

**LENTEN CHOICES**  
LOOK THROUGHOUT THE CIRCULAR FOR SPECIAL ITEMS FOR LENT!

# Spring INTO SAVINGS!

**WE ACCEPT OTC Network**

**\$5.99** lb.

**Sirloin Tip London Broil**  
USDA Choice Beef

**USDA CHOICE**



**\$8.99** lb.

**Flank Steaks**  
USDA Choice Beef

**USDA CHOICE**



**\$1.99** lb.

**Center Cut Pork Chops**  
Grain Fed Bone-In



**\$1.69** lb.

**Perdue Split Chicken Breast**  
Grade A, Fresh All Natural Bone-In

**PERDUE**

**USDA GRADE A**



REDEEM **1,000** POINTS  
REGULAR SALE PRICE 2 FOR \$6

**\$1.99** 7-13 oz. pkg.

**Nabisco Chips Ahoy! Cookies**  
Selected Varieties



REDEEM **1,000** POINTS  
REGULAR SALE PRICE \$3.99

**\$1.99** 13 oz. pkg.

**Thomas' English Muffins 6 Pack Original**



**2/\$5** for **MIX & MATCH!**

**Sweet Cantaloupes**

**Romaine Hearts**  
3 ct. pkgs.

**Green Giant Idaho Potatoes**  
U.S. #1 5 lb. bags

**Satur Farms Salads**  
Assorted Varieties 5 oz. clamshells



**\$3.99** ea. **YOUR CHOICE!**

**Citrus Extravaganza!**

**Navel Oranges**  
California 4 lb. bag

**Minneola Oranges**  
California 3 lb. bag

**Blood Oranges** 2 lb. bag

**Pink Seedless Cara Cara Oranges** 3 lb. bag

**GREAT SOURCE OF VITAMIN C!**



REDEEM **2,000** POINTS  
REGULAR SALE PRICE 3 FOR \$12

**\$1.99** 48 oz. cont.

**Friendly's Ice Cream or Sherbet**



REDEEM **2,000** POINTS  
REGULAR SALE PRICE 2 FOR \$6

**\$1.99** 473.2 oz. pkg.

**Pure Life Purified Water 28 Pack**  
16.9 oz. Bottles (Plus Deposit Where Required)



REDEEM **2,000** POINTS  
REGULAR SALE PRICE \$3.99

**\$1.99** 6-9.75 oz. pkg.

**Doritos Tortilla Chips**  
or Doritos 3D Crunch Snacks



REDEEM **2,000** POINTS  
REGULAR SALE PRICE \$9.99

**\$7.99** 128 oz. btl.

**Wesson Oil**  
Canola, Corn or Vegetable



REDEEM **2,000** POINTS  
REGULAR SALE PRICE \$3.99

**\$1.99** 59 oz. cont.

**Tree Ripe Grove Select Orange Juice**  
Calcium & Vitamin D No Pulp or No Pulp



**FIND THE PERFECT RECIPE AT METFRESH.COM!**

**2/\$5** for **MIX & MATCH!**

**Quaker Life Cereal**  
Selected Varieties Including Mighty 13 oz. pkgs.

**Post Cereal**  
Selected Varieties Pebbles (10-11 oz.), Honey-Comb (12.5 oz.), Golden Crisp (14.75 oz.) or Honey Maid S'mores (12.25 oz.)

**Skippy Peanut Butter**  
Selected Varieties 15-16.3 oz. jars

**Welch's Concord Grape Jelly or Jam**  
20 oz. btls.



**5/\$5** 16 oz. pkgs.

**Luigi Vitelli Pasta**  
Selected Varieties



**3/\$5** 28 oz. cans

**Tuttorosso Tomatoes or Tomato Sauce**  
Selected Varieties



**2/\$4** 15-24 oz. jars

**Francesco Rinaldi Pasta Sauce**  
Selected Varieties



**3/\$5** 5 oz. cans

**Bumble Bee Solid White Albacore Tuna**  
In Oil or In Water



**5/\$5** 14.5-15.25 oz. cans

**Avenue A Vegetables**  
Selected Varieties



**\$10.99** 23-26 oz. cont.

**Chock Full o' Nuts Coffee**  
Selected Varieties



**\$4.99** ea. **YOUR CHOICE!**

**Bounty Essentials Paper Towels 4 Pack**  
Select-A-Size-White Double Rolls or Prints Double Rolls, 432 ct. pkg.



**OR**

**Charmin Essentials Bath Tissue 6 Pack**  
Mega Rolls-Soft or Strong, 2112-2706 ct. pkg.



**\$5.99** 46 oz. btl.

**Gain Liquid Laundry Detergent**  
or Gain Flings! Laundry Detergent Pacs (16 ct. pkg.)



**2/\$5** 16 oz. conts.

**Breakstone's Sour Cream**  
Original or Reduced Fat



**2/\$5** 8 oz. pkgs.

**McCadam Cheese Bars**  
Selected Varieties



**2/\$4** 8 oz. pkgs.

**Cabot Cream Cheese Bars**



**2/\$6** 8-12.75 oz. pkgs.

**Stouffer's Entrees, Side Dishes or French Bread Pizzas**  
Selected Varieties



**\$10.99** 54.88-56.6 oz. pkg.

**Ellio's 27-Slice Pizza**  
Pepperoni or Cheese



**Metfresh of Bay Ridge**  
9606 3rd Avenue Brooklyn, NY 11209  
**(718) 836-2700**

SHOP ONLINE TODAY AT [WWW.METFRESH.COM](http://WWW.METFRESH.COM)  
**PHONE ORDERS & ONLINE SHOPPING**  
WITH MINIMUM OF \$50  
\$4.99 SHOPPING CONVENIENCE FEE FOR PHONE ORDERS & ONLINE SHOPPING

**FREE DELIVERY**  
STORE HOURS 7AM-10PM • SUNDAY-SATURDAY  
WE ACCEPT ALL MAJOR CREDIT CARDS, EBT, WIC & OTC NETWORK

**5% SENIOR CITIZEN DISCOUNT**  
**EVERY DAY 7AM-11AM**  
**7 DAYS A WEEK**

So that we may serve all our customers, we reserve the right to limit sales of any item. Items offered for sale not available in case lots. Not responsible for typographical errors. Prices effective Fri., March 28 thru Thur., April 3, 2025. All Met Stores are independently owned and operated. Not all items available in all stores. Some pictures are for design purposes only and do not necessarily represent items on sale.



# GROCERY SAVINGS!

<p><b>2/\$4</b> 8 oz. btl.</p> <p><b>Kraft Salad Dressing</b> Selected Varieties</p>	<p><b>\$9.99</b> 128 oz. btl.</p> <p><b>Wesson Oil</b> Canola, Corn or Vegetable</p>	<p><b>3/\$5</b> 5.5-7.3 oz. pkgs.</p> <p><b>Kraft Macaroni &amp; Cheese</b> Selected Varieties</p>	<p><b>\$11.99</b> 20 lb. pkg.</p> <p><b>Carolina Rice</b> Extra Long Grain White or Gold Parboiled</p>
--	--	--	--

<p><b>\$4.99</b> 24 oz. btl.</p> <p><b>Ken's Salad Dressing</b> Selected Varieties</p>	<p><b>2/\$5</b> 6 oz. cans</p> <p><b>Pearls Pitted Black Olives</b> Selected Varieties</p>	<p><b>2/\$5</b> 32 oz. btl.</p> <p><b>Red Devil Cayenne Pepper Sauce</b></p>	<p><b>\$3.99</b> 8 oz. jar</p> <p><b>Hellmann's Mayonnaise</b> Original</p>	<p><b>\$4.99</b> 11.5 oz. btl.</p> <p><b>Hellmann's Mayonnaise or Mayonnaise Dressing</b> Selected Varieties</p>
<p><b>\$4.99</b> 11.5 oz. btl.</p> <p><b>Hellmann's Garlic Aioli Dip &amp; Spread or Vegan Dressing &amp; Spread</b></p>	<p><b>2/\$6</b> 32 oz. btl.</p> <p><b>Hunt's Tomato Ketchup</b> Original</p>	<p><b>\$3.99</b> 10 oz. btl.</p> <p><b>Grey Poupon Dijon Mustard</b></p>	<p><b>2/\$3</b> 8 oz. btl.</p> <p><b>Gulden's Spicy Brown Mustard</b></p>	<p><b>2/\$5</b> 17.5 oz. btl.</p> <p><b>Kraft Barbecue Sauce</b> Selected Varieties</p>
<p><b>\$12.99</b> 16.9 oz. btl.</p> <p><b>Partanna Extra Virgin Olive Oil</b> Mild or Robust</p>	<p><b>\$15.99</b> 13.8 oz. btl.</p> <p><b>Botticelli Extra Virgin Olive Oil</b></p>	<p><b>\$30.99</b> 101.4 oz. cont.</p> <p><b>Botticelli Pure Olive Oil</b></p>	<p><b>2/\$7</b> 12 oz. btl.</p> <p><b>Heinz Gourmet Vinegar</b> Red Wine or Malt</p>	<p><b>2/\$7</b> 11.5 oz. btl.</p> <p><b>Rienzi Balsamic Vinegar of Modena</b></p>
<p><b>99¢</b> 26 oz. cont.</p> <p><b>Superior Crystal Salt</b> Iodized or Plain</p>	<p><b>\$2.99</b> 48 oz. cont.</p> <p><b>Superior Crystal Kosher Salt</b></p>	<p><b>3/\$5</b> 15.6 oz. cans</p> <p><b>Campbell's SpaghettiOs with Meat</b> Selected Varieties</p>	<p><b>4/\$5</b> 5.6 oz. pkgs.</p> <p><b>Mac-A-Roni Side Dishes</b> Creamy White Cheddar or Creamy Cheddar</p>	<p><b>3/\$5</b> 5.6-5.9 oz. pkgs.</p> <p><b>Cheetos Mac 'N Cheese</b> Selected Varieties</p>
<p><b>2/\$4</b> 15-16 oz. cans</p> <p><b>Hunt's Manwich Sloppy Joe Sauce</b> Selected Varieties</p>	<p><b>\$3.99</b> 48 oz. cont.</p> <p><b>Swanson Stock or Broth</b> Selected Varieties</p>	<p><b>2/\$6</b> 18.6-19 oz. cans</p> <p><b>Campbell's Chunky Soup</b> Selected Varieties</p>	<p><b>2/\$5</b> 10.75-11.1 oz. cont.</p> <p><b>Campbell's Sipping Soup or Swanson Sipping Bone Broth</b></p>	<p><b>2/\$5</b> 15.4 oz. cont.</p> <p><b>Campbell's Microwaveable Soup</b> Selected Varieties</p>
<p><b>2/\$4</b> 4.3-7.2 oz. pkgs.</p> <p><b>Rice-A-Roni or Pasta Roni Side Dishes</b> Selected Varieties</p>	<p><b>\$8.99</b> 5 lb. pkg.</p> <p><b>Ben's Original Rice</b> Whole Grain Brown or Parboiled Long Grain White</p>	<p><b>2/\$6</b> 28 oz. cans</p> <p><b>Luigi Vitelli Tomatoes</b> Crushed, Puree or Whole Peeled</p>	<p><b>5/\$5</b> 6 oz. cans</p> <p><b>Luigi Vitelli or Tuttorosso Tomato Paste</b> Selected Varieties</p>	<p><b>3/\$2</b> 8 oz. cans</p> <p><b>Tuttorosso Tomato Sauce</b></p>
<p><b>\$4.99</b> 24 oz. jar</p> <p><b>Victoria Pasta Sauce</b> Selected Varieties</p>	<p><b>3/\$5</b> 7 oz. pkg.</p> <p><b>Goya Yellow Rice</b> Spanish Style</p>	<p><b>2/\$3</b> 17.6 oz. cans</p> <p><b>Goya Coconut Water</b> Original or Unsweetened</p>	<p><b>\$5.99</b> 8.5 oz. btl.</p> <p><b>Goya Extra Virgin Olive Oil</b></p>	<p><b>89¢</b> 2.32-2.43 oz. pkg.</p> <p><b>Maggi Bouillon Cubes</b> 6 Count Chicken or Beef</p>
<p><b>\$5.99</b> 20 oz. can</p> <p><b>Bumble Bee Chunk Light Tuna 4 Pack</b> In Water or In Vegetable Oil</p>	<p><b>2/\$6</b> 3.75-4.275 oz. cans</p> <p><b>King Oscar Sardines or Mackerel</b> Selected Varieties</p>	<p><b>2/\$5</b> 7.5 oz. cans</p> <p><b>Icy Point Pink Salmon</b></p>	<p><b>2/\$6</b> 15 oz. cans</p> <p><b>Luigi Vitelli White Clam Sauce</b></p>	<p><b>\$5.99</b> 7.9-13.5 oz. pkg.</p> <p><b>Quaker Oatmeal</b> Fruit Fusion, Steel Cut, Protein, Organic, Gluten Free, High Fiber or Weight Control</p>
<p><b>\$4.99</b> 42 oz. cont.</p> <p><b>Avenue A Oats</b> Old Fashioned or Quick</p>	<p><b>\$2.99</b> 32 oz. pkg.</p> <p><b>Avenue A Complete Pancake &amp; Waffle Mix</b> Original</p>	<p><b>2/\$4</b> 100 ct. pkgs.</p> <p><b>Avenue A Tea Bags</b></p>	<p><b>\$5.99</b> 35.3 oz. cont.</p> <p><b>Avenue A Non-Dairy Coffee Creamer</b> Original</p>	<p><b>\$6.99</b> 16 oz. cont.</p> <p><b>Nature Nate's Honey Co. Raw &amp; Unfiltered Honey</b> 100% Pure</p>

## COFFEE CORNER

<p><b>\$4.99</b> 10 oz. pkg.</p> <p><b>Café Bustelo Coffee</b> Original</p>	<p><b>\$6.99</b> 11-12 oz. pkg.</p> <p><b>Eight O'Clock Coffee</b> or Coffee K-Cups (12 ct. pkg.)</p>	<p><b>\$20.99</b> 32 ct. pkg.</p> <p><b>Newman's Own Organic or Green Mountain Coffee K-Cups</b> Selected Varieties</p>	<p><b>\$6.99</b> 7.05 oz. jar</p> <p><b>Café Bustelo Instant Coffee</b> Original, México Blend or Colombia</p>	<p><b>\$6.99</b> 3.52 oz. jar</p> <p><b>Bustelo Supreme Freeze Dried Coffee</b> Original</p>	<p><b>\$6.99</b> 8 oz. cont.</p> <p><b>Maxwell House Instant Coffee</b> Original</p>
---	---	---	--	--	--

## TRENDING & HEALTHY!

<p><b>\$7.99</b> 19 oz. jar</p> <p><b>Partanna Muffuletta Mediterranean Olive Salad</b></p>	<p><b>\$6.99</b> 9-12 oz. jar</p> <p><b>Partanna Specialty Olives</b> Pitted or Whole Castelvetrano Green Olives or Pitted Mediterranean Olive Mix</p>	<p><b>3/\$5</b> 16 oz. pkg.</p> <p><b>Luigi Vitelli Organic Whole Wheat Pasta</b> Selected Varieties</p>	<p><b>2/\$3</b> 15 oz. pkg.</p> <p><b>Wacky Mac Veggie Mac &amp; Spiral Pasta</b></p>	<p><b>2/\$5</b> 14.5 oz. cans</p> <p><b>Take Root Organics Diced Fire Roasted Tomatoes</b></p>	<p><b>3/\$5</b> 6 oz. cans</p> <p><b>Take Root Organics Tomato Paste</b></p>
<p><b>2/\$10</b> 4.2 oz. pkgs.</p> <p><b>Patagonia Provisions Anchovies, Smoked Mackerel, Sardines or Mussels</b> Selected Varieties</p>	<p><b>2/\$5</b> 2.6-3 oz. pouches</p> <p><b>Safe Catch Wild Elite Pure Tuna</b> Selected Varieties</p>	<p><b>2/\$7</b> 16 oz. jars</p> <p><b>Newman's Own Salsa</b> Selected Varieties</p>	<p><b>\$6.99</b> 48 oz. pkg.</p> <p><b>King Arthur Baking Company "00" Pizza Flour</b></p>	<p><b>\$7.49</b> 13-15.87 oz. pkg.</p> <p><b>Miss Jones Organic Brownie, Cookie or Cake Mix</b> Selected Varieties</p>	<p><b>2/\$7</b> 20-40 ct. pkgs.</p> <p><b>Newman's Own Organic Green Tea Bags</b> Original or Ginger</p>
<p><b>2/\$6</b> 20 ct. pkgs.</p> <p><b>Lipton Green Tea Bags</b> Peach, Honey Ginger or Lemon</p>	<p><b>\$5.99</b> 10.6-11.5 oz. pkg.</p> <p><b>Nature's Path Love Crunch Granola</b> or Golden Turmeric Cereal</p>	<p><b>3/\$5</b> 4 oz. pouches</p> <p><b>Happy Baby or Happy Tot Organics Baby or Toddler Food</b> Selected Varieties</p>	<p><b>\$10.99</b> 39 oz. cont.</p> <p><b>GoGo Squeeze Active Fruit Blend with Electrolytes</b> 10 Pack Selected Varieties</p>	<p><b>\$5.99</b> 2.47 oz. pkg.</p> <p><b>Nüco Organic Coconut Wraps</b> Original, Turmeric or Moringa</p>	<p><b>2/\$6</b> 2.46 oz. pkgs.</p> <p><b>Probar Gluten-Free Protein Bars</b> Selected Varieties</p>
<p><b>2/\$7</b> 8 oz. pkgs.</p> <p><b>Glutino Gluten Free Pretzels</b> Sticks or Twists</p>	<p><b>\$3.99</b> 48 oz. cont.</p> <p><b>Honest Kids Organic Juice Drinks 8 Pack</b> Selected Varieties</p>	<p><b>\$15.99</b> 96 oz. btl.</p> <p><b>Horizon Organic Milk 12 Pack</b> Vanilla, Chocolate or Lowfat</p>	<p><b>\$4.99</b> 33.9 oz. cont.</p> <p><b>Martinelli's Gold Medal Apple Cider or Juice</b> Selected Varieties</p>	<p><b>\$8.99</b> 101.4 oz. cont.</p> <p><b>Gerolsteiner Sparkling Natural Mineral Water 6 Pack</b> 16.9 oz. Bottles (Plus Deposit Where Required)</p>	<p><b>4/\$5</b> 16.9 oz. cont.</p> <p><b>Just Water Spring Water</b> Original (Plus Deposit Where Required)</p>
<p><b>2/\$6</b> 13 oz. cans</p> <p><b>I and You Wet Dog Food</b> Selected Varieties</p>	<p><b>\$12.99</b> 840 ct. pkg.</p> <p><b>Seventh Generation White Paper Towels 6 Pack</b></p>	<p><b>\$9.99</b> 2980 ct. pkg.</p> <p><b>Seventh Generation Bath Tissue 12 Pack</b></p>	<p><b>\$7.99</b> 45 oz. cont.</p> <p><b>Seventh Generation Liquid Laundry Detergent</b> Free &amp; Clear or Lavender</p>	<p><b>\$6.99</b> 53.5 oz. cont.</p> <p><b>Method Fabric Softener</b> Beach Sage or Ginger Mango</p>	<p><b>\$3.99</b> 10-12 oz. cont.</p> <p><b>Method Hand Wash</b> Selected Varieties</p>



# GROCERY SAVINGS!

<p><b>2/\$6</b> 10.9-12.6 oz. pkgs.</p> <p><b>Quaker Cap'n Crunch Cereal</b> Selected Varieties</p> 	<p><b>2/\$6</b> 20 oz. Btl.</p> <p><b>Heinz Tomato Ketchup</b> Original</p> 	<p><b>2/\$6</b> 64 oz. Btl.</p> <p><b>Langers Cranberry Juice</b> Cocktails or 100% Juice Selected Varieties</p> 	<p><b>2/\$4</b> 15.25 oz. pkgs.</p> <p><b>Duncan Hines Signature Cake Mix</b> or Classic Brownie Mix (18-18.3 oz.)</p> <p><b>2/\$4</b> 14-16 oz. conts. <b>Duncan Hines Frosting</b> Selected Varieties</p> 
---	---	---	---

<p><b>PASSOVER</b> (WHERE AVAILABLE)</p> 		<p><b>\$13.99</b> 5 lb. pkg.</p> <p><b>Aviv Passover Matzos</b> 5 Pack</p> 	<p><b>\$4.99</b> 3 oz. pkg.</p> <p><b>Holiday Candies Milk Chocolate Lollipops</b> Original</p> 	
<p><b>\$5.49</b> 2.5 oz. pkg.</p> <p><b>Bartons Milk Chocolate Lollycones</b></p> 	<p><b>\$4.99</b> 40 oz. jar</p> <p><b>Gold's Duck Sauce</b> Selected Varieties</p> 	<p><b>\$5.99</b> 7 oz. pkg.</p> <p><b>Holiday Candies Chocolate Coated Matzoh</b> Milk Chocolate Covered Egg, Dark Chocolate Covered Egg, or Dark Chocolate Covered Originals</p> 	<p><b>\$6.99</b> 9 oz. pkg.</p> <p><b>Joyva Chocolate Covered Marshmallow Twists</b> Vanilla or Cherry</p> 	<p><b>\$6.99</b> 9 oz. pkg.</p> <p><b>Joyva Chocolate Covered Raspberry Jell Bites or Orange Jell Rings</b></p> 
<p><b>\$6.99</b> 9 oz. pkg.</p> <p><b>Joyva Chocolate Covered Marshmallow Puffs</b> Cherry or Vanilla</p> 	<p><b>\$2.99</b> 16 oz. pkg.</p> <p><b>Kingdom Foods Matzos</b></p> 	<p><b>2/\$1</b> 1 ct. conts.</p> <p><b>Ohr Zion 1-Day Memorial Candle in Tin</b></p> 	<p><b>5/\$3</b> 1 ct. conts.</p> <p><b>Ohr Zion 3-Day Memorial Candle in Glass</b></p> 	<p><b>\$6.99</b> 25 oz. jar</p> <p><b>Paesana Pasta Sauce</b> Marinara or Tomato Basil</p> 
<p><b>\$4.49</b> 16 oz. pkg.</p> <p><b>Streit's Passover Matzo Meal</b></p> 	<p><b>2/\$5</b> 4.5 oz. pkgs.</p> <p><b>Streit's Matzo Ball Mix</b> Original</p> 	<p><b>2/\$5</b> 4.5 oz. pkgs.</p> <p><b>Streit's Matzo Ball &amp; Soup Mix</b> Original or Low Sodium</p> 	<p><b>\$3.99</b> 11-12 oz. pkg.</p> <p><b>Streit's Passover Matzos</b> Egg or Whole Wheat</p> 	<p><b>\$2.99</b> 32 oz. cont.</p> <p><b>Tabatchnick Chicken Broth</b></p> 

<p><b>\$7.99</b> 16 oz. cont.</p> <p><b>Nature Nate's Honey Co. Hot Honey</b> 100% Pure</p> 	<p><b>\$4.99</b> 13 oz. cont.</p> <p><b>Nutella Hazelnut Spread with Cocoa</b> Original</p> 	<p><b>\$5.99</b> 20.8 oz. pkg.</p> <p><b>Kellogg's Nutri-Grain Bars</b> or 16 Count Original Rice Krispies Treats (12.4 oz.)</p> 	<p><b>4/\$5</b> 12 oz. cans</p> <p><b>Avenue A Evaporated Milk</b></p> 	<p><b>5/\$4</b> 8.5 oz. pkgs.</p> <p><b>Jiffy Corn Muffin Mix</b> Original or Vegetarian</p> 
<p><b>5/\$5</b> 7.9 oz. pkgs.</p> <p><b>Jiffy Baking Mixes</b> Selected Varieties</p> 	<p><b>2/\$6</b> 11.6 oz. pkgs.</p> <p><b>Duncan Hines Signature Brownie Mix</b> Salted Caramel or Double Fudge</p> 	<p><b>2/\$7</b> 29.50 oz. cans</p> <p><b>Del Monte Fruit</b> Selected Varieties</p> 	<p><b>\$8.99</b> 10-11.6 oz. pkg.</p> <p><b>Dole Fruit Bowls</b> 12 Pack Selected Varieties</p> 	<p><b>\$5.99</b> 5.3 oz. pkg.</p> <p><b>Ferrero Rocher Candies</b> 12 Count</p> 
<p><b>\$3.99</b> 5.7-6.88 oz. pkg.</p> <p><b>Nonni's Biscotti</b> or Thin Addictives Almond Thin Cookies (4.4 oz.)</p> 	<p><b>\$5.99</b> 18.8-20.7 oz. pkg.</p> <p><b>Kellogg's Town House or Club Crackers</b> Original</p> 	<p><b>\$5.99</b> 21 oz. pkg.</p> <p><b>Cheez-It Baked Snack Crackers</b> Original, Extra Toasty or White Cheddar</p> 	<p><b>\$6.99</b> 9-12.1 oz. pkg.</p> <p><b>Cheez-It Baked Snack Crackers</b> 12 Pack Selected Varieties</p> 	<p><b>\$6.99</b> 5.04-8.89 oz. pkg.</p> <p><b>Pringles Potato Crisps</b> Snack Stacks 12 Pack Original or Sour Cream &amp; Onion</p> 
<p><b>4/\$5</b> 3.5 oz. pkgs.</p> <p><b>Crunch 'n Munch Popcorn with Peanuts</b> Caramel or Buttery Toffee</p> 	<p><b>2/\$5</b> 7.5 oz. pkgs.</p> <p><b>Jiffy Pop Butter Popcorn</b></p> 	<p><b>\$4.99</b> 5-10 oz. pkg.</p> <p><b>Emerald Nuts</b> Selected Varieties</p> 	<p><b>\$4.99</b> 64 oz. btl.</p> <p><b>Juicy Juice 100% Juice</b> Selected Varieties</p> 	<p><b>\$3.99</b> 5.4 oz. pkg.</p> <p><b>Juicy Juice 100% Juice</b> 8 Pack Selected Varieties</p> 
<p><b>4/\$5</b> 34 oz. btl.</p> <p><b>Arizona Drinks</b> Selected Varieties</p> 	<p><b>2/\$6</b> 0.7-1.4 oz. pkgs.</p> <p><b>Crystal Light On the Go Drink Mix</b> 10 Pack Selected Varieties</p> 	<p><b>2/\$3</b> 50.7 oz. btl.</p> <p><b>Poland Spring Natural Spring Water</b> 1.5 Liter (Plus Deposit Where Required)</p> 	<p><b>2/\$3</b> 10.7 oz. pkgs.</p> <p><b>Pure Life Purified Water</b> 6 Pack 16.9 oz. Bottles (Plus Deposit Where Required)</p> 	<p><b>3/\$12</b> 47.3 oz. pkg.</p> <p><b>Pure Life Purified Water</b> 28 Pack 16.9 oz. Bottles (Plus Deposit Where Required)</p> 

# HEALTH & BEAUTY

WHERE AVAILABLE

<p><b>\$5.99</b> 12.5 oz.</p> <p><b>Head &amp; Shoulders Hair Care Products</b> Selected Varieties</p> 	<p><b>2/\$8</b> 4.35 oz. pkgs.</p> <p><b>Arm &amp; Hammer Toothpaste</b> Selected Varieties</p> 	<p><b>2/\$10</b> 33.3 oz. btl.</p> <p><b>Crest Scope Mouthwash</b> Classic, Outlast Mint or Outlast Peppermint</p> 	<p><b>2/\$6</b> 50 mg. pkgs.</p> <p><b>Oral-B Glide Pro-Health Dental Floss</b> or Scope Mint Dental Floss Picks (7.6 oz. pkgs.)</p> 	<p><b>2/\$5</b> 2.8 oz. conts.</p> <p><b>Arm &amp; Hammer Ultra Max Deodorant Sticks</b> Selected Varieties</p> <p><b>2/\$7</b> 3.6 oz. conts. <b>Arm &amp; Hammer Essentials Deodorant Sticks</b> Rosemary Lavender or Unscented</p> 	<p><b>2/\$5</b> 7 oz. cans</p> <p><b>Barbasol Shaving Cream</b> Selected Varieties</p> 	<p><b>2/\$6</b> 100 ct. pkgs./8 oz. btl.</p> <p><b>TopCare Pain Relief Caplets or Stomach Relief Liquid</b> Selected Varieties</p> 
---	---	--	--	--	--	--

# HOUSEHOLD SAVINGS!

<p><b>2/\$6</b> 9.32 oz. pkg.</p> <p><b>Ivory Soap Bars</b> 3 Pack Original or Aloe</p> 	<p><b>\$5.99</b> 16.8 oz.</p> <p><b>Dawn Platinum Powerwash Dish Spray</b> Selected Varieties</p> 	<p><b>\$4.99</b> 32.5-33.2 oz.</p> <p><b>Arm &amp; Hammer Liquid Laundry Detergent</b> or Laundry Detergent Power Paks (14 ct. pkg.) or In-Wash Scent Booster (18 oz. cont.)</p> 	<p><b>\$4.99</b> 31.7-32.2 oz.</p> <p><b>Snuggly Fabric Conditioner</b> Selected Varieties</p> 	
<p><b>\$5.99</b> 70-80 ct. pkg.</p> <p><b>Snuggly Dryer Sheets</b> Selected Varieties</p> 	<p><b>\$3.99</b> 22 oz. btl.</p> <p><b>Shout Laundry Stain Remover</b></p> 	<p><b>\$4.99</b> 16 oz. btl.</p> <p><b>Mr. Clean Clean Freak Multi-Purpose Cleaner</b> Selected Varieties</p> 	<p><b>\$3.99</b> 32 oz. cont.</p> <p><b>Scrubbing Bubbles Bathroom Cleaner</b> Selected Varieties</p> 	
<p><b>\$4.99</b> 19-32 oz. cont.</p> <p><b>Oxi Clean Bathroom Cleaner</b> Selected Varieties</p> 	<p><b>4/\$5</b> 1000 ct.</p> <p><b>Scott Bath Tissue</b> Regular Roll</p> 	<p><b>\$6.99</b> 976-1136 ct.</p> <p><b>Cottonelle Bath Tissue</b> 4 Pack Mega Rolls Ultra Clean or Ultra Comfort</p> 	<p><b>\$4.99</b> 84 ct. pkg.</p> <p><b>Cottonelle Flushable Wipes</b></p> 	<p><b>\$9.99</b> 420-468 ct. pkg.</p> <p><b>Viva Paper Towels</b> 6 Pack Selected Varieties</p> 
<p><b>\$5.99</b> 18-64 ct. pkg.</p> <p><b>Solo Plates, Bowls, Cups or Hot Cups &amp; Lids</b> Selected Varieties</p> 	<p><b>2/\$4</b> 80 ct. pkg.</p> <p><b>Hefty Baggies Small Sandwich &amp; Storage Bags</b></p> 	<p><b>\$3.99</b> 75 ct. pkg.</p> <p><b>Hefty Baggies Storage Bags</b> Gallon</p> 	<p><b>2/\$7</b> 50 ct. pkgs.</p> <p><b>Hefty Baggies Storage Bags</b> Gallon</p> 	<p><b>\$5.99</b> 14-20 ct. pkg.</p> <p><b>Hefty Ultra Strong Trash Bags</b> Selected Varieties</p> 
<p><b>\$14.99</b> 15.44 lb. pkg.</p> <p><b>Royal Oak Hardwood Lump Charcoal</b></p> 	<p><b>3/\$5</b> 5.3 oz. cans</p> <p><b>Blue Buffalo Tasteful Pâté Wet Cat Food</b> Selected Varieties</p> 	<p><b>\$10.99</b> 3.5-4 lb. cont.</p> <p><b>Purina One Dry Dog or Cat Food</b> Selected Varieties</p> 	<p><b>\$6.99</b> 10 oz. pkg.</p> <p><b>Inaba Churu Cat Treats</b> Chicken Recipe and Chicken with Cheese Recipe</p> 	<p><b>\$10.99</b> 20 lb. cont.</p> <p><b>Purina Tidy Cats Cat Litter</b> Selected Varieties</p> 



## DAIRY SAVINGS!

<p><b>\$4.99</b> 4.5 oz. cont.</p>  <p><b>Blue Bonnet Spread Original</b></p>	<p><b>5/\$4</b> 5.3 oz. cont.</p>  <p><b>Dannon Yogurt Selected Varieties (Excludes Greek)</b></p>	<p><b>2/\$6</b> 8 oz. pkgs.</p>  <p><b>Land O Lakes Cheese Bars or Shreds Selected Varieties</b></p>	<p><b>2/\$5</b> 5.9 oz. btl.</p>  <p><b>Florida's Natural Premium Juice Drinks or Lemonades Selected Varieties</b></p>
<p><b>2/\$5</b> 3 oz. cont.</p>  <p><b>Just Crack an Egg Scramble Kits Selected Varieties</b></p>	<p><b>\$4.99</b> 16 oz. pkg.</p>  <p><b>Breakstone's Butter Quarters Salted or Unsalted</b></p>	<p><b>2/\$4</b> 16 oz. pkg.</p>  <p><b>Blue Bonnet Spread Original</b></p>	<p><b>2/\$5</b> 15 oz. cont.</p>  <p><b>Blue Bonnet Spread Original</b></p>
<p><b>\$3.99</b> 24 oz. cont.</p>  <p><b>Daisy Sour Cream Original</b></p>	<p><b>2/\$5</b> 12 oz. cont.</p>  <p><b>Cabot French Onion Sour Cream Dip</b></p>	<p><b>4/\$5</b> 6 oz. cont.</p>  <p><b>YoCrunch Yogurt Selected Varieties</b></p>	<p><b>\$4.99</b> 18-21.2 oz. pkg.</p>  <p><b>Chobani Greek Yogurt 4 Pack Selected Varieties</b></p>
<p><b>2/\$7</b> 7.9 oz. pkgs.</p>  <p><b>Tillamook Cheese Bars, Shreds or Slices Selected Varieties</b></p>	<p><b>2/\$6</b> 16 oz. cont.</p>  <p><b>Cacique Salsa Mild or Hot</b></p>	<p><b>\$3.99</b> 5.9 oz. cont.</p>  <p><b>Tree Ripe Grove Select Orange Juice Calcium &amp; Vitamin D No Pulp or No Pulp</b></p>	<p><b>2/\$4</b> 5.9 oz. cont.</p>  <p><b>Twister Fruit Drinks Selected Varieties</b></p>
<p><b>2/\$6</b> 5 oz. cont.</p>  <p><b>BelGioioso Crumbled Cheese Gorgonzola Cow &amp; Sheep's Milk, Gorgonzola or Blue Cheese</b></p>	<p><b>2/\$7</b> 6 oz. pkgs.</p>  <p><b>BelGioioso Snacking Cheese Selected Varieties</b></p>	<p><b>2/\$7</b> 4.5 oz. pkgs.</p>  <p><b>BelGioioso Snacking Rolls Provolone Cheese &amp; Genoa Salame</b></p>	<p><b>\$6.99</b> 8 oz. pkg.</p>  <p><b>President Brie or Camembert Cheese Selected Varieties</b></p>
<p><b>\$3.99</b> 7 oz. pkg.</p>  <p><b>President Leerdammer Cheese Original</b></p>	<p><b>2/\$7</b> 11.2 oz. pkgs.</p>  <p><b>Tumaro's Carb Wise Wraps Classic Sourdough or Everything Bagel</b></p>	<p><b>\$6.99</b> 16 oz. pkg.</p>  <p><b>Willow Tree Farms Chicken Salad 4 Pack Classic</b></p>	

## TRENDING & HEALTHY IN THE DAIRY DEPARTMENT!

<p><b>\$4.99</b> 13-15 oz. cont.</p>  <p><b>Smart Balance Buttery Spread Selected Varieties</b></p>	<p><b>3/\$5</b> 10 oz. cont.</p>  <p><b>Stonyfield Organic Protein Smoothies Strawberry, Wild Berry or Peach</b></p>	<p><b>3/\$5</b> 3.5 oz. pouches</p>  <p><b>Stonyfield Organic Yogurt Selected Varieties</b></p>	<p><b>5/\$5</b> 5.3 oz. cont.</p>  <p><b>Brown Cow Whole Milk Yogurt Selected Varieties</b></p>
<p><b>\$3.99</b> 4.2 oz. btl.</p>  <p><b>Tazo Organic Tea Selected Varieties</b></p>	<p><b>\$5.99</b> 32 oz. cont.</p>  <p><b>Horizon Organic Half &amp; Half</b></p>	<p><b>\$5.99</b> 96 oz. cont.</p>  <p><b>Silk Dairy-Free Almondmilk Unsweetened or Unsweetened Vanilla</b></p>	<p><b>\$4.99</b> 6.4 oz. cont.</p>  <p><b>So Delicious Organic Coconutmilk Original, Unsweetened Vanilla or Unsweetened</b></p>
<p><b>\$5.99</b> 32 oz. btl.</p>  <p><b>Silk Dairy-Free Almond Creamer Vanilla, Crème Brûlée or Sweet &amp; Creamy</b></p>	<p><b>3/\$5</b> 5.3 oz. cont.</p>  <p><b>Too Good &amp; Co. Yogurt Selected Varieties</b></p>		

## FROZEN SAVINGS!

<p><b>2/\$5</b> 10.5-12 oz. pkgs.</p>  <p><b>Hanover Premium Vegetables Selected Varieties</b></p>	<p><b>\$5.99</b> 38.1 oz. pkg.</p>  <p><b>Glacier Gold Hash Brown Patties 18 Count</b></p>	<p><b>\$9.99</b> 49.9 oz. pkg.</p>  <p><b>Kellogg's Eggo Homestyle Waffles 40 Count</b></p>	<p><b>\$4.99</b> 12.5 oz. pkg.</p>  <p><b>Pepperidge Farm Turnovers or Puff Pastry Shells (10 oz.)</b></p>
<p><b>\$5.99</b> 12 ct. pkg.</p>  <p><b>Avenue A Mini Corn on the Cob</b></p>	<p><b>\$4.99</b> 14-28 oz. pkg.</p>  <p><b>Checkers/Rally's, Nathan's, Arby's, Red Robin or Sonic Fries or Nathan's or Red Robin Onion Rings or Sonic Tots</b></p>	<p><b>\$6.99</b> 18-24.6 oz. pkg.</p>  <p><b>Van de Kamp's Breaded Fish Sticks or Fish Fillets Selected Varieties</b></p>	<p><b>\$8.99</b> 8.2-18 oz. pkg.</p>  <p><b>SeaPak Shrimp Selected Varieties</b></p>
<p><b>\$6.99</b> 18-30 oz. pkg.</p>  <p><b>Matlaw's Stuffed Clams or Stuffed Scallops Selected Varieties</b></p>	<p><b>4/\$5</b> 7 oz. pkgs.</p>  <p><b>Swanson Pot Pies Chicken or Turkey</b></p>	<p><b>2/\$9</b> 13-16 oz. pkgs.</p>  <p><b>Hungry-Man Dinners or Double Chicken Bowls Selected Varieties (Excludes Selects)</b></p>	<p><b>\$4.99</b> 16 oz. pkg.</p>  <p><b>Hungry-Man Selects Dinners Selected Varieties</b></p>
<p><b>\$3.99</b> 12-14 oz. pkg.</p>  <p><b>Celentano Stuffed Shells or Manicotti</b></p>	<p><b>2/\$5</b> 12 oz. pkg.</p>  <p><b>Celentano Cheese Ravioli or Cavatelli Selected Varieties</b></p>	<p><b>2/\$7</b> 12 oz. pkg.</p>  <p><b>Celentano Italian-Style Meatballs</b></p>	<p><b>\$4.99</b> 15.66 oz. pkg.</p>  <p><b>Red Lobster Cheddar Bay Biscuits</b></p>
<p><b>\$8.99</b> 40.25-40.88 oz. pkgs.</p>  <p><b>Wild Mike's Ultimate Pizza Super Sized Combination or Super Sized 4 Cheese</b></p>	<p><b>2/\$6</b> 12.84-16 oz. pkgs.</p>  <p><b>Mrs. T's Pierogies Selected Varieties</b></p>	<p><b>\$5.99</b> 19.2-20 oz. pkg.</p>  <p><b>Delimex Taquitos or Crispy Quesadillas (8 oz.)</b></p>	<p><b>\$7.99</b> 12.5-16 oz. pkg.</p>  <p><b>Sabrett Beef Cocktail Franks 24 Count In All Butter Puff Pastry</b></p>
<p><b>\$6.99</b> 14.4 oz. pkg.</p>  <p><b>Dole Whip Frozen Treat 4 Count Strawberry, Pineapple or Mango</b></p>	<p><b>\$10.99</b> 32-40 oz. pkg.</p>  <p><b>Dole Fruit Sliced Strawberries &amp; Bananas, Mango Chunks or Blueberries</b></p>	<p><b>\$6.99</b> 23-29 oz. pkg.</p>  <p><b>Tyson Chicken Nuggets, Patties or Tenders Selected Varieties</b></p>	<p><b>\$4.99</b> 48 oz. cont.</p>  <p><b>Tillamook Ice Cream Selected Varieties</b></p>
<p><b>2/\$3</b> 6 oz. cont.</p>  <p><b>Friendly's Ice Cream Sundaes Selected Varieties</b></p>	<p><b>\$2.99</b> 16 oz. pkg.</p>  <p><b>Avenue A Fruit Bars 4 Count Selected Varieties</b></p>	<p><b>\$2.99</b> 16 oz. cont.</p>  <p><b>Blue Bunny Twist Frozen Dairy Dessert Cookies &amp; Cream, Strawberry &amp; Cream or Chocolate Vanilla</b></p>	<p><b>\$4.99</b> 18.1 oz. pkg.</p>  <p><b>Nestlé Drumstick Frozen Dairy Dessert Cones or Nestlé Dessert Novelties (15-24.7 oz.)</b></p>
<p><b>\$4.99</b> 13.7-16.4 oz. pkg.</p>  <p><b>Oreo Frozen Dessert Bars, Cones or Sandwiches Selected Varieties</b></p>	<p><b>\$4.49</b> 15 oz. pkg.</p>  <p><b>Frolics Fruity Ice Pops Pineapple, Strawberry or Watermelon</b></p>		

## TRENDING & HEALTHY IN THE FROZEN DEPARTMENT!

<p><b>\$3.99</b> 6.12-8.9 oz. pkg.</p>  <p><b>Vital Pursuit High Protein Entrées Selected Varieties</b></p>	<p><b>\$4.99</b> 13 oz. pkg.</p>  <p><b>Celentano Gluten-Free Cheese Ravioli</b></p>	<p><b>\$3.99</b> 8 oz. pkg.</p>  <p><b>Blake's Meals Selected Varieties</b></p>	<p><b>\$10.99</b> 3 lb. pkg.</p>  <p><b>Wyman's Fresh Frozen Fruit Wild Blueberries or Triple Berry</b></p>
<p><b>\$4.99</b> 6 oz. pkg.</p>  <p><b>Amy's Vegan Cheeze Pizza Snacks</b></p>	<p><b>\$4.99</b> 8.1-13.7 oz. cont.</p>  <p><b>Gardein Meat Free Entrées Selected Varieties</b></p>		
<p><b>\$3.99</b> 10 oz. pkg.</p>  <p><b>Willow Tree Farms Premium White Meat Chicken Pie Regular or With Classic Vegetables</b></p>	<p><b>\$5.99</b> 16 oz. pkg.</p>  <p><b>Food for Life English Muffins Ezekiel 4:9 Flax or Ezekiel 4:9 Whole Grain</b></p>	<p><b>2/\$7</b> 5.5-5.9 oz. pkgs.</p>  <p><b>Amy's Wraps Selected Varieties</b></p>	<p><b>\$10.99</b> 17.4-19.12 oz. pkg.</p>  <p><b>Udi's Gluten Free Crispy Thin Crust Pizza Selected Varieties</b></p>
<p><b>\$6.99</b> 9.7 oz. pkg.</p>  <p><b>MorningStar Farms Plant-Based Pancake &amp; Sausage on a Stick Original</b></p>	<p><b>\$7.99</b> 16-18.9 oz. pkg.</p>  <p><b>MorningStar Farms Veggie Grillers, Sausage Patties or Veggie Burgers Selected Varieties</b></p>	<p><b>2/\$7</b> 14.5-15 oz. pkg.</p>  <p><b>Tabatchnick Soups Selected Varieties</b></p>	

## THE BAKE SHOPPE!

<p><b>\$5.99</b> 10.5-17.7 oz. pkg.</p>  <p><b>Zaro's Family Bakery Challah Dinner Rolls, Braided or Sandwich Bread</b></p>	<p><b>\$6.99</b> 8 oz. pkg.</p>  <p><b>Zaro's Family Bakery Rugelach Raspberry or Chocolate</b></p>	<p><b>\$5.99</b> 16-18 oz. pkg.</p>  <p><b>Isabella's Fat Free or No Sugar Added Muffins 4 Pack Selected Varieties</b></p>	<p><b>2/\$7</b> 13-18 oz. pkgs.</p>  <p><b>Calise Bakery Bulkie or Sub Rolls</b></p>
<p><b>\$5.99</b> 11.7 oz. pkg.</p>  <p><b>Kimberly's Bakeshoppe Cupcakes 4 Count Selected Varieties</b></p>	<p><b>2/\$3</b> 10-12 oz. pkg.</p>  <p><b>Bridor French or Wheat Baguette</b></p>	<p><b>\$3.99</b> 3.5 oz. pkg.</p>  <p><b>Sweet Sofia's Bakery Dessert Cups Tiramisu, Limoncello Mascaronne Cake or Toasted Almond Cream Cake</b></p>	



NATURAL & ORGANIC ITEMS SOLD WHERE AVAILABLE

# Organic Produce



**2/\$4**  
16 oz. pkg.  
**Peel'd Baby Carrots**  
Certified Organic

**GREAT WITH ANY ROAST!**

**\$3.99**  
16 oz. pkg.  
**Celery Hearts**  
Certified Organic

**\$3.99**  
8 oz. pkg.  
**Fresh Beets**  
Certified Organic Bunch

**2/\$5**  
10 oz. pkg.  
**Fresh Green or Lacinato Kale**  
Certified Organic Bunches

**GREAT FOR JUICING!**

**\$2.99**  
ea.  
**Fresh Carrots**  
Certified Organic Bunch

**GREAT FOR JUICING!**

**\$3.99**  
8 oz. cont.  
**Whole Baby Bella Mushrooms**  
Certified Organic

**GREAT WITH ANY ROAST!**

**2/\$5**  
1 pint cont.  
**Grape Tomatoes**  
Certified Organic

**\$3.99**  
9 oz. pkg.  
**Earthbound Farm Vegetable Medley**  
Certified Organic Broccoli, Cauliflower and Baby Carrots

DON'T FORGET TO ORDER YOUR STORE MADE FRUIT AND VEGETABLE PLATTERS FOR ALL YOUR PARTY NEEDS! (WHERE AVAILABLE)

## THE BEST PRODUCE!

ASSORTED CANDY, NUT, VEGETABLE AND FRUIT TRAYS NOW AT YOUR LOCAL PRODUCE DEPT. (WHERE AVAILABLE)

**6/\$2**  
for  
**Juicy Lemons**

**LENTEN FAVORITE**

**\$3.99**  
ea.  
**Red Dragon Fruit**

**\$1.49**  
lb.  
**Jazz Apples**  
U.S. #1

**JAZZ**

**3/\$5**  
for  
**Red or Green Leaf Lettuce**  
Bunch

**\$1.49**  
lb.  
**Fresh Eggplant**

**\$1.99**  
lb.  
**Red Bell Peppers**

**\$4.99**  
20 oz. tray pack  
**Bi-Color Corn**  
4 Count Tray Pack

**2/\$5**  
20 oz. cont.  
**Butternut Squash**  
Peeled & Cubed

**\$4.99**  
24 oz. cont.  
**Green Giant Baby Potatoes**  
U.S. #1 Assorted Varieties

**GREAT WITH ANY ROAST!**

**\$5.99**  
0.28 x 1.28 oz. cont.  
**Lighthouse Freeze Dried Herbs**  
Assorted Varieties

**\$6.99**  
18 oz. cont.  
**Taylor Farms Good Times Vegetable Tray**  
With Hidden Valley Ranch Dip

**GREAT FOR ENTERTAINING!**

**\$2.99**  
8 oz. cont.  
**Giorgio Steak Cut Mushrooms**

**GREAT WITH ANY ROAST!**

**2/\$7**  
12 oz. 20 oz. cont.  
**Pero Family Farms Snipped Green Beans**

**\$6.99**  
10-12 oz. cont.  
**Natural Delights Mini Medjools Date & Nut Rolls**  
Cacao Pecan or Sweet & Salty Almond

**\$3.99**  
24 oz. cont.  
**Hampton Farms Roasted Peanuts**  
Twist Tie, Jumbo

## BUILD A BETTER SALAD!

**\$2.99**  
ea.  
**Boston Lettuce**  
Hydroponic

**\$4.99**  
9.1-13.25 oz. pkg.  
**Dole Chopped or Premium Salad Kits**  
Assorted Varieties

**\$1.49**  
lb.  
**Red Onions**

**3/\$2**  
for  
**Super Select Cucumbers**

**2/\$7**  
10 oz. cont.  
**NatureSweet Glorlys Tomatoes**

**\$3.99**  
11.5-12 oz. jar/bottle  
**Marie's Salad Dressing**  
Assorted Varieties

## SNACKS AND BEVERAGES

WHERE AVAILABLE (PLUS BTL. DEPOSIT WHERE REQUIRED BY LAW)

**\$1.99**  
20 oz. pkg.  
**Avenue A White Bread**

**\$3.49**  
20 oz. pkg.  
**Nature's Own Bread**  
Hawaiian or 100% Whole Wheat

**\$3.99**  
24 oz. pkg.  
**Arnold Country Style Bread**  
Selected Varieties

**\$3.99**  
20 oz. pkg.  
**Sara Lee Honey Wheat Bread**

**2/\$6**  
13 oz. pkg.  
**Thomas' English Muffins 6 Pack**  
Original

**\$2.99**  
10-14 oz. pkg.  
**Entenmann's Cookies**  
Selected Varieties

**2/\$9**  
8.62-9.92 oz. pkg.  
**Hostess Bouncers Snacks**  
Selected Varieties

**2/\$7**  
8.1 oz. pkg.  
**Nabisco Ritz Toasted Chips**  
or Ritz Crisp & Thins Chips (7.1 oz.)

**\$3.99**  
5.25-12 oz. pkg.  
**Herr's Potato Chips, Popcorn, Pretzels or Tortilla Chips**  
Selected Varieties

**\$7.99**  
18-28 oz. cont.  
**Herr's Barrel Snacks**  
Party Mix, Pretzel Rods or Cheese Balls

**\$3.99**  
6-9.75 oz. pkg.  
**Doritos Tortilla Chips**  
or Doritos 3D Crunch Snacks

**\$3.99**  
8 oz. pkg.  
**Miss Vickie's Kettle Cooked Potato Chips**  
Selected Varieties

**2/\$7**  
10 oz. pkg.  
**Barcel Takis Rolled Tortilla Chips**  
Selected Varieties

**2/\$5**  
67.6-92 oz. cont.  
**Pepsi 2 Liter**  
Selected Varieties

**\$5.49**  
101.4 oz. pkg.  
**Pepsi 6 Pack**  
16.9 oz. Bottles Selected Varieties

**\$4.99**  
45 oz. pkg.  
**Pepsi Mini Cans 6 Pack**  
7.5 oz. Cans Selected Varieties

**\$8.49**  
144 oz. cont.  
**Coca-Cola 12 Pack**  
12 oz. Cans Selected Varieties

**\$7.99**  
96 oz. cont.  
**Coca-Cola 8 Pack**  
12 oz. Bottles Selected Varieties

**3/\$5**  
42.7 oz. cont.  
**Coca-Cola 1.25 Liter**  
Selected Varieties

**2/\$3**  
33.8 oz. cont.  
**Canada Dry 1 Liter**  
Selected Varieties

**\$6.49**  
56 oz. pkg.  
**Canada Dry Mini Cans 10 Pack**  
7.5 oz. Cans Selected Varieties

**\$8.49**  
96 oz. pkg.  
**Topo Chico Saboros Sparkling Water 8 Pack**  
12 oz. Cans Selected Varieties

**2/\$4**  
16 oz. cont.  
**Ralph & Charlie's Beverages**  
Selected Varieties

**4/\$5**  
16 oz. cont.  
**Snapple Drinks**  
Selected Varieties

**89¢**  
23 oz. can  
**Arizona Drinks**  
Selected Varieties

**2/\$4**  
16 oz. cont.  
**Gatorade Sports Drinks**  
Selected Varieties

**2/\$3**  
28 oz. cont.  
**Powerade Sports Drinks**  
Selected Varieties

**\$2.29**  
33.8 oz. cont.  
**Evian Natural Spring Water**  
1 Liter

**\$7.99**  
405.6 oz. cont.  
**Aquafina Water 24 Pack**  
16.9 oz. Bottles

**\$2.29**  
50.7 oz. cont.  
**Glacéau Smartwater 1.5 Liter**  
Original or Alkaline + Antioxidants

**4/\$5**  
23.9 oz. cont.  
**Core Hydration Water**

**\$9.99**  
67.2 oz. cont.  
**Cayman Jack or Mike's Hard Malt Beverages 6 Pack**  
11.2 oz. Bottles Selected Varieties

**\$9.99**  
99-144 oz. pkg.  
**Rita's Sparkling Margarita or Busch Beer 12 Pack**  
7.5-12 oz. Cans Selected Varieties

**\$10.99**  
72 oz. pkg.  
**Kona Brewing Co. or Goose Island Beer 6 Pack**  
12 oz. Bottles or Cans Selected Varieties

**\$10.99**  
72 oz. pkg.  
**Blue Moon or Samuel Adams Beer 6 Pack**  
12 oz. Bottles or Cans Selected Varieties

**\$10.99**  
67.2-72 oz. pkg.  
**Brooklyn or Guinness Beer 6 Pack**  
11.2-12 oz. Bottles or Cans Selected Varieties

**\$11.99**  
67.2 oz. pkg.  
**Hofbräu München Beer 6 Pack**  
11.2 oz. Bottles Selected Varieties

**\$13.99**  
144 oz. pkg.  
**Coors Light, Miller Lite or Yuengling Beer 12 Pack**  
12 oz. Bottles or Cans Selected Varieties

**\$15.99**  
144 oz. pkg.  
**Presidente or Beck's Beer 12 Pack**  
12 oz. Bottles or Cans Selected Varieties

**\$17.99**  
119.2 oz. pkg.  
**Guinness Beer 8 Pack**  
14.9 oz. Cans Selected Varieties

**\$18.99**  
144 oz. pkg.  
**Corona or Modelo Beer 12 Pack**  
12 oz. Bottles or Cans or Corona Hard Seltzer

**\$18.99**  
134.4-144 oz. pkg.  
**Heineken or Bud Light Beer 12 Pack**  
11.2-12 oz. Bottles or Cans Selected Varieties Including 0.0 Non-Alcoholic Beer

**\$18.99**  
134.4 oz. pkg.  
**Guinness Beer 12 Pack**  
11.2 oz. Bottles Selected Varieties

**\$18.99**  
144 oz. pkg.  
**White Claw, Topo Chico or Truly Hard Seltzer 12 Pack**  
12 oz. Cans Selected Varieties

**\$26.99**  
168 oz. cont.  
**Stella Artois, Coronita or Modelo Beer 24 Pack**  
7 oz. Bottles Regular

**\$26.99** SALE PRICE  
**-8.00 DIGITAL REBATE**  
**\$18.99** AFTER FINAL REBATE  
168 oz. pkg.  
**Heineken Beer 24 Pack**  
7 oz. Bottles Regular

**\$13.99** SALE PRICE  
**-5.00 DIGITAL REBATE**  
**\$8.99** AFTER FINAL REBATE  
144 oz. pkg.  
**Tecate Beer 12 Pack**  
12 oz. Cans Regular or Light

**\$13.99** SALE PRICE  
**-6.00 DIGITAL REBATE**  
**\$7.99** AFTER FINAL REBATE  
144 oz. pkg.  
**Budweiser or Bud Light Beer 12 Pack**  
12 oz. Bottles or Cans Selected Varieties

**\$15.99** SALE PRICE  
**-7.00 DIGITAL REBATE**  
**\$8.99** AFTER FINAL REBATE  
144 oz. pkg.  
**Michelob Ultra Beer 12 Pack**  
12 oz. Bottles or Cans Original or Zero Non-Alcoholic

**\$18.99** SALE PRICE  
**-7.00 DIGITAL REBATE**  
**\$11.99** AFTER FINAL REBATE  
134.4-144 oz. pkg.  
**Stella Artois Beer 12 Pack**  
11.2-12 oz. Bottles or Cans Selected Varieties

## DELI DEPARTMENT

Let Us Cater Your Event or Party! Come See Us For All Your Entertainment Needs! Where Available

**\$14.99**  
lb.  
**Boar's Head London Broil Roast Beef**  
Sliced to Order

**\$11.99**  
lb.  
**Boar's Head 46% Lower Sodium Turkey Breast**  
Sliced to Order

**\$8.99**  
lb.  
**Boar's Head Vermont Cheddar Cheese**  
Sliced to Order Yellow or White

**\$9.99**  
lb.  
**Boar's Head Baby Swiss Cheese**  
Sliced to Order

**\$6.99**  
lb.  
**Kretschmar Ham**  
Sliced to Order Honey Off the Bone, Virginia Brand Smoked or Spiced Pineapple

**\$9.99**  
lb.  
**Di Lusso Genoa Salami**  
Sliced to Order

**\$6.99**  
lb.  
**Di Lusso Deluxe Deli Ham**  
Sliced to Order

**GLUTEN FREE**

**\$7.99**  
lb.  
**Citterio Capocollo**  
Sliced to Order Hot or Sweet

**GLUTEN FREE**

**\$5.99**  
lb.  
**Olymel 98% Fat Free Imported Ham**  
Sliced to Order In Natural Juices

**\$5.99**  
lb.  
**McCadam Muenster Cheese**  
Sliced to Order

**\$7.99**  
lb.  
**Finlandia Swiss Cheese**  
Sliced to Order Original or Lacey

**\$7.99**  
lb.  
**Finlandia Pepper Jack Cheese**  
Sliced to Order

**\$5.99**  
lb.  
**Zina's Kale & Quinoa Bistro Salad**  
Deli Fresh

**\$5.99**  
lb.  
**Zina's Sesame Noodles with Seeds**  
Deli Fresh

**\$6.99**  
lb.  
**Zina's Rotini & Shrimp Salad**  
Deli Fresh

**LENTEN FAVORITE**

**\$5.99**  
lb.  
**Sally Sherman Egg Salad**  
Deli Fresh

**LENTEN FAVORITE**

**\$7.99**  
lb.  
**Sally Sherman Seafood Salad**  
Deli Fresh

**LENTEN FAVORITE**

**\$5.99**  
32 oz. cont.  
**Sally Sherman Deli Salads**  
Cole Slaw, Macaroni or Potato

**\$5.99**  
lb.  
**Stuffed Clams**  
Heat & Serve Store Made

**2/\$7**  
ea.  
**Cabo Rice Balls**  
Heat & Serve Classic or Lobster



**OUR MEATS ARE TOP QUALITY AND OUR BEEF IS U.S.D.A. CHOICE!**



# TOP QUALITY MEATS

CHECK OUT OUR WEBSITE FOR MORE RECIPE IDEAS!

## USDA CHOICE BEEF

## FARM FRESH PORK

## FARM FRESH CHICKEN

**\$7.99** lb.

**Sirloin Tip Steaks**  
USDA Choice Beef

**\$1.99** lb.

**Country-Style Pork Ribs**  
Grain Fed Bone-In, Rib End

**\$2.49** lb.

**Harvestland Whole Chickens**  
Grade A, Fresh All Natural Free Range

**\$9.99** lb.

**Lean Pepper Steaks**  
USDA Choice Beef

**\$9.99** lb.

**Lean Cube Steaks**  
USDA Choice Beef

**\$9.99** lb.

**Lean Round Cubes**  
USDA Choice Beef

**\$2.99** lb.

**Thin-Sliced Center Cut Pork Chops**  
Grain Fed, Bone-In

**\$1.89** lb.

**Sirloin Pork Chops**  
Grain Fed Bone-In, Loin End

**\$2.49** lb.

**Springer Mountain Farms Whole Chickens**  
Grade A, Fresh All Natural

**\$3.49** lb.

**Springer Mountain Farms Split Chicken Breast**  
Grade A, Fresh All Natural, Bone-In

**\$3.99** lb.

**Springer Mountain Farms Whole Chicken Wings**  
Grade A, Fresh All Natural

**\$6.99** lb.

**Bell & Evans Boneless Chicken Breast Tenderloins**  
Fresh, All Natural Tray Pack

**\$4.99** 16 oz. pkg.

**Shady Brook Farms Ground Turkey**  
Fresh, All Natural 93% Lean/7% Fat

**\$6.99** 18.8 oz. pkg.

**Shady Brook Farms Savory Seasoned Turkey Patties**  
4 Count, Fresh All Natural

**\$6.99** 18.4 oz. pkg.

**Hatfield Boneless Pork Tenderloins**  
Grain Fed, All Natural Selected Varieties

**\$4.99** lb.

**Mutton Shoulder for Stew**  
Cut Up

**\$4.99** 16 oz. pkg.

**Premio Fresh Italian Pork Sausage Links**  
Hot, Sweet or Sweet & Hot Combo

**\$4.99** 16 oz. pkg.

**Avenue A Bacon**  
Original or Thick Sliced

**\$3.99** 12 oz. pkg.

**Avenue A Turkey Bacon**

**\$14.99** 48 oz. pkg.

**Avenue A Ground Beef Hamburgers**  
12 Count Frozen

**\$24.99** 80 oz. pkg.

**Avenue A Ground Beef Hamburgers**  
20 Count Frozen

**\$4.99** 14 oz. pkg.

**Johnsonville Smoked Pork Sausage Links**  
Stadium Brats or Beddar with Cheddar

**\$5.99** 16 oz. pkg.

**Carando Fresh Italian-Style Meatballs**  
Selected Varieties

**2/3** 12 oz. pkg.

**Stahl-Meyer Franks**  
8 Count Original, Chicken or Turkey

**\$3.99** 12 oz. pkg.

**Stahl-Meyer Beef Franks**  
8 Count

**\$1.99** 12 oz. pkg.

**Gwaltney Franks**  
8 Count Traditional or Chicken

**\$6.99** 48 oz. pkg.

**Gwaltney Franks Family Pack**  
24 Count Bun Size Traditional or Chicken

**\$2.99** 12-16 oz. pkg.

**Gwaltney Bologna**  
Traditional or Chicken

**\$3.99** 20-24 oz. pkg.

**Bob Evans Side Dishes**  
Selected Varieties

**\$14.99** 50 oz. pkg.

**Caribbean Food Delights Jamaican Style Patties**  
10 Count Fully Baked-Frozen Beefy Cheese or Jerk Chicken

**\$3.99** 10 oz. pkg.

**Caribbean Food Delights Jamaican Style Patties**  
2 Count Fully Baked-Frozen Beefy Cheese or Spicy Beef

**\$3.99** 13 oz. pkg.

**Eckrich Polska Kielbasa**  
or Original Smoked Sausage

## PRE-PACKAGED MEATS

**\$5.49** 9.45-12 oz. pkg.

**Hebrew National Beef Franks**  
or Beef Knockwurst

**\$6.99** 10 oz. pkg.

**Nathan's Coney Island Beef Franks**  
5 Count Natural Casing

**\$12.99** 28 oz. pkg.

**Nathan's Beef Franks Family Pack**  
14 Count Bun-Length Skinless

**\$4.49** 12 oz. pkg.

**Oscar Mayer Turkey Bacon**  
Original

**\$5.99** 7 oz. pkg.

**Applegate Naturals Cold Cuts**  
Selected Varieties

**\$5.99** 8 oz. pkg.

**Applegate Naturals Uncured Sunday Bacon**  
Hickory Smoked Regular or No Sugar

**\$4.99** 8 oz. pkg.

**Applegate Naturals Uncured Turkey Bacon**  
Hickory Smoked

## LENTEN FISH SPECIALS

AVAILABLE ONLY IN PARTICIPATING STORES

**\$9.99** lb.

**Salmon Fillet**  
Fresh Farm Raised

**\$9.99** lb.

**Flounder Fillet**  
Wild Caught Previously Frozen

**\$5.99** 16 oz. pkg.

**Great American Tilapia Fillet**  
Farm Raised Frozen or Thawed

**\$7.99** lb.

**Kingfish Steaks**  
Frozen

**\$8.99** 16 oz. pkg.

**Jade Lion Large Cooked Shrimp**  
Frozen, 31-40 Count

**\$7.99** 16 oz. pkg.

**Jade Lion Large Raw Shrimp**  
Frozen, 31-40 Count Peeled, Deveined

**\$4.99** 16 oz. pkg.

**Great American Imitation Crab Meat**  
Frozen or Thawed

**\$16.99** 32 oz. pkg.

**Great American Salmon Fillet**  
Frozen or Thawed Wild Caught

**\$10.99** 16 oz. pkg.

**Great American Raw Shrimp**  
Frozen, Jumbo 16-20 Count EZ Peel

**\$8.99** 16 oz. pkg.

**Great American Raw Shrimp**  
Frozen, Large 31-40 Count, EZ Peel

**\$9.99** 16 oz. pkg.

**Great American Cooked Shrimp**  
Frozen, Medium 51-60 Count

**\$8.99** 16 oz. pkg.

**Great American Cooked Shrimp**  
Frozen, Medium 71-90 Count

**\$16.99** 48 oz. pkg.

**Great American Tilapia Fillet**  
Frozen Farm Raised

**\$12.99** 40 oz. pkg.

**Great American Swai Fillet**  
Frozen Farm Raised

**\$5.99** 16 oz. pkg.

**Arctic Moon Boneless Bacalao**

**\$3.99** 12 oz. pkg.

**Arctic Blue Boneless Bacalao**

**\$5.99** 16 oz. pkg.

**Frozen Smelts**  
Wild Caught

**\$6.99** 10 oz. pkg.

**Aqua Star Reserve Cocktail Shrimp Ring**  
35 Count Cooked & Peeled With Cocktail Sauce