selected Varieties		
\$6.99 11.5 oz. pkg. Smithfield Anytime Favorites Boneless Smoked Pork Chops	\$7.99 17 oz. pkg. Smithfield Anytime Favorites Bone-In Smoked Pork Chops		\$4.99 16 oz. pkg. Premio Fresh Italian Pork Sausage Links Hot, Sweet or Sweet & Hot Combo		
\$4.99 16 oz. pkg. Avenue A Bacon Original or Thick Sliced	\$3.99 12 oz. pkg. Avenue A Turkey Bacon	\$14.99 48 oz. pkg. Avenue A Ground Beef Hamburgers 12 Count Frozen	\$24.99 80 oz. pkg. Avenue A Ground Beef Hamburgers 20 Count Frozen		
\$3.99 13 oz. pkg. Eckrich Polska Kielbasa or Original Smoked Sausage	\$4.99 16 oz. pkg. Smithfield Thinly Sliced Cold Cuts Selected Varieties	\$5.99 16 oz. pkg. Cibao Meat Products Induveca Salami Super Especial	\$3.99 10 oz. pkg. Cibao Meat Products Longaniza Sausage		

PRE-PACKAGED MEATS

\$4.99 9.43-12 oz. pkg. Hebrew National Beef Franks or Beef Knockwurst (12 oz.) \$2.99 8.9-10.7 oz. pkg. Lunchables Lunch Combinations Selected Varieties \$5.49 8-9 oz. pkg. Oscar Mayer Deli Fresh Cold Cuts Selected Varieties \$4.99 2-52 oz. pkg. Oscar Mayer Fully Cooked Bacon Original or Thick Cut \$5.99 3-6 oz. pkg. Citterio Fresco Cold Cuts Sopressata & Asiago Cheese, Prosciutto di Parma or Bresaola
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SEAFOOD SELECTIONS

AVAILABLE ONLY IN PARTICIPATING STORES

\$3.99 lb. Swai Fillet Farm Raised Previously Frozen Striped Pangasius \$9.99 lb. Scrod Fillet Wild Caught Cut from Frozen-at-Sea Scrod \$6.99 16 oz. pkg. Great American Tilapia Fillet Farm Raised Frozen or Thawed \$7.99 lb. Kingfish Steaks Frozen
\$8.99 16 oz. pkg. Jade Lion Large Cooked Shrimp Frozen, 31-40 Count \$7.99 16 oz. pkg. Jade Lion Large Raw Shrimp Frozen, 31-40 Count Peeled & Deveined \$4.99 16 oz. pkg. Great American Imitation Crab Meat Frozen or Thawed \$16.99 32 oz. pkg. Great American Salmon Fillet Frozen or Thawed, Wild Caught
\$10.99 16 oz. pkg. Great American Raw Shrimp Frozen, Jumbo 16-20 Count EZ Peel \$8.99 16 oz. pkg. Great American Raw Shrimp Frozen, Large 31-40 Count, EZ Peel \$9.99 16 oz. pkg. Great American Cooked Shrimp Frozen, Medium 51-60 Count \$8.99 16 oz. pkg. Great American Cooked Shrimp Frozen, Medium, 71-90 Count \$16.99 48 oz. pkg. Great American Tilapia Fillet Frozen, Farm Raised
\$12.99 40 oz. pkg. Great American Swai Fillet Frozen Farm Raised \$6.99 16 oz. pkg. Arctic Moon Boneless Bacalao \$4.99 12 oz. pkg. Luna Artica Boneless Bacalao \$5.99 16 oz. pkg. Frozen Smelts Wild Caught \$6.99 10 oz. pkg. Aqua Star Reserve Cocktail Shrimp Ring 35 Count Cooked & Peeled With Cocktail Sauce