



FREE PARKING IN REAR!

5% SENIOR CITIZEN DISCOUNT EVERYDAY: 7:00 AM- 11:00 AM

\$5.99 lb.

Bottom Round Roast
USDA Choice Beef

\$5.99 lb.

Oven-Ready Eye Round Roast
USDA Choice Beef

\$1.99 lb.

Center Cut Pork Roast or Chops
Grain Fed Bone-In

\$1.69 lb.

Perdue Whole Chicken Legs
Grade A, Fresh All Natural Family Pack

3-DAY SALE

FRI. 24 SAT. 25 SUN. 26

3-DAY SALE

FRIDAY, JAN. 24TH-SUNDAY, JAN. 26TH

49¢ lb.

Fresh Yams
U.S. #1

\$3.99 3 lb. bag

Sweet Clementines or Pink Seedless Cara Cara Navel Oranges

2/\$6 for

Fresh Blueberries 1 pint conts.
OR
Fresh Blackberries 6 oz. conts.

HIGH IN ANTIOXIDANTS!

B.L.T. TIME!

\$4.99 16 oz. pkg. **Avenue A Bacon** Original or Thick Sliced

\$3.99 5 lb. bag **Avenue A Turkey Bacon**

2/\$3 for **Iceberg Lettuce**

\$1.99 lb. **Tomatoes On-the-Vine**

3-DAY SALE

FRIDAY, JAN. 24TH-SUNDAY, JAN. 26TH

2/\$4 5 lb. bags

Russet Potatoes
U.S. #1

\$1.49 lb.

Green Bell Peppers

\$3.99 5 lb. bag

Red or Yukon Gold Potatoes
U.S. #1

3-DAY SALE

FRIDAY, JAN. 24TH-SUNDAY, JAN. 26TH

89¢ 7 lb. bag

Yellow Onions

FIND THE PERFECT RECIPE AT METFRESH.COM!

\$6.99 10 ct. pkg.

Dunkin' Coffee K-Cups or Hot Cocoa K-Cups

\$3.99 10.3-13 oz. pkg.

Quaker Cap'n Crunch or Life Cereal
Selected Varieties

\$1.99 405.6 oz. pkg.

Poland Spring Natural Spring Water 24 Pack
16.9 oz. Bottles (Plus Deposit Where Required)

WITH \$100.00 PURCHASE OR MORE.

3-DAY SALE

FRIDAY, JAN. 24TH-SUNDAY, JAN. 26TH

69¢ lb.

Chicken Leg Quarters

2/\$6 24-32 oz. pkgs.

Pearl Milling Company Pancake & Waffle Mix
Selected Varieties

2/\$7 24 oz. btl.

Pearl Milling Company Syrup
Selected Varieties

2/\$6 20 oz. btl.

Heinz Tomato Ketchup
Original

2/\$4 for

Duncan Hines Signature Cake Mix
Selected Varieties 15.25 oz. pkgs.

MIX & MATCH!

2/\$5 14-16 oz. conts.

Duncan Hines Frosting
Selected Varieties

5/\$5 14.5-15.25 oz. cans

Green Giant Vegetables
Selected Varieties

3-DAY SALE

FRIDAY, JAN. 24TH-SUNDAY, JAN. 26TH

\$5.99 lb.

Beef for Stew Family Pack

\$3.99 24 jar.

Victoria Pasta Sauce
Selected Varieties

3/\$5 28 oz. cans

Tutorosso Tomatoes or Tomato Sauce
Selected Varieties

2/\$3 12-16 oz. pkgs.

Barilla Pasta
Selected Varieties

4/\$5 5 oz. cans

Starkist Solid White Tuna
In Oil, In Water or Low Sodium in Water

2/\$6 64 oz. cont.

Juicy Juice 100% Juice
Selected Varieties

\$7.99 82.6 oz. cont.

4C Iced Tea Mix
Makes 35 Quarts Lemon or Raspberry

3-DAY SALE

FRIDAY, JAN. 24TH-SUNDAY, JAN. 26TH

\$1.99 lb.

Whole Pork Spare Ribs

\$8.99 232-360 ct. pkg.

Bounty Paper Towels 4 Pack
Selected Varieties

2/\$4 8 oz. pkgs.

Cabot Cream Cheese Bars

2/\$4 16 oz. cont.

Fage Sour Cream
Original

5/\$5 5.3 oz. cont.

Chobani Greek Yogurt
Selected Varieties

2/\$7 15.3-19.64 oz. pkgs.

Ellio's Pizza or Cheesy Breadsticks
(13.62 oz.)

2/\$5 10.75-12.3 oz. pkgs.

Kellogg's Eggo Waffles
Selected Varieties

2/\$6 6-11.5 oz. pkgs.

Lean Cuisine Comfort Cravings or Protein Kick Meals
Selected Varieties

\$4.99 48 oz. cont.

Tillamook Ice Cream
Selected Varieties



GROCERY SAVINGS!

3/\$5 for **MIX & MATCH!**

Campbell's Chicken Noodle or Tomato Soup
10.75 oz. cans

Kraft Macaroni & Cheese
Selected Varieties
5.5-7.3 oz. pkgs.

B&M Baked Beans
Selected Varieties
16 oz. cans

Magnolia Evaporated Milk
12 oz. cans

\$3.99 40 oz. 68L

Wesson Oil
Vegetable, Corn, Best Blend or Canola

\$10.99 38.8 oz. cont.

Filippo Berio Pure Olive Oil

2/\$3 7.0z. pkgs. Barilla Ready Pasta Selected Varieties	3/\$5 5.0z. pkgs. Mrs. Cubbison's Croutons Selected Varieties	2/\$5 6.0z. cans Lindsay Pitted Olives Selected Varieties	\$5.99 10.0z. jar Mezzetta Specialty Olives Selected Varieties	2/\$6 24.0z. jars B&G Pickles or Sandwich Toppers (16 oz.)
2/\$7 32.0z. jars B&G Pickles Selected Varieties	\$3.99 19.5-21.25 oz. 68L Kikkoman Takumi Collection Teriyaki Sauce Selected Varieties	2/\$5 10.6 oz. 68L Kikkoman Sriracha Hot Chili Sauce or Wasabi Sauce (9.25 oz.) or Sweet Soy Glaze (11.8 oz.)	2/\$5 10.6 oz. 68L Kikkoman Original Soy or Teriyaki Sauce	2/\$6 10.6 oz. 68L Kikkoman Roasted Garlic or Less Sodium Teriyaki Sauce or Less Sodium Soy Sauce (10 oz.), Stir-Fry Sauce (12.1 oz.) or Teriyaki Baste & Glaze (12 oz.)
2/\$5 16.0z. 68L Heinz Yellow Mustard	2/\$5 16.0z. 68L Pompeian Red Wine Vinegar	\$3.99 16.0z. 68L Pompeian Balsamic Vinegar Original or Rosé	\$8.99 16.9 oz. 68L Botticelli Olive Oil Selected Varieties	\$16.99 25.5 oz. 68L Colavita Extra Virgin Olive Oil
\$12.99 128.0z. 68L Mazola Oil Corn, Canola or Vegetable Plus	99¢ 26.0z. cont. Superior Crystal Salt Regular or Iodized	\$2.99 48.0z. cont. Superior Crystal Kosher Salt	\$3.99 10.0z. can Valley Fresh Chicken Breast In Water	5/\$5 5.0z. cans Starkist Chunk Light Tuna In Oil or In Water
4/\$5 2.4-4.5 oz. pouches Starkist Chunk Light Tuna or Tuna Creations or Smart Bowls Tuna Meals	\$5.99 20.0z. pkg. Bumble Bee Chunk Light Tuna 4 Pack In Vegetable Oil or In Water	2/\$6 3.75-4.375 oz. cans King Oscar Sardines Selected Varieties	2/\$5 16.1-16.3 oz. 68L Campbell's Home Style Soup Selected Varieties	2/\$5 15.0z. cans Snow's New England Clam Chowder or Corn Chowder
2/\$3 1.13 oz. pkgs. Herb-Ox Boullion Chicken or Beef	4/\$5 4.0z. pkgs. Nissin Premium Chow Mein Noodles Selected Varieties	2/\$4 18.0z. pkgs. Maruchan Ramen Noodle Soup Souper 6 Pack Selected Varieties	4/\$5 14.5 oz. 68L Swanson Broth Selected Varieties	2/\$5 14-15 oz. cans Hormel Chili Selected Varieties
2/\$4 2.6 oz. 68L Knorr Rice Cups Selected Varieties	2/\$6 13.75 oz. 68L Idahoan Original Mashed Potatoes or Flavored Mashed Potatoes (6 oz. pouches)	4/\$5 5.9 oz. 68L Mac-A-Roni Side Dishes Creamy Cheddar or Creamy White Cheddar	\$4.99 5.0z. 68L Carolina Rice Extra Long Grain White, Whole Grain Brown or Gold Parboiled	2/\$4 8.0z. pkgs. Kikkoman Panko Japanese Style Bread Crumbs

TRENDING & HEALTHY!

2/\$7 10.0z. 68L Kikkoman Soy Sauce Gluten-Free Sweet for Rice or Gluten-Free	2/\$7 18.0z. 68L Stubb's Bar-B-Q Sauce or Marinade (12 oz.)	\$3.99 16.0z. 68L Pompeian Organic Balsamic Vinegar of Modena	2/\$6 16.0z. 68L Pompeian Organic Red Wine Vinegar	2/\$7 8.0z. pkgs. Kikkoman Gluten-Free Panko Style Coating
\$4.99 12.0z. cont. 4C Gluten Free Crumbs or Gluten Free Plain Panko Crumbs (6 oz.)	4/\$5 12.0z. 68L Wacky Mac Veggie Spirals Pasta	2/\$6 16.0z. 68L Cadia Gluten Free Brown Rice Pasta Fusilli, Penne or Spaghetti	\$6.49 21-24.5 oz. cont. RiceSelect Pearl Couscous Original, Tri-Color or Turmeric	
\$5.99 5.0z. pkg. King Arthur Baking Company Flour Self-Rising or All-Purpose	\$6.99 8.0z. cont. Selina Naturally Fine Ground Celtic Sea Salt	2/\$9 5.0z. cans Safe Catch Wild Albacore Tuna Regular or No Salt Added	\$2.39 13.4 oz. cont. Jack's Quality Organic Low Sodium Beans Selected Varieties	2/\$7 16.0z. jars Teddie All Natural Peanut Butter Selected Varieties
\$5.99 16.0z. 68L Teddie Organic Creamy Peanut Butter	\$8.99 12.5 oz. 68L Maple Grove Farms Maple Syrup	\$4.99 32.0z. cont. Tazo Tea Concentrate Skinny or Classic	2/\$7 16-20 ct. 68L Tazo Tea Bags Selected Varieties	2/\$7 20 ct. 68L Newman's Own Organic Ginger Green Tea Bags
\$6.99 16.0z. cont. Nature Nate's Honey Co. 100% Pure Honey Raw & Unfiltered	\$7.99 16.0z. cont. Nature Nate's Honey Co. Hot Honey	\$8.99 23.5 oz. 68L Madhava Organic 100% Blue Agave Light or Amber Raw	\$5.49 16.5 oz. jar Crofter's Organic Premium Spread Selected Varieties	\$9.99 8.8 oz. pkg. Droste Cocoa Powder
\$7.99 14.0z. jar Carrington Farms Organic Chia Seeds	\$10.99 39.0z. 68L GoGo Squeez Fruit Blend with Electrolytes 10 Pack Selected Varieties	3/\$5 4-4.2 oz. pouches/cont. Earth's Best Organic Stage 2 Baby Food Selected Varieties	2/\$7 4.6-4.9 oz. 68L Suzie's Thin Puffed Cakes Selected Varieties	2/\$8 1.5-1.65 oz. 68L Hill Merry Dairy Free Snack Cups Selected Varieties
\$5.49 4.6-5.0z. 68L Tony's Chocolonely Chocolate Bars Selected Varieties	\$5.99 5.29 oz. 68L Natural Nectar Organic Petit Biscuits Milk Chocolate or Dark Chocolate	\$5.99 16.0z. 68L Xochitl Corn Tortilla Chips Salted, No Salt or Organic Blue	3/\$5 12.0z. 68L Reed's Ginger Chews Candy 20 Count	2/\$9 12.0z. 68L Koia Plant-Based Protein Shakes Selected Varieties
\$7.49 33.8 oz. 68L Smart Juice Organic Fresh-Squeezed 100% Juice Selected Varieties	2/\$3 44.6 oz. 68L A'Siciliana Soda 4 Pack 11.15 oz. Cans Limonata or Blood Orange (Plus Deposit Where Required)	\$3.99 17.0z. cont. Ecos Hand Soap Free & Clear, Lemongrass or Lavender	\$3.99 5.0z. 68L Newman's Own Chicken Recipe Snack Sticks or Peanut Butter Dog Biscuits (10 oz.)	2/\$4 2.12-2.4 oz. 68L Applaws 100% Natural Wet Cat Food Selected Varieties

GROCERY SAVINGS!

<p>2/\$6 16-24 oz. jars</p> <p>Ragú Pasta Sauce Selected Varieties</p> 	<p>\$13.99 23.1-27.5 oz. cont.</p> <p>Maxwell House Coffee Selected Varieties (Excludes Decaf)</p> 	<p>2/\$10 14.4 oz. pkgs.</p> <p>LaCroix Sparkling Water 12 Pack 12 oz. Cans Selected Varieties (Plus Deposit Where Required)</p> 
<p>2/\$5 14 oz. cans</p> <p>Magnolia Sweetened Condensed Milk Original or Fat Free</p> 	<p>2/\$7 64 oz. btl.</p> <p>Apple & Eve 100% Cranberry Juice Blends Selected Varieties</p> 	

<p>\$4.99 46 oz. cont.</p> <p>4C Seasoned Bread Crumbs or Plain Panko Bread Crumbs (25 oz.)</p> 	<p>2/\$6 26.46 oz. cont.</p> <p>Pomi Tomatoes Finely Chopped, Strained or Chopped</p> 	<p>5/\$5 6 oz. cans</p> <p>Tuttorosso Tomato Paste Selected Varieties</p> 	<p>3/\$2 8 oz. cans</p> <p>Tuttorosso Tomato Sauce</p> 	<p>4/\$5 15 oz. cans</p> <p>Tuttorosso Tomato Sauce</p> 
<p>\$4.39 5 lb. pkg.</p> <p>Canilla Parboiled Rice Long Grain</p> 	<p>2/\$5 5 oz. pkgs.</p> <p>Goya Plantain Chips Original</p> 	<p>3/\$5 24 oz. pkgs.</p> <p>Goya Corn Meal Fine or Coarse</p> 	<p>3/\$5 10 oz. pkgs.</p> <p>Goya Wheat Flour</p> 	<p>\$7.99 10-12 ct. pkg.</p> <p>New England Coffee or Coffee K-Cups (10-12 ct. pkg.)</p> 
<p>\$22.99 32 ct. pkg.</p> <p>Newman's Own Organic or Green Mountain Coffee K-Cups Selected Varieties</p> 	<p>\$5.99 12-20.9 oz. pkg.</p> <p>Kellogg's Large Size Cereal Selected Varieties Rice Krispies, Corn Flakes, Crispix, Special K, Corn Pops, Frost Loops, Apple Jacks, Frosted Flakes, Raisin Bran, Frosted Mini-Wheats or Honey Smacks</p> 	<p>\$3.99 18 oz. cont.</p> <p>Quaker Oats Old Fashioned or Quick 1-Minute</p> 	<p>\$4.99 14.5 oz. pkg.</p> <p>Quaker Oatmeal Squares Cereal Honey Nut</p> 	<p>2/\$6 32 ct. pkg.</p> <p>Parmalat Milk Selected Varieties</p> 
<p>\$14.99 32 oz. cont.</p> <p>Golden Blossom Honey Pure & Unfiltered</p> 	<p>2/\$6 40 ct. pkgs.</p> <p>Truvia Natural Sweetener Packets or Truvia Liquid Sweetener (2.7 oz. btl.)</p> 	<p>2/\$4 50 ct. pkgs.</p> <p>Equal Original Sweetener Packets</p> 	<p>2/\$6 14.5 oz. jars</p> <p>Polaner All Fruit Spreadable Fruit Selected Varieties</p> 	<p>\$4.99 13 oz. cont.</p> <p>Nutella Hazelnut Spread with Cocoa Original</p> 
<p>\$4.99 6.8-8.48 oz. pkg.</p> <p>General Mills Treats Cereal Bars Selected Varieties</p> 	<p>2/\$6 16 ct. pkgs.</p> <p>Libby's Fruit Cups 4 Pack Selected Varieties</p> 	<p>2/\$4 15.5 oz. cans</p> <p>Dole Mango Slices in Heavy Syrup</p> 	<p>\$3.99 15.5 oz. cont.</p> <p>Musselman's Natural Apple Sauce</p> 	<p>\$4.99 13 oz. pkg.</p> <p>Kinder Joy Treat + Toy Multipack</p> 
<p>2/\$6 7.75-9 oz. pkgs.</p> <p>Albanese Gummi Bears or Gummi Worms Selected Varieties</p> 	<p>\$3.99 16 oz. cont.</p> <p>Planters Peanuts Selected Varieties</p> 	<p>2/\$7 6.34-7.05 oz. pkgs.</p> <p>Barilla Mulino Bianco Cookies Selected Varieties</p> 	<p>\$5.99 19.74 oz. pkg.</p> <p>Orville Redenbacher's Popcorn 6 Count Movie Theater Butter or Classic Butter</p> 	<p>2/\$6 1.48 oz. cont.</p> <p>Gerber Snacks for Baby Selected Varieties</p> 
<p>2/\$4 8 oz. pkgs.</p> <p>Gerber 2nd Foods Baby Food 2 Pack Selected Varieties</p> 	<p>\$14.99 28.2 oz. cont.</p> <p>Nestlé Nido 1+ Milk Powder or Nestlé Klim Dry Whole Milk</p> 	<p>2/\$6 64 oz. cont.</p> <p>Musselman's Apple Juice</p> 	<p>2/\$7 MIX & MATCH!</p> <p>Northland 100% Cranberry Juice Blends Selected Varieties 64 oz. btl.</p> 	
<p>\$7.99 121.5 oz. pkg.</p> <p>Sunny D Drinks 18 Pack 6.75 oz. Bottles Tangy Original Citrus Punch</p> 	<p>3/\$12 192 oz. pkg.</p> <p>Pure Life Purified Water 24 Pack 8 oz. Bottles (Plus Deposit Where Required)</p> 	<p>2/\$3 101.4 oz. cont.</p> <p>Poland Spring Natural Spring Water 3 Liter (Plus Deposit Where Required)</p> 	<p>Martinelli's Sparkling Apple Cider or Sparkling Juices 25.4 oz. btl.</p> 	

HEALTH & BEAUTY

WHERE AVAILABLE

<p>\$4.49 3.3 oz. pkg.</p> <p>Colgate Total Toothpaste Selected Varieties</p> 	<p>3/\$5 4-5 oz. pkgs.</p> <p>Colgate Toothpaste Selected Varieties</p> 	<p>4/\$5 1 ct. pkg.</p> <p>Colgate Plus Toothbrushes Soft or Medium</p> 	<p>\$4.99 33.8 oz. btl.</p> <p>Crest Scope Mouthwash Selected Varieties</p> 	<p>2/\$5 2.3-3 oz. cont.</p> <p>Speed Stick or Lady Speed Stick Deodorant Sticks Selected Varieties</p> 	<p>\$5.99 28 oz. cont.</p> <p>Tresemme Shampoo or Conditioner Selected Varieties</p> 
<p>\$6.99 8-11 oz. cont.</p> <p>Tresemme Hair Styling Products Selected Varieties</p> 	<p>\$8.99 10-12 ct. pkg.</p> <p>Gillette Sensor2 Razors Selected Varieties</p> 	<p>2/\$6 7 oz. cont.</p> <p>TopCare Shave Gel Selected Varieties</p> 	<p>\$4.49 10 oz. btl.</p> <p>Jergens Lotion Original Scent, Soothing Aloe or Ultra Healing</p> 	<p>2/\$3 0.15 oz. cont.</p> <p>ChapStick Lip Balm Selected Varieties</p> 	<p>4/\$5 25-30 ct. pkg.</p> <p>TopCare Cough Drops Selected Varieties</p> 

HOUSEHOLD SAVINGS!

<p>\$4.99 23 oz. cont.</p> <p>Windex Multi-Surface Cleaner Selected Varieties</p> 	<p>\$4.99 20 oz. pkg.</p> <p>Scrubbing Bubbles Bathroom Cleaner or Fresh Gel Toilet Cleaning Stamp (1.34 ct. pkg.)</p> 	<p>\$6.99 12.5 oz. cont.</p> <p>Lysol Disinfectant Spray Selected Varieties</p> 	<p>\$6.99 75-80 ct. pkg.</p> <p>Lysol Disinfecting Wipes Selected Varieties</p> 	<p>\$5.99 41 oz. cont.</p> <p>Mr. Clean 2X Concentrated Multi-Surface Cleaner Selected Varieties</p> 
<p>2/\$7 8.8 oz. cont.</p> <p>Febreze Air Air Refresher Spray Selected Varieties</p> 	<p>\$6.99 18.6 oz. pkg.</p> <p>Finish Gelpacs Dishwasher Detergent Pacs 32 Count Orange Scent</p> 	<p>\$8.99 16 oz. btl.</p> <p>Finish Jet-Dry Dishwasher Rinse Aid</p> 	<p>\$4.99 16 oz. cont.</p> <p>Dawn Platinum Powerwash Dish Spray Selected Varieties</p> 	<p>2/\$3 7.5 oz. cont.</p> <p>Softsoap Hand Soap Selected Varieties</p> 
<p>\$7.99 30 oz. pkg.</p> <p>Irish Spring Soap Bars 8 Pack Selected Varieties</p> 	<p>\$9.99 260 ct. pkg.</p> <p>Sparkle Paper Towels 6 Pack Pick-A-Size Double Rolls White</p> 	<p>\$7.99 250 ct. pkg.</p> <p>Angel Soft Bath Tissue 8 Pack Mega Rolls White, Fresh Lavender or Fresh Linen Scent</p> 	<p>\$6.99 400 ct. pkg.</p> <p>Bounty Quilted Paper Napkins 2 Pack White</p> 	<p>2/\$4 54-100 ct. pkg.</p> <p>Scotties Facial Tissue Selected Varieties</p> 
<p>2/\$5 22-24 ct. pkg.</p> <p>Solo Paper Plates Selected Varieties</p> 	<p>\$4.99 12-40 ct. pkg.</p> <p>Hefty Freezer or Storage Slider Bags Selected Varieties</p> 	<p>\$4.99 17.5 oz. cont.</p> <p>Raid Insecticide Selected Varieties</p> 	<p>\$8.99 18-46 ct. pkg.</p> <p>Luv's Platinum Diapers Sizes 1 thru 7</p> 	<p>\$4.59 5.5 oz. pkg.</p> <p>Pup-Peroni Dog Snacks Selected Varieties</p> 
<p>\$4.99 3-4 lb. pkg.</p> <p>Nunn-Better Dry Cat Food or Butcher's Best Dry Dog Food Selected Varieties</p> 	<p>4/\$5 1.4 ct. pouches</p> <p>Purina Fancy Feast Broths Wet Cat Food Selected Varieties</p> 	<p>2/\$3 2.1 oz. pkgs.</p> <p>Friskies Party Mix Cat Treats Selected Varieties</p> 	<p>\$10.99 8 lb. pkg.</p> <p>World's Best Cat Litter Poop Fighter</p> 	<p>\$8.99 14 lb. cont.</p> <p>Purina Tidy Cats Cat Litter Instant Odor Control or Continuous Odor Control</p> 

DAIRY SAVINGS!

<p>2/\$6 3-oz. cont. & pkgs.</p> <p>Breakstone's Butter Selected Varieties</p>	<p>5/\$4 4-6 oz. cont.</p> <p>Yoplait Yogurt Original, Light or Whips! Selected Varieties (Excludes Greek)</p>	<p>2/\$7 7-8 oz. pkgs.</p> <p>Tillamook Cheese Bars, Shreds or Slices Selected Varieties</p>	<p>2/\$7 128 oz. btls.</p> <p>Turkey Hill Drinks Selected Varieties</p>
<p>2/\$5 3-oz. cont.</p> <p>Just Crack an Egg Scramble Kits Selected Varieties</p>	<p>\$4.99 16 oz. pkg.</p> <p>Breakstone's Butter Quarters Salted or Unsalted</p>	<p>\$3.99 15 oz. cont.</p> <p>Olivio Spread Original or Light</p>	<p>2/\$7 16 oz. cont.</p> <p>Fleischmann's Margarine Quarters Original or Unsalted</p>
<p>\$3.99 15 oz. cont.</p> <p>Olivio Olive Oil Spread 2 Pack</p>	<p>2/\$3 5 oz. cont.</p> <p>Hood Cottage Cheese Medleys Pineapple, Strawberry or Blueberry</p>	<p>2/\$6 16 oz. pkgs.</p> <p>Breakstone's Cottage Cheese 4 Pack Selected Varieties</p>	<p>\$7.99 64 oz. bott.</p> <p>International Delight Coffee Creamer Selected Varieties</p>
<p>\$7.99 55.8 oz. pkg.</p> <p>Danimals Smoothie 18 Pack Strawberry and Strawberry Banana</p>	<p>\$3.99 16 oz. pkg.</p> <p>YoCrunch Lowfat Yogurt 4 Pack Selected Varieties</p>	<p>\$4.99 15 oz. cont.</p> <p>Dannon Light & Fit or Oikos Triple Zero Greek Yogurt 4 Pack Selected Varieties</p>	<p>2/\$7 32 oz. cont.</p> <p>Dannon Yogurt Selected Varieties (Excludes Greek)</p>
<p>\$9.99 32 oz. pkg.</p> <p>Borden Shredded Cheese Selected Varieties</p>	<p>2/\$7 46 oz. btl.</p> <p>Tropicana Pure Premium Orange Juice or Red Grapefruit Juice</p>	<p>2/\$5 52 oz. cont.</p> <p>Daily Sun Orange or Apple Juice Beverage Selected Varieties</p>	<p>2/\$7 59 oz. cont.</p> <p>Tree Ripe Grove Select Orange Juice No Pulp or Calcium & Vitamin D No Pulp</p>
<p>\$5.99 13 oz. cont.</p> <p>Reddi-wip Whipped Topping Original or Extra Creamy</p>	<p>\$4.99 10 oz. pkg.</p> <p>Giovanni Rana Filled Pasta Selected Varieties</p>	<p>\$4.99 7.15 oz. cont.</p> <p>Giovanni Rana Pasta Sauce Selected Varieties</p>	<p>\$4.99 8 oz. cont.</p> <p>BelGioioso Burrata Cheese Original or With Black Truffles</p>
<p>\$4.99 6 oz. cont.</p> <p>Président Crumbled Feta Cheese Selected Varieties</p>	<p>2/\$5 8 oz. cont.</p> <p>Cedar's Hommus Selected Varieties</p>	<p>\$10.99 13.2 oz. pkg.</p> <p>Alouette Baby Brie Cheese Double Crème</p>	<p>\$4.99 5 oz. pkg.</p> <p>Alouette Crème de Brie Spreadable Cheese Original or Garlic & Herbs</p>
<p>\$5.99 6.5 oz. cont.</p> <p>Alouette Soft Spreadable Cheese Selected Varieties</p>	<p>\$6.99 15 oz. cont.</p> <p>Willow Tree Premium White Meat Chicken Salad Classic, Cranberry Walnut or Buffalo Style</p>		

TRENDING & HEALTHY IN THE DAIRY DEPARTMENT!

<p>\$6.99 8 oz. cont.</p> <p>Benecol Spread Original or Light</p>	<p>2/\$6 52 oz. cont.</p> <p>Planet Oat Oatmilk or Oatmilk Creamer (32 oz.)</p>	<p>3/\$5 3.5 oz. pouches</p> <p>Stonyfield Organic Yogurt or Protein Smoothies (10 oz. btl.)</p>	<p>4/\$5 5.3 oz. cont.</p> <p>Brown Cow Whole Milk Yogurt Selected Varieties</p>
<p>\$5.99 16 oz. cont.</p> <p>Annie's Homegrown Organic Flaky Biscuits</p>	<p>\$7.99 17.5 oz. cont.</p> <p>Annie's Homegrown Organic Cinnamon Rolls With Icing</p>	<p>2/\$6 10 oz. cont.</p> <p>High Brew Nitro Cold-Brew Coffee Sweet Cream, Caramel or Sugar Free Black</p>	

FROZEN SAVINGS!

<p>\$5.99 42-28 oz. pkg.</p> <p>Mydibel Hash Brown Patties 20 Count</p>	<p>2/\$7 3-oz. pkgs.</p> <p>Avenue A Vegetables Selected Varieties</p>	<p>2/\$5 1-oz. pkgs.</p> <p>Celentano Cheese Ravioli or Cavatelli Selected Varieties</p>	<p>\$4.99 14-20 oz. pkg.</p> <p>Checkers/Rally's, Nathan's, Arby's, Red Robin or Sonic Fries or Nathan's or Red Robin Onion Rings or Sonic Tots</p>
<p>\$4.99 12 ct. pkg.</p> <p>Birds Eye Sweet Mini Corn on the Cob Little Ears</p>	<p>\$8.99 35-42 oz. pkg.</p> <p>Birds Eye Voila! Family Size Skillet Meals Selected Varieties</p>	<p>\$4.99 5.75 oz. pkg.</p> <p>Gorton's Crunchy Breaded Clams</p>	<p>\$5.99 6.3-11.4 oz. pkg.</p> <p>Gorton's Seafood Products Selected Varieties</p>
<p>\$6.99 40 oz. pkg.</p> <p>McCain Family Size Craft Beer Battered French Fries</p>	<p>\$8.99 76 oz. pkg.</p> <p>Willow Tree Chicken Pies Original or With Vegetables</p>	<p>\$3.99 9-10 oz. pkg.</p> <p>Healthy Choice Simply Steamers Meals Selected Varieties</p>	<p>\$4.99 9-10 oz. pkg.</p> <p>Healthy Choice Zero Bowls or Power Bowls Selected Varieties</p>
<p>\$6.99 24 oz. pkg.</p> <p>Tai Pei Potstickers Pork or Chicken</p>	<p>\$4.99 8.2-11 oz. pkg.</p> <p>P.F. Chang's Home Menu Meals, Appetizers or Noodle Bowls Selected Varieties</p>	<p>\$8.99 20-22 oz. pkg.</p> <p>P.F. Chang's Home Menu Meals for Two Selected Varieties</p>	<p>\$4.99 8.65-9.15 oz. pkg.</p> <p>Ling Ling Tokyo Style Ramen Selected Varieties</p>
<p>\$7.99 24 oz. pkg.</p> <p>Ling Ling Potstickers Pork & Vegetable or Chicken & Vegetable</p>	<p>2/\$7 9-13 oz. pkg.</p> <p>SuperPretzel Baked Soft Pretzels Selected Varieties (Excludes Pretzel Dogs)</p>	<p>\$5.99 9.6 oz. pkg.</p> <p>SuperPretzel Original Pretzel Dogs or Bavarian Soft Pretzel Sticks (24.75 oz.)</p>	<p>\$3.99 12-14 oz. pkg.</p> <p>Celentano Italian Entrees Manicotti, Stuffed Shells or Italian-Style Meatballs</p>
<p>2/\$4 10 oz. pkg.</p> <p>Furlani Original Garlic Bread or Garlic Texas Toast (8.46 oz.)</p>	<p>2/\$5 10.15 oz. pkg.</p> <p>Furlani Three Cheese Garlic Texas Toast or Why Knots? Garlic Parm Bread Knots (8 oz.)</p>	<p>\$4.99 10.75 oz. pkg.</p> <p>Sara Lee All Butter Pound Cake</p>	<p>\$6.99 16 oz. pkg.</p> <p>Sara Lee Family Size All Butter Pound Cake</p>
<p>\$9.99 128 oz. cont.</p> <p>Avenue A Ice Cream Selected Varieties</p>	<p>\$4.99 16 oz. cont.</p> <p>Nick's Swedish-Style Light Ice Cream Selected Varieties</p>	<p>\$6.99 30 oz. pkg.</p> <p>Klondike Cones! 8 Count Selected Varieties</p>	<p>\$2.99 16 oz. pkg.</p> <p>Avenue A Fruit Bars 4 Count Selected Varieties</p>
<p>\$3.99 16 oz. pkg.</p> <p>Mamita's Ices 4 Count Selected Varieties</p>	<p>\$3.99 38.25 oz. pkg.</p> <p>Blue Bunny Frozen Dairy Dessert Sandwiches Selected Varieties</p>		

TRENDING & HEALTHY IN THE FROZEN DEPARTMENT!

<p>\$5.99 6.7 oz. pkg.</p> <p>Annie's Mini Pizza Bagels Uncured Pepperoni or Three Cheese</p>	<p>\$4.99 6 oz. pkg.</p> <p>Amy's Cheese Pizza Snacks</p>	<p>\$3.99 7.5 oz. pkg.</p> <p>Amy's Pot Pies Vegetable or Broccoli</p>	<p>\$4.99 9.5 oz. pkg.</p> <p>Kevin's Natural Foods Frozen Bowls Selected Varieties</p>	<p>\$5.99 11.5-13.8 oz. pkg.</p> <p>Dr. Oetker Virtuoso Selected Varieties</p>	<p>\$4.99 8-13.7 oz. pkg.</p> <p>Garden of Eatin' Meat Free Entrees Selected Varieties</p>	<p>\$12.99 12-13.9 oz. pkg.</p> <p>Alex's Awesome Sourdough Artisan Pizza Selected Varieties</p>
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THE BAKE SHOPPE!

<p>2/\$5 14.4 oz. pkg.</p> <p>Bell Mini Bagels 8 Pack Selected Varieties</p>	<p>2/\$7 12 oz. pkg.</p> <p>Maple Bakery Cinnamon Buns 4 Pack</p>	<p>\$8.99 24 oz. pkg.</p> <p>The Original Boston Coffee Cake Marble Madness or Apple Walnut</p>	<p>\$3.99 9.6 oz. pkg.</p> <p>Dere Street Scones 3 Pack Selected Varieties</p>
<p>\$3.99 11.2 oz. pkg.</p> <p>Kimberley's Bake Shoppe Cupcakes 6 Count Vanilla or Chocolate</p>	<p>\$3.99 9.75-12 oz. pkg.</p> <p>Superior on Main Eclairs 5 Count-Mini or 4 Count-Large</p>		

OUR MEATS ARE TOP QUALITY AND OUR BEEF IS U.S.D.A. CHOICE!



TOP QUALITY MEATS

CHECK OUT OUR WEBSITE FOR MORE RECIPE IDEAS!

USDA CHOICE BEEF

FARM FRESH PORK

FARM FRESH CHICKEN

\$7.99 lb.
Bottom Round Steaks
 USDA Choice Beef Family Pack

\$1.99 lb.
Country-Style Pork Ribs
 Grain Fed, Bone-In Rib End

\$2.49 lb.
Harvestland Whole Chickens
 Grade A, Fresh All Natural, Free Range

\$6.99 lb.
Rump Roast
 USDA Choice Beef

\$8.99 lb.
Lean Pepper Steaks
 USDA Choice Beef

\$8.99 lb.
Lean Cube Steaks
 USDA Choice Beef

\$8.99 lb.
Lean Round Cubes
 USDA Choice Beef

\$7.99 lb.
Eye Round Steaks
 USDA Choice Beef

\$2.99 lb.
Thin-Sliced Center Cut Pork Chops
 Grain Fed, Bone-In

\$1.89 lb.
Sirloin Pork Chops
 Grain Fed, Bone-In, Loin End

\$5.99 lb.
Springer Mountain Farms Boneless Chicken Tenders
 Grade A, Fresh, All Natural

\$3.99 lb.
Springer Mountain Farms Whole Chicken Wings
 Grade A, Fresh, All Natural

\$6.99 11.5 oz. pkg.
Smithfield Boneless Smoked Pork Chops
 Anytime Favorites

\$7.99 17 oz. pkg.
Smithfield Bone-In Smoked Pork Chops
 Anytime Favorites

\$3.99 lb.
Sugardale Simple Carve Boneless Smoked Ham

\$4.99 lb.
Mutton Shoulder for Stew
 Cut Up

\$4.99 16 oz. pkg.
Shady Brook Farms Ground Turkey
 Fresh, All Natural 93% Lean/7% Fat

\$6.99 18.8 oz. pkg.
Shady Brook Farms Savory Seasoned Turkey Patties
 4 Count, Fresh All Natural

\$4.99 16 oz. pkg.
Avenue A Bacon
 Original or Thick Sliced

\$3.99 12 oz. pkg.
Avenue A Turkey Bacon

\$5.99 15-16 oz. cont.
Lloyd's Barbeque Seasoned Shredded Meats
 Chicken, Pork or Beef

2/\$3 12 oz. pkg.
Stahl-Meyer Franks
 8 Count Original, Chicken or Turkey

\$3.99 12 oz. pkg.
Stahl-Meyer Beef Franks
 8 Count

\$5.99 19 oz. pkg.
Johnsonville Grilling Sausage Links
 Mild Italian, Original Brats or Beer Brats

\$5.99 16 oz. pkg.
Hormel Black Label Bacon
 Original or Lower Sodium

\$4.99 12 oz. pkg.
Bob Evans Pork Breakfast Sausage
 Original or Maple Patties or Links

\$3.99 10 oz. pkg.
Caribbean Food Delights Jamaican Style Patties
 2 Count-Fully Baked Frozen-Beefy Cheese or Spicy/Beef

\$1.99 12 oz. pkg.
Gwaltney Franks
 8 Count Traditional or Chicken

\$6.99 48 oz. pkg.
Gwaltney Franks Family Pack
 24 Count Bun Size Traditional or Chicken

\$2.99 12-16 oz. pkg.
Gwaltney Bologna
 Traditional or Chicken

\$4.99 16 oz. pkg.
Smithfield Thinly Sliced Cold Cuts
 Selected Varieties

TATLGATING TIME!

\$11.99 24 oz. pkg.
Lloyd's Barbeque Baby Back Pork Ribs
 Seasoned & Smoked

\$16.99 36.8 oz. pkg.
Lloyd's Barbeque St. Louis Style Pork Spare Ribs
 Seasoned & Smoked

\$8.99 16 oz. pkg.
Lloyd's Barbeque St. Louis Style Pork Spare Ribs
 1/2 Rack Seasoned & Smoked

\$4.99 14 oz. pkg.
Premio Fresh Italian Chicken Sausage Links
 Selected Varieties

\$14.99 48 oz. pkg.
Avenue A Ground Beef Hamburgers
 12 Count Frozen

\$24.99 80 oz. pkg.
Avenue A Ground Beef Hamburgers
 20 Count Frozen

\$8.99 16 oz. pkg.
Western Crown Ground Beef Burgers
 4 Count 80% Lean/20% Fat

\$8.99 20 oz. pkg.
Western Crown Ground Beef
 80% Lean/20% Fat

PRE-PACKAGED MEATS

\$4.99 9.43-12 oz. pkg.
Hebrew National Beef Franks
 or Knockwurst

\$5.99 16 oz. pkg.
Smithfield Bacon
 Hometown Original, Lower Sodium or Thick Cut

\$3.99 16 oz. pkg.
Oscar Mayer Turkey Bologna
 or Turkey Cotto Salami

\$2.99 8 oz. pkg.
Jones Braunschweiger Liverwurst
 Sliced or Chub

SEAFOOD SELECTIONS

AVAILABLE ONLY IN PARTICIPATING STORES

\$9.99 lb.
Salmon Fillet
 Fresh Farm Raised

\$9.99 lb.
Flounder Fillet
 Wild Caught Previously Frozen

\$5.99 16 oz. pkg.
Great American Tilapia Fillet
 Farm Raised Frozen or Thawed

\$7.99 lb.
Kingfish Steaks
 Frozen

\$8.99 16 oz. pkg.
Jade Lion Large Cooked Shrimp
 Frozen, 31-40 Count

\$7.99 16 oz. pkg.
Jade Lion Large Raw Shrimp
 Frozen, 31-40 Count Peeled, Deveined

\$4.99 16 oz. pkg.
Great American Imitation Crab Meat
 Frozen or Thawed

\$16.99 32 oz. pkg.
Great American Salmon Fillet
 Frozen or Thawed Wild Caught

\$10.99 16 oz. pkg.
Great American Raw Shrimp
 Frozen, Jumbo 16-20 Count EZ Peel

\$8.99 16 oz. pkg.
Great American Raw Shrimp
 Frozen, Large 31-40 Count, EZ Peel

\$9.99 16 oz. pkg.
Great American Cooked Shrimp
 Frozen, Medium, 51-60 Count

\$16.99 48 oz. pkg.
Great American Tilapia Fillet
 Frozen Farm Raised

\$12.99 40 oz. pkg.
Great American Swai Fillet
 Frozen Farm Raised

\$5.99 16 oz. pkg.
Arctic Moon Boneless Bacalao

\$3.99 12 oz. pkg.
Arctic Blue Boneless Bacalao

\$5.99 16 oz. pkg.
Frozen Smelts
 Wild Caught

\$6.99 10 oz. pkg.
Aqua Star Reserve Cocktail Shrimp Ring
 35 Count-Cooked & Peeled With Cocktail Sauce

